

WHAT'S NEXT IN UB?

- ❑ The next session is **Monday, February 12th**
 - Upward Bound students are not permitted to go to Starbucks while attending a UB session. This means students should not go to Starbucks before, during, or after a session.
 - Stay up to date about session cancellations and other news by signing up for our Upward Bound text alerts. Text @ubetsu to 81010
- ❑ The next SGA meeting is **Tuesday, February 20** from 5:15-6:15 in Meeting Room 3 in the Culp Center
- ❑ We will not have school visits during the week of **March 12-16**.
- ❑ College visit to Milligan College and Northeast State Community College will be **Friday, March 16**.
- ❑ We will sign up for summer classes on **April 9th** at the session!
- ❑ Move in for the UB summer program is **Tuesday, May 29**. Move out is **Friday, June 29**.

COLLEGE VISIT

Where:

Milligan College and
Northeast State
Community College

When:

Friday, March 16
Load bus at ETSU at
9:30AM

Who:

Juniors will have
priority for sign up, but
everyone is invited!
We will take up to 28
students.

How to sign up:

Call or email
Tiffany
ztnb12@etsu.edu (423-
439-4474)
or
Ali
williamsam3@etsu.edu
(423-439-4003).



TOP 10 CAREERS FOR 2018

1. Software developer
2. Dentist
3. Physician Assistant
4. Nurse Practitioner
5. Orthodontist
6. Statistician
7. Pediatrician
8. Obstetrician
9. Oral Surgeon
10. Physician



*Rankings from US News based on salary, employment growth, stress level, and work-life balance among other factors.

Many Historically Black Colleges and Universities were established after the Civil War (before 1964) to primarily serve the African American community. These colleges accept students of all races. There are currently over 100 HBCUs in the U.S.! Here is a short list of a few near our area:

- Spelman College in Atlanta, GA
- Howard University in Washington, DC
- Hampton University in Hampton, VA
- Morehouse College in Atlanta, GA
- Tuskegee University in AL
- Florida A&M University
- Fisk University in Nashville, TN

JUNIORS

If you missed the January session and want to participate in Career Work-Study, make sure to call the office to set up an appointment to make up the Myers-Briggs Personality Inventory with Marc. We look forward to seeing you at the upcoming February session! We will be completing the Self-Directed Search (SDS), another one of your CWS requirements. This assessment will give you further insight into potential careers and options for your Career Work-Study placement! Students who are unable to attend the February session will need a make-up appointment with Marc to complete the SDS.

Here are the first two prompts for the CWS essay (due April 9th). The remaining prompts will be administered as we approach the due date.

- Paragraph 1: When you began Junior Seminar, what careers were you considering?
- Paragraph 2: What is your Myers Briggs Personality Type (MBTI)? Explain what your type indicates about you. Explain what your type indicates about careers that might fit you.

Marc: 423-439-5662
(tuckermr@etsu.edu)
Brittany: 423-439-5899
(lewisbl1@etsu.edu)

fun from summer 2017!

SENIOR ANNOUNCEMENTS

- **Bridge students:** Make sure to be at the next Monday night session on February 12th. We'll be completing class and housing sign-up at this session.
- **All seniors:** We'll be covering college vocabulary, how college schedules and classes work, and general education requirements at this session, so be sure to come even if you aren't Bridging!

Still have questions about what school to attend or what to major in? Confused about how much financial aid you'll get? Need help with your financial aid requirements? Make an appointment with Ali! (williamsam3@etsu.edu, 439-4003)

Don't forget about these upcoming scholarship deadlines:

ETSU Scholarship Application—Due March 1st!!!

- Apply at <http://www.etsu.edu/scholarships>. Click on Freshman Scholarships → Endowed Scholarships → Search and Apply.
- Remember to email me your essay answers for feedback before submitting!!!

East Tennessee Foundation Scholarships—Due February 15th

- Apply at <http://www.easttennesseefoundation.org/>
- Remember to apply separately for each scholarship you qualify for.

Search for additional scholarships at <https://bigfuture.collegeboard.org/scholarship-search>.

The Power of Yet

When something is hard for you to accomplish, try adding the word yet to your thought process:

I can't do this math problem... yet.

I am not a good writer... yet.

I don't know how to do complete this science lab... yet.

I don't have the ACT score I need to get into my dream college... yet.

The truth is that there are hard things in life that we have to work at; not everything will come easy to you! Don't give up. Keep trying, and remember to keep your thoughts positive. With hard work and effort, you can accomplish everything you want!



SCHOLARS BOWL:

Next practice is Saturday, February 10th, from 10:15 to 12:15. Meet in the UB office.

Make plans to attend the TASP Scholars Bowl competition March 2nd-3rd!



Mountain Electric Cooperative Operation Pocket Change Scholarship

Any graduating senior residing in Mountain Electric Cooperative's service area (Johnson and Carter Counties) who intends to enter a two-year or four-year accredited college on a full-time basis in the fall of 2017 may apply. Financial need, scholarship (GPA, ACT, SAT), accomplishments, other scholarships received, and faculty/employer recommendations will be considered in the selection of the recipient.

16-20 \$2000 scholarships will be awarded.

For more information or to print an application, visit <http://www.mountainelectric.com/operation-pocket-change/>.

The 2018 application is available now!
Applications are due in April 18, 2018.



Career Spotlight: Dentist

What do they do? Dentists diagnose and treat problems with patients' teeth, gums, and related parts of the mouth. They provide advice and instruction on taking care of the teeth and gums and on diet choices that affect oral health. Dentists use a variety of equipment, including x-ray machines, drills, mouth mirrors, probes, forceps, brushes, and scalpels. They also use lasers, digital scanners, and other computer technologies, such as digital dentistry.

Education: Dentists must be licensed in the state(s) in which they work. Licensure requirements vary by state, although candidates usually must graduate from an accredited dental school and pass written and practical exams.

All dental schools require applicants to have completed certain science courses, such as biology and chemistry, before entering dental school. Students typically need at least a bachelor's degree to enter most dental programs, although no specific major is required. However, majoring in a science, such as biology, might increase one's chances of being accepted. Requirements vary by school.

College undergraduates who plan on applying to dental school usually must take the Dental Admission Test (DAT) during their junior year. Admission to dental school can be competitive. Dental schools use these tests along with other factors, such as grade point average, interviews, and recommendations, to admit students into their programs.

Dental school programs typically include coursework in subjects such as local anesthesia, anatomy, periodontics (the study of oral disease and health), and radiology. All programs at dental schools include clinical experience in which students work directly with patients under the supervision of a licensed dentist.

Completion of a dental program results in one of three degrees: Doctor of Dental Surgery (DDS), Doctor of Dental Medicine (DDM), and Doctor of Medical Dentistry (DMD). In 2015, the Commission on Dental Accreditation, part of the American Dental Association, accredited more than 60 dental school programs.

High school students who want to become dentists should take courses in chemistry, physics, biology, anatomy, and math.

Pay: The median annual wage for dentists was \$159,770 in May 2016.

Where can you go? There are two schools of dentistry in Tennessee – Meharry Medical College School of Dentistry in Nashville, and University of Tennessee Health Science Center College of Dentistry in Memphis. There are a number of highly rated programs outside of the state too!