

## VITA

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### **EDUCATION:**

Ph.D. Marriage and Family Therapy 1992.  
Virginia Polytechnic Institute and State University  
Blacksburg, VA

M.A. Human Development and Psychological Counseling 1987  
Appalachian State University  
Boone, NC

B.A. Art 1980  
St. Andrews Presbyterian College  
Laurinburg, NC

### **CURRENT STATUS:**

Professor in the Department of Human Development and Learning at East Tennessee State University teaching graduate level courses.

### **PROFESSIONAL EXPERIENCE:**

August 1994- Present      Professor, Human Development and Learning, East Tennessee State University, Johnson City, Tennessee.

August 1992- August 1994      Assistant Professor of Counselor Education, North Dakota State University, Fargo, North Dakota.

## **PROFESSIONAL EXPERIENCE (continued):**

- July 1993-  
August 1994                      Counseling Private Practice, Gestalt Experiential Systemic Therapy,  
Fargo, North Dakota.
- January 1994-  
August 1994                      Supervisor/Consultant for Private Practitioners, Fargo, North Dakota.
- Fall 1991                              Adjunct Instructor of Counseling, West Virginia College of Graduate  
Studies, Institute, West Virginia.
- May 1991-  
August 1992                      Counselor, The Family Institute of West Virginia, Beckley, West  
Virginia.
- August 1989-  
May 1991                              Coordinator, Center for Family Services, Virginia Polytechnic Institute  
and State University, Blacksburg, Virginia.
- August 1989-  
May 1991                              Research Assistant, Virginia Polytechnic Institute and State University,  
Blacksburg, Virginia.
- May 1990-  
July 1990                              Supervisor, 27th District Juvenile and Domestic Relations Court  
Services, Galax, Virginia.
- February 1987-  
August 1989                      Family Counselor, 27th District Juvenile and Domestic Relations  
Court Services, Pulaski, Virginia.

## **PUBLICATIONS:**

- Disque, J. G. (2005). Letter to the Editor. *The Family Journal*. 13 (3), 250-251.
- Bitter, J. R., Robertson, P. E., Roig, G., & Disque, J. G. (2004). Definitional ceremonies:  
Integrating community into multicultural counseling sessions. *Journal of Multicultural  
Counseling and Development*, 32, 272-282.
- Disque, J. G. & Bitter, J. (2004). Emotion, experience, and early recollections: Exploring  
restorative reorientation processes in Adlerian therapy. *Journal of Individual Psychology*,  
60 (2), 115-131.

## **PUBLICATIONS (continued):**

- Dwyer, E. J. & Disque, J. G. (2003). Chicken soup for the portfolio. *Illinois Reading Council Journal*, 31, 48-51.
- Robertson, P. E. & Disque, J. G. (2003). White privilege: What counselors need to know. *Tennessee Counseling Association Journal* 6 (1), 150-156.
- Mitchell, C.W, Disque, J.G., & Robertson, P.E. (2002). When Parents Want to Know: Responding to Parental Demands for Confidential Information. *Professional School Counseling*, 6 (2), 156-161.
- Disque, J.G., & Morrow, B. (2002). Gus Napier: Reflections on the Field of Family Therapy. *The Family Journal: Counseling and Therapy for Couples and Families*, 10 (1), 112-118.
- Disque, J. G., Robertson, P. E., & Mitchell, C. W. (2000). A postmodern approach to counselor education admissions. In G. McAuliffe, & K. Ericksen, (Eds.), Preparing Counselors and Therapists: Creating Constructivist and Developmental Programs. Virginia Beach, VA: Donning Company Publishers.
- Disque, J. G. & Bitter, J. R. (1998) Integrating narrative therapy with Adlerian lifestyle assessment: A case study. *Journal of Individual Psychology*, 54 (4), 431-450.
- Langenbrunner, M. R. & Disque, J. G. (1998) The healing power of stories for children: an annotated bibliography. *Storytelling World*, 14, 23-25.
- Disque, J. G. & Langenbrunner, M. R. (1997). Narrative and systemic therapy for school counselors. *Global Visions for Counseling Professionals*, 4 (1), 38-43.
- Disque, J. G. (1997). Counselor Supervision: Videotape Sample #6. In R.C. Nielsen (Ed.), *Counselor Supervision: Home Study* [Video Tape]. (Available from North Dakota State University Department of Continuing Education, Fargo, ND)
- Disque, J. G. & Bitter, J. R. (1997) Integrating narrative therapy with Adlerian lifestyle assessment: The social construction of change. *Adlerian Society and the Institute for Individual Psychology Year Book*, 57-64.
- Disque, J. G., & Langenbrunner, M. R. (1996). Shaping self-concept with children's books. *Dimensions of Early Childhood*, 24 (4), 5-9.

## **VIDEO CREATIONS**

Video: (presenter) *Narrative Therapy*. A video for J.R. Bitter, *Theory and practice of family therapy and counseling*. Belmont, CA: Thomson-Brooks/Cole, March, 2008.

Video: (presenter) *Experiential Therapy*. A video for J.R. Bitter, *Theory and practice of family therapy and counseling*. Belmont, CA: Thomson-Brooks/Cole, March, 2008.

## PROFESSIONAL PRESENTATIONS

Disque, J. G. (2004, March) *Approaches to Bullying in Schools* for Trio Counselor IN Service Day, Greeneville, TN.

Disque, J. G. & Langenbrunner, M. R. (2004, February). *Experiential Approaches to Parenting* for Frontier Health Professional Series, Johnson City, TN.

Langenbrunner, M. R. & Disque, J. G., (2003, November). *Court-Mandated Parenting Classes and the Future: Is Psychoeducation All We Have to Offer?* for the NCFR 2003 Annual Conference. Vancouver, BC, Canada.

Disque, J. G. & Mitchell, C. (2003, September). *Mind-Body approaches to supervision* for the SACES 2003 Annual Conference, Chattanooga, GA.

Disque, J.G., (2001, October). *A Creative Comprehensive "Exam": Utilizing Videos to Understand Counseling Perspectives* for the SACES 2001 Annual Conference. Athens, GA.

Disque, J.G., (2000, August). *An experiential look at socially constructed stories about "Alternative Lifestyles"* Presentation to New Understandings Conference, Johnson City, TN.

Robertson, P.E. & Disque, J.G (1999) Professional Development Pre-Conference: *Narrative therapy in the classroom: Honoring diversity* for the American Counseling Association. San Diego, CA

Disque, J.G., & Robertson, P. E. (1999, October). *Using reflective teams in supervision: Benefits for clients, counselors, & team members*. Presentation to the Association of Counselor Education & Supervision (ACES) national conference, New Orleans, Louisiana.

Robertson, P. E., Disque, J.G., & Mitchell, C. (1999, October). *Admissions process in counselor education: Challenges as we move toward 2000!* Presentation to the Association for Counselor Education & Supervision (ACES) national conference, New Orleans, Louisiana.

Disque, J. G., (1998, April). *Narrative therapy with children and adolescents*. Presentation

to the Frontier Mental Health System, Johnson City, Tennessee.

**PROFESSIONAL PRESENTATIONS (continued):**

Disque, J. G., & Robertson, P. E. (1998, January). *Admissions process: What are we really trying to assess?* Presentation to the DeWitt Wallace-Reader's Digest Fund: The Education Trust, Washington D.C.

Disque, J. G. (1997, November). *Gestalt art therapy for children of all ages*. Presentation to the Tennessee Counseling Association (TCA) State Conference, Knoxville, Tennessee.

Disque, J. G., & Dansby, V.R. (1997, November). *Counselor Educator Networking*. Paper presented to the Tennessee Counseling Association (TCA) State Conference in Knoxville, Tennessee.

Disque, J. G., & Langenbrunner, M. R. (1997, November). *School-age children's and adolescents' perceptions of the "preferred" parent while engaging in recreational and nonrecreational activities*. Presentation at the National Council on Family Relations (NCFR) annual conference, Arlington, Virginia

Disque, J. G., Mitchell, C. W., & Robertson, P. E. (1997, October). *Predicting excellence: The admissions process in counselor education*. Presentation at the 1997 Southern Association of Counselor Educators and Supervisors (SACES) Conference, Louisville, Kentucky.

Thompson, C. L., & Disque, J. G. (1997, October). *IDEA exchange for counselor educators and supervisors*. Teaching innovation presented at the IDEA exchange of the 1997 annual meeting of the Southern Association of Counselor Educators and Supervisors (SACES) Conference, Louisville, Kentucky.

Disque, J. G., & Langenbrunner, M. R. (1997, September). *Children's reputations: narrative systems in schools*. Presentation at the annual conference of the American Association for Marriage and Family Therapy (AAMFT), Atlanta, Georgia.

Presentation distributed as a cassette recording as Disque, J.G., & Langenbrunner, M.R. (Speakers). (1997). *Children's reputations: narrative systems in schools* (Cassette Recording No. 520a-b). Palm Desert, CA: American Association of Marriage and Family Therapy.

Disque, J. G. (1997, April). *Narrative therapy: Deconstructing guilt and reauthoring innocence*. Presentation at the annual conference of the Tennessee Association for Marriage and Family Therapy (TAMFT), Knoxville, Tennessee.

## PROFESSIONAL PRESENTATIONS (continued):

- Disque, J. G., & Langenbrunner, M. R. (1997, March). *I'm having a terrible, horrible, no good, very bad day: How to use children's literature to enhance children's social interaction in the classroom*. Presentation at the 48th annual Southern Early Childhood Association Conference (SECA), Myrtle Beach, South Carolina.
- Disque, J. G., & Mitchell, C. W. (1996, November). *Techniques for enhancing therapeutic effectiveness*. Presentation at the annual conference of the Tennessee Counseling Association (TCA), Memphis, Tennessee.
- Disque, J. G., & Bitter, J. (1996, June). *Integrating narrative therapy with Adlerian lifestyle assessment: The social construction of change*. Presentation at the North American Society of Adlerian Psychology (NASAP) Conference, Baltimore, Maryland.
- Disque, J. G., & Henderson, D. (1996, April). *Art and music as a process for teaching counseling concepts*. Presentation at the American Counseling Association (ACA) World Conference, Pittsburgh, Pennsylvania.
- Disque, J. G., & Morrow, B. (1996, April). *Using emotions in marital therapy*. Presentation at the Tennessee Association of Marriage and Family Therapists (TAMFT) State Conference, Nashville, Tennessee.
- Disque, J. G., & Henderson, D. (1995, November). *Changing student reputations in schools*. Presentation at the Tennessee Counseling Association (TCA) State Conference, Nashville, Tennessee.
- Disque, J. G., & Henderson, D. (1995, November). *Using art, literature, film and music in counselor education*. Presentation to the Southern Association of Counselor Educators (SACES), Knoxville, Tennessee.
- Disque, J. G. (1994, February). *Introduction to using Pessio-Psychomotor therapy techniques with sexual abuse survivors*. Workshop conducted for members of VOICES (Victims of Incest Can Emerge Survivors) of Fargo, North Dakota.
- Disque, J. G. (1994, February). *Using your self in professional counseling: A resource for life*. Presentation at the annual conference of the North Dakota Association for Counseling and Development (NDACD), Bismarck, North Dakota.
- Disque, J. G., & Hannon, W. (1994, February). *Expanding counselor resources: Including family and marriage counseling*. Presentation at the annual conference of the North Dakota

Association for Counseling and Development (NDACD), Bismarck, North Dakota.

**PROFESSIONAL PRESENTATIONS (continued):**

Disque, J. G. (1993, March). *Working with adolescents*. Presentation on the North Dakota Interactive Video Network.

Disque, J. G., & Hannon, W. (1993, March). *Developing diversity in understanding substance abuse: Alternatives to the disease concept*. Poster Session at the annual convention of the American Counseling Association (ACA), Atlanta, Georgia.

Disque, J. G., Nielsen, B., & Hannon, W. (1993, February). *Counselor supervision*. Preconference Workshop at the annual conference of the North Dakota Association for Counseling and Development (NDACD), Bismarck, North Dakota.

Disque, J. G., Hawley, D., & Buxton, M. (1993, February). *Reconstructing bad reputations*. Presentation at the annual conference of the North Dakota Association for Counseling and Development (NDACD), Bismarck, North Dakota.

Disque, J. G. (1990, April). *Family therapy in a larger context*. Presentation at the Sixteenth Annual Southeastern Symposium on Family Relations, Athens, Georgia.

**WORKSHOPS & CONSULTATIONS:**

"Coping With Divorce" Day long divorce recovery workshop, sponsored by Munsey Memorial United Methodist Church, Johnson City TN, October 24, 1998.

"A Narrative Approach For A Residential Adolescent Treatment Facility" Two day consultation with co-directors, staff and residents of TEKOA, Christiansburg, VA, July 17 & 18, 1997.

"Marriage Enrichment Workshop" Group Leader, for Bristol First Presbyterian Church, held at Montreat, Anderson, NC, November 21-23, 1997.

"Using Children's Literature: A Narrative Approach to Classroom Behavior," Presentation to the Early Childhood Educators of the ETSU Child Development Center, Johnson City, TN, Fall, 1996.

"Introduction to Gestalt/Experiential Therapy," Training retreat for counselors and therapists, Lake George, Minnesota, May 20-22, 1994.

"Mutual Story Telling and Other Symbolic Ways of Working With Clients," Presentation on the North Dakota Interactive Video Network, March 25, 1994.

## **WORKSHOPS & CONSULTATIONS (continued):**

"Introduction to Gestalt/Experiential Therapy, Training retreat for counselors and therapists, Lake George, Minnesota, November 12-14, -1993.

"Gestalt Therapy," In-Service Training for Lutheran Social Services of North Dakota, Fargo, North Dakota, February 9, 1993.

## **PROFESSIONAL DEVELOPMENT & TRAINING:**

'The Body Bears the Burden: Somatic Expressions of Trauma,' December 14, 2001, Asheville, North Carolina.

'Introduction to Hakomi,' November 9, 2001, Asheville, North Carolina.

'Pesso Boyden System Psychomotor' (Level 2), July 8-13, 2001, Boston, Massachusetts.

'Psychological Trauma: Maturation Processes and Therapeutic Interventions,' March 22-24, 2001 Boston, Massachusetts.

'Narrative Therapy training', Evanston Family Therapy Center, Evanston, IL Feb. 16-20, 1997.

'The Wedge of Gender and Multi-cultural Differences' Tennessee Association of Marriage and Family Therapy, March, 1996, Nashville, TN.

'Confluence in Counseling' ACA National Convention, April 1996, Pittsburgh, PA.

'A Time for Personal Reflection' Southern Association of Counselor Educators, November 1995, Knoxville, TN.

'Foundations for the Future: Counselors Light the Way' Tennessee Counseling Association, November 1995, Nashville, TN.

'Experiential Psychotherapy, Observation and Participation with Members of the Atlanta Psychiatric Clinic,' March 7-11, 1994, Atlanta, GA.

ACA National Convention, Spring 1993, Minneapolis, MN.

'Evolution of Psychotherapy', Conference, Spring 1993, Orlando, FL.

'Symbolic Experiential Therapy training with Carl Whitaker,' South Carolina Institute of Systemic and Experiential Therapy, Columbia, South Carolina, 1989 (4 days), 1991, (4 days).

'Structural Family Therapy training,' Roanoke, Virginia, 1987, (8 days).

## **PROFESSIONAL DEVELOPMENT & TRAINING (continued):**

Two year training program at the Gestalt Training Center, Boone, North Carolina, 1985-1986, 1988-1989.

Pesso Psychomotor Group Work with Al Pesso, Strolling Woods, New Hampshire, 1987 1989, (13 days).

## **MEMBERSHIPS:**

Clinical Member, American Association of Marriage and Family Therapy

Approved Supervisor, American Association of Marriage and Family Therapy

## **GRANT & FUNDED ACTIVITIES:**

Disque, J.G., & Langenbrunner, M. (1998). ETSU Research and Development Grant, *A Descriptive Analysis of a Narrative/Systemic Approach to Bullying and Victimization in the Classroom*. \$5,070.00, approved and funded.

Disque, J.G., & Langenbrunner, M. (1998). ETSU Research and Development Grant, *Bullying Behavior in the Elementary School Classroom*. \$1,000.00, approved and funded.

Disque, J.G. (1997). Presidential Grant-in-Aid, Workshop on Narrative Therapy. \$750.00, approved and funded.

Disque, J.G. (1997). College of Education Faculty Grants in Technology & Cultural Diversity, *Dual Channel Technology for Supervision*. \$150.00, approved and funded.

Disque, J.G. (1995). University Instructional Development Grant, *Dual Channel Technology: Innovation for Supervision*. \$1200.00, approved and funded.

## **UNIVERSITY AND COLLEGE SERVICE:**

Chair, Promotion and Tenure Standards Committee, 2001 to present.

Clinical Supervisor, Families First of East Tennessee, 1999 to present.

Committee member, Graduate Faculty Status Committee, 2000 to present.

Coordinator of Community Counseling Clinic in the ETSU counseling program, 1996 to present.

**UNIVERSITY AND COLLEGE SERVICE (continued):**

Coordinator, admissions procedures for the ETSU counseling program, 1995 to present.

Committee member, Intercollegiate Athletics Standing Committee, 1998 to present.

Committee member, College of Education Portfolio Committee, 1997 to present.

Chair, Graduate Faculty Status Committee, 1997 to 2000.

Committee member, Task Force on Mental Health Programming, 1997 to 1998.

ETSU Diversity Training facilitator, April 2003 to present, Johnson City, TN.

Speaker/Participant, Speak Out Against Attitudes and Acts of Hate, ETSU November 17, 1998.

Clinical Supervisor, provided four hours a month of clinical supervision to the ETSU Catholic Campus Ministry 1996-97.

Counseling Consultant to University School, counseled with University School students and parents concerning issues related to faculty and student dismissals. Fall and Spring 1997.

Classroom Consultant for University School, Ten one and a half-hour sessions with a sixth grade class and their teacher. This included observation, processing time and classroom exercises to address classroom dynamics. Fall, 1997.

Guest Lecturer, "Family Relations", ETSU Student Services Program, December 3, 1997.

Guest Lecturer, "Family Relations", ETSU Student Services Program, October 2, 1997.

Guest Lecturer, "Introduction to Art Therapy", ETSU Class in Art Therapy, September 4, 1997.

Guest Lecturer, "Narrative Therapy", "Experiential Therapy" and "Structural Therapy", Psychiatric Residents, ETSU Medical School 1994 to 1997.

Classroom Consultant for University School, 10 one hour sessions with a third grade class and their teacher Dr. Floyd. This included observation, processing time and classroom exercises to address classroom dynamics. Spring, 1997

Guest Lecturer, "Introduction to Art Therapy," ETSU Class in Art Therapy, January 16, 1997.

Committee member, Doctoral Screening Committee in ELPA, 1996 and 1997.

Committee member, five year review for ETSU counseling program 1996.

Committee member, Search Committee for tenure-track counseling faculty, 1996.

### **UNIVERSITY AND COLLEGE SERVICE (continued):**

Presenter, "Violence and Student Relationships," East Tennessee State University Counseling Center, Johnson City, TN, November 20, 1996.

Guest Lecturer, "Group Dynamics in the Classroom," to ETSU Class in Early Childhood Education, Fall, 1996.

Guest Lecturer, "Using a Narrative Therapy Approach in the Elementary School Classroom," to ETSU Class in Early Childhood Education, Spring, 1996.

Guest Lecturer, "Introduction to Art Therapy," ETSU Class in Art Therapy, January 16, 1996.

Presenter, "Relationship Counseling for University Counselors," East Tennessee State University Counseling Center, Johnson City, Tennessee, Fall 1995.

Committee member, NCATE accreditation team, 1994-95.

Presenter, "Relationship Counseling for University Counselors," East Tennessee State University Counseling Center, Johnson City, Tennessee, Fall 1994.

### **COMMUNITY and PROFESSIONAL SERVICE:**

Trainer; lead six weekend sessions from September 2003 to April 2004 for Body Inclusive Psychotherapy, Johnson City, TN.

Court-mandated parenting class facilitator four hours per month from January 2002 to present, Johnson City, TN.

Group Facilitator; lead one hour per week from January to March 2004 a Grief Group for ETSU faculty and staff, Johnson City, TN.

Group Facilitator; lead approximately eight hours a month a psycho-educational "Parenting Plan Order" for the First Judicial District, East Tennessee.

Clinical supervisor, provide approximately four hours a month of supervision to a clinician at Children's Advocacy Center, Blountville, TN, 1995 to 1999.

Team member, 1st Judicial District Child Fatality Review Team, 1997 to present.

Clinical supervisor, provide approximately three hours a month of supervision to a clinician at Families First, Johnson City, TN, Summer 2001.

### **COMMUNITY and PROFESSIONAL SERVICE (continued):**

Clinical supervisor, provide approximately four hours a month of supervision to a clinician at Camelot, Johnson City, TN, January 1998 to present.

Abstract reader, for American Association of Marriage and Family Therapy 1997 National Convention.

Consultant, "Alternative Approaches to Classroom Management," Pat Miller, Coordinator of Communities in Schools, Johnson City, TN, October 2, 1997.

Guest lecturer, "Clinical Resources," Court Appointed Special Advocates (CASA), Johnson City, TN, October 8, 1997.

Presenter, "Gestalt Art Therapy," Workshop for the Watauga Counseling Association, Johnson City, TN, October 2, 1997.

Reviewer, student submissions for the 1996 Tennessee Association of Marriage and Family Therapy student scholarship award.

Presenter, "Remarriage and the Process of Selecting a Partner," Muncie Divorce Group, Muncie Methodist Church, Johnson City, TN, October 7, 1995.

Presenter, "Narrative Therapy for School Counselors," Johnson City School Counselors Association, Johnson City, Tennessee, October 6, 1995.

Presenter, "Narrative Therapy for School Counselors," Kingsport School Counselors Association, Kingsport, Tennessee, October 3, 1995.

Presenter, "Issues in Small Groups," Tennessee School Counselors, Johnson City, Tennessee, September 22, 1994.

Committee member, Task force for the licensure of professional counselors in North Dakota 1993-94.

President, North Dakota Association of Marriage and Family Counselors, 1993-94.