

CHRIS A. AYRES

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Education

- 1972 Central Missouri State University, Warrensburg, Missouri *B.S. Physical Education*
1973 Central Missouri State University, Warrensburg, Missouri *M.S. Ed. Physical Education - Higher Education*

Professional Experience

- 1973 – Current East Tennessee State University, Johnson City, Tennessee
Assistant Professor, Department of Physical Education, Exercise and Sport Sciences
1975 – 1984 ETSU Head Gymnastic Coach
1992 – 1994 "Trek Across Tennessee" Grant creator and director
1999 – Current Executive Director, Tennessee Association for Health, Physical Education, Recreation, and Dance
2004 – 2005 Interim Chair, Department of Physical Education, Exercise and Sport Sciences

Professional Activities

- 2002 – Current Tennessee Governor's Council on Physical Fitness and Health
Member and Treasurer
Appointed by Governor as Tennessee Board of Regents Representative
Tennessee Association for Health, Physical Education, Recreation, and Dance
Higher Education Section, Chair
General Division, Vice President
President, 1992-93
Convention Manager - three years
President's Award, 1994 & 2002
Legislative Committee, member
Long Range Planning Committee, member
Finance Committee, member
Legislative Wellness Day, organizer
Convention, presenter
Executive Board, member
Southern District American Alliance for Health, Physical Education, Recreation, and Dance
Representative Assembly Delegate
Audit Sub Committee, Chair
Vice President Elect – General Division
American Alliance for Health, Physical Education, Recreation, and Dance
National Student Leadership Conference – Presenter and Staff Member

Scholarship

- "Trek Across Tennessee" Tennessee Department of Health Grant, creator and director
Physical Activity, Nutrition, Tobacco, and Sexuality Health Education Grant, director