

CURRICULUM VITA

Dr. Janna L. Scarborough

Associate Professor
Counseling Program Coordinator

Department of Human Development and Learning/Counseling Program
Clemmer College of Education
East Tennessee State University
Box 70548
Johnson City, TN 37614-0685

Office: (423) 439-4191
scarboro@etsu.edu

Vita Updated 10/08

EDUCATION

Doctor of Philosophy (Ph. D.) in Counselor Education, May 2002
University of Virginia, Charlottesville, VA

Master of Arts in Education (M. A. Ed.), School Counseling, 1994
Western Carolina University, Cullowhee, NC

Bachelor of Science (B. S.) in Social/Behavioral Sciences (Minors in Psychology and Sociology)
May 1991, Cum Laude
University of Mary, Bismarck, ND

PROFESSIONAL EXPERIENCE:
UNIVERSITY TEACHING

Fall 2008-Current Associate Professor – Counseling Program Coordinator
East Tennessee State University, Johnson City, TN
Counseling Program – Human Development and Learning Department
Courses include: Internship (HDAL 5880), Practicum (HDAL 5570), Counseling
Techniques with Children (HDAL 5561), Advanced Counseling Techniques with
Children (HDAL 5563), Principals and Administration School Counseling &
Consultation (HDAL 5010), Advanced Internship (HDAL 6593)

Fall 2006- Sum 2008 Assistant Professor – Ed. S. Coordinator
East Tennessee State University, Johnson City, TN
Counseling Program – Human Development and Learning Department
Courses include: Internship (HDAL 5880), Practicum (HDAL 5570), Counseling
Techniques with Children (HDAL 5561), Advanced Counseling Techniques with
Children (HDAL 5563), Principals and Administration School Counseling &
Consultation (HDAL 5010)

Fall 2002 – Sum 06 Assistant Professor – School Counseling Program Coordinator
Syracuse University, Syracuse, NY
Counseling and Human Services Department
Courses include: The Counselor in the Schools (EDP 683/COU 729), Leadership in School Counseling Program Development (COU 749) , Counseling Internship EDP 795/COU 790 Counseling Practicum (EDP 783), Counseling Practice (Pre-practicum) (EDP 679), Introduction to Counseling (EDP 685/689), Advanced Practicum (EDP 889), Doctoral Internship (EDP/COU 950), Doctoral Research Seminar (EDP 800)

Fall 2000/Spring 2001 Instructor and Counseling Supervisor
University of Virginia, Charlottesville, VA
Course taught: Counseling Techniques Laboratory Practicum (EDHS 729)

Fall 1998 Clinical Instructor
Western Carolina University, Cullowhee, NC
Course taught: COUN 601 Professional Orientation/660 School Counseling Program Development

COUNSELING AND SUPERVISION

5/01 - 5/02 Counseling Services Coordinator
University of Virginia Women's Center, Charlottesville, VA
Responsibilities: Counseling intakes; Individual and group counseling; Supervision of interns in counselor education program; Coordination of services; Consultation with other agencies; Administrative supervisor; Evaluation of counseling staff; Assist with center-wide activities and decision-making

Spring 2001 Support group co-facilitator
University of Virginia Women's Center, Charlottesville, VA

Fall 2000 Training group facilitator
University of Virginia Counselor Education Program
Facilitated practical group experience for Master's level students enrolled in group theory and practice course

3/00 – 6/00 School Counselor (long-term substitute)
Walton Middle School, Charlottesville, VA
Responsibilities: Individual and group counseling; Consultation; Program planning; Coordination

Fall 1999 Individual Counseling Intern
University of Virginia Personal and Career Development Center
Responsibilities: Provide individual counseling regarding personal and career issues with local community members

- 9/98 - 6/99 School Counselor
 Rugby Middle School, Hendersonville, NC
 Responsibilities: Individual and group counseling; Consultation; Classroom guidance; Program planning; Coordination; Student Appraisal; Coordinator of exceptional child identification team; Mentor of first year counseling colleague
- 8/94 - 8/98 School Counselor (Full-time between both schools)
 Barnardsville Elementary School, Barnardsville, NC
 Fairview Elementary School, Fairview, NC
 Buncombe County School System
 Responsibilities: Individual and group counseling; Classroom guidance; Program planning; Coordination; Student appraisal; Peer helper program coordinator; Assisted in identifying exceptional children

PUBLICATIONS

- Scarborough, J. L., & Culbreth, J. R. (2008). Examining discrepancies between actual and preferred practice of school counselors. *Journal of Counseling and Development, 86*, 446-459.
- Scarborough, J. L., & Luke, M. (2008). School counselors walking the walk and talking the talk: A grounded theory of effective program implementation. *Professional School Counseling, 11*, 404-416.
- Logan, W., & Scarborough, J. L. (in press). Connections through clubs: Collaboration and coordination of a school-wide program. *Professional School Counseling*. (Accepted April 2008).
- Scarborough, J. L., Bernard, J. M., & Morse, R. E. (2006). Boundary considerations between doctoral students and master's students. *Counseling and Values, 51*, 53-65.
- Scarborough, J. L., & Gilbride, D. D. (2006). Developing relationships with rehabilitation counselors to meet the transition needs of students with disabilities. *Professional School Counseling, 10*, 25-33. *Invited to submit for refereed special edition.*
- Culbreth, J. R., Scarborough, J. L., Banks-Johnson, A., & Solomon, S. M. (2005). Role stress among school counselors: A national survey. *Counselor Education and Supervision, 45*, 58-71.
- Scarborough, J. L. (2005). The School Counselor Activity Rating Scale: An instrument for gathering process data. *Professional School Counseling, 8*, 274-283.
- Scarborough, J. L. (2005). What is the role of the counselor in the 504 program? In American School Counselor Associations (Ed.), *School counseling principles: Foundations and basics* (pp. 203-206). Alexandria, VA: ASCA. *Identified as expert in field area and invited to submit response for book.*
- Akos, P., & Scarborough, J. L. (2004). An examination of the clinical preparation of school counselors. *Counselor Education and Supervision, 44*, 96-107.

Scarborough, J. L., & Gilbride, D. D. Risk factors and warning signs, Suicide or no-harm contract, The need to be knowledgeable and prepared, Procedures for assessment of suicide risk. (Portions of Suicide Risk Counseling and Human Services Fieldwork Online Support Center module) to be reprinted in the *United States Air Force Sexual Assault Prevention and Response Resource Books* for the National Judicial Education Program, a project of Legal Momentum

Hackney, H., Gilbride, D., & Scarborough, J. (2003). Program evaluation: Looking in the mirror. *Counseling & Human Development*, 35 (7), 1-16.

Deck, M., Scarborough, J. L., Sferrezza, M., & Estill, D. (1999). Serving students with disabilities: Perspectives of three school counselors. *Intervention in School and Clinic*, 34, 150-155.

Scarborough, J. L., & Deck, M. D. (1998). The challenges of working for students with disabilities: A view from the front lines. *Professional School Counseling*, 2, 10-15.

Scarborough, J. L. (1997). The SOS Club: A practical peer helper program. *Professional School Counseling*, 1, 25-28.

RECOGNITION OF PUBLISHED WORKS (such as awards and prizes; reviews in journals; references in papers, books, symposia):

Publications that have been cited by other authors:

Scarborough, J. L. (1997). The SOS Club: A practical peer helper program. *Professional School Counseling*, 1, 25-28.^{2,4,5}

Scarborough, J. L., & Deck, M. D. (1998). The challenges of working for students with disabilities: A view from the front lines. *Professional School Counseling*, 2, 10-15.^{1,3,8,9}

Deck, M., Scarborough, J. L., Sferrezza, M., & Estill, D. (1999). Serving students with disabilities: Perspectives of three school counselors. *Intervention in School and Clinic*, 34, 150-155.^{2,6,7}

Akos, P., & Scarborough, J. L. (2004). An examination of the clinical preparation of school counselors. *Counselor Education and Supervision*, 44, 96-107.^{10,11}

Culbreth, J. R., Scarborough, J. L., Banks-Johnson, A., & Solomon, S. M. (2005). Role stress among school counselors: A national survey. *Counselor Education and Supervision*, 45, 58-71.¹⁵

Scarborough, J. L. (2005). The School Counselor Activity Rating Scale: An instrument for gathering process data. *Professional School Counseling*, 8, 274-283^{12,13,16,17}

Scarborough, J. L., & Gilbride, D. D. (2006). Developing relationships with rehabilitation counselors to meet the transition needs of students with disabilities. *Professional School Counseling*, 10, 25-33.¹⁴

were referenced in:

- ¹Paisley, P. O., & McMahon, G. (2001). School counseling for the 21st century: Challenges and opportunities. *Professional School Counseling, 5*, 106-115.
- ²Milsom, A. S. (2002). Students with disabilities: School counselor involvement and preparation. *Professional School Counseling, 5*, 331-338.
- ³Erford, B. T. (2003). *Transforming the School Counseling Profession*. Upper Saddle River, NJ: Pearson Education.
- ⁴Schmidt, J. J. (2003). *Counseling in Schools: Essential Services and Comprehensive Programs* (4th ed.). Upper Saddle River, NJ: Pearson Education.
- ⁵Gladding, S. T. (2004). *Counseling: A comprehensive profession* (5th ed.). Upper Saddle River, NJ: Pearson Education.
- ⁶Myers, H. N. F. (2005). How elementary school counselors can meet the needs of students with disabilities. *Professional School Counseling, 8*, 442-450.
- ⁷Davis, T. (2005). *Exploring school counseling: Professional practices and perspectives*. Boston: Houghton Mifflin.
- ⁸Sciarra, D. T. (2004). *School counseling: Foundations and contemporary issues*. Belmont, CA: Brooks/Cole – Thomson Learning.
- ⁹Studer, J. R. 2005. *The professional school counselor: An advocate for students*. Belmont, CA: Brooks/Cole – Thomson Learning
- ¹⁰Dollarhide, C. T., & Miller, G. M. (2006). Supervision for preparation and practice of school counselors: Pathways to excellence. *Counselor Education & Supervision, 45*, 242-252.
- ¹¹Wood, C., & Rayle, A. D. (2006). A model of school counseling supervision: The goals, functions, roles, and systems model. *Counselor Education & Supervision, 45*, 253-266.
- ¹²Walsh, M. E., Barrett, J. G., & DePaul, J. (2007). Day-to-day activities of school counselors: Alignment with new directions in the field and the ASCA National Model. *Professional School Counseling, 10*, 370-378.
- ¹³Rayle, A. D., & Adams, J. R. (2007, March 19). An exploration of 21st century school counselors' daily work activities. *Journal of School Counseling, 5*(8).
- ¹⁴Adkison-Bradley, C. R., Kohler, P. D., Bradshaw, E., Applegate, E. B., Cai, X., & Steele, J. (2007, May 2). Career planning with students with and without disabilities: A study of Illinois school counselors. *Journal of School Counseling, 5*(11).
- ¹⁵Fall, L., & Nichter, M. (2007, August 27). The voices of high school counselors: Lived experience of job stress. *Journal of School Counseling, 5*(13).

¹⁶Wines, L., Nelson, J. A., & Eckstein, D. (2007, August 27). Reframing class scheduling: Seven school counselor benefits, challenges, considerations, and recommendations. *Journal of School Counseling*, 5(16).

¹⁷Leuwerke, W. C., Bruinekool, R. M., & Lane, A. (2008, January 31). School counseling intern roles: Exploration of activities and comparison to the ASCA National Model. *Journal of School Counseling*, 6(8).

In the November 2005 issue of the American Counseling Association publication: *Counseling Today*, the following article:

Culbreth, J. R., Scarborough, J. L., Banks-Johnson, A., & Solomon, S. M. (2005). Role stress among practicing school counselors: A national survey. *Counselor Education and Supervision*, 45, 58-71.

was highlighted in Susan Day's *Innovations in Counseling* section.

RESEARCH/MANUSCRIPTS IN PROGRESS

Scarborough, J. L., & Culbreth, J. R. An examination of supervisory style, emphasis area, developmental level, and self-efficacy of school counseling internship on-site supervisors. *Data collected*

SCALE DEVELOPMENT and REQUESTS

Scarborough, J. L. (2005). *School Counselor Activity Rating Scale (SCARS)*. This is a 48-item verbal frequency scale that assesses how school counselors spend and prefer to spend their time in professional activities/interventions.

There have been over 60 personal requests for this instrument by professional school counselors, school counselor supervisors, state school counseling association officers, counselor educators/researchers, and students from across the United States as well as Puerto Rico, Germany, Philippines, and Turkey. In addition over 200 copies of the instrument have been distributed through conferences presentations I have made. Two individuals have used the instrument for their dissertation research and a counselor educator who utilized the instrument for a study of high school counselors in Texas.

In February 2005, representatives from the National Center for School Counseling Outcome Research (UMASS, Amherst) requested to use the instrument for a state-wide assessment project they were conducting in Rhode Island. Upon their review of the instrument, they asked permission to feature the instrument on their web-site <http://www.umass.edu/schoolcounseling/SCARS/index.htm> and provide a copy to those people who are interested in using the instrument. As of April 2007 there have been over 8,100 page loads (averaging over 300 visits per month) for the School Counselor Activity Rating Scale (data provided by www.statcounter.com).

ON-LINE MODULES

Scarborough, J. L. *Preparing for Supervision*. Syracuse University Counseling and Human Services Department Fieldwork On-Line Support Center Module.

http://suedweb.syr.edu/chs/new_CHS_website/OnlineField/supervision/home.htm

Scarborough, J. L. *Suicide Risk*. Syracuse University Counseling and Human Services Department Fieldwork On-Line Support Center Module.

http://suedweb.syr.edu/chs/new_CHS_website/OnlineField/suicide/home.htm

PRESENTATIONS

National/Regional Refereed Presentations

Scarborough, J. L., Logan, W. L., & Luke, M. (2006). *School Counselors Walking the Walk and Talking the Talk*. Presentation at Southern Association for Counselor Education and Supervision, Orlando, FL.

Scarborough, J. L. (2006) *Beyond the Discrepancy: Variables Related to School Counselor Practice*. Poster presented at Southern Association for Counselor Education and Supervision, Orlando, FL

Logan, W. L., & Scarborough, J. L. (2006). *Efficient and Effective*. Workshop presented at American School Counselor Association conference, Chicago, IL

Scarborough, J. L. *Beyond the Discrepancy: Factors Related to School Counselor Practice*. (2006). Paper presented at American Counseling Association International conference, Montreal, Canada.

Scarborough, J. L., Choi, K. M., Ishii, H., Kudo-Grabosky, T., & Mahero, A. (2005) *Opportunities and Challenges in Training International Counseling Students*. Presentation at the Association of Counselor Education and Supervision conference

Okech, J., Guifreeda, D., Scarborough, J., & Wilkerson, K. (2005). *Counselor Educators Experiences on the Road to Tenure*. Roundtable discussion at the Association of Counselor Education and Supervision conference

Scarborough, J. L. *The School Counselor Activity Rating Scale: An instrument for gathering process data*. (2005). Poster presented at the American Counseling Association International Conference

Scarborough, J. L., Choi, K. M., Ishii, H., Kudo-Grabosky, T., & Mahero, A. (2004). *Opportunities and Challenges in Training International Counseling Students*. Presentation at the North Atlantic Region Association of Counselor Education and Supervision conference.

Wilkerson, K., Guifreeda, D., Okech, J., & Scarborough, J. (2004). *4, 3, 2, 1... Counselor Educators Experiences on the Road to Tenure*. Roundtable at the North Atlantic Region Association of Counselor Education and Supervision conference.

Scarborough, J. L. (2003). *Beyond the Discrepancy: Factors Related to School Counselor Practice*. Presentation at the North Atlantic Region Association of Counselor Education and Supervision conference

Scarborough, J. L. (2002) *Doctoral Students and Dual Relationships: Peers in Position of Power*. Presentation at the national conference of the Association of Counselor Education and Supervision (ACES), Park City, UT.

- Scarborough, J. L. (2001) *D² = Doctoral Students and Dual Relationships*. Presentation at the regional conference of the Southern Association for Counselor Education and Supervision, Athens, GA.
- Culbreth, J. R., Scarborough, J. L., Solomon, S. M., & Banks, A. (2001) *Role Conflict and Role Ambiguity Among Practicing School Counselors*. Paper presented at the national conference of the American Counseling Association, San Antonio, TX.
- Scarborough, J. L., & Culbreth, J. R. (2000). *School Counselor Supervision: Looking to Counseling and Education*. Presentation at the regional conference of the Southern Association for Counselor Education and Supervision, Greensboro, NC.
- Solomon, S. M., & Scarborough, J. L. (2000). *Lonely Children: Identifying and Helping Children Who Don't Connect With Their Peers*. Workshop at the national conference of the American School Counselor Association, Cherry Hill, NJ.

State Refereed Presentations

- Scarborough, J. L., Banks, A., & Solomon, S. M. (2000). *School Counselors and the 'A' Word – Accountability*. Workshop at the state conference of the Virginia Counselors Association.
- Scarborough, J. L., & Morse, R. E. (2000). *A Developmental Approach to Suicide Assessment and Intervention (K through Post-Secondary)*. Workshop at the state conference of the Virginia Counselors Association.
- Deck, M., Scarborough, J. L., Sferrezza, M., Estill, D. & Schwiebert, V. L. (1998) *Responding to the Challenges of Serving Students with Special Needs*. Workshop at the state conference of the North Carolina School Counselor Association, Winston-Salem, NC.
- Scarborough, J. L. (1997). *A Peer Helper Program That Works*. Workshop at the state conference of the North Carolina School Counselor Association, Winston-Salem, NC.
- Logan, W. L., Scarborough, J. L., Crane, C., Holt, T., & Mascarella, J. (1995) *Peer Consultation: Supporting Each Other*. Presentation at the state conference of the North Carolina School Counselor Association, Charlotte, NC.
- Scarborough, J. L., & Logan, W. L. (1994). *Allies in Healing: Helping Children Grieve*. Workshop at the state conference of the North Carolina School Counselor Association, Greensboro, NC.
- Dougherty, A. M., Deck, M. D., Scarborough, J. L., & Sloan, M. (1993). *Putting Some Distance to Resistance in Consultation*. Workshop at the state conference of the North Carolina School Counselor Association, Greensboro, NC.

Other Presentations and Workshops

- Scarborough, J. L., & Logan, W. L. (2006, March). *Efficient and effective*. Invited presentation for Buncombe County, NC school counselors.
- Scarborough, J. L. (2005, January). *Networking in Action: Sharing Resources*. Invited presentation at Counseling Update 2005 Conference, Syracuse, NY.

Scarborough, J. L. (2004, January). *Networking in Action: Intervention Case Studies*. Invited presentation at Counseling Update 2004 Conference, Syracuse, NY.

Scarborough, J. L. (2003, January). *Peer Consultation/Supervision for School Counselors: Making the Connection*. Workshop at the Counseling Update 2003 Conference, Syracuse NY

Scarborough, J. L. (2002, November). *School Security, Mental Wellness, and Academic Success*. Invited presentation for Syracuse City School District Superintendent's Student Cabinet, Syracuse, NY.

Scarborough, J. L. (1996, October). *F.A.T. (Frustration, Anxiety, Tension) City In-service*. Presentation for Fairview Elementary School Teachers, Fairview, NC.

Logan, W. L., & Scarborough, J. L. (1995, January). *Allies in Healing: Helping Children Grieve*. Invited workshop for Buncombe County School Counselors, Asheville, NC.

GRANTS

Scarborough, J. L., Floyd, S. (2008). *We're all in this together: Small groups with 3rd grade students*. Funded through the ETSU Clemmer College of Education Dean's Mini-grant for the amount of \$450.00.

Scarborough, J. L., Shaw, A., & Moore, T. (2006). *A Partner in Innovation: School Counseling Program Evaluation*. Funded through the ETSU Clemmer College of Education Dean's Mini-grant for the amount of \$500.00.

Scarborough, J. L., & Culbreth, J. R. *An examination of supervisory style, emphasis area, developmental level, and self-efficacy of school counseling internship on-site supervisors* submitted for the Association of Counselor Education and Supervision Research Grant Award February 2005 (not funded).

Scarborough, J. L. *Counseling Services Outreach Project*. Funding for audio/visual materials and books regarding mental health issues for use by counselors and clients of the UVA Women's Center. Funded by The Parents Program University of Virginia Fund in 2001-2002 for the amount of \$2500.00.

Scarborough, J. L. *Adventure Day. An Adventure Based Learning Experience for 5th Grade Students*. Funded through the Buncombe County School Foundation in 1995-1996 for the amount of \$400.00. Funded also in 1996-1997 in the amount of \$800.00.

SERVICE

University and College/School

9/2008 – Current Appointed member Clemmer College of Education Promotion and Tenure Committee – 3 year appointment

8/2008 – Current ETSU NCATE Assessment Council Member

- 10/2006 – Current Member of Executive Council of the Center of Excellence in Early Childhood Learning and Development at East Tennessee State University
- 2006-Current Dissertation Committee Member, Kathy Castle, Doctoral Candidate Counseling and Human Services Department, Syracuse University
- Sp 05 – Sum 06 Syracuse University NCATE Assessment Council Member
- August 2005 Invited to lead a discussion group for New Faculty Orientation Syracuse University
- Fall 2005 Participant of the Organizing Committee for the Centennial Lecture series focusing on Urban Education, School of Education, Syracuse University
- 2005 Dissertation Defense Reader, Molly Keogh, Doctoral Candidate Curriculum and Instruction Department, Syracuse University
- 2005 Dissertation Oral Defense Chair for Graduate School, Amy Samuels, Doctoral Student, Psychology Department, Syracuse University
- 2004-2006 Dissertation Committee Member, Tamara Clingerman, Doctoral Candidate Counseling and Human Services Department, Syracuse University
- 2004-2006 Research Apprenticeship Project Advisor, Melissa Luke, Doctoral Student Counseling and Human Services Department, Syracuse University Recipient of School of Education Research and Creative Grant
- 2004 Dissertation Defense Reader, Donna DeSiato, Doctoral Student Teaching and Leadership Department, Syracuse University
- 2004 Dissertation Oral Defense Chair for Graduate School, Stephanie Waterman, Teaching and Leadership, Syracuse University
- 2003-2005 Dissertation Committee Member, Peter Oscocodal, Doctoral Candidate Counseling and Human Services Department, Syracuse University
- Fall 03, 04, 05 Member of the CEGO Counseling Update planning committee Syracuse University
- 2002– 2005 Member Awards and Fellowship committee School of Education, Syracuse University
- 2002 Dissertation Defense Reader, Dan Sirmans, Doctoral Candidate, Adult Education, Syracuse University

Department/Program

May 2008 – Current	Counseling Program Coordinator East Tennessee State University
Fall 2006- 2008	Ed. S. in Counselor Leadership Program Coordinator Counseling Program, East Tennessee State University
Fall 04 – Sum 06	Faculty Advisor for Sigma Upsilon Chapter of Chi Sigma Iota Counseling and Human Services Department, Syracuse University
Fall 02 – Sum 06	School Counseling Program Coordinator Counseling and Human Services Department, Syracuse University
Fall 02 – Spring 06	Field Site Placement Coordinator for the School Counseling Program Syracuse University
Fall 03 – Spring 06	Admissions Committee Member Counseling and Human Services Department, Syracuse University
Fall 03 – Spring 05	Member of Counseling and Human Services Faculty search committees, Syracuse University
Fall 04	Member of Rehabilitation Grant Assistant search committee Counseling and Human Services Department, Syracuse University
2001- 2002	Chi Sigma Iota International – Rho Beta Chapter President University of Virginia

Professional and Community

March 29, 2007	Safe Zone Small Group Facilitator Safe Zone Training for ETSU University School High School Students
February 23, 2007	Career Day Presenter ETSU University School Career Day
February 14, 2007	Wellness Day Presenter (with School Counseling Program Students) Washington Elementary School, Kingsport, TN Wellness Day
1/2006 – Current	Invited member of the National School Counseling Research Center Research Review Committee
2004-2010	Editorial review board member for <i>Professional School Counseling</i>
March 2005	CACREP Accreditation site team member

- 2004 – 2005 Invited member of the Advisory Board for the National School Counseling Research Center
- 2003 Invited participant to the School Counseling Outcome Research Symposium held at the American School Counseling Association conference
- 2003 Invited member of the National Board for Certified Counselors' (NBCC) National Certified School Counselor certification exam development committee
- 2002 – Current Council for Accreditation of Counseling and Related Educational Programs (CACREP) Site Team Member Volunteer
- 2000 – 2002 Southern Association of Counselor Education and Supervision Virginia Representative – Graduate Student Committee

ACADEMIC AND PROFESSIONAL HONORS

- Spring 2005 Nominated for Outstanding Teacher Award – Non-tenured faculty Syracuse University
- 05/02 Recipient of Dissertation Research Grant Curry School of Education – University of Virginia
- 01/02 Recipient of Outstanding Doctoral Student Award Chi Sigma Iota International Counseling Professional Honor Society
- 12/01 Recipient of Outstanding Doctoral Student Award Rho Beta Chapter of Chi Sigma Iota University of Virginia
- 10/01 Recognition as a Southern Association for Counselor Education and Supervision (SACES) “Emerging Leader”. Virginia Association for Counselor Education and Supervision (VACES) representative.
- 4/01 Recipient of a Dean’s Fellowship from the University of Virginia Curry School of Education – Human Services Department representative
- 3/01 Recipient of the William Van Hoose Memorial Award for an Outstanding Student in Counselor Education from the University of Virginia Curry School Foundation
- 1/01 Recipient of Chi Sigma Iota International Fellowship

PROFESSIONAL CREDENTIALS

National Certified School Counselor #37614	September 2003
National Certified Counselor #37614	April 1995
Center for Credentialing and Education (CCE) Approved Clinical Supervisor (ACS)	October 2001
New York Licensed Mental Health Counselor #000990-1	March 2006
North Carolina Licensed Professional Counselor #2494	August 1996 – July 2000
North Carolina Department of Public Instruction NC School Counselor License #CG005-517-02-8578	May 1995 – June 2000

PROFESSIONAL MEMBERSHIPS

Chi Sigma Iota International – Eta Tau
Association for Counselor Education and Supervision
American Counseling Association
American School Counselor Association
Southern Association of Counselor Education and Supervision
Tennessee Counseling Association

PROFESSIONAL DEVELOPMENT and CONTINUING EDUCATION

American Counseling Association International Conference
2000, 2001, 2002, 2004, 2005, 2006

American School Counselor Association Conference
2000, 2003, 2004, 2005, 2006, 2007

Association for Counselor Education and Supervision Conference
2002, 2005

North Atlantic Region Association of Counselor Education and Supervision Conference
2003, 2004

Southern Association of Counselor Education and Supervision Conference
2000, 2001, 2006

Tennessee Counseling Association Conference
2006

Selected workshops and trainings:

Faculty Technology Leadership Course (Fall 2008), East Tennessee State University

BANNER Self-Service Training, ETSU, Spring/Summer 2008

Grant Writing I Workshop (November, 2007)

Desire2Learn Workshop I & II, East Tennessee University (May 21, 2007)

Syracuse University Faculty to Faculty seminar “Using PowerPoint in the Classroom.” (Spring 2004).

Syracuse University Focus on Teaching Luncheon Series “Issues and Options When Grading Student Work.” (Fall 2003)