

# To begin research in my community, pay attention to...

## The Do's

- Meet with community
- Communicate with community advocates
- Establish a relationship with the leaders of the community
- Come to them and listen
- Keep lines of communication open and stay in touch
- Include community members in decision making-the process about research
- Make sure you have someone to interpret properly when needed
- Listen to the needs/wants of community members

## The Don'ts

- Assume you know how to help the community or what its needs are
- Get information from the community and walk away
- Avoid community members because "it takes too much time" to have them at your meetings
- Be judgmental
- Offer solutions to their problems
- Disregard cultural differences
- Be disrespectful
- Ignore their suggestions

# To begin research in my community, pay attention to...

## The Do's

- Follow university guidelines for responsible research.
- Listen to community representatives.
- Respect them.
- Offer collaboration.
- Build trust.
- Long term relationship in community.
- Listen.
- Speak clearly and be sure you are understood.
- Ask for comments from those not speaking out.

## The Don'ts

- Say “you people” to African Americans.
- Criticize-by stating African Americans statistics.
- Come in with an altitude.
- Think you can fix everything.
- Use the research against us.
- Act without knowing the community fears, skills, and entrée. It will cause the community indifference.
- Learn about culture, values and customer before ask questions to build entrée and participation.

# To begin research in my community, pay attention to...

## The Do's

- Respect us.
- Participate with the community in activities to gain trust.
- Meet leaders of the community.
- Take in count that family is first and the father has the authority.
- Try to talk the same language.

## The Don'ts

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