CBAT: DRESSING FOR THE INTERVIEW

According to Image Dynamics, 55% of another person’s perception of you is based on how you look. First impressions are vital!

MEN

- Single-breasted navy, charcoal gray, or black two piece suit. A subtle stripe or pattern is acceptable.
- White, long-sleeved oxford cloth shirt.
- Conservative tie.
- Dark socks that, when you are seated, will remain above the pants cuff.
- Belt or shoes of matching color, typically black or cordovan. Well polished shoes.
- Professional briefcase or portfolio instead of backpack.
- Minimal cologne.
- Neat hair style.
- No more than 1 ring on each hand.
- Professional watch, especially one without an alarm that may sound during the interview.
- Trimmed and clean finger nails.
- Good hygiene!
- Remove body piercing, including earrings, and cover tattoos.
- No chewing gum!

WOMEN

- Skirted suit with skirt length appropriately at or just above the knees. Suit jacket can be single or double-breasted. Pant suits are also acceptable.
- Navy, charcoal gray or black are the preferred suit colors.
- White, off white or light cotton or silk blouse with conservative necklines and hidden or conservative buttons.
- Low to medium leather heel with closed toe.
- Neutral hosiery.
- Moderate amount of jewelry or accessories. No more than 1 ring on each hand.
- Professional briefcase or portfolio instead of backpack or purse.
- Minimal makeup and perfume.
- Trimmed fingernails with conservative color, if any.
- Good hygiene!
- Neat hair style with hair pulled back from face.
- No chewing gum!
BUSINESS CASUAL: General Rules

Men:
- Not expected to wear ties
- Business or sports jacket is appropriate
- Stylish, solid colored pants
- Long-sleeved solid or striped dark shirt
- Dark socks
- Matching belt and shoes

Women:
- Business skirt or pants
- Conservative blouse or sweater
- Blazer or vest is appropriate
- Flat or low heels
- Neutral hosiery
- Belt, scarf, and accessories should remain understated

NON-BUSINESS CASUAL ATTIRE:
- Jeans, tennis shoes, tight or short skirts, t-shirts and sweatshirts
- Business casual does not apply to grooming standards. (Your appearance should remain neat and respectable. This includes nicely pressed clothing, polished shoes, and conservative accessories.)

Interview Dress web site designed specifically for college students: www.symsdress.com