

# Need Help? ETSU Cares

## CRISIS & MENTAL HEALTH RESOURCES

NEED HELP WITH SOMETHING ELSE?

[DEAN OF STUDENTS WEBSITE](#)



### Campus

RESOURCE	CONTACT INFORMATION	SERVICES OFFERED	LOCATION/HOURS
<a href="#">ETSU COUNSELING CENTER</a>	423-439-3333 <a href="mailto:counselingcenter@etsu.edu">counselingcenter@etsu.edu</a>	<i>Personal counseling, group counseling, workshops, single-session options, relaxation room</i>	<b>DP Culp Center, 3<sup>rd</sup> Floor</b> Monday-Friday 8:00am-4:30pm
<a href="#">UNIVERSITY HEALTH CENTER</a>	423-439-4225	<i>Behavioral Health, counseling services, psychiatric services, medication management</i>	<b>Roy S. Nicks Hall, Suite 160</b> Monday-Friday 8:00am-4:30pm
<a href="#">ETSU BEHAVIORAL HEALTH CLINIC</a>	423-439-7777	<i>Individual counseling, couples/family counseling, group counseling, assessments for ADHD, autism, learning/school concerns</i>	<b>Lucille Clement Hall, Room 139</b> Monday, Tuesday, Thursday 8:30am-7:00pm Wednesday, Friday 8:30am-4:00pm
BUCSPRESS2	423-439-4841 (then press "2")	<i>Mental health support line for ETSU students</i>	Services available 24/7

### Violence/ Immediate Threat of Harm to Self or Others

RESOURCE	CONTACT INFORMATION	SERVICES OFFERED	LOCATION/HOURS
<a href="#">ETSU PUBLIC SAFETY</a> Or EMERGENCY 911	423-439-4480 or 911	<i>Responds to emergencies and complaints of violations of local and state laws, including domestic or dating violence, assault, harassment, stalking, or other abuse</i>	Help available 24/7
<a href="#">TITLE IX COORDINATOR</a> <a href="#">ETSU COMPLIANCE OFFICE</a>	423-439-8545 <a href="mailto:titleix@etsu.edu">titleix@etsu.edu</a>	<i>Provides interim measures and complaint options to students and employees impacted by sexual violence, assault, or harassment or other discrimination</i>	<b>Burgin Dossett Hall, Room 309</b> Monday-Friday 8:00am- 4:30pm

## Community Resources

RESOURCE	CONTACT INFORMATION	SERVICES OFFERED	LOCATION/HOURS
<a href="#">CREEKSIDE BEHAVIORAL HEALTH HOSPITAL</a>	423-830-8110	Acute psychiatric inpatient care, intensive outpatient program, hospitalization, chemical detox	1025 Executive Park Blvd., Kingsport, TN Help available 24/7
<a href="#">WOODRIDGE HOSPITAL</a>	423-431-7111	Inpatient psychiatric care for mental health and chemical dependency concerns, outpatient and inpatient services	403 N. State of Franklin Rd., Johnson City, TN Help available 24/7
<a href="#">FRONTIER HEALTH CRISIS RESPONSE</a>	877-928-9062	Mobile Crisis Response Team in Tennessee and Virginia	Various Frontier locations throughout TN and VA Help available 24/7
<a href="#">FRANKLIN WOODS HOSPITAL</a>	423-302-1000	Emergency services, acute and specialty medical care	300 Med Tech Pkwy., Johnson City, TN Help available 24/7
<a href="#">JOHNSON CITY MEDICAL CENTER</a>	423-926-2500	Emergency services, Level I trauma center, acute and specialty medical care	400 N. State of Franklin Rd., Johnson City, TN Help available 24/7

## National Resources

RESOURCE	CONTACT INFORMATION	SERVICES OFFERED	HOURS
<a href="#">NATIONAL SUICIDE PREVENTION LIFELINE</a>	1-800-273-8225 English or Habla Espanol; Text 988 to chat	Routes callers to the crisis center in their area for addressment of immediate safety concerns.	Help available 24/7
<a href="#">SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION (SAMHSA)</a>	1-800-487-4889	Provides referrals to local facilities for treatment of mental health and/or substance use disorders	Help available 24/7
<a href="#">CRISIS TEXT LINE</a>	Text "HOME" to 741741; Chat online using link; Message on WhatsApp	A live, trained Crisis Counselor will respond in real-time to assist with immediate intervention	Help available 24/7
<a href="#">NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI) HELP LINE</a>	1-800-950-6264; Text Helpline to 62640; Email <a href="mailto:helpline@nami.org">helpline@nami.org</a>	Offers support and provides practical next step	Monday-Friday 10am-10pm
<a href="#">THE TREVOR PROJECT</a>	Text 'START' to 678-678; Call 1-866-488-7386; Chat online via link	Confidential telephone counseling (free), crisis intervention, suicide prevention, information/referral service for those identifying as LGBTQIA+	Help available 24/7
<a href="#">DEAF CRISIS LINE</a>	<a href="tel:321-800-3323">321-800-3323</a> (Videophone For ASL users; text also available)	Support for persons who are deaf or hard of hearing and experiencing a crisis	Help available 24/7
<a href="#">ASIAN LIFENET HOTLINE</a>	1-877-990-8585	Support for persons who speak Cantonese, Mandarin, Japanese, Fujianese, Korean	Help available 24/7