Dining

1. Shop for local and/or organic food
2. Meatless Mondays - or limit the amount of meat you eat!
3. Clean your plate, and take only what you will eat!
4. Carry reusable utensils
5. Bring your own to-go ware when dining out
6. Grow some of your own food - plant a garden!
7. Dine in instead of ordering to-go