Dear CSHS Community and Friends,

I have been thinking and feeling a lot about community lately. I have also been thinking about the heart of a counseling and human services professional. As Brene’ Brown says, “We are hard-wired for connection.” And while that is applicable to most human beings, those of us drawn to the helping fields seem to exemplify this statement.

I have also been wondering what happens to connection, and our ability to connect, when we are in pain. And lately, there has been a lot of pain—from nature—devastating hurricanes that have impacted many of our CSHS community and—from human nature—such as that on display in Charlottesville, VA and other communities, the systematic removal of trans individuals from the military, and the possibility overturning DACA. Additionally, there are ongoing overt and covert acts of ethnocentrism, racism, homo and trans-prejudice and discrimination that have a direct impact on our students, alumni, faculty, and staff of color, those who identify as LGBTQIA, those from various faith traditions (e.g., Jewish, Muslim, or non-theist), and those who are immigrants or international, as well as on strength of our community.

We also know that we have many members of our community to are dealing with developmental or situational crises and pain—ailing parents, family separation, financial stress, child illness, and loss to name a few.

My point is not to be depressing but rather to do what professionals who provide human services are called to do: create the space that honors and holds the pain of others. At the same time we offer this space to our clients, our colleagues may also be walking in their own pain – and so may you be.

Knowing how to be available and open to the connection can be a challenge. Perhaps we can start by really seeing people with whom we interface every day. We can reach out and have a genuine curiosity about how they are doing. – Sincerely ask them how they are doing and then – listen. Additionally, we are planning opportunities to promote connection throughout the year. If you have ideas for how we can support our CSHS community as well as the many other communities of which we are part, please contact me. We look forward to living out our mission—together!

In connection,

Janna Scarborough, Chair
FEATURED SITE: THE CAC

The Children’s Advocacy Center (CAC) of Sullivan County has been a partner of the ETSU Counseling Program for 10 years. The CAC provides services to children and adolescents 18 years of age and younger who have experienced sexual and/or severe physical abuse and severe trauma. Services are provided free-of-charge to clients as well as their caregivers and family members. These services include forensic interviewing, play therapy interventions, trauma focused cognitive-behavioral therapy and other trauma focused interventions, support for caregivers/family, and victim advocacy, among others. Additionally, the Child Protective Investigative Team (CPIT) meets at the CAC. The CPIT includes professionals from child protective services, law enforcement, mental health, and juvenile court who review all cases of child sexual and physical abuse to determine the best coordination of services. Julie Price, a Registered Play Therapist Supervisor, has consistently provided very meaningful learning opportunities and clinical supervision to practicum and internship students. Through both formal and informal feedback, students rave about the very positive experiences they have at the CAC, many of whom are sad for their field experience to end. We are grateful for the support Julie and the other team members have provided to our students and program and look forward to our continued partnership!

FEATURED ADJUNCT FACULTY

Meet Michelle Hurley!

Education: Ed.D., Educational Leadership and Policy Analysis, East Tennessee State University
Current job: Assistant Director of the McNair Program (TRIO) and Associate Director of the Applied Psychology Lab at ETSU
Special interests: Trigger Warnings, Vicarious Trauma, Childhood Trauma and Creativity and Childhood Trauma and Spirituality
A personal note – I welcome student interaction! Feel free to contact me!

PUBLICATIONS


UPCOMING EVENTS

October 3-7, 2017 — Association of Counselor Education and Supervision Conference, Chicago, IL
Drs. Byrd, Donald, Likis-Werle, Milner, Novotny and Scarborough will each be presenting!

April 3-6, 2018 — The Southern Organization of Human Services (SOHS) Conference will be hosted in Johnson City! Presentation, sponsorship, and volunteer opportunities are available. Contact us at cshs@etsu.edu for info.
A W A R D S  &  O T H E R  N E W S

Congratulations to Dr. Rebekah Byrd on receiving the American Counseling Association Best Practices Research Award: Faculty for her and her co-researchers work: Adolescent Non-Suicide Self-Injury: Analysis of the Youth Risk Behavior Survey Trends published in The Professional Counselor journal in 2016.

Dean Greg Aloia presents the Certificate of Accreditation from the Council for Accreditation of Counseling and Related Educational Programs (CACREP) acknowledging successful accreditation of the Clinical Mental Health, College Counseling/Student Affairs, Couples and Family, and School Counseling concentrations.

- Dr. Bethany Novotny taught a new class over the summer: Contemporary Sexuality: Understanding the Diversity and Fluidity of Sexuality and Gender Identity.
- Dr. Mary Langenbrunner was awarded the Access and Visitation Grant.
- Dr. Bill Garris was awarded a C-COE Dean’s Mini Grant.
- Dr. Julia Bernard was certified as an Instructor in Mental Health First Aid.
- Dr. Rebekah Byrd received an Honorable Mention from ALGBTIC Outstanding Research award in 2016.

Alumni News

- Maike Klein is the recipient of an Economic and Social Research Council Scholarship, one of two winners amongst 500 applicants across 3 universities. While pursuing her doctoral studies, she plans to conduct research focused on improving service provision to clientele with addictions.
- Veronica O’Brien successfully defended her thesis this past Spring and will be presenting her research at the Assoc. of Counselor Education and Supervision ACES national conference with Dr. Elizabeth Likis-Werle in October 2017 in Chicago.
Dr. Cassandra Pusateri enjoys hiking, biking and weightlifting. Over the summer, she and her partner hiked to the Roan Mountain Balds for the first time and shared this photo.

Dr. Bethany Novotny went on a 6 day kayak and camping trip down the New River this Summer.

Dr. Bill Garris camped with his partner on an uninhabited island off the coast of FL. He also went on a white water rafting trip on the Ocoee River.

- Dr. Rebekah Byrd loves to run, or how she feels after she runs. She and her family sold their 2500sqft house that they renovated to move to 20 acres and build a house, currently they are living in a school bus that they also renovated while they build. They also have 2 children, 2 cats, 1 dog, 2 goats, 1 lamb, 3 guineas and 30 some chickens!
- Dr. Rebecca Milner took a trip to Europe with her mother and sister. She also went to the beach with her partner and got to view the eclipse in the path of totality at a pool party.

- Dr. Julia Bernard completed a site visit to Nicaragua, where our students will be able to study abroad next year! Here are some pictures from her trip.