

Community Scoop



ETSU Upward Bound

Sep. 18-22, 2017



4 Things You Can Do That Will Improve Your Day

1. Write down 3 things you are grateful for.
2. Give someone a compliment.
3. Introduce yourself to someone new.
4. Unplug from all electronics for 60 minutes.



Trivia Question
Can you decipher the musical instruments represented below?



1. P O
2. BA BA
3. ECLART
4. @ # \$ %

Email your response to Jessi (nicelyj@etsu.edu) by Monday at 8:00am. Students with the correct answer will be entered into a drawing for awesome prizes.

Update Your Contact Info with UB!!!

Have you moved?

Please update us with your new address so we can make sure to mail your UB paycheck to the right place!

New phone number?

Let us know in case we need to give you a call!

Remember, UB email addresses

are no longer working, so update us with your personal email address!

Career Spotlight: Conservation Scientists and Foresters

What do they do? Conservation scientists and foresters manage the overall land quality of forests, parks, rangelands, and other natural resources.



Conservation scientists manage, improve, and protect the country's natural resources. They work with private landowners and federal, state, and local governments to find ways to use and improve the land while safeguarding the environment. Conservation scientists advise farmers, ranchers, and other agricultural managers on how they can improve their land for agricultural purposes and to control erosion.

Foresters have a wide range of duties, and their responsibilities vary with their employer. Some primary duties of foresters are drawing up plans to regenerate forested lands, monitoring the progress of those lands, and supervising tree harvests. Another duty of a forester is devising plans to keep forests free from disease, harmful insects, and damaging wildfires. Many foresters supervise forest and conservation workers and technicians, directing their work and evaluating their progress.

Conservation scientists and foresters evaluate data on forest and soil quality, assessing damage to trees and forest lands caused by fires and logging activities. In addition, they lead activities, such as suppressing fires and planting seedlings. Fire suppression activities include measuring how quickly fires will spread and how successfully the planned suppression activities turn out.

Education: Conservation scientists and foresters typically need a bachelor's degree in forestry or a related field, such as agricultural science, rangeland management, or environmental science. Although graduate work is not generally required, some conservation scientists and foresters get a master's degree or Ph.D.

Pay: The median annual wage for conservation scientists was \$61,810 in May 2016.

Where can you go? There are many agriculture programs across the state of Tennessee. If you are interested in this field, check out the program offerings at the University of Tennessee – Knoxville, Middle Tennessee State University, Tennessee Technological University, Tennessee State University, Austin Peay State University, and others!

Information adapted from the Occupational Outlook Handbook - www.bls.gov/ooh

SOPHOMORES

5 Things You Should Be Doing During Sophomore Year

- Talk to your guidance counselor. Really. Talk to him or her about the classes you're taking now and the ones you want to take in the next few years. Talk about how you want to go to college and let him or her guide you in choosing the best classes for your future. Do this before the end of your sophomore year so you won't be behind when junior and senior class registration begins!
- Join something. Get involved in something at school. This is not only a great way to get to know other students with similar interests but also a good way to start building extracurricular activities on your resume for college. Sometimes these clubs and organizations can lead to excellent reference letters to your dream college or even scholarship opportunities.
- Make the grade. Use your sophomore year to boost your GPA as much as you can so you can enter junior year with the absolute highest GPA you can earn. You won't regret it—junior year is some students' most difficult academic year, so coming in with a stellar GPA to begin with will help motivate you to keep it up.
- Research colleges. Look into what types of colleges you might be interested in going to—close to home or far away? Small or large? With study abroad opportunities or with a lot of student involvement groups? Start narrowing down what's important to you in a college and make a list of colleges you want to visit or learn more about.
- Develop strong study habits. Do this now before you get a part-time job or join a bunch of clubs. Knowing the best way you study and prioritizing school work before any other activities will help you stay focused throughout high school. This skill set is really the ultimate tool in a successful student's toolbox!

JUNIORS

If you haven't already, it's time to start planning to take the ACT!

It is recommended that students take the ACT two or three times during their junior and senior years. It's a good idea to plan ahead in order to finish testing before you'll be filling out scholarship and college applications, since your ACT score can often factor in to your eligibility.

- Don't forget you have up to two fee waivers through Upward Bound to use sometime during your Junior or Senior year.
- If you are signing up for the ACT and would like to use one of our waivers, let us know at a school visit BEFORE you register!

Test Date	Registration Deadline
October 28, 2017	September 22, 2017
December 9, 2017	November 3, 2017
February 10, 2018	January 12, 2018
April 14, 2018	March 9, 2018
June 9, 2018	May 4, 2018
July 14, 2018	June 15, 2018

SENIORS

Sign up for Remind text alerts specific to Seniors! Get reminders about important deadlines for Bridge, applications, and scholarships! **Text @9d4ff to 81010.**

Take advantage of the chance to retake your ACT for free, either through your school in October or with a fee waiver through UB! Last year, 1,300 seniors in Tennessee earned above a 21 on the retake, making them eligible for the HOPE scholarship!

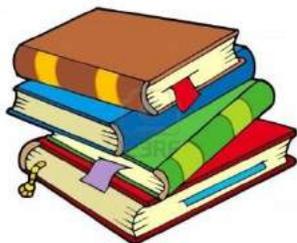
Scholarship of the Week: Horatio Alger Scholarship Program

This scholarship program assists high school students with financial need who have overcome adversities their lives. National Scholars receive an all-expenses paid trip to Washington, D.C., during the spring of their senior year to participate in the National Scholars Conference. See <https://scholars.horatioalger.org/scholarships/> for more info.

Criteria for National and State Scholarships:

- Demonstrate financial need (\$55,000 or lower adjusted gross family income is required)
- Be involved in co-curricular and community service activities
- Display integrity and perseverance in overcoming adversity
- 2.0 GPA

Scholarship application closes October 25th, so apply soon!



Do you love to read?

Did you know you can check out books from the UB library? Ask to see a list of the books we have available for checkout, and we'll bring you one to your next school visit!

You can also check out e-books for free through the Tennessee READS program. All you need is a library card from your local public library! Visit <https://reads.overdrive.com/> to find out more and search for books!