



GME ON-CALL

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IN THIS EDITION

GRADUATE MEDICAL EDUCATION

Summer is a busy season in GME! We said goodbye to many residents and fellows who completed their training at ETSU and moved on to further training or to begin their jobs as physicians. Meanwhile, we welcomed new residents and fellows to ETSU during orientation before they began their training on July 1, 2022. This edition features thoughts from the Designated Institutional Official (DIO), a recent graduate spotlight, a resident spotlight, an overview of orientation activities, acknowledgements of recent successes, and more.



GME ON-CALL NEWSLETTER

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DIO THOUGHTS

REID BLACKWELDER, DIO

"I can't change the direction of the wind, but I can adjust my sails to always reach my destination."

Jimmy Dean

Welcome to the new Academic year! Actually, we are two months into it already, as the time has flown by. All our new residents and fellows got welcomed and oriented. This is the time of year when we most directly face one of the fundamental realities of GME programs - transition! The winds of change blow dramatically this time of year. As July started, we said goodbye to our most experienced partners. While we are excited for their new adventures, we are also sad to lose them. The faculty and staff are especially anxious because after several years, these physicians were just beginning to be "well trained" (broken in properly). And now they are gone!



We have welcomed new people into our family. Our new interns and fellows are here and have survived their first two months. They seem excited and less terrified now. The R1s have fully realized that internship is like nothing they have ever done before, and what they saw in an interview is very different than what happens on rotations or in the clinic. The fellows have managed their transitions from residency. Please remember to be kind but also appropriately directive to these new critical team members. This is a chance for you to personally adjust your sails to handle the new winds whipping through the programs, and give them needed structure and support.

This time of year also has other layers of change that impact all of us. Our third year medical students have had to manage much of their training during the pandemic by Zoom. Being with live patients is still totally new for them, although I can see they are settling in as they are in their third rotation and more experienced. We have many new staff in each of our programs with whom we are still learning how to work, as well as new processes from the ACGME and the COM. We are thrilled to welcome new faculty who have joined many of our programs, including Infectious Diseases which kept their two graduating fellows as faculty. Addiction Medicine kept one of their fellows, and Family Medicine recruited one of their residents. Another aspect that is often forgotten is that even residents who have been here have assumed roles that are completely new to them. Every resident and fellow is basically in a new "job" right now learning on the run in real time. These transitions are normal, and are what we are trained to manage, but it is still change and disruptive.

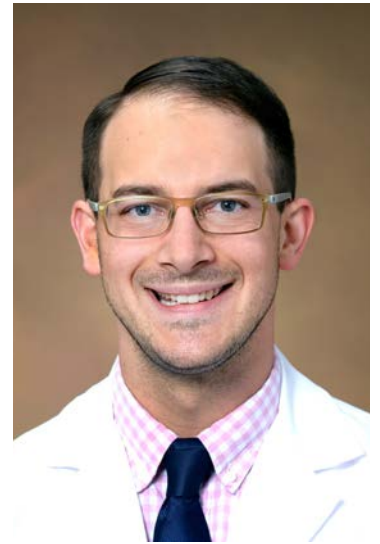
So, what can you do as the seas are a little choppy? Every team member can help, and we all have the ability, as well as the responsibility to help us through these times. Each of you will interact with our new team members in different ways. Create opportunities for you to introduce yourself, say, "Hi" and offer a helping hand. We can always do a better job of being clear about roles and responsibilities. Perhaps most important, however, is that you can set the tone of a positive way to deal with the inevitable uncertainties of this time of year. I hope you will make the choice to smile, be polite, be respectful, and be thankful that we get to work together to make things better for our patients and our communities. There will be storm clouds, and the voyage can get rough at times. But we are all part of the team required to get us to our destination, as a years down the road multi-layered accomplishment, as daily moments to make an impact in one person's life, or both. One thing is for sure, we have been at this stage in our journey before, and one year from now we will be here again. We know that we can indeed set our sails to safely get to open water.

To close, I will borrow a phrase from an outstanding Family Physician and Uniformed Services leader, and a friend whom I greatly respect, Dr. Mark Stevens (now at Penn State after retiring from the Navy): Thanks for being a shipmate!

GRADUATE SPOTLIGHT

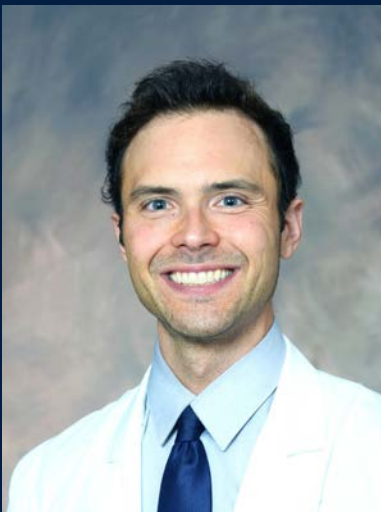
CALEB OSBORNE, MD

Dr. Caleb Osborne is a recent graduate from the newly-accredited Addiction Medicine fellowship at ETSU. Before his Addiction Medicine fellowship, Dr. Osborne completed his residency at ETSU's Family Medicine Johnson City residency program. Because of his positive experiences over his last four years in training, his passion for teaching, love of the area, and wanting to pass on the joy of taking care of individuals, he has joined ETSU's Department of Family Medicine as faculty. While he thoroughly enjoyed his time as a resident and fellow, Dr. Osborne is glad to not have to work nights and weekends now!



Dr. Osborne fell in love with medicine and its ability to influence community and generational change and feels that Family Medicine, and Addiction Medicine in particular, have the potential to change families and communities in a way other fields in medicine don't, which is what drew him to this specialty. For residents and fellows still in training, Dr. Osborne advises:

"ALWAYS REMEMBER THAT PATIENTS ARE PEOPLE, AND PEOPLE HAVE VALUE. DON'T JUST VIEW TRAINING AS A MEANS TO AN END.—YOU'RE PRIVILEGED TO TAKE CARE OF PEOPLE IN THIS TIME. ENJOY IT AND RELISH THE OPPORTUNITY TO LEARN (ESPECIALLY WHILE YOU STILL HAVE SOME OVERSIGHT)."



RESIDENT SPOTLIGHT

MICHAEL NAPOLITANO, DO

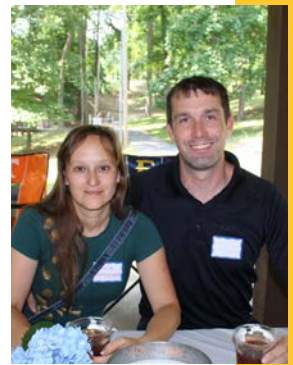
Dr. Michael Napolitano, a PGY 1 Psychiatry resident, completed his medical school training at Western University of Health Sciences in Pomona, California. A native to California, Dr. Napolitano wanted to use residency as time to explore a different city and environment in the eastern side of the country. Moving somewhere with alluring nature to explore with his huskies was at the top of his list. While a new city with beautiful nature may have intrigued him, it's the people he's encountered that have been his favorite aspect since his move.

"I HAVE BEEN WELCOMED WITH OPEN ARMS AND TONS OF SUPPORT FROM EVERYONE I HAVE WORKED WITH AND EVERYONE IN THE CITY, IN GENERAL. EVERYONE IS GENUINE IN THAT THEY JUST WANT YOU TO FEEL A PART OF THE FAMILY. I CAN TRULY SAY I AM THE HAPPIEST I HAVE EVER BEEN LIVING HERE AND BEING A PART OF THIS PROGRAM."

Dr. Napolitano looks forward to the fall, the changing of the leaves, and experiencing all four seasons. He used to be a personal trainer, loves fitness and nutrition, and is also an avid History Channel buff. He describes his perfect evening as relaxing with his girlfriend and pups watching *Ancient Aliens*.

ORIENTATION ACTIVITIES

GME hosted orientation from June 20-June 30 before the incoming residents and fellows began their first day of their respective training programs on July 1. Orientation was jam-packed with information and training for new residents to quickly become acquainted with their new programs. While orientation can be a lot to take in, residents were able to enjoy a little fellowship and leisure between trainings and at GME's new resident picnic. Incoming residents were able to mingle and get to know each other across specialties.



CALENDAR CORNER

September 5

- ETSU offices closed in observance of Labor Day

September 7

- SVMIC

September 28

- ERAS opens for residency programs to view applications

October 31

- Milestone reporting window opens in WebADS

November 11

- ETSU offices closed in observance of Labor Day

November 23-25

- ETSU offices closed in observance of Thanksgiving

December 23-January 2

- ETSU offices closed for Winter Break

January 13

- Milestone reporting window closes in WebADS



WELCOME

GME welcomed Jake Rodeback as the new Program Coordinator for the General Surgery residency. He completed his Bachelor's in Logistics and Supply Chain Management in December 2021 before beginning as the program coordinator in July 2022. Welcome, Jake!

IN MEMORY OF

GME recently learned of the passing of one of Family Medicine's renowned physicians, Dr. Thomas Townsend. Having spent nearly 50 years treating and caring

for patients within the region, he impacted countless lives. His dedication permeated in his efforts in teaching residents and students, and his loss will be felt in numerous ways. His legacy as a teacher, healer, physician, friend, and person lives on through everyone he touched.



AWARDS AND RECOGNITIONS

Graduate Medical Education is comprised of a magnitude of devoted faculty, staff, residents, and fellows. Those whom have gone above and beyond expectations are often recognized for their efforts in various ways. Many programs host resident and fellow awards at graduations. These residents and fellows are recognized for their outstanding performance in multiple aspects in the previous year. This section highlights individuals who recently received accolades.

FACULTY RECOGNITIONS



Dan Krenk, DO, Orthopaedic Surgery Program Director, was recognized for his efforts and dedication for serving as a member of a Review Committee for the Accreditation Council for Graduate Medical Education (ACGME) during the 2021-22 academic year. Members' insight and judgment are the grounds for recommendations and decisions that impact thousands of training programs each year.

RESIDENT & FELLOW AWARDS

Abdulrahman Abonofal, MD
Milestone Award,
Systems-Based Practice

Ezra Adams, DO
Teaching Award
Family Medicine-Bristol

Brook Benton, DO
Outstanding Resident of the
Year
OB/GYN

**Natalie Broadway-
Robertson, MD**
Residents as Teachers &
CREOG In-Training Exam
Awards
OB/GYN

William Capell, MD
Outstanding PGY 1 Prelim
Internal Medicine

Amanda Cecchini, DO
Milestone Award,
Interpersonal
Communication
Internal Medicine

Victoria Clancy, MD
Surgical Resident Traveling
Fellowship & Trauma
Resident of the Year
Surgery

Rami Dalbah, MD
Outstanding PGY 1
Internal Medicine

Anshuman Desai, MD
Milestone Award,
Professionalism

Jorge Diaz, MD
M4 Caduceus Award for
Outstanding Fellow
Pulmonary/Critical Care

Britn'y Edwards, MD
Outstanding Resident
Family Medicine-Bristol

Zainab Fatima, MD
Excellence in Research
& Outstanding PGY 3
Internal Medicine

Christian Francis, MD
Outstanding Resident
Family Medicine-Johnson City

Lauren Gammel, MD
Outstanding Resident
Surgery

Akshit Griwan, MD
Milestone Award,
Practice-Based Learning
Internal Medicine

Leanna Hollander, DO
Nelson's "Know-It-All" Award
Pediatrics

Susan Kullab, MD
Milestone Award,
Medical Knowledge
Internal Medicine

Christina Largent, DO
Cancellaro Award
Psychiatry

Jack Larson, MD
STEM Resident Teacher
Award
Family Medicine-Kingsport

Elizabeth Mannino, MD
Surgical Scholar
Surgery

Sri Morampudi, MD
PRITE Award
Psychiatry

Rasheed Musa, MD
Milestone Award,
Patient Care
Internal Medicine

Nizar Obeidat, MD
Outstanding PGY 2
Internal Medicine

Trask Printz, MD
Outstanding Resident
Family Medicine-Kingsport

Katie Prosser, DO
Outstanding Resident
Family Medicine-
Johnson City

Taylor Salyer, MD
CREOG In-Training Exam
Award
OB/GYN

Alissa Schuh, MD
Surgical Resident as
Educator
Surgery

John Sherret, DO
Good Citizen Award
Internal Medicine

Leslie Thompson, MD
Resident of the Year
Pediatrics

Gregg Watlington, DO
Heart Award
Family Medicine-Kingsport

Jojo Yorke, MD
Excellence in Teaching
Fellow
Pulmonary/Critical Care