

VITA

JAMES ROBERT BITTER **Diplomate in Adlerian Psychology (NASAP, 2002)**

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Education

Ed.D. Department of Counselor Education and Special Education, **Idaho State University**, Pocatello, Idaho, May, 1975, in Counselor Education.

Professional Achievement Award (2020). College of Health Professions, Idaho State University.

M.Ed. Department of Counselor Education and Special Education, **Idaho State University**, Pocatello, Idaho, August, 1971, in Student Personnel Work In Higher Education.

B. A. **Gonzaga University**, Spokane, Washington, May, 1969, in English Literature (minor in Philosophy).

University Positions

1995 - present Professor (tenured, 1995), Department of Human Development & Learning, **East Tennessee State University**, Johnson City, Tennessee (Chair, August, 1995 to July, 1999).

Outstanding Scholar Award, Claudius Clemmer College of Education, 2004-2005.

1987 - 1995 Professor (tenured, 1991), Department of Counseling, **California State University at Fullerton**, Fullerton, California (Chair, August, 1987, to August, 1991).

Outstanding Faculty Member Of The Year, School of Human Development and Community Service (student voted Alumni Award), 1989-1990.

1974 - 1987 Professor, 1986-87, (tenured, 1980), Counseling Program, **West Virginia College of Graduate Studies** (currently The University of West Virginia College of Graduate Studies), Institute, West Virginia. Associate Professor, Counseling Program, 1977-1986. Program Director, Counseling Program, 1976-1978. Assistant Professor, Counseling Program, 1974-1977.

Courses Taught

Systems Of Family Counseling; Couples And Families In Process; Systems Interventions With Couples And Families; Practicum: Master Counseling With Children And Adolescents; Practicum: Master Counseling With Adults; Supervised Fieldwork In Marriage and Family Counseling; Supervised Fieldwork In Schools;

Therapeutic Group Experience; Human Relations and Group Process; Groups: Process And Practice; Therapeutic Modes With Individuals; Theories Of Human Development and Human Functioning; Human Relations And Human Communication; Social and Cultural Foundations of Counseling; Counseling And Culture; The Counseling Profession; Professional, Ethical, And Legal Issues In Counseling; Psychopathology; Psychological Assessment; Narrative and Experiential Approaches to Family Counseling; Adlerian Lifestyle Assessment And Counseling; Theories & Techniques Of Counseling; Gestalt Therapy; Methods of Research; Science Of Human Inquiry (Applied Research); Supervised Final Projects; Masters Thesis.

Publications

Journal Articles

- Bitter, J. R. (2020). Everything is movement—even when standing still. **Adler Graduate School**. Retrieved from: <https://conta.cc/34iteS6>.
- Bitter, J., & Griffith, J. (2019). Adler's "The Fundamental Views of Individual Psychology": Context, Clarification, and Expansion. **Journal of Individual Psychology** 75(3), 195-204.
- Bitter, J. R. (2018). Sperry's "Achieving evidence-based status for Adlerian psychotherapy: Why it is needed and how to accomplish it": A response. **Journal of Individual Psychology**, 74(3), 287-295.
- Bitter, J. R., & Carlson, J. (2017). Adlerian thought and process in systems of family therapy. **Journal of Individual Psychology**, 73(3), 235-252.
- La Guardia, A., & Nelson, J. A. (2017). An Adlerian family therapist reflects on family therapy theories and mentors (an interview with James Robert Bitter). **Journal of Family Theory & Review**, 9, 391-402.
- Duba-Sauerheber, J., & Bitter, J. R. (2013). An Adlerian approach to pre-marital Counseling with religious couples. **Journal of Individual Psychology**, 69(4), 305-327.
- Sun, S., & Bitter, J. R. (2012). From China to Korea: Two perspectives on Adlerian psychology in Asia. **Journal of Individual Psychology**, 68(3), 233-248.
- Bitter, J. R., & Byrd, R. (2011). Human conversations: Self-disclosure and storytelling in Adlerian family therapy. **Journal of Individual Psychology**, 67(3), 305-323.
- Bitter, J. R., & Main, F. O. (2011). Adlerian family therapy: An introduction. **Journal of Individual Psychology**, 67(3), 175-185.
- Bitter, J. R., Christensen, O. C., Main, F. O., & Nicoll, W. G. (2011). An interrupted conversation: An interview with Oscar C. Christensen. **Journal of Individual Psychology**, 67(3), 327-336.
- Bitter, J. R. (2009). The mistaken notions of adults with children. **Journal of Individual Psychology**, 65(4), 135-155.
- Bitter, J. R., Robertson, P. E., Healey, A., & Cole, L. (2009). Reclaiming a pro-feminist orientation in Adlerian therapy. **Journal of Individual Psychology**, 65(1), 13-33.

- Bitter, J. R. (2008). Reconsidering narcissism: An Adlerian-feminist response to the articles in the special section of the *Journal of Individual Psychology*, volume 63, number 2. *Journal of Individual Psychology*, **64**(3), 270-279.
- Bitter, J. R. (2007.). Am I an Adlerian? *Journal of Individual Psychology*, **63**(1), 3-31.
- Bitter, J. (September/October, 2006). How I am an Adlerian: A response to Roger Ballou. *The NASAP Newsletter*, **39**(5), 5-6.
- Bitter, J. R., Robertson, P. E., Roig, G., & Disque, J. G. (2004). Definitional ceremonies: Integrating community into multicultural counseling sessions. *Journal of Multicultural Counseling and Development*, **32**, 272-282.
- Bitter, J. R. (2004). Two approaches to counseling parents alone: Toward a gestalt-Adlerian integration. *The Family Journal*, **12**(4), 358-367.
- Bitter, J., & Nicoll, W. G. (2004). Relational Strategies: Two approaches to Adlerian brief therapy. *Journal of Individual Psychology*, **60**(1), 42-66.
- Disque, J. G., & Bitter, J. R. (2004). Emotion, experience, and early recollections: Exploring restorative reorientations in Adlerian therapy. *Journal of Individual Psychology*, **60**(2), 115-131.
- Sonstegard, M. A., Bitter, J. R., Pelonis-Peneros, P., & Nicoll, W. G. (2001). Adlerian group psychotherapy: A brief therapy approach. *Directions in Clinical and Counseling Psychology*, **11**(2), 11-24.
- Bitter J. R., & Nicoll, W. G. (2000). Adlerian brief therapy with individuals: Process and practice. *Journal of Individual Psychology*, **56**(1), 31-44.
- Disque, J. G., & Bitter, J. R. (1998). Integrating narrative therapy with Adlerian lifestyle assessment: A case study. *Journal of Individual Psychology*, **54**(4), 431-450.
- Sonstegard, M. A., & Bitter, J. R. (1998). Adlerian group counseling: Step-by-step. *Journal of Individual Psychology*, **54**(2), 176-216.
- Sonstegard, M. A., & Bitter, J. R. (1998). Counseling children in groups. *Journal of Individual Psychology*, **54**(2), 251-267.
- Bitter, J. R., Christensen, O. C., Hawes, C., & Nicoll, W. G. (1998). Adlerian brief therapy with individuals, couples, and families. *Directions in Clinical and Counseling Psychology*, **8**(8), 95-112.
- Nappier Carr, C., & Bitter, J. R. (1997). [Dreikurs' *Holistic Medicine*: An Introduction.] *Individual Psychology*, **53**(2), 122-126.
- Bitter, J. R. (1996). On neurosis: An introduction to Adler's concepts and approach. *Individual Psychology*, **52**(4), 310-317.
- Bitter, J. R. (1996). An interview with Manfred A. Sonstegard: A career in group counseling. *The Journal for Specialists in Group Work*, **21**(3), 194-213.
- Bitter, J. (1993). Communication styles, personality priorities, and social interest: Strategies for helping couples build a life together. *Individual Psychology*, **49**(3-4), 330-350.

- Bitter, J. R. (Winter, 1993). Empowerment interventions with couples and families: An Adlerian guide. *IAMFC Newsletter*, 6-7.
- Barker, S. B., & Bitter, J. R. (1992). Early recollections versus created memory: A comparison for projective qualities. *Individual Psychology*, *48*(1), 86-95.
- Bitter, J. R. (1991). Conscious motivations: An enhancement to Dreikurs' goals of children's misbehavior. *Individual Psychology*, *47*(2), 210-221.
- Williams, A. L., & Bitter, J. R. (Fall, 1990). Stuttering: From pebbles to Individual Psychology. *Individual Psychology Reporter*, *7*(4), 1-4.
- Satir, V. M., Bitter, J. R., & Krestensen, K. K. (1988). Family reconstruction: The family within - a group experience. *Journal of Specialists in Group Work* (special issue), *13*(4), 200-208.
- Bitter, J. R. (1988). Family mapping and family constellation: Satir in Adlerian context. *Individual Psychology*, *44*(1), 106-111.
- Mozdzierz, G. J., Lisiecki, J., Bitter, J. R., & Williams, A. L. (1986). Role-functions for Adlerian therapists. *Individual Psychology*, *42*(2), 154-177.
- Bitter, J. R. (1985). An interview with Harold Mosak. *Individual Psychology*, *41*(3), 386-420.
- Williams, A. L., & Bitter, J. R. (Fall, 1984). A socio-psychological approach to parent involvement in speech therapy. *Communique*, 1-6.
- Bitter, J. R., & West, J. (1979). An interview with Heinz Ansbacher. *Journal of Individual Psychology*, *35*(1), 95-110.
- Zarski, J., Sonstegard, M., & Bitter, J. R. (1977). Training parents as functional professionals in a community setting. *Individual Psychologist*, *2*, 17-22.

Books

- Sonstegard, M. A., Bitter, J. R., & Pelonis, P. (2021). *Adlerian group counseling and therapy: Step-by-step* [Korean Translation]. Taylor and Francis.
- Bitter, J. R. (2021). *Theory and practice of couples and family counseling* (3rd ed.). American Counseling Association.
- Bitter, J. R. (2014). *Theory and practice of family therapy and counseling* (2nd ed.). Brooks/Cole-Cengage.
- Bitter, J. R. (2014). *Instructor's Manual for theory and practice of family therapy and counseling* (2nd ed.). Cengage—Brooks/Cole.
- Bitter, J. R. (2011). *Contributions to Adlerian psychology*. Xlibris.
- Bitter, J. R. (2009). *Theory and practice of family therapy and counseling*. Thomson—Brooks/Cole.
- Bitter, J. R. (2009). *Instructor's Manual for theory and practice of family therapy and counseling*. Thomson—Brooks/Cole.

Sonstegard, M. A., & Bitter, J. R. (2004). **Adlerian group counseling and therapy: Step-by-step**. Brunner Routledge.

West, J. D., Bubenzer, D. L., & Bitter, J. R. (Eds.). (1998). **Social construction in couple and family counseling**. American Counseling Association.

Chapters

Bitter, J. R., Byrd, R., & Luke, C. (2021). Family counseling. In R. Bryd & C. Luke (Eds.), **Counseling children and adolescents: Cultivating empathic connection** (pp. 93-109). Routledge.

Bitter, J. R., & Corey, G. (2021). Family systems therapy. In G. Corey, **Theory and practice of counseling and psychotherapy** (10th ed., update; pp. 403-425). Cengage.

Corey, G., & Bitter, J. R. (2021). Adlerian therapy. In G. Corey, **Theory and practice of counseling and psychotherapy** (10th ed., update; pp. 95-128). Cengage.

Bitter, J. R. (2019). Forward. In L. Sperry, K. Helm, & J. Carlson (Eds.), **The disordered Couple** (2nd ed., pp. xiv-xvi). Routledge.

Bitter, J. R. (2018). Forward. In M. Bluvshtein (Ed.), **Found in translation** (Vol. 3: **Childrten and education: Early contributions to raising a child—the human, the artist, the master of tasks**, pp. vii-xxviii). North American Society of Adlerian Psychology.

Bitter, J. R. (2017). An expert's perspective on Adlerian therapy. In G. Corey, **Student manual: Theory and practice of counseling and psychotherapy** (10th ed., pp. 67-70). Cengage Learning.

Bitter, J. R. (2017). Parent study groups. In J. Carlson & S. B. Dermer (Eds.), **The sage encyclopedia of marriage, family, and couples counseling** (Vol. 3; pp. 1208-1210). Sage.

Bitter, J. R., & Balla, M. (2017). Adlerian theory and gender development. In R. Nadal (Ed.), **The Sage encyclopedia of psychology and gender** (Items 25-59). Sage.

Bitter, J. R., & Byrd, R. (2017). Adlerian family therapy. In J. Carlson & S. B. Dermer (Eds.), **The sage encyclopedia of marriage, family, and couples counseling** (Vol. 1; pp. 14-20). Sage.

Bitter, J. R., & Byrd, R. (2017). Adlerian open-forum family counseling. In J. Carlson & S. B. Dermer (Eds.), **The sage encyclopedia of marriage, family, and couples counseling** (Vol. 1; pp. 20-23). Sage.

Bitter, J. R., & Carlson, J. (2017). The history of marriage, family, and couples therapy. In J. Carlson & S. B. Dermer (Eds.), **The sage encyclopedia of marriage, family, and couples counseling** (Vol. 4, App. A; pp. 1767-1787). Sage.

Bitter, J. R., & Corey, G. (2017). Family systems therapy. In G. Corey, **Theory and practice of counseling and psychotherapy** (10th ed., pp. 403-426). Cengage Learning.

- Corey, G., & Bitter, J. R. (2017). Adlerian therapy. In G. Corey, ***Theory and practice of counseling and psychotherapy*** (10th ed., pp. 95-128). Cengage Learning
- Bitter, J. R. (2016). An expert's perspective on Adlerian group counseling. In G. Corey, ***Student manual: Theory and practice of group counseling*** (9th ed., pp. 103-106). Cengage Learning.
- Bitter, J. R., & Corey, G. (2016). Adlerian group counseling. In G. Corey, ***Theory and practice of group counseling*** (9th ed., pp. 161-188). Cengage Learning.
- Bitter, J. R. (2015). Counseling children and their families experiencing SSD: Systemic interventions for speech-language pathologists. In C. Bowen, *Children's speech sound disorders* (2nd ed., 127-132). Wiley Blackwell.
- Duba-Sauerheber, J., & Bitter, J. R. (2014). Anxiety and Obsessive Compulsive Disorders. In L. Sperry, J. Carlson, J. Duba-Sauerheber, & J. Sperry (Eds.), ***Psychopathology and psychotherapy: DSM-5 diagnosis, case conceptualization, and treatment*** (3rd ed., pp. 63-94). Routledge.
- Bitter, J. R., & Corey, G. (2013). Family systems therapy. In G. Corey, ***Theory and practice of counseling and psychotherapy*** (9th ed., pp. 432-461). Cengage/Brooks-Cole.
- Bitter, J. R., & Nicoll, W. G. (2013). Case approach to Adlerian therapy. In G. Corey, ***Case approach to counseling and psychotherapy*** (8th ed., pp. 50-73). Cengage/Brooks-Cole.
- Corey, G., & Bitter, J. R. (2013). Adlerian therapy. In G. Corey, ***Theory and practice of counseling and psychotherapy*** (9th ed., pp. 101-135). Cengage/Brooks-Cole.
- Moline, M. E., & Bitter, J. R. (2013). Case approach to family therapy. In G. Corey, ***Case approach to counseling and psychotherapy*** (8th ed., pp. 266-289). Cengage/Brooks-Cole.
- Bitter, J. R. (2012). [Alfred Adler's] On the essence and origin of character: An introduction. In J. Carlson & M. P. Maniaci (Eds.), ***Alfred Adler revisited*** (pp. 89-97). Routledge.
- Bitter, J. R., & Corey, G. (2012). Adlerian group counseling. In G. Corey, ***Theory and practice of group counseling*** (pp. 165-189). Cengage/Brooks-Cole.
- Bitter, J. R. (2011). Mistakes worth enduring. In J. Kottler & J. Carlson (Eds.), ***Duped: Lies and deception in psychotherapy*** (pp. 163-169). Routledge.
- McLendon, J., & Bitter, J. R. (2011). A path to wholeness: Couple therapy within the Satir Model. In D. K. Carson & M. Casado-Kehoe (Eds.), ***Case studies in couples therapy*** (pp. 177-190). Routledge.
- Bitter, J. R., & Corey, G. (2009). Family systems therapy. In G. Corey, ***The theory and practice of counseling and psychotherapy*** (8th ed., pp. 409-443). Brooks/Cole.
- Bitter, J. R., & Nicoll, W. G. (2009). Case approach to Adlerian therapy: An Adlerian therapist's perspective on Ruth. In G. Corey (Ed.), ***Case approaches to counseling and psychotherapy*** (7th ed., pp. 48-71). Brooks/Cole.

- Sperry, L., & Bitter, J. (2007). Striving for personal and professional excellence: Ethics as a way of life. In L. Sperry, ***The ethical and professional practice of counseling and psychotherapy*** (pp. 457-471). Allyn & Bacon.
- Bitter, J. R. (2006). Ιστορία Ανν και Ρον: Ζευγάρι σε κρίση [Ron and Ann, a couple in crisis: The man who mistook his wife for his father]. In P. P. Pelonis, ***ΥΠΑΡΧΩ – ΑΜΑΖΩ*** [Embracing existence/embracing change] (pp. 204-210). Isorropon.
- Bitter, J. R., & Corey, G. (2005). Family systems therapy. In G. Corey, ***The theory and practice of counseling and psychotherapy*** (7th ed., pp. 420-459). Brooks/Cole.
- Bitter, J. R., & Nicoll, W. G. (2005). Case approach to Adlerian therapy: An Adlerian therapist's perspective on Ruth. In G. Corey (Ed.), ***Case approaches to counseling and psychotherapy*** (6th ed., pp. 57-81). Brooks/Cole.
- Bitter, J. R. (2004). Oscar Christensen: The man and his work. In O. C. Christensen (Ed.), ***Adlerian family counseling*** (3rd ed., pp. v-xv). Educational Media Corp.
- Bitter, J. R., Sonstegard, M. A., & Roberts, A. (2002). Adlerian family therapy. In J. Carlson & D. Kjos (Eds.), ***Theories and strategies of family therapy*** (pp. 41-79). Allyn & Bacon.
- Bitter, J., Sonstegard, M. A., & Robertson, P. E. (2002). Universal tasks and the meaning of life: Applications to daily living and professional practice. In Adlerian Society of the United Kingdom and the Institute for Individual Psychology (Ed.), ***Adlerian Yearbook 2002*** (pp. 87-104). Author.
- Bitter, J. R. (2001). Case approach to Adlerian therapy: An Adlerian therapist's perspective on Ruth. In G. Corey (Ed.), ***Case approaches to counseling and psychotherapy*** (5th ed.) (pp. 54-82). Brooks/Cole.
- Bitter, J. R. (2001). Letter for a change. In R. E. Watts (Ed.), ***Techniques in marriage and family counseling*** (Vol. 2) (pp. 5 – 11). American Counseling Association.
- Bitter, J. R., & Corey, G. (2001). Family systems therapy. In G. Corey, ***The theory and practice of counseling and psychotherapy*** (6th ed.) (pp. 382-453). Brooks/Cole.
- Sonstegard, M. A., Bitter, J. R., & Pelonis-Peneros, P. P. (2001). From Cain to Columbine: A psychological anatomy of violence. In Adlerian Society of the United Kingdom and the Institute for Individual Psychology (Ed.), ***Adlerian Yearbook, 2001*** (pp. 104-121). Author.
- Bitter, J. R. (2000). Dissolving a problem: Structuring externalization interviews with couples. In R. E. Watts (Ed.), ***Techniques in marriage and family counseling*** (Vol. 1) (pp. 91-94). American Counseling Association.
- Nicoll, W., Bitter, J. R., Christensen, O.C. & Hawes, C. (2000). Adlerian brief therapy: Strategies and tactics. In J. Carlson & L. Sperry (Eds.), ***Brief therapy strategies with individuals and couples*** (pp. 220-247). Zeig/Tucker.
- Satir, V. M., & Bitter, J. R. (2000). The therapist and family therapy: Satir's human validation process model. In A. M. Horne (Ed.), ***Family therapy and counseling*** (3rd ed.) (pp. 62-101). F. E. Peacock.

- Nappier Carr, C. N., & Bitter, J. R. (1998). Dreikurs' **Holistic Medicine**. In Adlerian Society of the United Kingdom & The Institute for Individual Psychology (Eds.), **Adlerian Yearbook, 1998** (pp. 4-20). Author.
- Disque, J. G., & Bitter, J. R. (1997). Integrating narrative therapy with Adlerian lifestyle assessment: Narrative means to changes in lifestyle. In Adlerian Society of the United Kingdom (Ed.), **Adlerian Yearbook, 1997** (pp. 57-63). Author.
- Bitter, J. R., & Corey, G. (1996). Family systems therapy. In G. Corey, **The theory and practice of counseling and psychotherapy** (5th ed.) (pp. 365-443). Brooks/Cole.
- Bitter, J. R. (1996). Case approach to Adlerian therapy: An Adlerian therapist's perspective on Ruth. In G. Corey (Ed.), **Case approaches to counseling and psychotherapy** (4th ed.) (pp. 68-100). Brooks/Cole.
- Bitter, J. (1993). Satir's parts party with couples. In T. Nelson & T. Trepper (Eds.), **101 interventions in family therapy** (pp. 132-136). Haworth.
- Bitter, J. R. (1991). Case approach to Adlerian therapy: An Adlerian therapist's perspective on Ruth. In G. Corey (Ed.), **Case approaches to counseling and psychotherapy** (3rd ed.) (pp. 62-77). Brooks/Cole.
- Satir, V. M., & Bitter, J. R. (1991). The therapist and family therapy: Satir's human validation process model. In A. M. Horne & J. L. Passmore (Eds.), **Family therapy and counseling** (2nd ed.) (pp. 13-45). F. E. Peacock.
- Bitter, J. R. (1987). Communication and meaning: Satir in Adlerian Context. In R. Sherman & D. Dinkmeyer (Eds.), **Systems of family therapy: An Adlerian integration** (pp. 109-142). Brunner/Mazel.
- Sonstegard, M. A., Dreikurs, R., & Bitter, J. R. (1983). The teleoanalytic group counseling approach. In G. Gazda (Ed.), **Basic approaches to group psychotherapy and group counseling** (3rd ed.) (pp. 507-551). Charles Thomas.

Grant Activity

- Bitter, J. R. (submitted February, 1993). A school-based family education center: A partnership of parents and counselors making a difference in the lives of children (\$18,308.00 request). **Orange County Community Foundation**. Costa Mesa: CA: OCCF.
- Bitter, J. R. (1991). Satir's family reconstruction: Step by step (\$5,080.00 award). **CSUF Intramural Grant (Summer Stipend Program)**. Fullerton, CA: CSUF.
- Bitter, J. R., & Barker, S. B. (1986). Early recollections versus created memories: A comparison for projective qualities (\$3,200.00 award). **W. Va. College of Graduate Studies Intramural Grant**. Institute, WV: WVCOGS.

Book Reviews

- Bitter, J. (2007). [**Couples therapy: Integrating theory and technique (2nd ed.)**]: A review.]. **The American Journal of Family Therapy**, 35, 1-3.
- Bitter, J. (2006.). [**Boy smarts: Mentoring young boys in school**: A review.]

Journal of Individual Psychology. 63(1), 118-120.

Deyton, B., & Bitter, J. R. (2002). [Review of *Into the dark for gold*]. *The Family Journal*, 10(4), 456-457.

James, R., & Bitter, J. (2001). [*Serious mental illness and the family: The practitioner's guide*: A review]. *The Family Journal*, 9(2), 230-232.

Bitter, J. (1996). [*Perfect parenting and other myths*: The "perfect parenting and other myths study group"]. *Individual Psychology*, 52(4), 458-464.

Bitter, J. R. (1985). [*Guiding the family*: A review]. *Individual Psychology Reporter*, 4(1), 3-8.

Columns

Davidson, A., & Bitter, J. R. (1998). Manford A. Sonstegard: A bibliography. *Journal of Individual Psychology*, 54(2), 268-272.

Bitter, J. R. (1998). Creating couples celebrations for unique events. *The Family Journal*, 6(3), 239.

Bitter, J. R. (1997). Rudolf Dreikurs: A bibliography. *Individual Psychology*, 53(2), 206-237.

Bitter, J. R. (1995). Different after school conversations. *The Family Journal*, 3(1), 64-65.

Published Recordings

Bitter, J. R. (Speaker). (2011). *Adlerian family therapy with Dr. James R. Bitter* (Video "Family Therapy with the Experts"). Psychotherapy.net.

Bitter, J. R. (Presenter). (2009). *Video series for theory and practice of family therapy and counseling*. Thomson—Brooks/Cole.

Bitter, J. R., & Nicoll, W. G. (Speakers). (2002). *The relationship-intervention continuum: Two approaches to Adlerian brief therapy* (Cassette Recording No. BT02-SC2). Milton H. Erickson Foundation.

Bitter, J. R. (Speaker). (2002). *Adlerian brief therapy with individuals: Process and Demonstration* (Cassette Recording No. 220523-120). Audio Archives International.

Bitter, J. R. (Speaker). (2002). *Integrating Adlerian lifestyle assessment with narrative therapy* (Cassette Recording No. 220523-130). Audio Archives International.

Bitter, J. R. (Speaker). (1999). *Adlerian brief therapy with individuals* (Cassette Recording No. 190523-310). Audio Archives International.

Bitter, J. R. (Speaker). (1999). *Mistaken notions of adults with children* (Cassette Recording No. 190523-190). Audio Archives International.

Bitter, J. R. (Speaker). (1998). *Adlerian therapy with Dr. James Bitter* (Video "Family Therapy with the Experts" #T83562). Longwood.

Bitter, J. R. (Speaker). (1991). **Adlerian family mapping** (Video VHS Cassette Recording #TRT:105:00). Copymaster Video Inc.

Bitter, J. R., & Barker, S. (Speakers). (1988). **Comparison of early recollections with created memory for projective qualities** (Cassette Recording No. H80527-140). Audio Archives International.

Bitter, J. R., & West, J. (Speakers). (1977). **An interview with Heinz Ansbacher** (Cassette Recording No. 10). North American Society of Adlerian Psychology.

Editorial Boards

Editor, **Journal of Individual Psychology** [formerly **Individual Psychology** (1995 – 1998), North American Society of Adlerian Psychology; member, editorial board (Jon Carlson/Roy Kern/Bill Curlette, Editors), 1989-present.

Member, Editorial Board, **The American Journal of Family Therapy** (Len Sperry, Editor), American Family Therapy Association (AFTA), 2015- present.

Member, Editorial Board, **The Family Journal** (Jon Carlson, Editor), International Association of Marriage and Family Counselors (IAMFC), American Counseling Association, 1995 - present.

Member, Editorial Board, **Journal of Counseling and Development** (Earl Ginter, Editor), American Counseling Association, 2002 - 2005.

Member, Editorial Board, **Topics in Marriage and Family Counseling** (Jon Carlson, Editor), International Association of Marriage and Family Counselors (IAMFC), American Counseling Association, 1995 - 2000.

Dissertation

Bitter, J. R. (1975). **Adler and Dewey: The democratic education of children**. Pocatello, ID: Dissertation, Idaho State University.

Professional Papers: Competitively Selected

"Dreikurs' *Holistic Medicine*: An Overview," North American Society of Adlerian Psychology (NASAP), Annual Convention, Vancouver, British Columbia, presented with Cynthia Nappier Carr, May, 1997.

"Adlerian Brief Counseling: Individuals, Couples, and Families," American Counseling Association (ACA), Annual Convention, Orlando, Florida, presented with Oscar Christensen, Clair Hawes, and Bill Nicoll, April, 1997.

"Integrating Narrative Therapy With Lifestyle Assessment," North American Society of Adlerian Psychology (NASAP), Annual Convention, Baltimore Maryland, presented with J. Graham Disque, June, 1996.

"Integrating Feminism With Multicultural Counseling," American Counseling Association (ACA), Annual Convention, Denver, Colorado, presented with Pat Robertson, April, 1995.

"Empowering Couples And Families In Therapy," North American Society of Adlerian Psychology (NASAP), Annual Convention, Toronto, Ontario, Canada, presented with Oscar Christensen and Clair Hawes, June, 1993; American Counseling Association (ACA),

IAMFC Sponsored Pre-Convention Workshop, Atlanta, Georgia, presented with Clair Hawes, March, 1993.

"Counseling Depressed Clients: An Adlerian Approach," NASAP Annual Convention, Cleveland, Ohio, May, 1981; NASAP Annual Convention, Amherst, Massachusetts, June, 1980.

"Family Counseling For Social Equality," American Association for Counseling and Development (AACD), Annual Convention, Reno, Nevada, presented with Manford Sonstegard, March, 1990; American Personnel and Guidance Association (APGA), Dallas, Texas, presented with Manford Sonstegard, April, 1977.

"Satir's Parts Party For Couples," American Association for Marriage and Family Therapy (AAMFT), Annual Convention, San Francisco, California, presented with Judith Wagner, October, 1989.

"Early Recollections Versus Created Memories: An Assessment For Projective Qualities," NASAP Annual Convention, Seattle, Washington, presented with Sandra Barker, May, 1988.

"Adlerian Uses Of Enchantment," NASAP Annual Convention, Chicago, Illinois, May, 1977.

"Motivation Modification: An Adlerian Approach," NASAP Annual Convention, New York City, presented with Manford Sonstegard, May, 1975.

Professional Papers: Invited

"The Counselor Educator as Person and Professional," Idaho Counseling Association, Coeur d'Alene, Idaho, January, 2009.

"Am I an Adlerian?" Ansbacher Lecture (Keynote Address), North American Society of Adlerian Psychology (NASAP), Chicago, IL, May, 2006.

"Adlerian Family Therapy: Innovations and Creative Process," Invited Address, 38th Annual International Committee of Adlerian Summer Schools and Institutes (ICASSI), Marsascala, Malta, July, 2005.

"Purpose and Contribution: Value and Meaning in the World of Work," Keynote Address, Adlerian Centre of Ottawa Conference on Work, Ottawa, Ontario, Canada, April, 2005.

"Adlerian Interventions in the Process of Change," Keynote Address, Individual Psychology Association of Idaho (IPAI), Boise, Idaho, March, 2002.

"Process and Movement in Therapy," Keynote Address, Adlerian Conference, Ottawa, Ontario, Canada, November, 2001.

"Experiencing the Process of Change," Keynote Address, Montana Counseling Association, Bozeman, Montana, October, 2001.

"Movement In Adlerian Therapy: An Adlerian Approach," Keynote Address, Americas Institute of Adlerian Studies (AIAS) Conference, San Diego, California, October, 1989.

"Virginia Satir: In Memoriam," Keynote Address, Association of Humanistic Psychology (AHP), Annual Convention, Palo Alto, California, August, 1989.

"Communication and Meaning: Satir in Adlerian Context," NASAP Annual Convention, St. Louis, Missouri, May, 1986.

Presentations and Workshops

"Helping Clients Change: Using Adaptive Reorientation Therapy in Clinical Practice," NASAP Summer Training, Toronto, Ontario, Canada, June, 2018.

"Working with Difficult Families," Counselor Education Program, Gonzaga University, Spokane, WA, March, 2018.

"Helping Clients Change: Using Adaptive Reorientation Therapy in Clinical Practice," Idaho Society of Individual Psychology, Boise, ID, March, 2018.

"Helping Clients Change: Using Adaptive Reorientation Therapy in Clinical Practice," Adlerian Winter Training, Tucson, AZ, January, 2018.

"Working with Difficult Families," Counselor Education Program, University of Cincinnati, Cincinnati, OH, October, 2017.

"Helping Clients Change: Using Adaptive Reorientation Therapy in Clinical Practice," Adlerian Fall Training, Minneapolis, MN, September, 2017.

"Adlerian Genograms," International Congress of Adlerian Summer Schools and Institutes (ICASSI), Indianapolis, IN: July, 2017.

"Adlerian Group Counseling: An Experience," International Congress of Adlerian Summer Schools and Institutes (ICASSI), Indianapolis, IN: July, 2017.

"Adlerian Lifestyle Assessment," International Congress of Adlerian Summer Schools and Institutes (ICASSI), Indianapolis, IN: July, 2017.

"Working with families," International Congress of Adlerian Summer Schools and Institutes (ICASSI), Indianapolis, IN: July, 2017.

"Adlerian Perspectives on Psychopathology," International Congress of Adlerian Summer Schools and Institutes (ICASSI), Dublin, Ireland: July-August, 2015.

"Self-Care, Self-Awareness, and Social Interest," International Congress of Adlerian Summer Schools and Institutes (ICASSI), Dublin, Ireland: July-August, 2015.

"Understanding Families and Their Dynamics," International Congress of Adlerian Summer Schools and Institutes (ICASSI), Dublin, Ireland: July-August, 2015.

"Early Recollections in Counseling and Psychotherapy," International Congress of Adlerian Summer Schools and Institutes (ICASSI), Dublin, Ireland: July-August, 2015.

"Working with difficult clients" (with Teal Maedel). North American Society of Adlerian Psychology, Philadelphia, PA: May, 2015.

"Working with trauma across generations" (with Jill Sauerheber). North American Society of Adlerian Psychology, Philadelphia, PA: May, 2015.

"Adlerian group counseling with adolescents" (half-day workshop with Amanda La Guardia). North American Society of Adlerian Psychology, Philadelphia, PA: May, 2015

"Introduction to Adlerian Psychology," North American Society of Adlerian Psychology annual convention, San Diego, CA, June, 2013.

“Mindfulness and Thoughtfulness in the Space between Listening and Speaking,” North American Society of Adlerian Psychology annual convention, San Diego, CA, June, 2013.

“Teaching Adlerian Therapy: A Professors Forum,” North American Society of Adlerian Psychology annual convention, San Diego, CA, June, 2013.

“Current Therapeutic Practices: A Clinicians Forum,” North American Society of Adlerian Psychology annual convention, San Diego, CA, June, 2013.

“Parent Education as a Part of Holistic Medicine,” Cabin Creek Medical Center, Cabin Creek, WV, March, 2013.

“Combining Experiential and Didactic Methods of Teaching Group Counseling: The Value of the Process, Useful Structures, and Ethics,” Association of Counselor Educators and Supervisors conference, Nashville, TN, October, 2011.

“Using live demonstrations in the teaching of counseling theories and counseling process,” Association of Counselor Educators and Supervisors conference, Nashville, TN, October, 2011.

“Self-Disclosure and Storytelling in Adlerian Family Therapy,” North American Society of Adlerian Psychology annual convention, Vancouver Island, BC, May, 2011.

“Adlerian Counseling with Children and Adolescents,” Asheville Area School and Community Agency Counselors, Asheville, NC, April, 2011.

“From Conflict to Cooperation in Adult-Child Relationships: Recognizing and Correcting Dysfunction Behind Useless and Dysfunctional Interactions.” MAPS/McABEE Adlerian Psychology Society conference, Silver Springs, MD, October, 2010.

“Building Life Together: Adlerian Principles for Couples and Couples Counseling (with Jill Duba), North American Society of Adlerian Psychology annual convention, Minneapolis, MN, June, 2010.

“Open Forum Family Counseling,” North American Society of Adlerian Psychology annual convention, Minneapolis, MN, June, 2010.

“Emotion, Experience, Early Recollections: Exploring Restorative Reorientations in Adlerian Therapy,” North American Society of Adlerian Psychology annual convention, Minneapolis, MN, June, 2010.

“Adlerian Brief Therapy: Empowering Individuals, Couples, & Families (with Bill Nicoll and Clair Hawes), North American Society of Adlerian Psychology annual convention, Hershey, PA, June, 2009.

“Panel Discussion of Narcissism: Adlerian Perspectives in Practice (with Monica Nicoll and Carolyn Crowder). North American Society of Adlerian Psychology annual convention, Hershey, PA, June, 2009.

“Integrating Gender Perspectives in Adlerian Counseling and Therapy (with Marion Balla). North American Society of Adlerian Psychology annual convention, Hershey, PA, June, 2009.

“Counseling for Personal, Spiritual, & Relational Growth (with William G. Nicoll, Monica Nicoll, & Erik Mansager),” Adlerian Training Institute, Summer Program, Dublin, Ireland, July, 2009.

“Integrative Family Therapy and Counseling: Advanced Practices Across Multiple Theoretical Models,” Week-long Training Program, Greek Adlerian Society, Athens, Greece, July, 2009; Pre-Convention Learning Institute, American Counseling Association, Annual Convention, Charlotte, North Carolina, March, 2009.

“Seeing the Same Thing Differently: Changing Client Perceptions of Their History,” Adlerian Summer Institute, Clonmel, Ireland, June, 2009; Idaho Society of Individual Psychology, Annual Conference, March, 2009.

“Panel Discussion on Narcissism: Adlerian Perspectives in Practice,” North American Society of Adlerian Psychology, Annual Convention, Tucson, Arizona (with Monica Nicoll), June, 2009.

“Integrating Gender Perspectives in Adlerian Counseling and Therapy,” North American Society of Adlerian Psychology, Annual Convention, Tucson, Arizona (with Marion Balla), June, 2009.

“Adlerian Brief Therapy: Empowering The Individual, The Couple, And The Family,” North American Society of Adlerian Psychology, Pre-Convention workshop, Tucson, Arizona (with Oscar Christensen, Clair Hawes, & Bill Nicoll), June, 2001; 2009; Greek Adlerian Society, Athens, Greece (with Oscar Christensen, Clair Hawes, and Bill Nicoll), March, 2000, February, 1998, May, 1997; Adlerian Training Institute, Boca Raton, Florida, June, 2002, 2000, 1999, 1998, 1997, 1996; ACA Pre-Convention Professional Development Institute, Annual Convention, Orlando, Florida, April, 1997; NASAP International Summer Institute, Boca Raton, Florida (with Oscar Christensen, Clair Hawes, and Bill Nicoll), June, 1995, August, 1994.

“Challenges Facing Group Leaders: Understanding and Working with Difficult Group Members,” Pre-Convention Learning Institute (with Gerald Corey), American Counseling Association, Annual Convention, Charlotte, North Carolina, March, 2009.

“Is There a Book in You? Panel on Professional Writing (with Gerald Corey et al.),” American Counseling Association, Charlotte, North Carolina, March, 2009.

“A Counselor’s Journey: From Idaho to the World,” Idaho Counseling Association, Annual Convention, Couer d’Alene, Idaho, March, 2009.

“Adlerian Group Counseling and Therapy: Step-by-Step,” Adlerian Training Institute, Bratislava, Slovakia, October, 2008, March, 2007; Florida Atlantic University, Port St. Lucie, Florida, July, 2008, June, 2006; Group Process Training (Don Yoo, Director), Seoul, South Korea, October, 2005; 38th Annual International Committee of Adlerian Summer Schools and Institutes (ICASSI), Marsascala, Malta, July, 2005; Florida Atlantic University, Port St. Lucie, Florida, June, 2005; Individual Psychology Association of Idaho (IPAI), Boise, Idaho, May, 2005; West Texas Institute of Adlerian Studies, Odessa, Texas, May, 2005; Adlerian Society of British Columbia, Vancouver, British Columbia, Canada, February, 2005; Adlerian Summer School, Waiheke Island, New Zealand, January, 2005; North American Society of Adlerian Psychology (NASAP), Pre-convention workshop, Myrtle Beach, South Carolina, June, 2004; Florida Atlantic University, Port St. Lucie, Florida, June, 2004; (with Manfred Sonstegard), Greek Adlerian Society/Florida Atlantic University, Athens, Greece, June, 2001.

"From Couples to Families: Adlerian Interventions for Building Productive Lives Together," (pre-conference workshop with Frank Main), North American Society of Adlerian Psychology (NASAP), Annual Convention, Harrisburg, Pennsylvania, June, 2008.

"Adlerian Family Counseling and Therapy: From Prevention to Remediation," North American Society of Adlerian Psychology (NASAP), Annual Convention, Harrisburg, Pennsylvania, June, 2008.

"Mistaken Notions Of Adults With Children," North American Society of Adlerian Psychology (NASAP), Annual Convention, Harrisburg, Pennsylvania, June, 2008; Toronto, Ontario, Canada, June, 1993; NASAP Annual Convention, Tucson, Arizona, May, 1991; NASAP Annual Convention, Vancouver, British Columbia, Canada, May, 1976.

"From Emotion to System: Adlerian Interventions in Depression and Anxiety," (with Paul Rasmussen) North American Society of Adlerian Psychology (NASAP), Pre-convention workshop, Vancouver, British Columbia, Canada, May, 2007.

"Reclaiming Pro-Feminist Orientations in Adlerian Psychology and Therapy," (with Amanda Healey) North American Society of Adlerian Psychology (NASAP), Vancouver, British Columbia, Canada, May, 2007.

"Group Consultation: Process and Practice," (with Don Yoo), Group Process Training, Seoul, South Korea, December, 2006-January, 2007.

"Family Reconstruction," Group Process Training (Don Yoo, Director), Seoul, South Korea, October, 2006; Adlerian Counseling Center, Ottawa, Ontario, Canada, April, 1982; FEC of Wilmington, Delaware, March, 1982; Idaho State University, Pocatello, Idaho, November, 1981; Plain Local School District, Canton, Ohio, February, 1981.

"Adlerian Brief Therapy with Individuals: Process and Practice," Adlerian Training Institute (with Bill Nicoll), London, England, July, 2006; Group Process Training (Don Yoo, Director), Seoul, South Korea, April, 2006; Adlerian Institute in Cumbria, England, September, 2005; Adlerian Training Centre, Cambridge, England, September, 2005; Adlerian Summer School, Waiheke Island, New Zealand, January, 2005; ICASSI, Cork, Ireland, July-August, 2004; Greek Adlerian Society, April-May, 2004; Adlerian Society of Arizona, October, 2003; Adlerian Summer Schools, Cambridge, England, June, 2003, & Clonmel, Ireland, July, 2003; American Counseling Association Pre-Convention Workshop, March, 2003; Adlerian Summer School, Hamilton, New Zealand, April, 2002.

"Parenting for the 21st Century," Adlerian Summer School, Clonmel, Ireland, July, 2006; McAbee-Maryland Adlerian Society, October, 2004; ICASSI, Cork, Ireland, July – August, 2004.

"Adlerian Psychology and Spirituality: A Dialogue" (with Erik Mansager). North American Society of Adlerian Psychology (NASAP), Chicago, IL, May, 2006.

"Adlerian Family Therapy," Pre-convention workshop, North American Society of Adlerian Psychology (NASAP) with Oscar Christensen and Bill Nicoll, Chicago, IL, May, 2006; (From Family Therapy to Family Meetings) McAbee-Maryland Adlerian Society, October, 2004; Adlerian Society of Arizona (with Oscar Christensen), Tucson, AZ, October, 2003.

"PACE and the Rhythms of Therapy," 38th Annual International Committee of Adlerian Summer Schools and Institutes (ICASSI), Marsascala, Malta, July, 2005; Adlerian Summer School, Lake Taupo, New Zealand, April, 2002; Individual Psychology Association of Idaho (IPAI), Boise, Idaho, March, 2002; Adlerian Conference, Ottawa, Ontario, Canada,

November, 2001; North American Society of Adlerian Psychology, Annual Convention, Tucson, Arizona, June, 2001.

“Awareness & Contact: Developing Social Interest in Individual Therapy,” North American Society of Adlerian Psychology (NASAP) Annual Convention, Tucson, Arizona, June, 2005.

“Early Recollections, Emotions, and Experience: In Appreciation of Ed and Barbara Janoe,” North American Society of Adlerian Psychology (NASAP) Annual Convention, Myrtle Beach, South Carolina, June, 2004.

“The Relationship – Intervention Continuum: Two Approaches to Adlerian Brief Therapy” (with Bill Nicoll), Brief Therapy Conference, Milton Erickson Foundation, Orlando, FL, December, 2002.

“Integrating Feminism in Multicultural Counseling Sessions,” ACES National Convention, Park City, UT, October, 2002.

“Adlerian Interventions with Angry Children and their Families,” Children’s Symposium, University of South Dakota, October, 2002.

“Lifestyle Assessment with Early Recollections,” Adlerian Summer School, Green Park, Wendover, Bucks., England, August, 1999, 1997, 1996; Greek Adlerian Society, Athens, Greece, presented with Clair Hawes, February, 1998. .

“Adlerian Family Counseling,” Adlerian Summer School, Green Park, Wendover, Bucks., England, August, 1999, 1997, 1996; Adlerian Summer Workshops, University of Vermont, Burlington, Vermont, June, 1986, 1984, 1982; Adlerian Summer Training Institute, Charleston, West Virginia, June, 1985, 1984, 1983, 1982; Adlerian Counseling Center, Ottawa, Ontario, Canada, July, 1984; NASAP Annual Convention, Toronto, Ontario, Canada, May, 1984; University of Georgia, Athens, Georgia, October, 1980; Alfred Adler Institute of Cleveland (AAIC), Cleveland, Ohio, April, September, & November, 1980; Wendover, Buckinghamshire, England, January, 1979; AAIC, Cleveland, Ohio, October, 1978.

“Adolescent Development,” The University of Akron, Summer Workshops, Akron, Ohio, June, 1999, 1997, 1996. 1995, 1994, 1993, 1992, 1991, 1990, 1989, 1988, 1987, 1986, 1985, 1984, 1983, 1982, 1981.

“Counseling or Psychotherapy: Adlerian Counseling in North America,” The International Association of Individual Psychology, pre-convention panel discussion, Chicago, Illinois, August, 1999.

“Adlerian Brief Therapy with Individuals,” North American Society of Adlerian Psychology, Annual Convention, Atlanta, Georgia, May, 1999.

“Mistaken Notions of Adults with Children,” North American Society of Adlerian Psychology, Annual Convention, Atlanta, Georgia, May, 1999.

“Satir And Relational Therapy,” Avanta Network, Boca Raton, Florida, presented with Margarita Suarez, February, 1997; St. Louis, Missouri, presented with Judith Wagner, March, 1997; Iowa, April, 1997.

“Adlerian Family Counseling: Toward a Therapeutic Community,” pre-convention workshop, Wyoming Counseling Association, Casper, Wyoming, November, 1995.

"Brief Therapy," pre-convention workshop, Montana Counseling Association, Great Falls, Montana, October, 1995.

"Adlerian Brief Therapy," workshops and papers, 2nd Annual South American Congress on Clinical Psychology, Arequipa, Peru, October, 1995.

"Counseling Adolescents," Adlerian Summer Training Institute, Charleston, West Virginia, June, 1994, 1985.

"Satir In Adlerian Context," Southeast Satir Institute, Chapel Hill, North Carolina, April, 1994.

"Working With Couples," Masters In Counseling Alumni Association, California State University at Fullerton, California, January, 1994

"Group Counseling In Schools," Southern California School Counselor Association, Annual Convention, Torrance, California, November, 1992; November, 1990.

"Communication And Meaning In Family Therapy," Individual Psychology Association of Idaho (IPAI), Boise, Idaho, March, 1992.

"Open Forum Family Counseling," IPAI, Boise, Idaho, March, 1992.

"Adlerian Family Therapy," IPAI, Boise, Idaho, March, 1992; NASAP Annual Convention, Tucson, Arizona, May, 1991.

"Counseling Depressed Clients: An Adlerian Approach," Adlerian Society of British Columbia (ASBC), Vancouver, British Columbia, Canada, April, 1991; University of Virginia Counseling Center, Charlottesville, Virginia, February, 1981; Appalachian Regional Hospital, Beckley, West Virginia, December, 1979; Mental Health Association of West Virginia, Charleston, West Virginia, May, 1979.

"Adlerian Family Mapping," ASBC, Vancouver, British Columbia, Canada, April, 1991; Adlerian Society of Arizona (ASA), Tucson, Arizona, March, 1990.

"Satir's Peoplemaking For The 1990's," Catholic Charities, Houston, Texas, June, 1989.

"Toward A Foundation For Better Human Relationships," School of Dentistry, University of Puerto Rico, San Juan, Puerto Rico, June, 1988.

"Treating Families With Adolescents: Structural Family Therapy And Conjoint Family Therapy," The Health and Education Council, Baltimore, Maryland (September, 1985); Columbus, Ohio (October, 1985); Boston, Massachusetts (October, 1985); New York City (November, 1985); Philadelphia, Pennsylvania (November, 1985); Chicago, Illinois (December, 1985); Washington, D. C. (January, 1986); presented with John Zarski.

"Two Approaches To Helping Families With Adolescents," West Virginia University, Morgantown, West Virginia, August, 1985.

"The Nurturing Family: Making Communities Safe," Mercer County Alumni Association, West Virginia College of Graduate Studies, Princeton, West Virginia, November, 1984.

"Toward A Foundation For Adlerian Family Therapy," Region IV NASAP Convention, Cleveland, Ohio, October, 1984.

"Adlerian Psychology In Schools," Ohio School Psychologists Association, Annual Convention, Cincinnati, Ohio, May, 1984; Summers County Schools, Hinton, West Virginia, January & May, 1981.

"Family Therapy Through Family Movement," Adlerian Psychology Associates, P. C., Chicago, Illinois, November, 1983.

"Intimate Relationships: Adler And Satir," Alfred Adler Institute, New York City, December, 1982; Family Education Center (FEC) of Wilmington, Delaware, November, 1982; NASAP Semi-Annual Convention, Tucson, Arizona, November, 1982.

"Helping Administrators Help Others," Plain Local School District, Canton, Ohio, May, 1982.

"Family Counseling: Blending Satir With Adler And Dreikurs," Idaho State University, Pocatello, Idaho, November, 1981.

"Communication And Consultation In Schools," Plain Local School District, Canton, Ohio, November, 1981.

"Counseling Adolescents: In Families And Groups," Alfred Adler Institute of Cleveland, Ohio, September, 1981; NASAP Annual Convention, Cleveland, Ohio, May, 1981.

"Family And Couples Counseling," Belfast, Northern Ireland, January, 1981; Sligo, Limerick, & Dublin, The Republic Of Ireland, January, 1981.

"Brief Psychotherapy," Ohio School Psychologists Association, Annual Convention, Columbus, Ohio, November, 1980.

Professional Experiences

1982 - 1984 Affiliated Faculty, **Americas Institute of Adlerian Studies**, Chicago, Illinois.

1983 - 1984 Administrative Consultant, **Alfred Adler Institute** (currently the Adler School of Professional Psychology), Chicago, Illinois (one year sabbatical leave from the West Virginia College of Graduate Studies).

Professional Service, Affiliations, And Certifications

President, Faculty Senate, East Tennessee State University, 2005-2006, member, 2001-2007; 2008-2011.

Presidential-Grant-in-Aid Committee (1997-2000), East Tennessee State University.

Academic Senate, California State University at Fullerton, 1988-1991; Executive Committee, 1989-91; Treasurer (Executive Committee), 1990-1991; Athletic Council Representative, 1990-1991; Gender Equity in Athletics Representative, 1992-1993.

President, Faculty Council, West Virginia College of Graduate Studies, 1985-1986; Executive Committee, 1985-1987.

President, Governing Council, **Avanta Network** (Virginia Satir's Training Staff), 1985-1987; member, 1982-1993.

Diplomate in Adlerian Psychology, **North American Society of Adlerian Psychology**, 2003; Vice President, 1982-1984; Delegate, Region IV, 1978-1984; member of Long Range Planning and Priorities Committee, 1992 to present; member, 1974 to present.

Member, **American Counseling Association**, 1972 to present; member, **ACES**, 1972 to present; member, **ASGW**, 1988 to present; member, **IAMFC**, 1988 to present.

Nationally Certified Counselor (**N.C.C. #433**), National Board for Certified Counselors, Inc., 1983 to present.

Nationally Certified Family Therapist (**CFT #006**), National Academy of marriage and family therapy (founding board member), 1995 to present.

Professional Training And Development

Participant in Level One Training in Narrative Therapy with Michael White. Adelaide, South Australia, November, 2007.

Participant in (month-long) Gestalt Summer Training Program, **Gestalt Institute of San Diego**, California (Erv and Miriam Polster, Directors), July, 1997; July, 1991.

Participant in **ICASSI**, International Adlerian Summer Training Program (two weeks), Warwick, England, July - August, 1996.

Trainer supervised by Virginia Satir in Process Community 9, Module 1, **Avanta Network**, Crested Butte, Colorado, July-August, 1989; Process Community 8, Module 1, July-August, 1988; Process Community 7, Module 1, July-August, 1987; Process Community 6, Module 1, July-August, 1986.

Annual Training, **Avanta Network**, Santa Clara, California, August, 1991; Toronto, Ontario, Canada, June, 1990; Crested Butte, Colorado, June, 1989; Toronto, Ontario, Canada, June, 1988; Crested Butte, Colorado, June, 1987; Seattle, Washington, June, 1986; Crested Butte, Colorado, July, 1985; San Diego, California, April, 1984; Fripp Island, South Carolina, May, 1983; Crested Butte, Colorado, July, 1982.

Participant in **Virginia Satir's Month-Long Process Community**, Montreal, Quebec, Canada, July-August, 1980.

Certificate of Psychotherapy Program, **Alfred Adler Institute**, Chicago, Illinois, September, 1983, to August, 1984.

References furnished upon request by writing to: James Robert Bitter, 9 South Foxxborough Lane, Johnson City, TN 37604

Date Of Vita

January, 2021