

Dr. Nancy Dishner to keynote commencement

Dr. Nancy Lewis Dishner, ETSU vice provost for Enrollment Services, will be the keynote speaker during fall commencement exercises, which



Dishner

will be held in two ceremonies at Memorial Center (the Mini-Dome) on Saturday (Dec. 16). She will speak at 10 a.m. and 2 p.m.

Dishner, who recently announced her

impending retirement from the university, is also the founding director of the Roan Scholars Leadership Program, an innovative plan to assist carefully selected students who display leadership potential. The program helps the region retain its best and brightest young minds, as it provides students a dynamic curriculum to further develop their promising leadership skills, vital interaction with exemplary community leaders, and a clear focus on community service.

Further, Dishner holds a tenured faculty position as an associate professor in the Department of Educational Leadership and Policy Analysis within the Claudius G. Clemmer College of Education. She has taught in the areas of ethics, leadership studies, and theory, and in the school principalship licensure program.

Continued on page 2

Researcher identifies muscle proteins that may be connected to diabetes

A researcher at ETSU's James H. Quillen College of Medicine has identified high levels of two proteins in human muscle that may prove to be potential markers for diabetes.

Previously it was thought that the two proteins – called GLUT5 and GLUT12 – did not even exist in muscle, but a local study led by Dr. Charles Stuart, ETSU professor of Internal Medicine, proved otherwise.

“And this new information has potential for being important in diseases like diabetes,” Stuart said. “Not only are they (the proteins) present, but we observed high levels of them in normal people, so we have reason to suspect that *something* is happening that merits more investigation.”

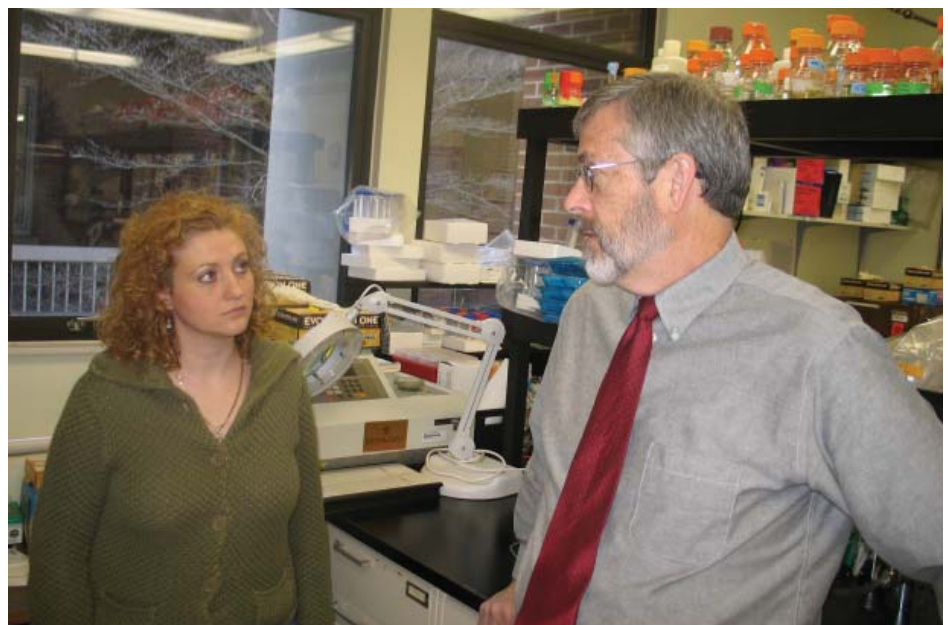
Stuart believes the significance is related to the potential role of GLUT12 as “backup” to another protein, GLUT4, which

was already known to be very important in muscle. GLUT4 is responsible for most glucose (sugar) uptake to the muscles, which gives energy.

But GLUT4 does not work well with insulin resistance and GLUT5 seems to be in the middle of insulin resistance. GLUT5 appears to be a marker for the part of the muscle energy system that antagonizes GLUT4.

According to Stuart, an understanding of the role of GLUT5 and GLUT12 will give scientists new markers that could determine a person's risk factor for diabetes and also serve as potential targets for new drug therapies.

His initial findings about GLUT5 and GLUT12 were published last month in the *American Journal of Physiology – Endocrinology and Metabolism*.



Dr. Charles Stuart (right) and research specialist Mary Howell discuss further research studies on the role of GLUT5 and GLUT12 and possible connections to diabetes.

Pharmacy school names Henry director of Experiential Education

The newest administrator with ETSU's College of Pharmacy was announced today (Dec. 13) as Dr. Robin M. Henry was appointed director of Experiential Education.

Henry, an alumna of ETSU, currently resides in Seymour and has served as the manager of Walgreens Pharmacy in Sevierville since 2002.

ETSU Accent, for and about university activities and employees, is published by News and Information Services in the Office of University Relations. News items for upcoming issues should be typed and double-spaced, and forwarded to Jennifer L. Hill, Coordinator, Box 70717, 300 Burgin E. Dossett Hall, telephone 439-5693, e-mail hill@etsu.edu.

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Photographs by ETSU Photo Lab

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Photo of Dr. Charles Stuart and Mary Howell by Joe Smith.

East Tennessee State University is a Tennessee Board of Regents institution. The TBR is the nation's sixth largest higher education system, governing 45 post-secondary educational institutions. The TBR system includes six universities, 13 two-year colleges and 26 technology centers, providing programs to over 180,000 students in 90 of Tennessee's 95 counties.

Accreditation

Commission on Colleges of the

Southern Association of Colleges and Schools

East Tennessee State University is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools (1866 Southern Lane, Decatur, Ga., telephone number 404-679-4501) to award certificate, associate, bachelor's, master's, educational specialist, doctor of education, Ph.D. and M.D. degrees.

East Tennessee State University is fully in accord with the belief that educational and employment opportunities should be available to all eligible persons without regard to age, gender, color, race, religion, national origin, disability, veteran status or sexual orientation.

ETSU makes available to prospective students and employees the ETSU Security Information Report. This annual report includes campus crime statistics for the three most recent calendar years and various campus policies concerning law enforcement, the reporting of criminal activity, and crime prevention programs. The ETSU Security Information Report is available upon request from ETSU, Department of Public Safety, Box 70646, Johnson City, TN 37614-1702. The report can be accessed on the Internet at: http://www.etsu.edu/dps/security_report.asp.

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"As the experiential education director, Robin will oversee a pivotal component of our educational program by arranging practice experiences for our students with area pharmacists," said Dr. Ralph Lugo, ETSU chair of Pharmacy Practice. "This will also include forming new partnerships with members of the pharmacy community and interfacing with these preceptors throughout the students' training."

Henry earned her Pharm.D. degree from Mercer University Southern School of Pharmacy and completed a community pharmacy residency with the University of Tennessee. This was followed by a community pharmacy management program with the University of Wisconsin-Madison. In 1997, she graduated from ETSU with an M.B.A.

Henry has also held positions with CVS and The Medicine Shoppe in Sevierville as well as Wilson Pharmacy in Johnson City. She is a member of the Tennessee Pharmacists Association and the American



Henry

Business Women Association, and she serves as a delegate to the Tennessee Pharmacy Association (TPA) House of Delegates. Currently, Henry is chair of the TPA Chain Society of Pharmacists.

"Robin will be an excellent addition to the College of Pharmacy leadership team," said Dr. Larry Calhoun, ETSU dean of Pharmacy. "She is highly respected by the community pharmacists and brings years of experience working in various pharmacy settings. In addition, she has been an active preceptor for other pharmacy programs and has a deep commitment to the success of the ETSU pharmacy school."

Commencement

Continued from page 1

Active in education for 30 years, Dishner was a teacher in the Unicoi County School System for seven years and came to ETSU 23 years ago. Her own education is comprised of three ETSU degrees: a B.S. in elementary education, graduating summa cum laude in 1977; a master of arts in educational supervision three years later; and an Ed.D. degree in educational supervision and administration earned in 1984.

During her university career, Dishner has received the Distinguished Staff Award and was named to the College of Education Alumni Hall of Fame. She has worked campuswide, including assignments in Finance and Administration, as an assistant to the university's president, and in Enrollment Services, while also serving on the faculty.

Dishner is a native of Erwin and the daughter of Ralph and Edna Lewis, both of whom graduated from ETSU. Her brother, Danny Lewis, is also an ETSU alumnus.

"Youth is when you're allowed to stay up late on New Year's Eve. Middle age is when you're forced to."

— Bill Vaughn, American industry author, mentor, and subject matter expert

Now a resident of Jonesborough, Dishner is married to ETSU graduate Harold W. Dishner of State Farm Financial Services, and the couple has three children, Aaron, Jennifer and Brad.

Banner carriers during the 10 a.m. ceremony are Dr. Isabel B. Stanley, Arts and Sciences; Dr. Joseph Sobol, Education; Dr. Terrence A. Tollefson, Graduate Studies; Stephen A. Patrick, University Libraries; and Carshonda M. Harris, Alumni.

During the 2 p.m. ceremony, banner carriers are Dr. Joe Mason Jr., Business and Technology; Dr. Norman A. Assad, Medicine; Judith A. Rice, Nursing; Mary Jo Davenport, Public and Allied Health; Dr. Joyce D. Duncan, Continuing Studies; Dr. Donald B. Hoover, Graduate Studies; Patrick, University Libraries; and Joshua M. Shearin, Alumni.

During both ceremonies, the Distinguished Faculty Marshals will be Drs. Donald B. Sanderson and Chuanfu Li, recipients of the 2006 Distinguished Faculty Awards in service and research, respectively. The Mace Bearer will be Dr. John T. Whitehead, who received the 2006 Distinguished Faculty Award in Teaching.

2006 Service Awards

The annual ETSU Service Awards Breakfast honored 321 individual faculty and staff members.

According to Tammy S. Hamm, associate director of Human Resources, "The awards breakfast is a way to acknowledge the outstanding work ethic and loyalty of our employees. We recognize the incredible efforts put forth by our faculty and staff to provide the best education possible for our students."

All 5-, 10- and 15-year employees were awarded silver pins denoting their years of service, plus certificates of appreciation signed by President Dr. Paul E. Stanton Jr.

A total of 47 employees with 20 years of service were given pins set with a ruby, as well as certificates of appreciation. Twenty-eight employees were recognized for 25 years of service and awarded gold pins set with a sapphire, as well as certificates of appreciation. Plaques and certificates of appreciation, plus either gold locket or lapel pins set with an emerald, were presented to 14 employees with 30 years of service to the state.

Fourteen individuals with 35 years of service received a plaque, certificate of appreciation, and gold locket or lapel pin set with a diamond. Mary G. Hurd, English, received a plaque, certificate of appreciation and gold locket set with two diamonds for 40 years of service, and V. Jeanette Hill, Career Placement and Internship Services, was presented a plaque, certificate of appreciation and gold bracelet with a charm set with three diamonds for 45 years of service.



ETSU President Dr. Paul E. Stanton Jr. congratulates Jeanette Hill (above) and Mary Hurd (below) for their respective 45 and 40 years of service to the university and the state.

Forty-five Year Award

V. Jeanette Hill

Susan L. Gray
Kathleen H. Grover
Richard Wayne Hardin
Paul Silven Hayes
Patricia Ann Hoss
Michael P. Marchioni
Thomas Edgar McKee
Joe Leonard Robertson
Jane P. Saddler
Vanessa Stephens
John Sylvester Vaglia
Eddie Roger Vest
Martha Garland Whaley

Forty Year Award

Mary G. Hurd

Thirty-five Year Awards

Colin F. Baxter
Cecil N. Blankenship
Nancy L. Coffman
Carroll Ray Hyder
Richard Wilhelm Kopp
George A. Laws
Kenneth J. Mijeski
Rita H. Presnell
Janice P. Randolph
Dale M. Royalty
Rita S. Scher
Corlis Drusilla Smith
Gary Max Walters
Ronald Lee Weir

Twenty-five Year Awards

Mason Gene Bailey
Cindy D. Canter
Imogene Carder
Roma Martin Carimi
Bonnie Kay Chandley
Dennis D. Hedrick
Tresia Lynn Hill
Charlotte V. Horton
Fred E. Hossler
David Lynn Johnson
Deborah H. Joyner
Doris A. Lowe
Richard A. Manahan

Thirty Year Awards

Carolyn Ann Bond
Michael C. Braswell
Susan Smith Campbell
Barbara A. Charlton
Edward J. Dwyer

Brenda Kay Mullins
Lynn Cecil Myers
Agnes L. Price
Susan Kay Rogers
Brian Peter Rowe
Debra A. Shaw
Vaughn Simerly Jr.
Pamela F. Simpson

Michael A. Smith
Marcia R. Songer
Allan D. Spritzer
Barbara Ann Stokes
Valerie G. Swartz
Charles F. Warden
Paul E. Woodby

Continued on page 4



Thirty-five Year Award recipients, pictured with Stanton, are (front, L-R) Rita Presnell, Janice Randolph, Nancy Coffman and Rita Scher, and (back, L-R) Richard Kopp, Carroll Hyder, Colin Baxter and Cecil Blankenship.

Service Awards

Continued from page 3

Twenty Year Awards

Jafar Alavi
Lisa Darlene Bare
William Douglas Burgess Jr.
Marian M. Clark
Donna M. Corbitt
John Stephen Culp
Robert L. Davidson
Deborah L. Dotson
Charles Carroll Faust IV
Karen R. Ford
James Robert Frazier
James C. Fulbright
Diana Nunley Gorman
Delbert L. Hall
Judith Harrell
Karen A. Harrington
Lakie D. Hensley
Mark S. Holland
Vida Joyce Hull
Carol B. Johnson
Robert A. Justice
Linda Johnson Kerley
Sylvia J. Kirkpatrick
W. Hal Knight
Stuart Leicht
Linda Sue Lett
Terri L. McFeature
Kathleen R. McGowen
Elizabeth Jane Melendez
K. Brent Morrow
Amy E. Murphy
Pauline L. Musick
Charles D. Parker
Gerald Allen Philpott
Robert M. Plummer
George Douglas Poole
Peter J. Rice
Phillip Robert Scheuerman
Michael David Shelhorse
Mark Edward Steadman
Terry R. Story
Mark Allen Stout
W. Reed Sturdivant
Gary Dwight Taylor
George R. Wagner
Carla Rahn Warner
Frederick Blair Warren

Fifteen Year Awards

Rajani Anand
Lena Dee Andrews
Philip Clyde Bagnell
Patricia S. Barnett
James William Boland
Kevin Fred Breuel

Sandra Lee Countermine
Rhona Susan Cummings
Mary Jo Davenport
Michelle Anne Goodman
Kelly Lee Hensley
Frederick R. Jelovsek
Paul Kamolnick
Agnes G. Krozser
Carlene B. Long
Theresa Fish Lura
Carolyn S. Merriman
Shirley Jean Morrell
Martin E. Olsen
John Michael Orr
Leslie Anne Perry
Betty A. Proffitt
Rebecca Ann Pyles
Paula Regina Roberts
Lisa J. Rowland
Jimmy Loyd Seehorn
Deborah E. Stuck
Celia Marie Szarejko
Thomas E. Townsend Jr.
Teresa Jo Vanhoy
Steven E. Webb
David Loyd Williams
Walter Wayne Witt

Ten Year Awards

Catherine M. Ashley
Patricia L. Barcel
Linda K. Barker
Robert C. Barnhart
Anthony L. Baskett
Lisa Renee Kyle Bell
Alice Arlene Bennett
Beverly Ann Bibbins
Jerrilyn S. Brehm
Kathy Marie Brooks
Jeanine Lee Carroll
Dennis M. DeFoe
Susan Bramlett Epps
Marc A. Fagelson
Susan L. Fox
Rebecca Susan Grindstaff
Bhuvana Guha
Linda B. Hilbert
Edward J. Hill
Linda E. Hipple
Betty R. Hoff
Mary A. Hooks
Kyle E. Jackson
John M. King
Kathleen Kuczynski
Susan Beth Lachmann
Donna G. Lee



Thirty Year Award recipients, pictured with Stanton, are (front, L-R) Susan Gray, Vanessa Stephens, Susan Smith Campbell, Barbara Charlton, Kathleen Grover and Jane Saddler, and (back, L-R) Carolyn Bond, Leonard Robertson, John Vaglia, Richard Hardin and Ed-die Roger Vest.

Sheila Ann Lester
Angela Radford Lewis
Theresa A. Lloyd
Roger Allen Lowe
Donald G. Luttermoser
Tina Denise Mann
Miriam P. Mick
Mary Suzanne Miller
Mary C. Myron
Uchenna C. Nwosu
Philip E. Pfeiffer IV
Charlotte Laraine Powers
Cynthia Ann Proffitt
Thomas C. Robbins
Connie Rogers
Antonio E. Rusinol
Renee C. Shell
Beverly P. Sherwood
Sheila P. Smith
Guy Michael Strickland
Karen Lynn Sullivan
Patricia Jean Talley
Douglas P. Thewke
Jane T. Tyree
Jackie D.L. Vaughn
Anneke P. Williams
Connie Diana Yakley

Five Year Awards

Ayman Mohamed Abdel-Wahab
Charles Allan
Sherrill S. Bailey
James P. Batchelder
Lana Lowe Becker
Helen M. Blevins
Joanne Boyd

Lesbia Ninethe Bran
Stephen Dwayne Brickey
John David Briley
Steven W. Brooks
Jerry Glenn Campbell Jr.
Kathy A. Campbell
Leon Caudell
Ranjan Nanigopal Chakraborty
Kristi L. Champion
David O. Chastain
Shirley J. Cherry
Ting-Heng Chu
Maria T. Cimilla
Terrence Clark
Phyllis Ann Clingner
Michael Amos Cody
Kelly H. Collins
Yvonne Marie Collins
Laura Odom Cooper
Patrick Joseph Cronin
Donald R. Davis
Ariane Sonia Day
Shirley Jane Decker
Sophie Corinne Dessus-Babus
Pamela Sue Dobbins-Eaton
Michael S. Dunn
Darla J. Dye
Gerald E. Ellis
Loretta Emmerick
Jennifer L. Eppley
Karen H. Ervin
Larry A. Estep
Pamela A. Evanshen
Tamera J. Fair
Teresa Burrell Finch

Continued on page 8

Innovation Lab to open a \$2 million wing to new tenants

ETSU's Innovation Lab has enjoyed success helping entrepreneurs start up and grow technology-based businesses. After operating at capacity since its inception, the Lab is ready to expand, and a new \$2 million addition will open in January. Applications are now being accepted from potential new tenant companies interested in locating to the Lab.

This full-service small business incubator provides a nurturing and supportive environment for startup companies during their critical first few years. In addition to offering office suites, wet and dry laboratory space, conference rooms, a training center, and other amenities, a monthly lease includes utilities, building maintenance and

housekeeping, and security.

Beyond physical facilities, the Innovation Lab provides valuable support and counseling from the on-site Tennessee Small Business Development Center, ETSU students and faculty, and the Lab staff. Tenant companies also enjoy opportunities for networking and collaboration, contact with prospective employees who have specialized management and technical skills, and access to potential investors.

Five current Innovation Lab businesses and two "graduates" have collectively created 61 jobs, with a \$42,500 average annual paycheck. The total annual payroll for these seven companies tops \$2.6 million, and the businesses represent \$10.5 million in capital

invested.

Technology-based small businesses that may benefit from being within the Innovation Lab are encouraged to submit an application to become a tenant. Applicants undergo a rigorous screening process which favors companies that are based on innovative technology with a demonstrated market need, possess a viable business plan that includes financial projections, and would benefit from connections with ETSU. Sufficient funding for at least 12 months of operation is also necessary.

Particularly promising businesses with shortcomings in any area could possibly receive assistance to help them prepare to enter the Lab.

ETSU studies role of geriatric nurse practitioners in helping the elderly 'age in place'

The presence of geriatric nurse practitioners in the public housing setting may prove to be an important element that enables elderly residents to maintain an independent living situation.

The Johnson City Public Housing Authority, in partnership with ETSU's College of Nursing, has received a \$350,000 Housing and Urban Development grant to fund a research project that provides a nurse case management program and evaluation plan for public housing residents.



Hayes

Designed by ETSU nursing professor Dr. Patricia Hayes, the program provides direct health care services and procures resources for a population of the elderly living in public housing. The evaluation plan will generate data on its effectiveness in providing chronic care management, utilization, physical function, quality of life, and practices related to prevention, promotion and self-care.

Grant funding supports the hiring of a geriatric nurse practitioner to deliver case

management health care services for a randomly selected population of the elderly who are frail.

"At the beginning of the project, we will complete an initial health assessment for each resident in the study, and we will compare that data during the course of three years to see how overall health of the population changes," said Hayes, associate professor of Professional Roles and Mental Health Nursing and the principal investigator for the grant.

"Our long-term goal is to have data in our hands that will inform public policy regarding the need for and effectiveness of geriatric nurse case management for the elderly and also provide information on how this model can help frail senior adults 'age in place' over time."

A previous pilot study Hayes conducted in 2003 found that residents with access to a nurse case manager saw the use of hospital and emergency rooms decrease while they experienced a trend toward greater physical functioning. It was also evident from the study data that nursing case management helped meet many previously unmet needs of the elderly in terms of resources and in their progression toward self-care practices.

Medical students holding children's book drive

Looking for a way to bring a smile to local children who will be spending the holiday season in the hospital?

The Gold Humanism Honor Society at the James H. Quillen College of Medicine is organizing a book drive that will run through tomorrow (Dec. 14) and is accepting donations of new books that are appropriate for youngsters ranging from toddlers to older children. Later this month, the medical students will deliver the books to The Children's Hospital at Johnson City Medical Center and host a holiday party for the pediatric patients.

The Gold Humanism Honor Society is a prestigious organization founded by The Arnold P. Gold Foundation to recognize medical students, residents, and faculty who have demonstrated excellence in clinical care, leadership, compassion, and dedication to service.

A drop box is located on each floor of Stanton-Gerber Hall (Building 178) on the VA Medical Center campus. For more information, contact Julie Robinette at robinett@etsu.edu or 439-2037.

Class to allow students to learn about Chinese business practices

In early November, two ETSU faculty members traveled to Beijing with the goal of establishing a unique opportunity for ETSU Master of Business Administration (M.B.A.) students in cooperation with North China University of Technology (NCUT).

Drs. Joel Ryman and Ting-Heng Chu of the College of Business and Technology conferred with NCUT administrators and professors to decide details for a student exchange program, a summer study abroad course, and future cooperative faculty teaching and research projects.

During the summer of 2007, ETSU will offer "M.B.A. Strategic Experience," presenting students with exposure to Chinese language and culture while they learn about the business environment of China, provide management consulting services to client companies interested in extending their businesses to the United States, and experience teamwork projects with graduate students at NCUT.

The first two weeks of the course will consist of touring China as part of a journey sponsored by the ETSU Honors College. At that time, students and the general public are invited to travel to Beijing; the Great Wall; the Peking Opera and Tiananmen Square; Xi'an, home of the famous Terra Cotta Warriors; and three other cities. In the final week, ETSU students and their NCUT counterparts will attend lectures on topics related to business and economic development in China. In addition to classroom learning, students will also tour various businesses and meet with the client company to discuss the consulting project.

During their visit to NCUT, Ryman and Chu offered a seminar for students interested in studying abroad. They introduced Johnson City and ETSU to interested students and answered their questions.

ROTC to hold Fall Commissioning Ceremony Friday

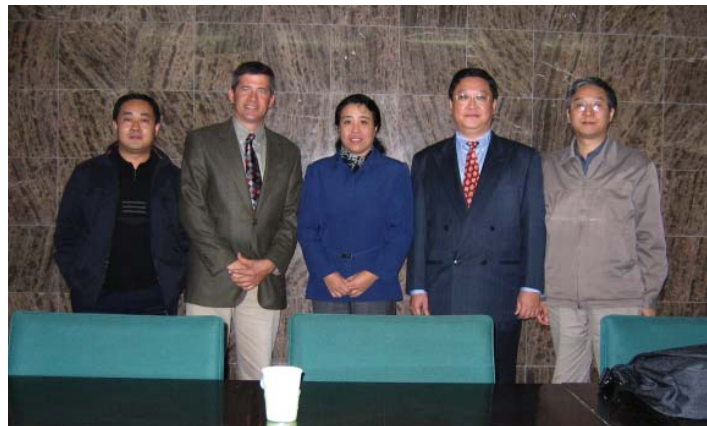
The U.S. Army Reserve Officers Training Corps (ROTC) in the Military Science Department will hold a Fall Commissioning Ceremony on Friday (Dec. 15) at 10:30 a.m. in the East Tennessee Room of the D.P. Culp Center. The public is invited to attend.

ETSU alumnus Lt. Col. R. Alan King will serve as the keynote speaker. A veteran of Operation Just Cause in Panama, he served with the 7th Special Forces Group (Airborne). He then took part in Operation Iraqi Freedom as the senior civil-military adviser to the 3rd Infantry Division in Baghdad.

King was dubbed "Alan of Arabia" after he was made an honorary sheikh by one of the largest tribes in Iraq. The trust he created enabled him to secure the surrender or capture of two members of the infamous "Deck of Cards" most-wanted personalities and over a dozen members from the most-wanted blacklist and other suspected terrorists.

King is the author of *Twice Armed*, a book concerning the steps necessary to win the hearts and minds of people from an ancient and deeply religious culture.

In addition to a bachelor's degree from ETSU, King holds a master's degree in international relations and management from Webster University. He is a graduate of the U.S. Air Force Air War



Pictured are (L-R) Dr. Ji-Xin Zhao, NCUT professor of Management; Dr. Joel Ryman, ETSU assistant professor of Management; Dr. Xin-Rui Zhang, chair of NCUT's Department of Management; Dr. Ting-Heng Chu, ETSU assistant professor of Finance; and Dr. Tie-Shan Zhang, NCUT professor of Economics.

In addition, Ryman gave a presentation on strategic thinking to the faculty and students of the NCUT College of Economics and Business Administration.

The ETSU faculty members are enthusiastic about their visit and the future of this joint venture. "We highly enjoyed the hospitality and commitment of the faculty and students at NCUT," says Chu, "as well as magnificent sightseeing in Beijing and fantastic Chinese food."

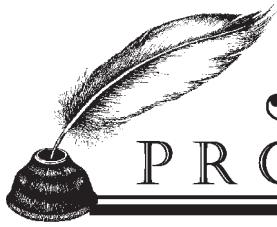
College and the Army Command and General Staff College. He currently resides in Maryland.

Three ETSU Military Science students will be commissioned as second lieutenants in the U.S. Army during the ceremony.

Ashley Jane Howard served as the battalion commander and held the rank of cadet lieutenant colonel in the Buccaneer Battalion. The daughter of Ray and Debi Howard of Mountain City, she will receive a bachelor's degree in social work on Saturday (Dec. 16). Upon completion of the Ordnance Corps Officer Basic Course, she will be assigned to the National Guard 776th Maintenance Co. in Elizabethton.

Larry Thomas Porter served as the battalion operations officer and held the rank of cadet major in the Buccaneer Battalion. He is the son of Larry and Carutha Porter of Spartanburg, S.C., and he will receive a bachelor's degree in marketing with a concentration in communications. After completing the Signal Corps Officer Basic Course, he will join the South Carolina Army National Guard.

Scott Albert Widener, the battalion signal officer, attained the rank of cadet major in the Buccaneer Battalion. The son of Mike and Sue Widener of Johnson City, he will be assigned to the 2nd Air Assault Brigade, 101st Airborne Division, at Fort Campbell, Ky., after his Signal Corps Officer Basic Course.



Faculty/Staff

PROFESSIONAL ACTIVITIES

Dr. Kevin L. Burke, chair, Kinesiology, Leisure and Sport Sciences, co-authored an article, "Relaxation and guided imagery in the sport rehabilitation context: A qualitative and quantitative design," which was published in the *Journal of Excellence*. He authored another article, "An exploratory investigation of superstition, personal control, optimism and pessimism in NCAA Division I intercollegiate student-athletes," which was published in *Athletic Insight: The Online Journal of Sport Psychology*.

Burke was also an invited lecturer at the 2006 Gaston County Teaching and Learning Conference in Gastonia, N.C., where he presented "Sport Psychology: Fun-to-Mentals of Sports Performance."

In addition, **Burke** was among editors of the eighth edition of the *Directory of Graduate Programs in Applied Sport Psychology*, published by Fitness Information Technology.

Sponsored Programs Report

The following proposals and contracts by ETSU personnel have been selected for funding:

- ♦ "Women's Health NP for MEAC-OB" by **Dr. Nancy Alley**, Practice and Research, College of Nursing, for \$4,530 from the Medical Education Assistance Corp.
- ♦ "Technology and Telecommunications Equipment for ETSU College of Pharmacy" by **Dr. Larry D. Calhoun**, dean, College of Pharmacy, for \$50,000 from the Appalachian Regional Commission (ARC).
- ♦ "ETSU 'Make a Difference' Project" by **Dr. James Fox**, Center for Early Childhood Learning and Development, for \$140,000 from the Tennessee Department of Education (TDOE).
- ♦ "Development of a Comprehensive Database that Prioritizes Watersheds in the Driftless Area of Wisconsin" by **Dr. Yongli Gao**, Physics, Astronomy and Geology, for \$17,000 from the Association of Resource Conservation and Development, Southwest Badger Office.
- ♦ "REU Site: Probability and Discrete Mathematics" by **Dr. Anant Godbole**, chair, Mathematics, for \$62,264 from the National

Science Foundation.

- ♦ "Upward Bound Summer Food Program" by **Dr. Ronnie Gross**, director, TRIO Programs, for \$4,814 from the U.S. Department of Agriculture.
- ♦ "WIA Youth 06-07" by **Drs. Judith Hammond** and **Robert Leger**, Community Partnership Center, for \$172,433 from the Alliance for Business and Training.
- ♦ "Resident Opportunities and Self-Sufficiency Resident Services Delivery Model – Letter of Understanding" by **Dr. Patricia Hayes**, Adult Nursing, for \$117,560 from the Johnson City Housing Authority.
- ♦ "Portable Kiosk" by **Dr. Roberta Herrin**, director, Center for Appalachian Studies and Services, for \$2,000 from the Tennessee Film, Entertainment and Music Commission.
- ♦ "Appalachian Teaching Project" by **Herrin** for \$74,000 from the ARC.
- ♦ "Influence of Neurturin on Intracardiac Neurons and Cholinergic Control of Heart Rate" by **Dr. Donald Hoover**, Pharmacology, for \$154,000 from the American Heart Association (AHA).
- ♦ "Role of Toll-Like Receptor 4 in Cerebral Ischemic Reperfusion Injury" by **Dr. Fang Hua**, Surgery, for \$75,000 from the AHA.
- ♦ "Support to the Business and Industrial Assistance Program" by **Dr. Carroll Hyder**, College of Business and Technology, for \$15,000 from the University of Tennessee Center for Industrial Services.
- ♦ "State Hemophilia Program" by **Dr. David Kalwinsky**, chair, Pediatrics, for \$20,500 from the Tennessee Department of Health (TDOH).
- ♦ "Northeast Tennessee Assistive Technology Cooperative, 2006-2007" by **Dr. Lori Marks**, Human Development and Learning, for \$35,000 from TDOE.
- ♦ "BASE-TN Teaching Program, 2006-2007" by **Marks** for \$75,000 from TDOE.
- ♦ "Tuberculosis Program – Physician Services" by **Dr. Jay Mehta**, Internal Medicine, for \$59,800 from TDOH.
- ♦ "Project MOST: Minority Opportunities for Success in Teaching" by **Dr. Jane Melendez**, Curriculum and Instruction, for \$25,686 from the Tennessee Higher Educa-

tion Commission.

- ♦ "Interpretation/Translation Services" by **Dr. Ardis Nelson**, Foreign Languages, for \$12,000 from TDOH.
- ♦ "Collaboration with Tennessee Technology Centers for LPN to BSN Career Advancement" by **Dr. Priscilla Ramsey**, Adult Nursing, for \$214,246 from the Health Resources and Services Administration.
- ♦ "Synthesis and Pre-Clinical Studies of Selective LAT Inhibitors" by **Dr. Peter Rice**, Pharmacology, for \$200,000 from the J-Pharma Co.
- ♦ "Building an Undergraduate International Business Program with a NAFTA (North American Free Trade Agreement) Focus" by **Dr. Jon Smith**, director, Bureau of Business and Economic Research, for \$81,259 from the U.S. Department of Education.
- ♦ "Evaluation of Cochlear Function in Patients with Low-Frequency Sensorineural Hearing Loss" by **Dr. Jacek Smurzynski**, Communicative Disorders, for \$4,788 from the Institute of Physiology and Pathology of Hearing, Warsaw, Poland.
- ♦ "Technology Education" by **Dr. John Vaglia**, Technology and Geomatics, for \$16,090 from TDOE.
- ♦ "Tennessee Pharmacists Convention Exhibit" by **Dr. Richard Wallace**, Learning Resources, for \$1,039 from the National Network of Libraries of Medicine (NNLM).
- ♦ "Tennessee Primary Care Exhibit" by **Wallace** for \$1,339.61 from NNLM.
- ♦ "LPN IV Push Meds Training" by **Dr. Melessia Webb**, Adult Nursing, from Wellmont-Holston Valley Medical Center.
- ♦ "Supportive Opportunities for All Children at Little Bucs" by **Beverly Wiginton**, Center for Early Childhood Learning and Development, for \$65,000 from TDOE.
- ♦ "SIG (State Improvement Grant): Preschool Literacy Training Project" by **Dr. Clarissa Willis**, Center for Early Childhood Learning and Development, for \$140,860 from TDOE.

Dr. Jim Bitter, Human Development and Learning, was the Heinz L. and Rowena

Continued on page 8



Faculty/Staff PROFESSIONAL ACTIVITIES

Continued from page 7

R. Ansbacher Lecturer at the annual conference of the North American Society of Adlerian Psychology. This lectureship involved an award, and **Bitter's** presentation entitled "Am I an Adlerian?" was well-received.

"We are gratified that the Lecture continues to be a significant part of the NASAP conference and is fulfilling the purposes for which it was initially established," wrote Ted Ansbacher on behalf of his brothers, Max, Ben and Charles in praise of **Bitter's** talk. "A particularly thoughtful touch was showing a picture of our father as a prelude to the lecture."

Dr. Scott Koterbay, Art and Design, was an invited speaker for the Art and Metaphysics Conferences at the International University, Bremen, Germany, where he spoke on "Lacan and Architecture."

"Soliloquy," a 2005 composition by **Dr. Maria A. Niederberger**, Music, was performed by clarinetist Paul Green during the opening concert of the 2006 International Alliance for Women in Music Congress at Florida International University (FIU) in Miami. Green is a member of the FIU NODUS Contemporary Music Ensemble.

Dr. Peter C. Panus, Physical Therapy, presented a 45-hour course, "Principles in Pharmacology," at the State University of New York at Stony Brook. The course was required for licensed physical therapists enrolled in the school's Doctor of Physical Therapy program.

"The Extraction of Arrows," a bronze sculpture by **Catherine Murray**, Art and

Design, was selected as a winner in the Art in Public Places competition sponsored by the Arts Alliance Mountain Empire and is on display for one year in Downtown Bristol. The competition and exhibition are in conjunction with the 150th Birthday Celebration of Bristol Tenn./Va.

Drs. Jerry Nave and Marian Clark, Technology and Geomatics, hosted a planning conference for the National Society of Professional Surveyors, Area 3 and 4 Governor's Board. Professional networking of this type, coupled with program excellence, continues to guarantee 100 percent field placement for graduates of ETSU's Surveying and Mapping Program.

Service Awards

Continued from page 4

Deborah Lynn Frakes
Janice L. Frazier
Peter Graham Frizzell
Christopher D. Fuller
Linda Odom Gibson
Fred Wayne Gillespie Jr.
Mark L. Giroux
Sonya Suzanne Greear
Steven Gross
William Edward Harkleroad
Jeanette M. Henry
Elizabeth S. Hively
Jennifer Lea Hoard
Tawana L. Holland
James D. Holt
Suzy Hooven
Amy B. Horton
Susan M. Hossler
Mary E. Howell
Elizabeth Ann Huber
LaDonna A. Hutchins

Kathleen Richmond Jeffries
Matthew Raymond Johnson
Istvan Karsai
Evelyn Caroline Kemp
John W. Kroll
Michaele Duncan Law
Heather Danielle Ledwell
Susan Caroline Lilly
Ronald David Lisenby
Sharron S. Livingston
Mark A. Lockett
Jennifer Williams Lockmiller
Kelly E. Logan
Rebecca Ann Loyd
Stephen Douglas Loyd
Valarie Gay Lyle
Amy Michelle Mahaffey
Vincent Mango
Brian Christopher Martin
Michael Pridgen Martin
Mitzi Marcella Martin

Douglas E. Masini
Peggy D. McCurry
Shelia Petitt McKinney
Jonathan Patrick Moorman
David G. Mueller
Michael S. Norris
Deborah Susan Parks
Josephine A. Paty
Deborah Tate Pfortmiller
Kenneth B. Powell
Karen B. Powers
Rebecca R. Powers
Betsy Plank Preston
Joyce A. Quillen
Karen Renee Ratliff-Trotter
Carrie L. Richardson
Laura E. Robertson
Angela Sue Rosenbalm
Robert Eugene Sawyer
Jennifer Margaret Schaller-Ayers
Terri E. Schreiner

Aleeta Lynn Shaw
Chester Samuel Smith
Willie D. Smith
Jeffery R. Story
Christopher N. Strode
Barbara J. Sucher
Pamela S. Tabor
Diane Wheeler Taylor
Malenia Cherie Truelove
Fraser Gerald Tudiver
Krista Denise Turner
Nelda S. Valentine
Steven C. Wallace
Mitchell Lee Watts
Melessia Dawn Webb
Robin Ann Weise
Sarah G. Whaley
Brian James Wilson
Lev Yampolsky
Yue Zou

Marchioni earns Lifetime Achievement Award

Dr. Michael Marchioni, an associate professor of urban studies in the Department of Economics, Finance, Geography and Urban Studies, is the recipient of the Lifetime Achievement Award given by the Tennessee Chapter of the American Planning Association (TAPA).

Marchioni is presently charged with completing the Johnson City Master Plan, and he has served on the Johnson City Regional Planning Commission, acting as secretary for three years. He was the first director of the State of Franklin Section of TAPA and was a member of the organization's executive board. In addition, he held membership in the Appalachian Consortium on the regional cooperation and economic development committee.

For more than 40 years, Marchioni has been a significant contributor to education in the field of urban planning. He has taught at ETSU for 30 of those years, shaping the undergraduate and graduate planning programs within the College of Business and



Marchioni

Technology at the university. He has chaired some 80 thesis and capstone committees and assisted with more than 100 others.

Active in community affairs, Marchioni has also served as a mentor to many planners and city administrators throughout the Southeast.

Marchioni's research interests include urban and regional planning, housing, urban economic development, flood plain management, culture trait geography, and consumer behavior.

Enjoy the Holiday Season!



Others come first

Building relationships with prospective donors begins with placing them first, according to an article published in the December 2006 issue of *The Major Gifts Report* and written by ETSU Vice President for University Advancement Dr. Richard A. Manahan.

Manahan, who is president of the ETSU Foundation, as well as a professor of Accountancy and of Educational Leadership and Policy Analysis, says the philosophy espoused by the well-known Dale Carnegie regarding ways to make more friends is also quite applicable to organizations seeking to improve their donor prospects.

Manahan lists several ways to put a donor's specific interests in the forefront of any relationship an organization (such as ETSU) is trying to nurture, and gives examples ranging from private golf lessons with the head coach to personal invitations to see a play, attend a concert, or enjoy an exhibit. And, he highlights two unique-to-ETSU areas — the James H. Quillen College of Medicine and the Scott M. Niswonger Digital Media Center — by suggesting that a donor could be invited to perform "medical procedures" in the human simulation lab or to design their own three-dimensional computer-generated animation graphics.

In addition, Manahan notes that attending outside events (civic clubs, socials, tournaments) with which the donor is already involved, may then result in reciprocal support for an organization.

He maintains that demonstrating a genuine interest in other individuals is a key element in fostering any good donor relationship, and adds, "At the very least, you will gain a new friend."

News nuggets about some new graduates

Here are several interesting tidbits about some of the newest ETSU graduates who will receive degrees this Saturday:

- ◆ **Elizabeth Black**, a 50-something non-traditional student from Erwin, will earn a degree in criminal justice. She has already passed the test to become a state-licensed private investigator. In addition to her detective work, she has devised a kit to assist people in obtaining a divorce without the services of a lawyer.
- ◆ The first two graduates of ETSU's new food service management program will receive their diplomas. **Rebekah Hollowell** of Greeneville will now go to the Culinary Culinary School in Birmingham, Ala., where she will study to become a chef as the next step toward her goal of owning and operating her own restaurant. **Terri Fann** of Erwin hopes to open a small, high-quality restaurant in the area.
- ◆ **Ashley Howard** of Mountain City will probably be the only woman at commencement who has trained to parachute from various aircraft at 1,250 feet. The ROTC graduate attended Airborne School at Fort Benning, Ga., last summer and served as the ROTC battalion commander, holding the rank of cadet lieutenant colonel in the ETSU Buccaneer Battalion. Read more about Ashley on page 6.
- ◆ **Shane Byrne**, a Raleigh, N.C., native and Johnson City resident who will graduate with a degree in management (concentration: human resources management), wrapped up his first season with the Yakima (Wash.) Bears, a minor league affiliate of the Arizona Diamondbacks, after becoming the ETSU Buccaneers' career hits leader. The switch-hitting right fielder hit .244 with two home runs, 17 runs batted in and two stolen bases for the Bears. His sister Tara is one of ETSU's outstanding tennis players, and his brother Chas, a Science Hill High School standout, just signed with the ETSU Buccaneer baseball team.

Carsie Lodter: Teacher, baker, home economist, rose gardener and thimble collector

Editor's Note: This essay by ETSU student Renee H. McNeely was submitted as an oral history project in a course entitled "The Foodways of Appalachia."

Daughter, wife, mother, teacher, prize-winning cultivator of roses, expert seamstress, and accomplished cook. These are the many hats worn by Carsie Hyder Lodter. Born and raised in Carter County, she is deeply rooted in East Tennessee and is quite proud of her heritage.

The first member of her family who emigrated to America in 1729 was Michael Hyder, and, as Carsie says, "That Hyder is the thing that makes me more truly Appalachian." It was Michael Hyder, her great-great-great-great grandfather, who helped protect the Watauga settlement at Sycamore Shoals from the Indians. The Hyder name can still be found in abundance in the region. Her family lineage can be traced through at least six generations.

Carsie says she was blessed to have two parents who were both college graduates. This was an uncommon situation in Appalachia during that era. Her parents had met while both attended Milligan College, and they would continue to be associated with that institution for many years. Her father became a teacher of mathematics there. The family moved next to the campus when Carsie was just a toddler and remained in the community until Carsie married.

She realizes that she was afforded many advantages that others did not have at that time. "I had an interesting childhood growing up there in that community, being as close to the campus as I was and having opportunities that probably a lot of children wouldn't have had."

Not only did her parents place great emphasis on education, but they also insisted that she and her siblings learn to play the piano and study elocution. She and her brother took those talents throughout the community and performed for groups such as Kiwanis. She attended the very first Happy Valley Elementary School, where the current one stands today, and continued there through the sixth grade.



Photo by Renee McNeely

Everything Carsie Lodter does is done "with love and devotion."

She was exposed to higher education again when she was only 10 years old, as her father pursued his master's degree during the summertime at the University of Tennessee.

To further her own education, Carsie chose the campus of East Tennessee State Teachers College, thus beginning a lifetime relationship with the school. The college had begun a demonstration school, which meshed perfectly with her father's hopes for his daughter's education. She would attend the Training School throughout her junior high years. She had to seek other options for completing high school, since no higher grades were available at the Training School. Science Hill High School in Johnson City would be the answer, and she would graduate from there in 1936.

Then, it was only appropriate that she would continue the legacy of her parents and attend Milligan. "When I graduated from high school, I started what was my life ambition and that was to go to college," she says. "I had grown up on the campus practically at Milligan and I wanted to go to college. That was my dream."

She flourished at Milligan, engaging in as many activities as possible from singing in the glee club to participating in the dramatic club and debate team. She was careful, all the while, never to let outside activities interfere with her pursuit of a degree in home economics. She hoped to work in an experimental laboratory kitchen such as the one at General Mills. She got the idea from her mother, who, along with other ladies at Hopwood Christian Church, earned extra money to renovate the church building by testing recipes for General Mills (once known as The Model Mill).

"My mother would get this recipe to test and then she had to fill out a long questionnaire about it, send it back to General Mills, and receive a check," Carsie recalled.

This career option intrigued Carsie since it would have allowed her to apply her home economics degree in a challenging way, possibly with the Good Housekeeping Institute. Only one thing would obstruct her long-term goals of pursuing her master's degree at UT and beginning a career in an experimental kitchen laboratory and that was love.

Continued on page 11

Carsie Lodter

Continued from page 10

While a student at Milligan, she met, dated, and fell in love with a young professor of foreign languages from Rhode Island, Edward Lodter.

"I had a real dilemma because the week after I graduated, I had my proposal for marriage and I didn't know what to do," she remembers. Carsie consulted her father for counsel. He told her the mere fact that she was indecisive was an indication that she shouldn't be hasty with her commitment to marriage. She did go on to UT for the summer semester, but the absence of Edward convinced her that she was ready to change her life's plans for the man she loved.

That fall she began making wedding plans and accepted a job teaching home economics at Elizabethton High School and settled into married life. When a dramatic decrease in enrollment occurred at Milligan after World War II, Edward accepted the position of chairman of the department and professor of foreign languages at East Tennessee State. Carsie adjusted to life as a faculty wife and, by then, mother.

"Mrs. Ada Hornsby Earnest, who was my junior high teacher, knew that I was a faculty wife then at the university, and she needed somebody to spearhead a summer workshop in child development."

That workshop would be the introduction into an educational career at East Tennessee State for Carsie herself. Mrs. Earnest was chair of the home economics department, and Carsie found herself right at home there. She had audited the nutrition course, which was Mrs. Earnest's area of expertise, not having any idea that she would later be chosen to succeed her mentor as department chair.

Before she could do that, though, she completed her master's degree at East Tennessee State and the 15 additional graduate hours required to be an appointed faculty member.

In 1963, the year East Tennessee State reached university status, she became a permanent instructor. She would eventually teach textiles and clothing, her specialty, along with nutrition, until she retired in 1982. One of her proudest achievements while on the faculty was the establishment of the first honor society in the department, Kappa Omicron Phi, still in place today but merged with another society to form Kappa Omicron Nu.

Through the years Carsie developed many other domestic skills in addition to her sewing talents. She loved to cook and recalls her first visit to Rhode Island to meet her mother-in-law. Professor Lodter's mother was French, so he had grown up on crusty hard rolls. But he had also developed an appreciation for Southern biscuits since relocating to Appalachia. While he and his new bride were visiting Edward's mother, he asked Carsie to show off her biscuit-making skills.

"I was really proud of my biscuits," Carsie recalls. "They were nice and fluffy, and they were puffed up and brown on top. I was surprised, amazed, and disappointed when Edward's mother opened the biscuit, peeled layer by layer of the flaky bread into her hand, and crushed it up tight to make a wad of hard dough.

"She said, 'See there, what a biscuit does in your stomach.' So she and I weren't heads together on cooking."

Even though her mother-in-law may not have appreciated her fluffy Southern biscuits, Carsie would establish herself in her community as a fine cook. She would share her culinary skills with her church family, especially her desserts at the covered dish dinners. The congregation could always count on a delicious chocolate pound cake, coconut cake, or homemade éclairs. It was those éclairs that amazed many women, since they were homemade and not purchased from local bakeries.

"It was my mother's recipe," she says. "Usually we made just cream puffs, mounded the dough batter, and put a cream filling in. What would make it an éclair would be the chocolate on top, and so that's how I started to make those, and they were pretty popular."

Carsie also shared another recipe that was traditional in her home, the birthday cake for the baby Jesus.

"That was a white cake with a white, boiled frosting and fresh coconut. I finally began to use frozen coconut, but originally we cracked the coconut and grated the stuff. Oh my, what a job!"

Carsie was never one to settle for second best in anything she did. She developed a love for growing and cultivating roses, joined the American Rose Society, and helped establish the Watauga Valley Rose



Lodter during her years at ETSU

Society. She took this hobby to the next level by entering roses in shows, earning trophies and blue ribbons.

With her love of sewing, it was natural for her to begin collecting thimbles. She has accumulated 244 of them from her travels, friends, and family. Her favorites are those of a family of gnomes designed by Tom Clark.

"They have names like Stitch and Darn and Pearl and Hem and Hers, sewing thimble names, sewing names," she laughs.

Carsie has also proudly worn the title of mother of two accomplished children and now grandmother to those that will carry on the family name.

If there is one part of her life where she feels she hasn't achieved to the fullest, it's retirement.

"I don't like retirement much," she complains. But those around her would disagree, since she now has more time to devote to church and family

No matter what she does, it's with love and devotion. All those who have been touched by her, whether one of her hundreds of grateful students, a proud relative, or just a lucky member of her church family, consider themselves blessed, and even more so when she shows up in an office or on a doorstep with a chocolate pound cake and a lesson about life.