

**Preventing Neonatal Abstinence Syndrome**

**Through Assessment & Physician Guidance**

February 22, 2019

12:00 PM – 3:30 PM

University of Tennessee Medical Center

Heart Hospital Conference Room

1924 Alcoa Hwy, Knoxville TN 37920

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| **AGENDA & LEARNING OBJECTIVES** | | |
| **Schedule** | **Speaker & Topic** | **Learning Objective(s)**  “As a result of participating in this activity, the attendee will…” |
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| 12:00 PM – 12:20 PM  12: 20 PM - 12:35 PM | **Welcome**  **Karen Pershing, MPH, CPS II**  *Executive Director, Metro Drug Coalition*  **Craig Towers, MD, UTMC**  *Specialist in Maternal-Fetal Medicine/Obstetrics & Gynecology* |  |
| 12:35 PM – 1:15 PM | **Overview of the Disease of Addiction**  **Stephen Loyd, MD**  *Medical Director, JourneyPure* | * Identify signs and symptoms of acute opiate withdrawal * Identify risky prescribing practices of controlled substances |
| 1:15 PM – 2:00 PM | **What is SBIRT?**  **Karen Pershing, MPH, CPS II**  *Executive Director, Metro Drug Coalition* | * Understand the disease process of addiction * Recognize the risk factors and causes of Neonatal Abstinence Syndrome * Understand the process of SBIRT * Discover ways to implement the screening tool * Learn how to provide a brief intervention * Learn about community resources |

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|  | **SBIRT: Screening**  **Karen Pershing, MPH, CPS II**  *Executive Director, Metro Drug Coalition* | * Describe importance of universal screening * Describe an important screening tool for pregnant women, (5 Ps) * Describe the Alcohol, Smoking and Substance Involvement Screening Test (ASSIST) * Describe how this may be part of your office’s clinic flow * Provide billing codes |
| 2:00 PM – 2:10 PM | **Forms of Voluntary Reversible Long Acting Contraceptives (VRLAC) Available**  **Annabel Henley**  *Program Director, Women’s Health*  *Knox County Health Department* | * Identify the three different types of Long Acting Reversible Contraceptives * Understand the difference between unintended pregnancies in the general population and the addiction community * Understand the approach taken by the KCHD to prevent the rise of Neonatal Abstinence Syndrome in East Tennessee |
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| 2:10 PM – 2:30 PM | **SBIRT: Brief Intervention**  **Sharon K. Davis, DNP, WHNP-BC**  *Clinical Assistant Professor, Women’s Health, College of Nursing, University of Tennessee-Knoxville* | * Identify the 5 steps of Motivational Interviewing (MI) as they relate to brief interventions * Recognize substance use and abuse issues in patients * Use evidence-based practices to approach patient treatment of substance abuse |
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| 2:30 PM – 3:00 PM | **Using the Controlled Substance Monitoring Database**  **Michael O’Neil, PharmD**  *Professor and Vice Chair, Department of Pharmacy Practice, Drug Diversion/Substance Abuse Specialist, College of Pharmacy, South College* | * Briefly discuss basic clinical applications and considerations of Prescription Drug Monitoring Programs (PDMP) * Identify and discuss limitations of the PDMP * Implement simple strategies that optimize utilization of PDMP |

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| 3:00 PM – 3:25 PM | **SBIRT: Referrals — Treatment Options**  **Jason Goodman, CPRS**  *Regional Lifeline Director,*  *Metro Drug Coalition* | * Become more informed concerning criteria to enter certain types of treatment. * Become more informed concerning the available treatment resources in the community. |
| 3:25 PM – 3:30 PM | **Follow-up Survey, Wrap-up, and Evaluation** |  |