DEAR PSYCHOLOGY FRIENDS AND FAMILY,

The 2017/2018 academic year is a very exciting one for us. This year our Ph.D. program in clinical psychology goes up for reaccreditation review. We had our site visit in September 2017 and expect to hear an accreditation decision from the APA Commission on Accreditation (CoA) in May 2018. It appears that, on all accounts, our program is excellent! We knew that, of course; but now the site visit team has externally validated our belief. On several occasions, including in their written report to the CoA, the site visitors noted that our program should serve as a national model. Special thanks and congratulations go to Dr. Jill Stinson, our Director of Clinical Training, for directing such a smooth and seamless reaccreditation process. Her tireless efforts went above and beyond. Thanks also to our clinical Executive Aide, Ms. Carol Jensen, for her assistance in streamlining the logistics of the site visit and in supporting many other aspects of reaccreditation review.

In faculty news, we welcome new tenure-track faculty member Dr. Alyson Chroust. “Allie,” who is a 2017 Ph.D. graduate in cognitive developmental psychology from the University of Kentucky, joined our experimental area faculty in August. We are very excited to have Allie and her newly minted “Infant Cognitive Development Lab” on board, especially because she was the top choice in our national search! Her tireless efforts went above and beyond. Thanks also to our clinical Executive Aide, Ms. Carol Jensen, for her assistance in streamlining the logistics of the site visit and in supporting many other aspects of reaccreditation review.

STUDENTS RECEIVE RESEARCH PRESENTATION AWARDS

The Appalachian Student Research Forum (ASRF) is an annual event held at ETSU each spring in which undergraduate students, graduate students, medical students, post-doctoral fellows, and medical residents present their research in a formal setting. The meeting is open to students from colleges and universities within the southern Appalachian region. Each year, many of our undergraduate and graduate students from psychology participate in the Forum. Our students frequently receive awards for their research presentations as well. The 2017 ASRF award winners are as follows:

Four graduate students received awards for oral research presentations. Emma Fredrick (with Dr. Stacey Williams) and Jessica McKinney (with Dr. Jameson Hirsch) each received 1st place within their groups for Doctoral candidates in the social and behavioral sciences. Byron Brooks (with Dr. Hirsch) and Sarah Job

BEHAVIORAL HEALTH AND WELLNESS CLINIC UPDATE

By Dr. Kerry Holland

The 2016-2017 academic year saw a lot of internal changes in the Behavioral Health and Wellness Clinic (BHWC). We made the transition from paper records to a fully integrated Electronic Medical Record (EMR). This transition occurred in steps, first utilizing the scheduling capabilities, then the documentation capabilities and finally, in July, the electronic filing of our insurance claims. Filing insurance claims is critical as we remain the only training clinic in the state of Tennessee with a contract to provide services to Medicaid patients. This fully integrated system has improved the ease of documentation and simplified the filing of claims and keeping our patient accounts current and accurate. The Clinic Coordinator, Alison Davis-Waddle (a graduate assistant), was largely responsible for completing the physical transition (creating templates, etc.). She is extremely tech savvy and was instrumental in the transition being as smooth as it was. For the past two years we have also had a graduate assistant from the College of Public Health, Bunmi Kuku, who is getting her master’s degree in Healthcare Administration. Bunmi has been our office manager/insurance billing and credentialing person. Together, she
the process is how the department and college faculty vote. All signs point to smooth sailing for all three of these illustrious faculty members. On a sadder note, we are sorry to wave a collective “good-bye” to Dr. Jon Webb. Jon resigned from the clinical faculty in May 2017 to pursue another academic position in the Department of Community, Family, and Addiction Sciences at Texas Tech University. We wish Jon the best of luck.

In curricular news, we are proud to present our shiny new “Health Sciences Concentration.” This is an entirely new concentration designed for psychology majors interested in pursuing a career in medicine. More so than our other concentrations, the Health Sciences Concentration heavily emphasizes content that can be found on the “MCAT” (Medical College Admissions Test) and requires extensive training in biology, chemistry, and physics. Because of this additional coursework, the Health Sciences Concentration does not require students to complete a minor. In another new initiative, we are collaborating with the ETSU Department of Social Work to develop a joint degree program in psychology and social work. The idea behind this initiative is that students who complete the joint degree program will earn both a bachelor’s degree in psychology (B.A. or B.S.) and a bachelor’s degree in social work (B.S.W.). The rationale for this program is that many psychology majors want to enter the helping professions but often become discouraged when they learn that doing so in psychology requires a doctoral degree. The joint degree program will permit psychology majors to enter the helping profession through the social work track, either with the B.S.W. directly or through a master’s in Social Work program. We anticipate proposing the psychology/social work joint degree program in spring 2018.

Finally, and completely unexpectedly, I am happy to report that our online psychology program was nationally ranked (19th) by collegechoice.net! Although we don’t formally offer an online psychology degree program at ETSU, we do offer a large number of psychology courses online. We are tickled to have our online psychology presence recognized so publicly.

In closing, I know I speak for all of us when I say this department is a great place to work. Being able to count on each other gives us the courage and fortitude to carry our torch forward in these ever-changing times. Thank you for reading and please remember us in your giving plans.

Wallace E. Dixon, Jr.
Chair and Professor of Psychology

Chair’s Message continued from page 1

and Alison translated my instructions regarding requirements for our system into something beautiful and elegant. For more than a year we have been slowly uploading our old paper records from our inactive charts into the EMR. Once the records are uploaded (and double checked for completeness), we shred the paper documents. We anticipate that by March 2018 we will have completed the process and our conference room will be restored to simply being a conference room rather than an inactive files storage room.

We are also currently in the process of updating the physical appearance of the clinic. During the summer we converted both of our restrooms to gender-neutral restrooms and added a baby-changing table to one of the restrooms. This resulted in doubling access to the restrooms for our female staff and patients without decreasing access for our male staff and patients. This new designation and re-design allows us to advance our intent to be more welcoming and inclusive to all staff and patients. The entire clinic was painted over the holiday break and we are excited about the addition of color to our clinic walls: green, blue, yellow and orange. We are also currently creating a new “image” for ourselves at the community level with a new brochure. Soon to come are updates to our website and artwork in the clinic. A committee composed of Drs. Dixon, Stinson, Williams, Morelen, Byron Brooks (my current graduate assistant and Clinic Coordinator), and myself, have been examining photographic images to make sure they convey a spirit of inclusiveness as well as invoke the sense of place that is unique to this beautiful Appalachian region that we live, love, work, and play in. My hope is that a more cohesive message about who we are and our place in the community will raise our profile and result in an increased referral stream, although we always maintain a wait list. I hope it will also result in a more pleasant, welcoming environment for our clinicians, supervisors, office staff and our patients.

A final change that I’ve planned is the establishment of an ETSU Foundation account. Once this is established, it will permit us to begin to engage in active fundraising for the clinic. In the current economic climate, university budgets continue to be tight. As a result, the ability to fundraise will be critical for our clinic to continue to grow and succeed. Graduates of our doctoral program will be familiar with our video observation system. This system was “state of the art” in 2007 when it was purchased. We’ve replaced our DVR machines once, but they are becoming increasingly difficult to find and more expensive to replace. New digital systems typically cost tens of thousands of dollars and we are looking for ways, including fundraising, to make this transition and to keep current with the technology. We are excited about the changes because they exemplify the way the program and the clinic have and continue to grow. If you’re a graduate of our clinical program, stop by for a tour the next time you’re in town. We’d love to show you the changes!

Clinic Update continued from page 1
NEW PSYCHOLOGY MAJOR with a Health Professions Concentration Prepares Students for Medical School!

The Department of Psychology is now offering a new Health Professions Concentration and is enrolling students now! The concentration requires all of the courses needed to apply to medical school and does not require a minor. This concentration is also appropriate for students who wish to pursue further education in other health professions. The MCAT, which is the entrance exam for medical school, was revised recently. One quarter of the items on the exam are now contained in a section titled, "Psychological, Social, and Biological Foundations of Behavior," and another quarter is called, "Critical Analysis and Reasoning Skills." The information in these two sections are central to content in the psychology major, so students who complete the Health Professions concentration are well prepared for this exam. If students decide not to pursue medical education, this major will prepare them for careers with a bachelor's degree as well as for graduate education in psychology, counseling, social work, and public health, among other areas.

If you want to know more about this new concentration, please see the description on our concentrations page at https://www.etsu.edu/cas/psychology/academic_programs/majors.php.

CLINICAL CONCENTRATION ONCE AGAIN ACHIEVES 100% INTERNSHIP MATCH RATE

For the fourth year in a row, the internship match rate was once again 100 percent for our PhD students in the clinical psychology concentration! A structured, approved, or accredited full-time, 12-month internship is a degree requirement for the PhD in clinical psychology. The internship year is spent away from the degree-granting program. Students from programs across the U.S. and Canada compete for a limited number of intern positions. Approximately a quarter of doctoral candidates applying for internship slots do not "match." Three doctoral candidates with the clinical concentration of the PhD program in psychology at ETSU applied for internship in spring of 2017, with all three students matching! These students were matched at the following sites:

- **Michael Lasher** – Torrance State Hospital, Torrance, PA
- **Dannel Petgrave** – Geisinger Medical Center, Danville, PA
- **Jessica Rabon** – Virginia Treatment Center for Children, Richmond, VA

**Congratulations to these three students!**

In addition, seven clinical psychology graduate students graduated with their PhDs in 2017: Drs. Courtney Cook, Catherine Rowe, Courtney Smith Walter, Kyle Suhr, Brittany Williams, and Laura DeLustro. In total, the clinical psychology concentration has produced 23 PhD graduates since the first graduating cohort in 2012. Furthermore, the licensure and employment rate is 100 percent for those graduate students who have graduated and are license-eligible.

ETSU Psychology Represented at Tennessee’s Posters-At-The-Capitol Event

Two undergraduate Psychology majors, David Barlow (with Dr. Chris Dula) and Tiffany Pierce (with Dr. Jason Steadman), were selected to represent ETSU by presenting their research at the 2017 Posters-At-The-Capitol event held at the Tennessee State Capitol in Nashville, TN. This program has two goals: 1) to expose Tennessee legislators to undergraduate researchers in the state of Tennessee, and 2) to expose undergraduate students to their state legislators. Legislators are encouraged to meet students from their districts and to see, first-hand, the outstanding research being conducted by undergraduate students across the state. Congratulations to these two students for having the opportunity to share their research with the Tennessee State Legislature!

PSYCHOLOGY AT SEVIERVILLE UPDATE

On October 10, 2017, Dr. Brian Noland, ETSU President, visited the ETSU at Sevierville campus to meet with students and to hear their feedback regarding the first year of the various programs offered at the Sevierville campus. Students and faculty from all of the programs being offered there, including Psychology, were represented. Students shared their enthusiasm for their classes at Sevierville and offered a variety of suggestions to improve the campus (e.g., add a recycling program and another computer lab with more available hours).

The Psychology program at Sevierville continues to grow with a predicted total enrollment in the spring 2018 semester of approximately 15-20 psychology majors. Additionally, the first graduates of the program are on track to earn their degrees in May 2018. Dr. Nikki Hilton, Assistant Professor of Psychology and Director of the Psychology program at the Sevierville campus, is also excited to announce that the program will commence a psychology speaker series for students at the Sevierville campus beginning in spring 2018.
ENDOWED STUDENT AWARDS IN PSYCHOLOGY

Each year the Department of Psychology is able to give several awards to deserving undergraduate and graduate students in Psychology thanks to the generosity of those who have endowed and/or contributed to the following awards. If you would like to contribute to any of the following awards, please visit our web page at https://www.etsu.edu/cas/psychology and click on the “Give Now” button on the bottom left of the page.

**Priester–Sloan Family Psychology Scholarship**
We are pleased to announce that the 2017 recipient of the Priester-Sloan Family Psychology Scholarship was Alyssa Gretak, a Ph.D. student in clinical psychology. This scholarship was established in honor of Dr. H. G. and Patricia Priester and Mary M. Sloan, R.N. in memory of Damon B. Sloan. This annual award is given to a graduate student in the Psychology Ph.D. program at ETSU who has a financial need and/or who is a military veteran.

**Roger Bailey–Otto Zinser Undergraduate Psychology Student of the Year Award**
Each spring semester the psychology faculty considers its best and brightest senior students for the annual award that acknowledges outstanding achievement. The faculty are pleased to announce the 2016-17 recipient of the Bailey–Zinser Award was Devorah Daught. Devorah graduated with a B.A. in general psychology along with a minor in dance. She is a co-founder and Vice-President of Amalgam Dance Group, a student-directed organization whose mission is to bring together dancers of diverse backgrounds and to share the art form with the ETSU community. She is also a member of the Alpha Theta Chapter of Tri-Iota, the national Women’s Studies Honor Society, reflecting her interest in women’s issues. She plans to pursue a master’s degree in counseling and certification in dance/movement therapy. Her goal is to promote and share the healing power of dance. Congratulations and best wishes, Devorah!

**Tiller Family Scholarship (in loving memory of Johnia Hope Berry)**
The Tiller Family Scholarship (in loving memory of Johnia Hope Berry) is granted annually to an outstanding junior or senior psychology major best exhibiting an interest in the psychological development of children who are also actively involved in community activities and have demonstrated a financial need. The 2017 recipient of the Tiller Family Scholarship was Kyla Faust.

**Dr. James S. Perry First Year Student Award**
The purpose of the Dr. James S. Perry First Year Student Award is to honor first-year Psychology students who have shown exceptional promise in the psychology major. The endowment for the award was established by Dr. and Mrs. James S. Perry. Dr. Perry served ETSU as Chair of the Psychology Department, acting Dean and an Associate Dean for the College of Arts and Sciences, and a member and President of Faculty Senate. With over 30 years at ETSU, Dr. Perry retired and was awarded Faculty Emeritus status in 2002. The 2017 recipient was Teliyah Cobb. Congratulations to Teliyah on her accomplishments during her first year at ETSU!
GRADUATE STUDENT AWARDS FOR RESEARCH, TEACHING, AND SERVICE

Outstanding Teaching Awards
These awards are given annually to graduate students who demonstrate excellence in teaching undergraduate courses. To qualify, students must be nominated by a member of the faculty in the department and submit an extensive teaching portfolio to be reviewed by a teaching awards committee. The department then nominates departmental award winners for the School of Graduate Studies Excellence in Teaching Awards. Jaima Price was selected to receive the 2017 Department of Psychology Teaching Award for Graduate Teacher Associates and Parker Dreves and Maggie Hance each received the 2017 Department of Psychology Teaching Award for Graduate Teacher Assistants. Ms. Price and Mr. Dreves also each received the ETSU School of Graduate Studies Excellence in Teaching awards for Teaching Associates and Assistants, respectively. Congratulations to these deserving students for their efforts and accomplishments in undergraduate teaching!

Outstanding Research Award
Two new awards have been established within the ETSU Department of Psychology that are designed to recognize our graduate students’ outstanding achievements in research and in service. The recipient of the 2017 Department of Psychology Graduate Student Excellence in Research Award at the doctoral level was Dr. Emma Fredrick. Emma graduated with her Ph.D. from the experimental psychology program at ETSU in August 2017. She is now a visiting Assistant Professor in the Department of Psychology at St. Lawrence University in Canton, NY.

Outstanding Service Award
Byron Brooks, a Ph.D. student in the clinical psychology program, was the recipient of the 2017 Department of Psychology Graduate Student Excellence in Service Award at the doctoral level. Byron has been heavily involved in service to the university and to the community during his time in our doctoral program.

Congratulations to these deserving graduate students for their efforts and accomplishments in research, teaching, and service!

COMMUNITY-BASED PARENTING PROGRAM TO EMPOWER MOTHERS OF YOUNG CHILDREN

Help for high-risk mothers and their young children is the subject of a new research project being conducted by Dr. Diana Morelen, an Assistant Professor in the Department of Psychology. Dr. Morelen recently received a major research grant for her project entitled, “Trauma Informed Parenting Intervention to Promote Maternal Mental Health and Reduce Child Risk” in the amount of $10,000 from the Research Development Committee at ETSU. The main goal of the project is to conduct a pilot implementation of Mom Power, a trauma-informed parenting and self-care skills group designed for high-risk mothers and their young children, ages 0-6.

“Maternal trauma history, sociodemographic risk, and mental health difficulties can result in suboptimal parenting, heightening risk for emotional and behavioral problems in children,” Morelen said. “Given that trauma history heightens risk for postpartum psychopathology, including depression and substance abuse, and postpartum psychopathology heightens risk for parenting problems and symptom development in offspring, interventions designed for at-risk mothers serve as early intervention for their children.” Mom Power is a 10-week parenting group intervention that was developed at the University of Michigan specifically to reach high-risk mothers who have trauma histories and other factors known to heighten risk for parenting difficulties, such as mental health difficulties, low socioeconomic status, and/or being a single mother. The Mom Power model is meant to have the intervention embedded into the community. It does so by holding groups in easily accessible places, providing assistance with transportation for rural families, and coordinating with other community resources and interventions.

“Results from a community-based randomized control trial in Michigan have shown that Mom Power is effective at reducing maternal psychopathology, lowering parenting stress, decreasing parental hopelessness, and promoting reflective parenting,” Morelen said.

Through the study, Morelen hopes to determine the feasibility and effectiveness of Mom Power in a diverse sample of underserved rural families in Tennessee through partnerships with community agencies. Specifically, the project aims to determine whether Mom Power is effective at lowering maternal risk, improving parenting, and promoting healthy child outcomes for families in Tennessee. A second aim of the project is to train community-based providers in the Mom Power model so they can integrate the intervention into their agencies across the region.

Morelen has partnered with Families Free, a community-based mental health agency that serves families impacted by substance abuse and domestic violence, to launch the first Mom Power groups in Tennessee. To date, Morelen and Families Free have completed one Mom Power group in Kingsport, TN, and are scheduled to start the next group in Johnson City in February 2018.
Dr. Alyson Chroust is the newest addition to our experimental faculty. She joined us in August 2017 after receiving her Ph.D. in Developmental Psychology from the University of Kentucky in Lexington, KY. While in graduate school, Dr. Chroust's research program focused on the development of visual and social cognition during infancy or the manner in which infants learn to process information about, make inferences about, and remember people and their actions. Dr. Chroust is excited to establish the ETSU Infant Cognitive Development Lab. At ETSU, she plans to extend her earlier work on cognitive development by investigating the development of body knowledge and the development of emotion processing in faces and bodies. Additionally, Dr. Chroust is eager to collaborate with local pediatricians and other community researchers to investigate whether prenatal or neonatal opioid exposure is associated with infants’ early cognitive development. When she is not working, Dr. Chroust enjoys following her favorite sports teams and exploring the many hiking trails of East Tennessee.

Congratulations to Dr. Jill Stinson, who received the ETSU College of Arts and Sciences New Faculty Award for 2016-2017! This award is given to a tenure-track faculty member, usually in his or her fourth or fifth year at ETSU, to recognize superior all-around performance and is based on contributions made while at ETSU in the areas of teaching, research/scholarship/creative activities, and service. Congratulations to Dr. Stinson!

Dr. Stacey Williams was a 2017 recipient of the Notable Women of ETSU award. The award identifies women faculty at ETSU whose work advances understanding of women and their lives. As a recipient, Dr. Williams gave a presentation at the Notable Women of ETSU Colloquium, an event that highlights the expertise and accomplishments of women academics at ETSU and provides a forum for the exchange of ideas, research, and projects generated by women faculty.

Dr. Williams is also a co-investigator on an NIMH-funded (R21) study. In collaboration with colleagues at Yale University (John Pachankis, Ph.D.) and the College of the Holy Cross (Stephenie Chaudoir, Ph.D.), they are examining the minority stress of LGBTQ young adults ages 18-29. They are developing and implementing a program for these young people living in six counties of Northeast Tennessee.

Clinical Psychology Ph.D. Program Ranked #1!

In September 2017, the website BestCounselingDegrees.net published a list of “The Top 50 Ph.D. Programs in Clinical Psychology 2017” within the U.S. and ETSU’s Ph.D. program in clinical psychology was ranked #1! According to the list, which can be found at https://www.bestcounselingdegrees.net/best/ph-d-in-clinical-psychology/, rankings were based on the Examination for Professional Practice of Psychology (EPPP) pass rate, licensure percentage, and mean time to completion. The EPPP is a licensing examination developed by the Association of State and Provincial Psychology Boards and is used in most U.S. states and Canadian Provinces. Dr. Jill Stinson, the Director of Clinical Training for the program, notes that the EPPP “has about a 50 percent first-time pass rate nationally and our program has a 100 percent pass rate.” Furthermore, the program also has a 100 percent licensure rate for graduates of the program who are license-eligible and an average completion time of 4.9 years. All programs included on this list are accredited by the American Psychological Association.
Graduate and undergraduate students in our programs are often heavily involved in research, presenting their empirical work in poster and oral presentations at regional, national and international research conferences. Many students have also won awards for their research presentations (noted in another section within this newsletter), received grant funds to conduct their research, and/or have had their research published in peer-reviewed journals. Below is a list of student publications and other research awards received by our students since our last newsletter.

**Student Publications**

*Indicates current or former graduate student co-author; †indicates current or former undergraduate student co-author.

- **Williams, S. L., & Job, S.*** (2017). Teaching about the margins at the intersections. *Sex Roles.* Advanced online publication. doi:10.1007/s11199-017-0767-6

**Student Research Grants**

Byron Brooks, a clinical psychology Ph.D. student working with Dr. Jameson Hirsch, was awarded a Research Grant Award from the ETSU School of Graduate Studies for his dissertation research on “Intrapersonal, Interpersonal, and Sociocultural Factors Associated with Increased HIV Risk Among African-American Men Who Have Sex with Men” in the amount of $800.

Nicholas Fasanello, an undergraduate psychology major working with Dr. Wallace Dixon, received a Student-Faculty Collaborate Grant from the ETSU Honors College to fund his honors thesis research on “Is Hot or Cold Executive Functioning a Better Predictor of Language Development.”

Aaron Gardner, an undergraduate psychology major working with Dr. Eric Sellers, received a Summer Research Fellowship from the ETSU Honors College to support his research on “Investigating the Event-Related Potentials Elicited by Tool and House Stimuli.”

Gabriel Simerly, an undergraduate psychology major working with Dr. Ginni Blackhart, received a Student-Faculty Collaborative Grant from the ETSU Honors College to fund his honors thesis research on “Effects of Self-Care on Undergraduate Stress” in the amount of $400.
**Annual Alumni Feedback**

As part of a plan to continually improve the education our undergraduate Psychology majors and minors receive, we ask alumni of our program to annually provide us with feedback based on their experiences in our program during and after college. If you graduated as an undergraduate Psychology major or minor, we would like your feedback about our program to know why you chose Psychology as a major or minor and what you are doing now. Please complete a short online survey (there are only 18 questions) by going to http://tinyurl.com/pb98d9k. Your feedback is greatly appreciated and we will use this information to improve upon our undergraduate program.

**Psychology for Equity, Awareness, and Community Enhancement (PEACE)**

The Department of Psychology has initiated a new student-faculty group called PEACE (Psychology for Equity, Awareness, and Community Enhancement) and is in the process of making it an official student group on campus. PEACE is a psychology-specific student-faculty group that provides a supportive environment for undergraduate and graduate students, faculty, and staff from all walks of life. Together we will work toward social justice and applying psychology in an evolving and diverse world. PEACE members will not only learn how psychology can be applied to real-world problems and social change, but also directly impact the campus, local community, and broader environment through service projects and activities. In addition, PEACE aims to involve the Department of Psychology in campus events and programming. This year’s officers include Byron Brooks as President, Nick Fasanello as Vice President, Sarah Job as Secretary, and Maggie Hance as Treasurer. Dr. Julia Dodd created the group logo. The inaugural meeting took place on November 10, 2017. All undergraduate and graduate students, faculty, and staff were invited to attend.