1. **Bedford - Community Clinic of Shelbyville**  
   **Topic:** Disease prevention  
   One day diabetic clinic and resources for low-income patients

2. **Dickson – Dickson County Schools**  
   **Topic:** Drug prevention  
   Drug education course for middle/high school students at alternative school for behavior modification will teach healthy choices.

3. **Hickman – Hickman County Health Department**  
   **Topic:** Obesity and physical activity  
   Incentive-based "Biggest Mover" community wellness program will promote health lifestyle choices for the county’s 8th graders.

4. **Maury – Maury County Public Schools**  
   **Topic:** Nutrition  
   Cooking classes will be offered for parents and children to learn together using portable kitchens and fresh local foods.

5. **Montgomery – Clarksville Association for Down Syndrome**  
   **Topic:** Obesity and physical education  
   This 4-week program will support for a _Wellness 21_ program for individuals with Down syndrome and their families.

6. **Perry – UT Extension of Perry County**  
   **Topic:** Health and wellness promotion  
   This one-time for Veterans health initiative will include opportunities and information, jobs counseling, resources and free health screenings.

7. **Robertson - Robertson County Health Council**  
   **Topic:** Health and wellness promotion  
   An education program will address needs of homeless families in a 4-month essential skills program and include the production of community health resource guide.

8. **Rutherford – Domestic Violence and Sexual Assault of Rutherford County**  
   **Topic:** Community health capacity building
Support for the domestic violence shelter to identify gaps in mental health service delivery and develop plan to close gaps.

9. Stewart – Stewart County Schools  
   Topic: Health and wellness promotion  
   “No electronics” health and safety summer camp for Stewart County 5th grade students.

10. Sumner – Sumner County Health Department  
    Topic: Nutrition and physical activity  
    This program will teach meal preparation for 20 SNAP families and include 8-week nutrition and physical activity initiative, plus the appointment of ‘Health Ambassadors.’

11. Williamson - Williamson County Anti-Drug Coalition  
    Topic: Drug prevention  
    The coalition will offer an anti-drug prevention programs for local youth and families.

12. Wilson – Mt. Juliet Bicycle & Pedestrian Advisory Committee  
    Topic: Literacy and physical activity  
    Increase literacy and awareness for exercise for the future with Story Walks for all ages with additions to permanent structures and books and events to promote the use of the Walk.

13. Regional – Volunteer State Community College  
    Topic: Disease prevention  
    Counties: Macon, Robertson, Sumner and Trousdale  
    Vol State will incorporate student service learning in rural areas in these counties to help residents understand the need for dental care and where to find dental care.

Regional Projects ($5,000)

1. Girl Scouts of Middle Tennessee, Inc.  
   Counties: Bedford, Cheatham, Dickson, Giles, Hickman, Houston, Humphreys, Lincoln, Marshall, Maury, Moore, Montgomery, Perry, Robertson, Rutherford, Stewart, Sumner, Trousdale, Wayne, Williamson, and Wilson  
   Topic: Physical activity and health promotion  
   Activities at Girl Scout Entrepreneur Center will include exercise time for about 50 girls and require a public health component for each of the girls' projects.

2. American Red Cross, Nashville Chapter  
   Counties: Robertson, Williamson, Wilson  
   Topic: Injury prevention  
   Volunteers and staff will go door-to-door in low income neighborhoods and schools in 3 counties to implement The Pillowcase Project fire education program and the Red Cross Home Fire Campaign, including a free smoke alarm and fire safety checklist.

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