

Study finds benefits of exercise for restless legs syndrome

An exercise program that includes aerobic and lower body resistance training may improve symptoms of restless legs syndrome (RLS), a study at ETSU's James H. Quillen College of Medicine found. Findings were published in a recent issue of the Journal of the American Board of Family Medicine.

"This was a preliminary study, and further research is needed, but we now have data that supports the theory that exercise may help sufferers of restless legs syndrome," said Dr. Max Bayard, principal investigator of the study and program director of ETSU Family Medicine Associates.

The study, which was conducted at ETSU, involved a group of men and women who were identified as having restless legs syndrome, a highly underdiagnosed problem that affects approximately 10 percent of the population. It is characterized by an uncomfortable sensation associated with an urge to move the legs, particularly at night. As a result, many RLS sufferers are unable to get a good night's sleep.

Participants in the ETSU study were given a 12-week exercise program that included treadmill walking for 30-minute intervals at prescribed levels of intensity, as well as lower body strength training three times per week. During the course of the resistance training, the subjects – many of whom had never been involved in a regular strength program before – were instructed to increase the weights, as well as the numbers of sets and repetitions.

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Nationally known artists to join Jazz Ensemble in inaugural 'Jazz at the Millennium' concert

Five nationally known jazz artists – Mark Maegdlin, Jonathan Schwabe, Alan Hood, Marvin Sparks and Dr. David Champouillon – will join the ETSU Jazz Ensemble in concert during the inaugural "Jazz at The Millennium."

This concert will be held Saturday (Nov. 18), at The Centre at Millennium Park. It was originally announced that the concert would start at 8 p.m., but the time has been changed to 7:30 p.m.

This event marks an expansion of the ETSU Jazz Studies Program's yearly concert schedule and is presented in collaboration with The Centre at Millennium Park and its Signature Series.

"This is a result of the overwhelming attendance at the spring Tri-Cities Jazz Fests and at the request of jazz lovers and audience members for a major fall jazz event," said Champouillon, director of the ETSU Jazz Studies Program and the Tri-Cities Jazz Fest.

This concert brings back together Maegdlin, Schwabe, Sparks and Champouillon, all of whom were members of the Eastern Illinois University Jazz Quartet in the 1980s that performed throughout the Midwest.

A graduate of the famed William Patterson College Jazz Studies Program, Maegdlin is a Chicago-based jazz pianist, organist,

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Maegdlin



Hood



Schwabe



Sparks



Champouillon

MSHA, ETSU announce \$1 million partnership for evening/weekend nursing program

A new innovative strategy for adding more nurses to the workforce was announced recently during a joint news conference between Mountain States Health Alliance and the ETSU College of Nursing.

The Mountain States Health Alliance-ETSU Evening/Weekend B.S.N. Program will begin in January and will enroll students in a baccalaureate nursing degree program through an evening and weekend format. MSHA is giving ETSU \$1 million to hire additional faculty to support the program.

"We constantly hear from many men and women who are passionate about a career in nursing, but because of family, work and

other scheduling conflicts, they cannot attend classes during the day," said Dr. Patricia L. Smith, ETSU dean of Nursing. "Nursing needs them, and this innovative approach will provide an opportunity to these prospective students and give them a gateway to one of the most rewarding careers they can ever enjoy.

"And it is the generosity of MSHA that is making this happen. The ETSU College of Nursing is honored by the confidence MSHA has in our educational programs and our ability to prepare the highest quality of nurses for a workforce that so desperately needs them."

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Restless legs syndrome

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Strength activities included leg presses and extensions, leg curls, hip adduction and abduction, and seated rotary calf press.

Bayard and his study team assessed the patients' symptoms using the International RLS Study Group (IRLSSG) severity scale. This validated 10-item questionnaire is designed to assess symptom severity, frequency, and impact of RLS on daily life.

Using the IRLSSG, data on the ETSU participants was gathered at the beginning of the study and again at three, six, nine and 12 weeks.

'Jazz at the Millennium'

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producer and music educator. He has earned performance awards from Downbeat Magazine, University of Wisconsin-Eau Claire, Augusta College, and Notre Dame, Eastern Illinois and Illinois Wesleyan universities. Maegdlin has competed at the Martial Solal International Jazz Piano Competition in Paris, and has performed in New York, Milwaukee, Chicago and Charleston, S.C., as well as throughout central Illinois, with such renowned artists as Clark Terry, Rufus Reid, David Baker, Lee Konitz, Lew Soloff, Michel Legrand, Ndugu Chancelor, Freddie Waits, Carl Allen, Marvin Stamm, Shelia Jordan and Nick Brignolia.

Sparks, a percussionist, is a faculty member in the Jazz Department at Texas Southern

Nursing

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Smith said that once students have completed the prerequisite coursework, they will be able to earn a B.S.N. degree within five additional semesters. The program will admit those who already hold a bachelor's degree as well as those who do not. Classes and clinical training will be conducted three or four nights per week and on Saturdays.

At least 40 students will graduate from the program each year, Smith added.

"We're excited to add to our partnerships with ETSU this creation of the Mountain States Health Alliance-ETSU Evening/Weekend B.S.N. Program," said Kathryn Wilhoit, MSHA vice president and chief nursing executive. "This program will help support the hiring of faculty in the same manner in which we support the Second Degree B.S.N. Program at ETSU."

"By the end of the study, most patients on the exercise regimen reported improvement in the symptoms of RLS, and some noticed it as early as six weeks," said Bayard, who is also an ETSU associate professor in the Department of Family Medicine.

"We hypothesized that exercise would help the symptoms, but this gives some credibility to the theory. These findings are very promising, but larger studies are needed before exercise can be routinely prescribed for RLS."

Other investigators in the study were Dr.

Doug Aukerman and Melissa Aukerman, former ETSU faculty members now at Penn State University; Dr. Fred Tudiver and Dr. Beth Bailey from ETSU's Department of Family Medicine; and Dr. Lydia Thorp, a former resident physician with ETSU Family Medicine Associates.

Bayard has established a clinic at ETSU Family Medicine Associates specifically for patients with restless legs syndrome. The clinic focuses on making a diagnosis and providing an evaluation and treatment plan.

University Houston, and an educational consultant for Sonor Drums, Sabian Cymbals, Vic Firth Mallets and Sticks, and Latin Percussion. He has done extensive research on the African influence in Cuban music and studied with such notable musicians as Oscar Sully, an African master drummer; Famoudou Don Moye, a percussionist with the Art Ensemble of Chicago; John Santos, an ethno-musicologist in Latin music; and Cuban percussionists Carlos Aguilla, Fermín Nani, Roberto Vizcaino and Miguel Nodal.

Sparks has worked in various genres of the music industry, including orchestras, award-winning Broadway musicals, and R&B and Gospel with greats like Gladys Knight and Aretha Franklin, and performed with such jazz artists as Max Roach, Joe Henderson, Sandip Burman and Ernie Watts. In addition, he has been involved in over 200 radio and television commercials as a writer, player and producer.

Bassist Schwabe is an associate professor of theory and composition and a member of the nationally renowned jazz program faculty at the University of Northern Iowa. He has an international reputation as a composer, with his works having premiered at the Eastman School of Music, the Spoleto Festival, the Society of Composers' Midwest Festival, the Conductor's Institute and the Midwest Band and Orchestra Festival. He has also performed at the Kennedy Center for the Performing Arts in Washington, D.C., and throughout Europe.

Jazz trumpeter Champouillon, a Bach performing artist, is a former solo trumpet in the U.S. Air Force Band system. He is principal trumpet of the Johnson City Sym-

phony Orchestra and has been a featured soloist with orchestras, wind ensembles, jazz ensembles and brass groups throughout the United States and abroad. He has also been listed in *The Pros Speak – Embouchure* as one of the top 50 trumpeters in the United States and in the *"Trumpeter" Handbook II* as one of the top 600 influential trumpeters in the world by Schott Publishing, Germany.

Also performing is trumpeter Hood, who hails from the small upstate New York town of Pumpkin Hook and who has been performing for over 28 years. He has toured the world with the Phil Collins Big Band, appearing at the Montreux and North Sea jazz festivals and New York City's Lincoln Center and Carnegie Hall. Hood has irreplaceable memories and a wellspring of professional experience from appearing with the orchestras of Woody Herman, Glenn Miller and Harry James, as well as performing on stage with Ray Charles, Doc Severinsen, Natalie Cole, Manhattan Transfer, Arturo Sandoval, the Richie Cole Alto Madness Orchestra, John Faddis, Conte Candoli, Clark Terry, Wynton Marsalis and many others. He also performs with various regional ensembles in and beyond Colorado. In addition, Hood is an assistant professor of trumpet in the University of Denver's Lamont School of Music.

General admission to Jazz at the Millennium is \$15, while \$30 VIP admission includes priority seating and a reception with the artists. Tickets are on sale at The Centre at Millennium Park (phone 232-2001) and will be available at the door.

For more information, call 439-4270.

ETSU signs exchange agreements with schools in China, Ecuador and the Netherlands

ETSU has signed a Memorandum of Agreement that expands an existing arrangement with the North China University of Technology (NCUT), located in Beijing, and with the Universidad Estatal De Bolivar, in Guaranda, Ecuador (UEB). ETSU has also added a new pact with the University (in the Dutch language, it is Rijksuniversiteit) of Groningen (RUG) in the Netherlands.

The expanded cooperative relationship with NCUT is the result of a visit to China by an ETSU delegation, including Provost Dr. Bert C. Bach, who spoke at the International Forum on Higher Education held at NCUT in conjunction with its 60th anniversary celebration.

The agreement calls for a “two plus two” program for NCUT students studying advertising and computer science. Students will complete two years of study in Beijing and then transfer to ETSU as degree-seeking students.

ETSU students would travel to NCUT for summer programs that include an intensive Chinese language program.

Provisions are also made for faculty exchanges and the recruitment of NCUT graduate students to study on the ETSU campus. Plans are under discussion for future agreements in international business management and international relations.

The UEB and RUG arrangements call for the reciprocal exchange of graduate and undergraduate students, with the potential for including faculty members later and for developing short-term programs involving faculty, staff, and students.

Dr. Joe Florence, a Department of Family Medicine associate professor in ETSU’s James H. Quillen College of Medicine, recently led a group of his medical students to visit Guaranda, and, this winter, Dr. Theresa McGarry of the ETSU Department of English will conduct an “English as a Second Language” workshop for faculty and students at UEB. Guaranda and Johnson City have long been “sister” cities.

For more information, contact Maria Costa of the ETSU Office of International Programs at 439-7737 or costa@etsu.edu.

Child Study Center, Little Bucs receive grant to help students needing child care

College students face endless challenges as they meet deadlines for projects, papers, and tests, but, for many, the greatest hurdle may be a financial one. Although they are looking forward to a diploma and a brighter future, that may mean stretching every dollar while attending classes. For students with children, the financial strain is often greatest.

ETSU’s Child Study Center (CSC) and Little Buccaneers Student Child Care Center (Little Bucs) have received a United States Department of Education grant entitled “Child Care Access Means Parents in School” (CCAMPIS) to help low-income students who are parents needing child care. The CSC and Little Bucs programs give ETSU students safe, high-quality, and reliable care for their children while they attend class, fulfill class requirements, or use library/study time. Thanks to the award, Pell Grant-eligible undergraduates pay for services determined by a sliding scale based on income.

The grant also supports a graduate assistant for the CSC and one for Little Bucs.

Termed Family Support Specialists, these students assist the families using the child care facilities by providing resource information, maintaining a family lending library, and addressing support needs identified by the families.

The Little Bucs program had obtained a similar grant from 1999-2003, but no new funding was available after that time. CSC also received such an award between 2001-2005.

In the first six months of new funding, the two sites served 74 children of 72 ETSU student-parents who met eligibility criteria.

According to Beverly Wiginton, director of the campus children’s centers and the project director, “I have seen many families benefit from participating over the last seven years that our programs have had the CCAMPIS grant. Everyone has received reduced child care tuition and may participate in parent meetings and work with the Family Support Specialists. What a difference it has made, not only in the parents’ pursuit of a college degree but also in the quality

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ETSU named Industrial Assessment Center by USDE

The United States Department of Energy has announced that three Tennessee universities – ETSU, Cookeville’s Tennessee Tech (the lead institution), and The University of Memphis – have been selected to join the Industrial Assessment Centers (IAC) program. The IAC includes institutions such as the University of Michigan, Georgia Tech and the University of Florida.

Small- and medium-sized manufacturing plants across Tennessee will benefit from the IAC through free one-day energy, waste and productivity assessments provided by the university’s faculty and students. A full report, including recommendations, will be sent to each client, with follow-up phone calls. On average, the recommended actions from an assessment result in annual cost savings of \$55,000.

Manufacturers qualify for this service if they have gross annual sales below \$100 million, have fewer than 500 employees, have annual utility bills totaling between \$100,000 and \$2 million, and have no professional staff to perform such an assessment.

Student participation in the IAC program provides training in industrial assessment and energy system management techniques. The Department of Energy’s Industrial Technologies Program Office notes that over 250 students are trained at centers around the country each year.

Dr. Paul Sims of ETSU’s Department of Technology and Geomatics will direct the university’s IAC efforts. “This will allow ETSU technology students to get real field experience before they transition from a learning environment to the work environment,” he explains. “The program enables ETSU to support small- and medium-sized industries in the region in their efforts at reducing energy cost, thus making them more competitive.”

Attend a concert!

ETSU and Keystone Center partners attract visitors from Vanderbilt

Dr. Pearl Sims teaches a graduate course entitled “Learning Organizations” in Vanderbilt University’s College of Education and Human Development. She wants her students to gain insight into human service programs through “appreciative inquiry.”

“That means,” she explains, “studying the few organizations that work well, rather than examining the many that fall short of their goals.”

Sims chose, as the semester’s class field trip, a long drive from Nashville to visit the programs funded through the Center for Community Outreach at Keystone Center in Johnson City.

Accompanied by graduate students Emily Thaden, Leslie Collins and Ain Grooms, Sims toured the facility and met with Dr. Judith Hammond and Dr. Jerry Leger of ETSU’s Community Partnership Center, as well as David Calhoun, the area Tennessee Department of Human Services manager.

The group discussed an assortment of local community projects and the enthusiastic involvement of local school systems. Willing partners, working in collaboration, have made the area’s efforts to improve lives effective.

The cornerstone program is Families First. Now in its 10th year, the statewide initiative helps families leave the welfare rolls and become self-sufficient. Since Families First is administered locally, there are many different adaptations across Tennessee. Each site develops partnerships within the community to meet local needs.

At Keystone Center, state and federal grants provide funding, the Department of Human Services offers strong support, and ETSU students and staff set to work, creating an array of services, including a dental clinic, GED classes, and youth programs, such as “Even It Up,” for at-risk children.

“The ideal model has long-term, high-quality service delivery, with the partners having equal standing,” Sims notes. “There are few such well-run organizations in Tennessee. The Keystone Center is a phenomenal and rare example.”

Collins says of the visit, “As students, we work in the community already. We hope to observe how good partnerships are built and take that knowledge back with us to help us make improvements wherever we go.”



Dr. Pearl Sims, Leslie Collins, Emily Thaden and Ain Grooms of Vanderbilt toured the Center for Community Outreach at Keystone Center.

ETSU to host SPEC Coaches and Sports Sciences College

ETSU’s Sports Performance Enhancement Consortium (SPEC) will host a Coaches and Sports Sciences College Dec. 14-16.

This event provides coaches with information on up-to-date scientific research on sport performance improvement and coaching strategies. Lectures will cover training theory, recovery and adaptation, athletic monitoring, strength and power, Dartfish software, and sprinting. Practical, hands-on sessions include a broad range of topics, such as body composition and long-term endurance.

Instructors for the event are Loren Sea-

grave, an internationally renowned coach and founder of Velocity Sports Performance; Dr. William A. Sands, head of Biomechanics for the U.S. Olympic Committee (USOC); Tracy Fober, physical therapist, Dartfish specialist, and owner of Iron Maven L.L.C., a company that provides fitness assessments, analysis, and other services for athletes; Clive Brewer, head of the Athletics Department at Sport Scotland, the national agency for sport in Scotland; Dr. Jeff McBride, associate professor, Biomechanics, Appalachian State University, Boone, N.C.; Dr. Kyle Pierce, director and coach of the USA Weightlift-

ing Development Center, Louisiana State University; Dr. Mike Stone, professor and head of the Sports Science Lab in the ETSU Department of Kinesiology, Leisure and Sport Sciences and former head of Physiology for the USOC; Meg Stone, ETSU assistant track coach, previous Olympian, and renowned strength and conditioning coach; and Dr. Mike Ramsey, an ETSU assistant professor of exercise science in Kinesiology, Leisure and Sport Sciences who specializes in cardiovascular physiology.

SPEC, led by Meg Stone, is a collaborative effort of the Department of Kinesiology, Leisure and Sport Sciences in the Claudius G. Clemmer College of Education and the ETSU Department of Intercollegiate Athletics.

The College will be held from 5-6:30 p.m. Thursday, Dec. 14, and 8 a.m.-6 p.m. Friday and Saturday, Dec. 15-16, with lectures in Warf-Pickel Hall and practical sessions in Memorial Center and the Wayne G. Basler Center for Physical Activity. Registration is \$120.

To register or for more information, contact Meg Stone at 439-8479 or stoneme@etsu.edu.

Child care grant

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of their families’ lives. The student-parents are supporting their children’s learning as they themselves are being supported. It is a win-win situation for everyone.”

Finding affordable child care available during class hours is a primary concern for student-parents, and having such a program on campus is a valuable asset. Wendy Woodard of Johnson City says, “There is no way I would be able to complete my nurs-

ing degree if it were not for the CCAMPIS grant assisting with child care expenses for my three children. My children have been at CSC and Little Bucs since they were infants – it’s like a second home. I have a 3.5 grade point average in the nursing program, and that would not have been possible without having good care for my kids.”

For further information, contact Wiginton at 439-4887.

Musick named to independent National Commission on Adult Literacy

Dollar General Corp. in Goodlettsville recently teamed with the Council for Advancement of Adult Literacy (CAAL) in New York to put together the independent “blue ribbon” National Commission on Adult Literacy, and ETSU is among those tapped for the endeavor.

ETSU’s Mark Musick was asked to serve as one of 22 commissioners on the new initiative designed to focus more attention on improving adult education and literacy in America. Musick holds the James H. Quillen Chair of Excellence in Teaching and Learning in the university’s Claudius G. Clemmer College of Education. He is also president emeritus of the Southern Regional Education Board (SREB), which is a 16-state education compact, and he chaired the board of the National Assessment of Educational Progress under three U.S. presidents.

The Dollar General Literacy Foundation is the lead supporter with a \$1 million donation, and the main impetus behind the endeavor is Dollar General Chairman and CEO David Perdue, who is chairing the Commission. Because of his longstanding interest in adult literacy, Harold W. McGraw Jr., chairman emeritus of The McGraw-Hill Companies, also personally donated \$100,000 to the Commission. CAAL is the grantee organization that will manage the Commission study, and Dr. Cheryl King, former deputy secretary and commissioner

of Adult Education and Workforce Development in Kentucky, is the study’s director. A resource group of adult literacy and education professionals is being formed for advice in key areas.

The membership of the distinguished Commission includes a former governor, a former U.S. ambassador to several countries, Fortune 500® CEOs, former congressional and cabinet members, and other influential business, education and literacy, and public policy leaders.

The Commission will examine all components of the adult education and literacy enterprise in America and recommend a future course of comprehensive service. Goals include bringing about legislative change in federal and state policy, and building awareness and involvement within the business and philanthropic arenas. The underlying vision is to improve American economic vitality and competitiveness, civic engagement, and quality of life – all essential to “our democratic society and our nation as a world leader.”

“We are proud to lend our name and support to this Commission,” said Perdue. “Its work will help millions of undereducated adults improve their life prospects and find good jobs, strengthening the American workforce. We’ve assembled a truly remarkable group of commissioners who bring deep knowledge, enthusiasm, and a high sense of purpose to this undertaking.”

Commented CAAL President Gail Span-

genberg, “We’re thrilled by Dollar General’s boldness of vision. Never before has such an outstanding group come together for an extended period of time to consider the future of adult literacy. This is an unprecedented opportunity for adult education, for the many millions of adults in need of skills upgrading and further education, and for the nation.”

Honorary Commissioners are David Baldacci and Richard Riley.

Baldacci is the author of 13 best-selling novels, translated into 38 languages and sold in more than 80 countries; a playwright; a national ambassador for various charities, including the Barbara Bush Foundation for Family Literacy; and a lawyer in trial and corporate law.

Riley is a former governor of South Carolina; former Secretary of Education in the Clinton Administration; a recipient of the Harold W. McGraw Jr. Education Prize for national leadership; and a partner in Nelson, Mullins, Riley and Scarborough.

The Commission will hold its first meeting in Nashville this November, and will then meet alternately in New York, Washington, D.C., and Nashville.

In mid-2008, the Commission plans to issue a “major, highly visible report complete with analysis and strategic recommendations addressed to federal and state government and to the business, education, and philanthropic communities.”

Crofts writes a new book examining Malory’s *Le Morte Darthur*

ETSU’s Dr. Thomas Crofts has released a book, *Malory’s Contemporary Audience*, an analysis of the cultural and historical context of Sir Thomas Malory’s 15th century work, *Le Morte Darthur*.

Malory’s classic was written at a time of great upheaval for England, from the loss of Bordeaux and the subsequent Hundred Years War, until the rise of Richard III. *Le Morte Darthur* was translated from



Crofts

many French sources, copied by the hands of scribes, and eventually printed by William Caxton in 1485. Crofts argues that the tale’s unique history reflects the ideological crises facing England’s ruling class in the 15th century, and that the book is inseparable from those crises.

Crofts’ book is published by Boydell and Brewer, Ltd., a firm founded in Britain by two professors who specialized in medieval studies.

An assistant professor in the ETSU Department of English, Crofts earned a master’s degree at Dublin’s famed Trinity College, as well as master’s and doctoral degrees from the University of Wisconsin-Madison.

Dollar General is a Fortune 500® discount retailer with more than 8,000 neighborhood stores that provide convenience and value to customers by offering a variety of goods at everyday low prices. The company has a longstanding tradition of supporting literacy and education in the U.S. In 2005, its support of nonprofit organizations helped more than 81,000 individuals take their first steps toward literacy, a general education diploma (GED), or English proficiency.

The Council for Advancement of Adult Literacy (CAAL) is a nonprofit organization, incorporated as a national public charity. It is dedicated to expanding and strengthening the adult education and literacy system in America through a program of research and analysis, symposia, and special cutting-edge projects – all designed to improve policy, planning, and practice at the state and national levels.

Krishnan to lead ETSU Cancer Center, Dishner Chair of Excellence

Dr. K. Krishnan is the new chief of the Division of Hematology and Oncology in the James H. Quillen College of Medicine and the ETSU Cancer Center at Johnson City Medical Center. He has also been named as the holder of the Paul Dishner Chair of Excellence in Medicine. In addition, he is a Professor of Medicine and will be the director of Quillen's medical oncology fellowship program.



Krishnan

Krishnan most recently held a joint appointment in the departments of Gastrointestinal Medical Oncology and Clinical Cancer Prevention at the University of Texas MD Anderson Cancer Center in Houston where he will continue as an adjunct professor.

He completed his internal medicine residency at ETSU and his hematology/oncology fellowship training at the University of Michigan School of Medicine in Ann Arbor.

He served on the Quillen College faculty from 1998-2004.

As holder of the Dishner Chair of Excellence, Krishnan will initiate and lead major research efforts in oncology across the colleges of Medicine, Nursing, Pharmacy, and Public and Allied Health.

He is currently funded by the American Institute of Cancer Research to investigate different forms of vitamin E as a prevention for colon cancer. A grant from MD Anderson is also funding an international study in collaboration with Lakeshores Hospital in Cochin, India, to research a disease that is endemic to Southern India and known as "Tropical Calcific Pancreatitis," or TCP, which has a high risk for developing into pancreatic cancer. Research collaborations with Krishnan's colleagues at the MD Anderson Cancer Center will continue exploring the molecular and epidemiological basis of TCP. Krishnan's adjunct faculty appointment will facilitate this collaboration and partnership with MD Anderson as ETSU builds and expands its own clinical and research infrastructure.

Previous projects led by Krishnan have been funded by the U.S. Department of Defense, Cancer Research Foundation of America, National Cancer Institute, the Center for Disease Control and Prevention, Eagles Ehrmann Cancer Research Fund, and ETSU. He has authored and co-authored more than 40 articles, abstracts, and manuscripts.

"I am delighted to have the opportunity

to return to ETSU in this new capacity," Krishnan said. "My goal is to expand our hematology/oncology division by bringing leaders in cancer research and treatment to the ETSU Cancer Center and the James H. Quillen VA Medical Center. We will be actively recruiting medical oncologists and hematologists to build our clinical program at the ETSU Cancer Center in partnership with JCMC and Mountain States Health Alliance, and we will hire laboratory researchers to extend our cancer research efforts."

He added, "I am very interested in identifying, describing and solving the cancer health disparities problem in Central Appalachia, and I will be working closely with several disciplines at the university and within the community to address this major problem over the next several years. ETSU will be embarking on new innovative clinical trial studies and will be pursuing new collaborations both locally and nationally that will enhance our clinical care and teaching. These partnerships are important for achieving multiple goals.

"Every effort will be devoted to enhancing our reputation and providing prompt and efficient clinical oncology service to our community physicians."

Krishnan plans to meet with key personnel within the ETSU Division of Health Sciences and with community physicians and cancer care specialists to identify mutually important clinical and research issues in order to help form a strong collaborative atmosphere for the future of the region.

Rhoton to direct Center of Excellence in Mathematics and Science Education

Long recognized nationally as an outstanding professor in science education, ETSU's Dr. Jack Rhoton is also known statewide and regionally for his expertise – and he expects to interact with even more educators in his newest role as executive director of the ETSU Center of Excellence in Mathematics and Science Education.



Rhoton

Rhoton knows the value of collaborating with colleagues in various endeavors – a talent he has honed during his tenure at ETSU – and says, "The Center will serve as a focal point for coordinating and promot-

ing collaborative activities among faculty in education, mathematics and science as well as for developing partnerships with schools, industry and community organizations."

The university's fourth Center of Excellence is an interdisciplinary free-standing initiative between the College of Arts and Sciences and the Claudius G. Clemmer College of Education, under the leadership of their respective deans, Drs. Gordon Anderson and Hal Knight.

Rhoton is a professor of science education in the Clemmer College's Department of Curriculum and Instruction, where he has served since 1987. He received the 2006 National Outstanding Leadership in Science Education Award presented during the National Science Teachers Association (NSTA) annual meeting in California.

Perhaps more importantly, hundreds of science teachers and thousands of students have been positively affected as a result of his many endeavors and strong support for inquiry-based science.

The multi-faceted Center Rhoton now leads has as its ultimate goal to improve K-16 mathematics and science education, two areas in which the United States continues to fall farther behind other nations.

In addition, a national policy document, *Rising Above the Gathering Storm*, notes that dwindling numbers of students in engineering, chemistry, math and related programs in Tennessee colleges and universities actually mirror the national level.

As Rhoton notes, initiatives offered through the Center of Excellence will

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Happy Thanksgiving!

ETSU *Accent*, for and about university activities and employees, is published by News and Information Services in the Office of University Relations. News items for upcoming issues should be typed and double-spaced, and forwarded to Jennifer L. Hill, Coordinator, Box 70717, 300 Burgin E. Dossett Hall, telephone 439-5693, e-mail hill@etsu.edu.

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East Tennessee State University is a Tennessee Board of Regents institution. The TBR is the nation's sixth largest higher education system, governing 45 post-secondary educational institutions. The TBR system includes six universities, 13 two-year colleges and 26 technology centers, providing programs to over 180,000 students in 90 of Tennessee's 95 counties.

Accreditation

Commission on Colleges of the Southern Association of Colleges and Schools

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East Tennessee State University is fully in accord with the belief that educational and employment opportunities should be available to all eligible persons without regard to age, gender, color, race, religion, national origin, disability, veteran status or sexual orientation.

ETSU makes available to prospective students and employees the ETSU Security Information Report. This annual report includes campus crime statistics for the three most recent calendar years and various campus policies concerning law enforcement, the reporting of criminal activity, and crime prevention programs. The ETSU Security Information Report is available upon request from ETSU, Department of Public Safety, Box 70646, Johnson City, TN 37614-1702. The report can be accessed on the Internet at: http://www.etsu.edu/dps/security_report.asp.

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Rhodon

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provide significant steps in bringing about progress in these fields. "The Center is committed to the belief that students from all backgrounds can succeed in mathematics and science."

Another focus of the ETSU Center will be to help effect positive changes in the numbers of discipline-prepared teachers. He said, "We will explore and seek support for programs aimed at increasing the supply and quality of math and science teachers in Tennessee's workforce, while enhancing teacher preparation and professional development."

Rhodon said the Center will forge linkages with the federal government, regional compacts like the Southern Regional Education Board (SREB), other colleges and universities, and foundations, organizations and state agencies such as the Tennessee Higher Education Commission, the Tennessee Board of Regents, the State Board of Education, and the Tennessee Department of Education.

He added that the Center of Excellence will partner with ETSU's Office of Sponsored Programs to offer support for Faculty Fellows from various disciplines who pursue external funding for innovative approaches to math and science education. This will

include support for applied research initiatives that assess implications for math and science curricula used in countries around the world.

A prolific author, Rhodon has published four books, two book chapters, and nine journal articles in the last five years, and he has made numerous presentations at the local, state and national levels.

He earned an associate degree from Hiwassee College, a bachelor's degree from ETSU, a master of education degree from the University of Virginia, and an M.S. degree from Old Dominion University. He received the doctor of education degree from the University of Tennessee.

Rhodon has served as president of the National Science Education Leadership Association, the Tennessee Academy of Science and the Tennessee Science Teachers Association (TSTA), and held a number of other positions within these and similar organizations.

Additional honors he has received include the TSTA Distinguished Educator of the Year Award, the NSTA Distinguished Service to Science Education Award, and the 1995 ETSU Distinguished Faculty Award.

Dr. Karen Adolph to speak at first of new lecture series

The Center for Early Childhood Learning and Development and Department of Psychology will host the inaugural lecture of a new series featuring nationally recognized speakers in early childhood development.

Dr. Karen Adolph of New York University will speak Friday, Dec. 8, on "Bridging Domains: Social Aspects of Perceptual-Motor Development." She will discuss her research on the way infants and toddlers develop the ability to make decisions about "risky" motor actions — such as approaching steep slopes and walking in slippery conditions — and how these decisions are affected by the social "messages" communicated by parents and caregivers.

The free event will be held at 10 a.m. in the D.P. Culp Center's East Tennessee Room and is open to ETSU faculty, staff and students. There will be a second presentation at 3 p.m. in 112 Brown Hall, during which Adolph will describe developmental changes in behavioral flexibility as infants go from crawling to walking.

For more information, contact Lori Doyle at 439-7555 or doylel@etsu.edu.

Nursing Dean Dr. Patricia Smith earns TNA leadership award

A statewide award from the Tennessee Nurses Association (TNA) was recently presented to ETSU's top nursing official.

Dr. Patricia L. Smith, dean of the ETSU College of Nursing, received the TNA's Alma E. Gault Leadership Award in recognition of her years of nursing leadership in the state, particularly her efforts to establish the Tennessee Center for Nursing Inc. (TCN). She joined the ETSU faculty in 1990 and served as a faculty member, department chair, associate dean and interim dean before

becoming permanent dean in July 2004.

In addition to her curriculum development work at ETSU, she authored or co-authored grants and contracts resulting in over \$4 million in funding for the College of Nursing. In 1996, Smith and a colleague received a \$200,000 grant from The Robert Wood Johnson Foundation to form the Tennessee HealthCare Consortium for Nursing, which examined the future of nursing in the state. Nearly 30 organizations across Tennessee were part of the initial consortium, which has

become the TCN, and Smith is a member of its board of directors. The TCN is now partially funded by the Tennessee Board of Nursing and serves as the research arm of that board.

The College of Nursing also had bragging rights to two other TNA awards presented this year. Carol Blankenship, M.S., a former ETSU nursing faculty member, received the Special Lifetime Achievement Award, and recent ETSU graduate Laura Randolph, B.S.N., claimed the Promise Award, which recognizes a new member of TNA.

Furchess honored by national Girls Inc. for Head 2 Toe project

TJ Furchess, a senior at ETSU, was presented the Adult Program Volunteer Award by Girls Inc. at the recent Region IV conference in Albany, Ga.

A major in apparel merchandising through the ETSU Department of Family and Consumer Sciences, Furchess is the founder of Head 2 Toe. The project enhances the self-image of teenage girls by establishing a retail shopping setting where girls who otherwise may not be able to afford prom dresses may select a gown and accessories. Proceeds from the sale of donated attire benefit Girls Inc.

The Pre-Graduate Section of Family and Consumer Sciences, in co-sponsorship with the ETSU Women's Resource Center, gathers donated new and slightly used formal dresses and accessories, and then opens a

"store" where girls can purchase a gown for \$20. In 2005-2006, 45 ETSU students volunteered their time, allowing 80 girls to be outfitted, and raising \$2,000 for Girls Incorporated of Johnson City/Washington County.

During the conference, Furchess attended workshops related to communications, marketing and development, and strategic planning. She was impressed by a panel of teens who discussed ways their age group could best be assisted by volunteers, and a group of former members, now employees of Girls Inc., who explained the impact the organization had upon their lives.

Furchess, a single mother of two children, returned to school after a career in retail merchandising. The Johnson City resident would like to open her own formal



TJ Furchess, left, receives her award from Joyce Roché, national president and CEO of Girls Inc.

Psychologist named to state board of examiners

Tennessee Gov. Phil Bredesen has named Dr. Evelyn Kemp, a clinical psychologist with ETSU Family Physicians of Bristol, to the state's Board of Examiners in Psychology.

Kemp is an assistant professor of Family Medicine at ETSU's James H. Quillen College of Medicine.

Created by the state legislature in 1953, the Board of Examiners in Psychology serves as a safeguard for the health, safety and welfare of Tennesseans by requiring those who practice as psychologists or psychological examiners within the state to be qualified. The board determines the appro-

priate standards of practice and is authorized to issue licenses to qualified candidates who have graduated from approved schools, completed appropriate postgraduate work, and passed the examination administered by the board.

The board is also responsible for the investigation of alleged violations and for the discipline of licensees who are found guilty of such violations.

Kemp holds B.S. and Psy.D. degrees in psychology from Wright State University, and she completed a postdoctoral fellowship in clinical health psychology at a Michigan State University-affiliated hospital.

wear business because she believes that "a person's clothing describes them as individuals, and assisting others in choosing the appropriate attire for a specific occasion is very rewarding."

Head 2 Toe will collect donated prom apparel items from Dec. 1 through Feb. 2, 2007, at the Women's Resource Center in basement suite 2 of Panhellenic Hall on campus. For more information, contact the Center at 439-7847.

"A moment's insight is sometimes worth a lifetime's experience."

— Oliver Wendell Holmes Jr.

'Something wicked this way comes': ETSU puts futuristic spin on 'Macbeth'

"Macbeth" dates back to the early 1600s, but ETSU's production of the Shakespearean classic will more closely resemble a post-apocalyptic wasteland than lush Scotland.

Bobby Funk, ETSU professor of theatre and director of the play, decided to probe the essence of murder in a futuristic world already destroyed by ego and greed in this production, which opens tonight (Nov. 16) at Memorial Theatre on the campus of the James H. Quillen Veterans Affairs Medical Center at Mountain Home.

"This play is going to look like a video game – more fantasy-like than normal, with futuristic weapons," he said.

Funk wanted to target a younger audience with this production so that the younger generation would realize that "Macbeth" is not just about people whose speech and clothes are different.

"Macbeth' is a play about Shakespeare warning us that misguided ambition is against us," he said. "I think that is the main idea."

The costumes will resemble those of a video game, and heavy metal music will play throughout the show.

"Students who like to play a lot of games will enjoy this," Funk said. "It will look very futuristic. I looked at science fiction books

and read about a time when they used swords and weapons like that."

Funk said he feels fortunate to have three seasoned veterans, along with a great student cast, in his version of "The Scottish Play."

The Macbeths are being played by real-life husband-and-wife team Karen Sabo and Derek Davidson, who have performed all over the region, including at the historic Barter Theatre in Abingdon, Va. Davidson is currently an instructor at ETSU, where Sabo is working on her master of arts in liberal studies degree.

Funk said that he told Division of Theatre colleague Pat Cronin last year that "this is a play that must have great sexual chemistry between the Macbeths, and when real-life married couple Karen Sabo and Derek Davidson became available to do those roles, I just knew we'd have the chemistry this play so desperately needs.

"Macbeth is searching for power throughout the play, and the fact that he becomes king is very exciting to both him and Lady Macbeth in ways that make them not only powerful, but also that enrich their marriage. . . . Power is indeed the 'ultimate aphrodisiac.'"

Another professional in this production is ETSU's newest assistant professor of theatre, Herb Parker, who is playing the roles

of both King Duncan and the Porter. He has a great deal of experience in Shakespearean theatre.

"I think that people will love the transformation from king to this really drunk and crazy Porter," Funk said.

The director is also excited about the portrayals of the three witches in the play. He sees them as similar to the Fates in Greek tragedy, and they are on stage for the entire play, watching and waiting for their prophecies to unfold.

For Funk, this "Macbeth" is a step toward perhaps another production in which the play is about Klingons in a "Star Trek" world. "I love Shakespeare, and I want young audiences to feel the same excitement when they see a Shakespearean play that they feel when they are playing their Xbox 360s."

"Macbeth" runs through Saturday, Nov. 16-18, at 7:30 p.m. and Sunday, Nov. 19, at 2 p.m. Sign language interpretation will be provided during tonight's show.

Admission is \$10 for the general public and \$5 with a valid ETSU ID.

For ticket reservations or more information, call the Division of Theatre box office at 439-7576.

— Heather Howell
Student Writer

'Macbeth' is stage 'rendezvous' for former Barter actors

Hand in hand, Derek Davidson and Karen Sabo stand on the stage. The two share more than a love for theatre. Together, they share a life as husband and wife, and sometimes this intersects with their passion for theatre.

Davidson and Sabo will rendezvous on stage this weekend as a much less kindly couple – Macbeth and Lady Macbeth.

Some may remember the pair from the Barter Theatre in Abingdon, Va. There, Davidson appeared in "Pump Boys and Dinettes," "1776," "Singing in the Rain" and other shows, while Sabo's performances include "Oklahoma," "Death of a Salesman" and "The Memory of Water."

Now, Davidson and Sabo are leading the cast of William Shakespeare's "Macbeth," which is being produced by the East Tennessee State University Division of Theatre and opens tonight (Nov. 16) at Memorial Theatre on the campus of the James H. Quillen Veterans Affairs Medical Center at Mountain Home.

This production has gone through several

different stages of rehearsals, said Bobby Funk, ETSU professor of theatre and director of the show. During one phase – working rehearsals – the actors analyzed their lines. The cast "tore apart and looked at every piece," he said.

At one rehearsal, Funk and Davidson examined Macbeth's feelings toward the deceased King Duncan. To do this, Funk asked the actor several questions, including, "Do you think Duncan is a good person?"

It took Davidson a few minutes to answer, and after really contemplating it, he finally responded that he did believe Duncan was good.

Davidson has also added to the show by helping to critique other actors, Funk said. "He is quick to jump in with a welcome suggestion."

Sabo also worked to become better at her role. During a working rehearsal, she came onstage holding a pencil. As the director made changes or suggested a different tone of voice or facial expression, she jotted notes on her script.



Husband-and-wife Derek Davidson and Karen Sabo star as Macbeth and Lady Macbeth.

In their roles as Macbeth and Lady Macbeth, the couple has numerous scenes together. In one, Sabo comes onstage while Davidson is already there. Lady Macbeth is upset with Macbeth.

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ROTC cadets earn new distinction in Ranger Challenge

The U.S. Army ROTC program at ETSU has garnered many honors over the years. One distinction has eluded them, however. The Eddie Reed Ranger Company, founded at the university in 1986, had never earned a spot in the top three teams of the Ranger Challenge.

That changed recently, when the team of 10 cadets traveled to Fort Jackson, S.C., for the Ranger Challenge 2006.

"We trained every day for eight weeks," stated Capt. Mack Tugman. "It all comes down to this weekend." Tugman; Maj. David Campbell; Lt. Col. Mark Mirage, chair of the ETSU Military Science Department; and Sgt. First Class Kevin Brown spent two months preparing cadets for the event.

The four-hour drive to Fort Jackson gave the group a perfect opportunity to prepare for the first competitive challenge — tests

on map reading and land navigation. Their studying paid off when the team tied for first place in their division on the written exams.

The ETSU cadets also fared well in the second test, weapons disassembly and reassembly, which called for each individual to take apart an M16 rifle and put it back together as quickly as possible.

On the second day, cadets faced mainly physical tasks, beginning with an Army physical fitness training event at 6:30 a.m.

The weekend culminated in a final 6.2-mile foot march, with each cadet carrying a 35-pound rucksack and a dummy M16. The 10 members of each team must finish together in only 90 minutes. One cadet suffered a knee injury during the event, and another fell behind, but everyone finished the course.

At an awards ceremony, 19 teams from 18 schools stood at attention awaiting the

results of the competition. When the announcer declared, "Third place, Division Two, goes to East Tennessee State University," all 10 members of the Eddie Reed Ranger Company, led by junior Josh Frye, stepped forward and accepted plaques in honor of their achievement.

When asked about placing among the top teams, senior Jacob McDaniel described the feeling as "awesome," while junior Rebecca Mercer, the only female on the team, said she found the event result "an honor and privilege."

Because only one member of the team, senior Nathan McGraw, will graduate this year, the Ranger Company members believe they can do even better next year. "Now it's time to go back and get a bigger one," said junior Robert Grey. The group plans to start training soon for next year's challenge.

'Macbeth'

Continued from page 9

Sabo, as Lady Macbeth, walks onstage looking angry, and begins to yell at Davidson, as Macbeth. When he sees her, he begins to laugh. "Don't look at me like that," he says before turning to the director and saying, "She just looked so mad!"

Quickly, he gets back into character and the scene is rehearsed until it runs smoothly.

Later in the rehearsal, the two practice an onstage kiss. The kiss is, understandably, very believable.

Even when they aren't kissing, Davidson and Sabo are enjoying working with the ETSU Division of Theatre on this production.

The actors are volunteers, Sabo points out, and do not receive payment for being in the show. Because of this, she says, the actors seem more passionate, and that "helps (me) remember why I got into (theatre) in the first place."

Davidson also likes working with student actors. When the productions are not a business, he says, there are more options for exploring different plays and avenues for performances. Plus, the productions are not "about a buck," he adds.

While these professional actors appreciate the passion and freshness of student actors, the students also think highly of them.

Chris Williams, a mass communication major with a concentration in theatre who plays the role of Malcolm in "Macbeth,"

says that working with Davidson and Sabo is a "blast" and that "they are always upbeat, and at the same time, professional."

Working together on "Macbeth" is, in many ways, a treat for the couple. Most days, Davidson does not get to see his wife throughout the day. "I really miss her," he says. "At least I get to see her tonight" at rehearsal.

Working with her husband is "marvelous," Sabo says. "I adore his work."

Although they are working very hard on this production, they also have a life outside the theatre.

The couple met three years ago when Davidson began working at Barter Theatre. Sabo had moved to Abingdon seven years ago and was already with Barter when Davidson arrived.

Sabo and Davidson, who is pursuing his doctorate in theatre to follow his master's in playwriting, performed together for three years before they wed on Jan. 5 of this year.

Sabo says she is "as proud as can be" to be married to a man with such integrity.

Each brought a daughter to the family. Rachel is 7 years old and Mary is 6. The girls are only with the couple half the time. Usually, they come over on weekends, Sabo says, adding, "I really miss them today."

At the end of last year, Sabo decided to work on her master of arts in liberal studies at ETSU, and Davidson came to the university as an adjunct faculty member in theatre. They are "so glad it worked out so well," he says.

Still newlyweds, they flirt and kiss during breaks at rehearsal. It is something they hope to keep up, Sabo says, laughing, because, "We want to be able to embarrass our grandchildren!"

They and the rest of the cast will be in character for tonight's opening.

— Allie Boyes
ETSU Student Writer

Medical students organize Blood Drive

Students in the James H. Quillen College of Medicine are sponsoring a Red Cross Blood Drive this Friday (Nov. 17) from 2-7 p.m.

The event will be held at Stanton-Gerber Hall on the VA Medical Center campus and is being organized by Student Women in Medicine (SWIM) and the student chapter of the American Medical Association.

To register, or for more information, call 439-8871.

ETSU Chorale to present annual Christmas Concert

The ETSU Chorale will present the annual Christmas Concert on Friday, Dec. 8, at 8 p.m. at Munsey Memorial United Methodist Church, 201 E. Market St.

The 83-voice Chorale, under the direction of Dr. Thomas Jenrette, will perform a variety of choral masterworks and traditional music for the Christmas season.

The Women's Ensemble of the Chorale will open with Benjamin Britten's "Ceremony of Carols." Written in 1942 for treble voices, it consists of eight seasonal songs framed by a procession and recession, with words drawn mainly from anonymous medieval carols. Featured soloists during this work will be Amanda Smith, Leslie Scollin, Kendal Hudson, Kathryn Grist, Megan Cleaveland and Megan Heard.

In the second segment of the concert, the ETSU Men's Ensemble will sing works by Leonard Bernstein, Claudio Monteverdi and Claude Debussy. The soloist will be David Mack.

The entire Chorale will present the monumental "Mass in G Major" by 20th century French composer Francis Poulenc. This complex work for a *cappella* choir will feature soloist Sara Brimer.

Following this work, the popular male vocal group 7BucsWorth will perform a selection of gospel songs and spirituals, including "My Lord, What a Mornin'" and "In That Great Gettin' Up Morning."

The Chorale will conclude the concert



The ETSU Chorale performed at the Dreikönigskirche in Dresden, Germany, during their March 2006 tour.

with favorite Christmas carols, such as "Hark! The Herald Angels Sing" and "Ding Dong! Merrily on High." The final number on the program will be "O Holy Night," with tenor soloist Zachary Marshall, a graduate of ETSU who has completed his master's degree in vocal performance at the University of Tennessee-Knoxville and is now a member of the adjunct voice faculty at ETSU.

The accompanist for the Chorale is Ann Yates Jones.

Tickets are \$5 each and must be purchased in advance from the ETSU Department of Music or any member of the Chorale. Tickets will not be available at the door.

For tickets or more information, call 439-4270.

Men's Ensemble to perform at 2007 ACDA national convention

The ETSU Men's Ensemble has been invited to perform at the national convention of the 2007 American Choral Directors Association (ACDA) in Miami.

The 44-voice group, directed by Dr. Thomas Jenrette, is the only university choral ensemble from Tennessee and the only male ensemble in the country to be selected to perform at the convention. Selection for this honor is by audition, which included recorded performances by the Men's Ensemble from the past three years.

The ETSU singers will perform four times at the convention – twice at the Jackie Gleason Theater of the Performing Arts, once at the Knight Concert Hall at the new Carnival Center for the Performing Arts, and once at the Exhibit Hall at the Miami Convention Center. They will sing for over 6,000 choral directors and musicians from around the world attending the convention,

which runs from March 7-11.

The Men's Ensemble is an auditioned group of music and non-music majors at ETSU. They were selected to perform at the 1988 and 2004 southern division conventions of the ACDA and at the 1999 national ACDA convention in Chicago. In addition, they sang

for the southern division convention of the Music Educators National Conference, two national conventions of the Intercollegiate Men's Choruses, and twice at the White House in Washington, D.C. They have performed on five international concert tours, the most recent to Germany earlier this year.

International grad students welcomed in more than a dozen languages

Welcome to ETSU! Now, how do you say that in French? "Bienvenue a ETSU!" Or in Hungarian? "Udvozlunk itt az ETSU-ban!"

A project of the School of Graduate Studies for International Education Week (Nov. 13-17) reaches out to the approximately 300 international students attending ETSU in their own languages.

A welcome letter, translated into more than a dozen languages by ETSU faculty, staff and students, now appears on the Web at www.etsu.edu/gradstud/international/welcome/. So far, the two-page letter has been translated into Arabic, Azeri, Chinese (Mandarin), German, Hindi, Hungarian, Italian, Japanese, Portuguese, Romanian, Russian and Spanish. Work is still in progress, and plans call for versions in Telugu, Norwegian, Finnish and Hebrew to be added soon.
