Survivors to Thrivers
A Therapeutic Group for Survivors of Sexual Trauma

The purpose for this group is to provide a safe, secure, and trusting atmosphere for survivors to process their trauma by fostering new relationships with other survivors who have lived through similar trauma.

The goal of this group is to grow together and empower each other to become more than just their trauma: to become strong and powerful thrivers who have risen like a phoenix from the ashes.

Survivors will learn how to thrive in the world as empowered, beautiful, and strong individuals who refuse to let the actions of others destroy their lives.

Where: D.P. Culp Center, Room 328
When: Thursdays from 5pm - 6:30 pm beginning February 18, 2016

Please register at https://www.surveymonkey.com/r/XQLPD5G

“Come Rise from the Ashes with Us”