Mistreatment Issues in Residency



EAST TENNESSEE STATE UNIVERSITY

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Educational Objectives

- Define Mistreatment and Harassment
- Present guidance to residents for avoiding complaints of mistreatment
- Identify mistreatment reporting pathways for residents



Mistreatment Definition

Quillen Definition: "Improper use or handling of an individual"

Results (as described in Quillen policy):

- Cynicism (ie burnout)
- Interference with learning process
- Leaving medical training
- Atmosphere of accepted and perpetuated abuse



Examples of Mistreatment

- Harmful, injurious, or offensive conduct
- Verbal attacks
- Insults, humiliation, belittling
- Unjustifiably harsh language, cursing
- Threats of physical harm (or actual harm)
- Physical attacks: hitting, slapping, shoving, or kicking a person
- Intimidating, blocking egress from room



Examples of Mistreatment

- Requiring personal services (making coffee, etc)
- Threatening with lower grade/poor evaluation for reasons other than academic and work performance
- Discrimination based on race, skin color, sex, gender identity or expression, sexual orientation, religion or creed, ethnic or national origin, age, physical disability, or status as a veteran



Examples of Mistreatment

- Taking credit for another individual's work (research, clinical documentation)
- Disregard for safety of trainee or others
- Any behavior that creates a poor learning environment and undermines trust on the team



Harassment Definition

Definition: Unnecessarily harmful, injurious or offensive treatment inflicted by one person upon another (aka an "Adverse Experience")

- Humiliation and verbal abuse
- Public belittling, undermining and discrediting
- Bullying and intimidation
- Sexual harassment
- Threats of harm
- Racial discrimination

Wilkinson TJ, et al. The impact on students of adverse experiences during medical school. Medical Teacher. 2006;



Residents and Students!

- Residents can experience harassment or mistreatment from:
 - Attendings
 - Other residents
 - Other Staff or Health Professionals
 - Students
- Residents can also be inflictors of harassment and mistreatment



To Avoid Student Mistreatment Complaints:

- Use professional language
- Rather than make assumptions about a student's behavior, consider this process: "I noticed...I'm concerned that...Can you tell me what was going on with you at the time?"
- If you find yourself feeling angry or frustrated with a student, take a deep breath and selfassess: What are you feeling? What is the clinical situation?
- Don't depersonalize patients: addict, train wreck, bum, etc.



To Avoid Student Mistreatment Complaints:

- Don't talk about personal issues, yours or theirs
- Don't ask them out or go to their house
- Only call them at home for a medical emergency
- If you take students to lunch or dinner, always take more than one
- Don't single one student out, no matter how well you get along
- Don't demonstrate physical exam on a student or have them demonstrate on you
- Best time to develop a friendship: when you are no longer supervising that student



Consensual Relationships

 Consensual relationships between an employee in a supervisory role and their supervisee are prohibited by ETSU policy!

Avoid developing an intimate relationship with anyone supervising you or whom you supervise (eg med students, other trainees)! **Against ETSU policy!**



Consensual Relationship Risks

- Power differential: Student may feel "forced" into relationship, afraid of consequences of turning down unwanted advances.
- Third party (other students) complaints of "hostile environment"
 - Ignored due to dynamic of the "couple" so fewer opportunities for training
 - Sexualized comments/behavior may create "hostile environment"



Issues with Patients & Staff

- Unethical to date a patient or their family members
 - Licensure risk
 - Vulnerable, power differential
 - If you think the patient is attracted to you, take someone else into the room
- Staff Best not to become involved (e. relationship/flirtation) with someone you work with directly.
 - Power differential, age differential
 - Advances may be unwelcome but they may be afraid to resist
- Please review the supplemental information page provided with this PowerPoint



Harassment By Patients

- Sexual or personal comments toward a resident (more common with females)
 - If it makes you uncomfortable or feel unsafe, excuse yourself from the room and tell supervisor
 - Ok to set boundaries with professionalism
- Consider clinical context: dementia, delirium, intoxication



Sexual Harassment by Patients

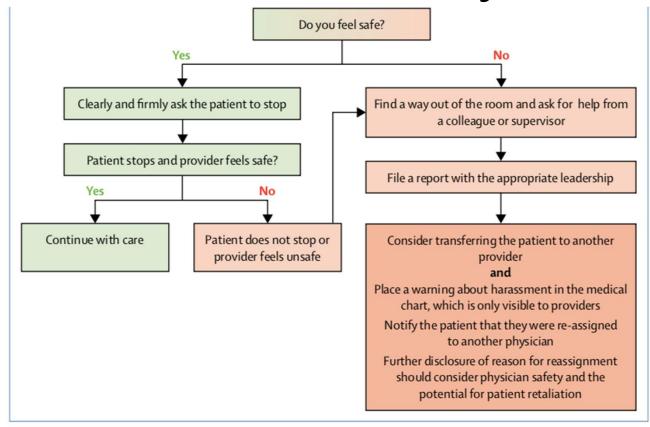


Figure: Decision-guiding algorithm for physicians who experience patient-initiated sexual harassment and abuse

Vigilante, EM, Oliviero AL, and Meeks LM. Sexual Harassment and Abuse: When the Patient is the Perpetrator. Lancet, 2018 vol. 392. p.368-370



Racial Harassment by Patients

- Again consider clinical context as to whether the patient is disinhibited because of medical illness
- PTSD issues in VA Hospital
- OK to set boundaries professionally and to excuse yourself if behavior is offensive
- See article posted by Dr. Ostapchuk



What do you do if you are mistreated or observe mistreatment??





Mistreatment Reporting Pathways

Assistant Dean for GME & Ombudsman

- Debra Shaw <u>shawd@etsu.edu</u>
- 423-439-8023

Quillen Grievance Officer

- Patricia B. Amadio, MD amadio@etsu.edu
- **901-497-7156**

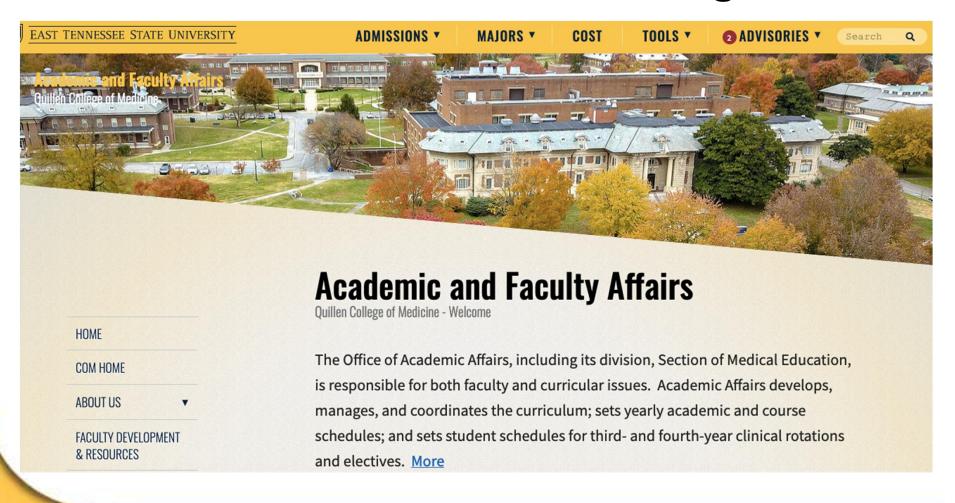


Mistreatment Reporting Pathways Preferred Pathway:

- Online Complaint Reporting: Harassment, Mistreatment:
 - Found on Academic and Faculty Affairs &
 Graduate Medical Affairs home pages; report goes directly to Quillen Grievance Officer
 - Fully Anonymous reporting available (IT address can't be traced)
 - Link to Online Grievance Report

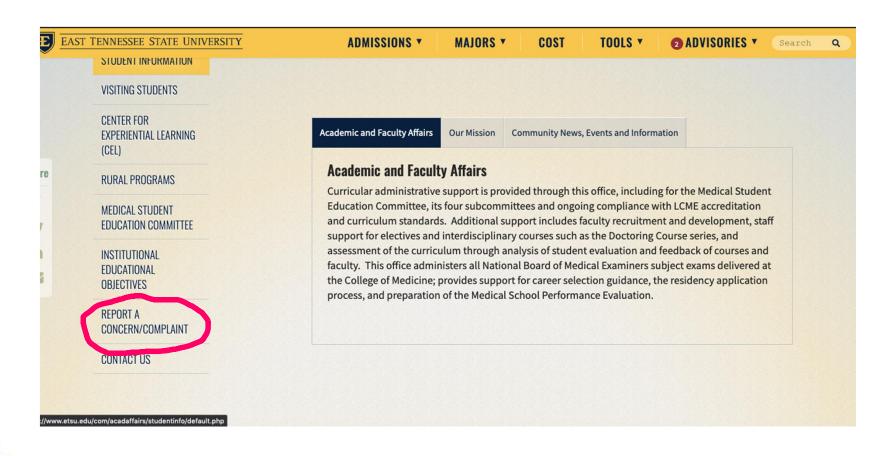


How to Report a Grievance Academic Affairs Home Page



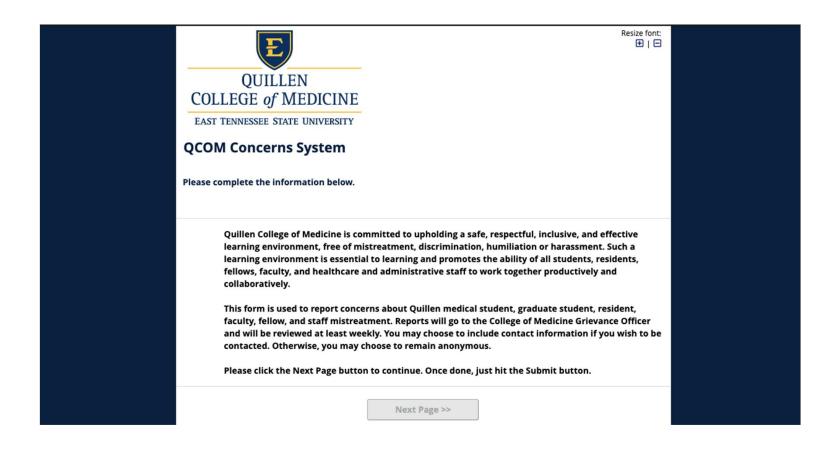


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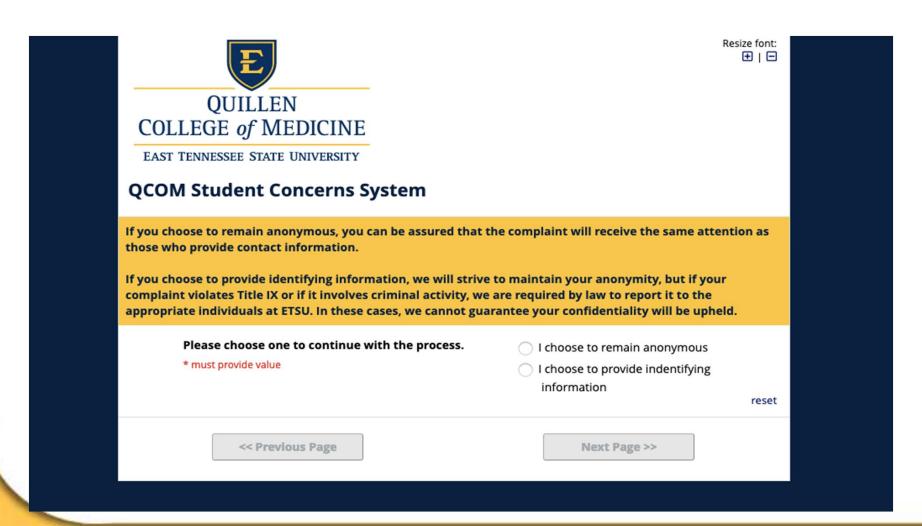


Walk Through Reporting Link:





Walk Through Reporting





Mistreatment-Related Important Contacts

ETSU Compliance Office

- Title VI & Title IX Coordinator; Compliance Officer:
 - -Garrison Burton JD (423)439-8544 burtong@etsu.edu
 - D. Jean Rushing, MA, MALS; Assistant
 Compliance Officer (423) 439-8542

rushingd@etsu.edu



Complete Policies

- QCOM Catalog Policies & Procedures:
 - Mistreatment Prevention:
 https://catalog.etsu.edu/content.php?catoid=33&navoid=1516 mistreatment-prevention
 - Sexual Harassment:
 https://catalog.etsu.edu/content.php?catoid=33&navoid=1516 sexual-harassment
- Relevant ETSU Policies:
 - https://www.etsu.edu/humanresources/documents/ppps/ppp80_discrimination_and harassment.pdf
 - https://www.etsu.edu/policies/employment/consensual -romantic-relationship.php



Good luck! Congratulations on beginning your residency!



