

# William R. Garris

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## TEACHING AND ADMINISTRATIVE EXPERIENCE

Associate Professor of Psychology  
Tusculum College  
Greeneville, Tennessee

8/08 to present

### Undergraduate courses taught:

- Introduction to Psychology
- Introduction to Psychology (online/ dual enrollment)
- Senior Seminar
- Developmental Psychology
- Independent study: Evolutionary Psychology
- Educational Psychology
- Abnormal Psychology
- Counseling Theory
- Counseling Techniques

### Other responsibilities

- Mentor student research projects.
- Develop, coordinate, and supervise student internships within schools and agencies.
- Advisor for the re-started Psychology Club.
- Founded / advisor to the Tusculum College Chapter of Psi Chi, psychology honor society.
- Advise approximately fifteen students.
- Conduct mock classes during open houses.
- Provide annual training for Residence Hall Advisors on how to work with ill-structured problems as they emerge in the co-curricular environment.
- Serve on the Tusculum Community Task Force, charged with helping inculcate Tusculum's mission and values on campus.
- Designed and offered Tusculum's dual-enrollment online psychology course (in Moodle).
- Designed new courses in Counseling Theory and Counseling Methods.

Director of Tusculum's Quality Enhancement Plan (QEP)  
*(Former co-Chair of the QEP Steering Committee)*

5/09 to present

As co-Chair of the QEP Steering Committee I guided the development and writing our of institution's QEP, which is an accreditation-related, campus-wide initiative to improve student problem-solving abilities using reflective judgment.

Following its approval by the Southern Association of Colleges and Schools Commission on Colleges, now work with faculty and staff to review institutional effectiveness data, make curricular and co-curricular changes to affect student learning, lead faculty development, communication efforts, and report progress back to various stakeholders (i.e., faculty, Board of Trustees).

Adjunct Faculty  
Capella University

5/07 to present

- Teach online courses through Capella's WebCt based platform
- Courses taught:
  - HS5003 Survey of Research in Human Development and Behavior
  - HS5214 Theories of Personality
  - HS5225 Human Sexuality
  - HS5340 Abnormal Psychology
  - HS8501 Contemporary Issues in Counseling Studies

Quality Enhancement Plan (QEP) Director  
University of the Cumberlands  
Williamsburg, Kentucky

1/06 to 5/2008

- Oversaw implementation of the University's critical thinking QEP
- Led faculty development and training retreats
- Assessed program effectiveness as required for accreditation

Assistant Professor of Psychology  
University of the Cumberlands  
Williamsburg, Kentucky

8/02 to 5/2008

*Courses Taught:*

- Basic Psychology
- Developmental Psychology
- Social Psychology
- Tests and Measurement

*Additional Responsibilities:*

- Guided independent study and research with students
- Recruited potential students
- Advised students
- Co-founded and co-facilitated "the Teaching Forum," a pedagogy discussion group
- Participated as active member on the following committees:
  - Human Subjects Review
  - General Education Task Force,
  - Professional Development Task Force

**Assistant Professor of Psychology**

**8/01 to 8/2002**

Chowan College  
Murfreesboro, North Carolina

*Courses Taught:*

- General Psychology
- Developmental Psychology,
- Tests and Measurements
- Personality Psychology
- Abnormal Psychology
- Social Psychology

*Additional Responsibilities:*

- Advised
- Recruited
- Participated as an active member on various committees

**Teaching Assistant, Iowa State University**

**1995-1999**

Ames, Iowa

- Taught public speaking skills through classroom lab exercises and large section lectures

**Adjunct Instructor**

**1992-1995**

- Johnson and Wales University Charleston, South Carolina

*Courses Taught:*

- General Psychology
- Introduction to Sociology

## EDUCATION

- Ph.D. in Human Developmental and Family Studies** **May, 2002**  
Iowa State University, Ames, Iowa  
Specialization in Marriage and Family Therapy
- M.A. in Marriage and Family Therapy** **August, 1992**  
Reformed Theological Seminary, Jackson, Mississippi
- B.S. in Psychology with a concentration in Spanish** **August, 1990**  
Wofford College, Spartanburg, South Carolina

## CLINICAL EXPERIENCE

- Marriage and Family Therapist** **1999-2001**  
Lutheran Social Service of Iowa  
Ames, Iowa
- Provided therapy for youth, adults, and families
  - Taught communication and anger management skills to middle and high school students.
  - Developed and promoted an eight week program blending art, play, cognitive, and group therapies to lessen the effects of divorce for children
  - Led educational classes for divorcing parents and expanded the program into a second county
  - Supervised masters-level therapists
- Family Therapy Intern** **1995-1999**  
Iowa State University  
Ames, Iowa  
Applied structural family therapy, cognitive, narrative, and psychoeducational approaches to a variety of problems in a university clinic setting
- Marriage and Family Therapist** **1993-1995**  
Family Services, Incorporated  
Charleston, South Carolina
- Developed and implemented new counseling programs in subsidized housing complexes
  - Taught workshops on parenting, budgeting, divorce recovery and domestic violence
  - Collaborated to organize community events

**Clinical Coordinator** **1992-1993**  
New Hope Incorporated  
Summerville, South Carolina  
Created treatment plans and counseled children at a group home

**Therapeutic Assistant** **1990-1991**  
Charter Hospital of Jackson  
Jackson, Mississippi  
Took behavioral measurements and vital signs for patients in a psychiatric hospital

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#### **CERTIFICATIONS AND PROFESSIONAL ORGANIZATIONS**

2000 -2007     Member of National Council on Family Relations  
2000 - 2005     Certified Family Life Educator  
1999-2001     Licensed Marital and Family Therapist, State of Iowa  
1994-pres.     Clinical Member of the American Association for Marriage and Family Therapy  
1994-2001     National Certified Counselor by the National Board for Certified Counselors  
1993-1995     Licensed Associate Counselor, State of South Carolina  
1992             Certified Couple Communication© Leader

#### **HONORS AND GRANTS**

2012            Awarded Stephen Shank Award for Excellence in Teaching  
2012            Appalachian College Association All-Stars of Teaching  
2012            Winner of the Outstanding Service to Students Award (voted by students)  
2012            Recipient of a Council of Independent Colleges Engaging Evidence grant.  
2011            Appalachian College Association All-Stars of Teaching (nominated by Tusculum's VPAA and accepted by the Appalachian College Association)  
2010            Co-recipient and Project Director Appalachian College Association grant develop teaching strategies to promote epistemological maturation in students (\$2000)  
2010            Winner of Tusculum's Teaching Excellence and Campus Leadership Award

- 2006 Co-recipient and Project Director Appalachian College Association grant to purchase classroom technology (\$4100)
- 2002 National Council on Family Relations to grant establish a student organization at Chowan College (\$500)
- 2000 Iowa Association for Marriage and Family Therapy Research Scholarship (\$250)
- 2000 Graduate Student Grant for Dissertation Research (\$200)
- 1997 Inducted into the Phi Kappa Phi Honor Society

### **POSTERS, PRESENTATIONS, AND PROFESSIONAL CONTRIBUTIONS**

- Arrowood, R. & Garris, W.R. (2014). *Facial attractiveness while under the effects of mortality salience*. A poster accepted for the the Southeastern Psychological Association Annual Meeting, Nashville, TN.
- Freeman, M., Brewer, S., Edens, R. Garris, B., Key, D., Narkawicz, M. (2013). *An engaged campus begins with an engaged faculty: The Teaching and Learning Initiative at Tusculum College and how it can benefit your college*. Plenary session presentation at the Appalachian College Association Summit Meeting, Knoxville, TN.
- Garris, W.R. & Pope, B. (2013). *Development of a scale to measure epistemic beliefs in undergraduates*. A poster presented at the Southeastern Psychological Association Annual Meeting, Atlanta, GA.
- Pope, B. & Garris, W.R. (2012). *Measures of epistemic cognition in college undergraduates*. A poster presented at the Southeastern Psychological Association Annual Meeting, New Orleans, LA.
- Garris, W. R., Dukes, M., & Hawkins, G. (December, 2011). *Past as prologue: Drawing from your institutions' history to shape its QEP*. Southern Association of College and Schools Commission on Colleges Annual Meeting, Orlando, FL.
- Garris, W.R. (October, 2011). *Critical thinking demystified*. Presented at Appalachian College Association's 14th Annual Summit, Asheville, NC.
- Nicolas, C., Garris, W.R., & Osborne, A. (2010). *Searching is thinking: Designing instruction that fosters thinking in research assignments*. Presented at the Appalachian College Associations's Thirteenth Annual Summit, Abingdon, VA.
- Garris, W. R. (January, 2007). *Philosophy of teaching statement: Students' philosophies of learning*. A poster presented at the twenty-ninth annual National Institute for the Teaching of Psychology, St Petersburg Beach, FL.
- Garris, W. R. (January 2007). *Activities to foster critical thinking in the classroom*. A Participant Idea Exchange presented at the twenty-ninth annual National Institute for the Teaching of Psychology, St Petersburg Beach, FL.

- Garris, W. R. (October, 2006). *Teaching for critical thinking: Four classroom activities to develop students' critical thinking abilities.* Presented at the Appalachian College Association's Ninth Annual Summit, Abingdon, VA.
- Garris, W. R. (September, 2005). *Deep or wide: There's a fountain (of knowledge) flowing deep or wide.* A poster presented at the Engaging Minds: Best Practices in Teaching Critical Thinking Across the Psychology Curriculum conference. Kennesaw, GA.
- Garris, W. R. (February, 2005). *Psychobabble: Designing psychology-themed Christmas ornaments as an end of the year review exercise.* A poster presented at the Southeastern Conference for the Teaching of Psychology. Kennesaw, GA. (this was subsequently converted into a fall 2005 *Psychology Teacher's Network* article)
- Garris, W.R. (January, 2004) *Playing at human development: Using psychotherapeutic games to teach human development.* A poster presented at the twenty-sixth annual National Institute for the Teaching of Psychology. St Petersburg Beach, FL
- Garris, W.R. (November 2002). *Open hands: Caring for others and fear of dependence as motivational factors in diabetes management.* Presented at the annual meeting of the National Council on Family Relations, Houston, TX.
- Garris, W.R. (March 2001). *Narrative perspective of the patient adapting to life with diabetes.* Presented at the Iowa Association for Marriage and Family Therapy annual meeting, Cedar Rapids, IA.
- Garris, W.R. (January 2001). *Divorce: History, harm and healing.* Presented at the Central Iowa Counselor's Association, Ames, IA.
- Garris, W.R., Anderson, B.M., & Scott, R.J. (April, 2000). *Divorce: Its effects on children and solutions.* Presented at the National Association of Social Work, Iowa Chapter, Des Moines, IA.

### **BOOK REVIEW**

- Speaking of Sexuality, Second Edition, by J. K. Davidson Sr. and N. B. Moore. Los Angeles: Roxbury Publishers, 2005. Published in the *CFLE Networker*, Winter, 2007.

### **SELECTED COMMUNITY INVOLVEMENT**

- 2011 (November) Spoke to the entire Tusculum Community *about* Community at Tusculum
- 2011 (October) Guest speaker at Greene County Partnership Breakfast
- 2010 (October) Cicero Lecture Series Lecturer: "Civic Arts, Virtue, Practical Wisdom and the Tusculum Experience."
- 2007 (March) Guest speaker at Union College's Psi Chi induction banquet.
- 2007 (February) Received honorary commission as a "Kentucky Colonel"

2006 - 2008	Announcer for University of the Cumberlands basketball games
2006 - 2007	Tri-County Leadership
2005 -pres	Executive Committee for Dare to Compare, an educational, event based, research program addressing obesity and fitness.
2003 - 2005	Williamsburg Kiwanis, involved in activities to raise funds for children's park.

### **INVITED PUBLIC LECTURES, WORKSHOPS & CONSULTING**

- Garris, W. R. (June 3-8+, 2012). *Critical thinking demystified II*. Presented to Appalachian College Association Teaching and Learning Institute. Brevard, NC.
- Garris, W.R. (June 5-10, 2011). *Critical thinking demystified*. Presented to Appalachian College Association Teaching and Learning Institute. Brevard, NC.
- Garris, W.R. (October 17, 2006). *What makes a good question?* Presented to the University of the Cumberlands faculty, University of the Cumberlands, Williamsburg, KY.
- Garris, W. R. (August 25, 2006). *Models of critical thinking and their application in the classroom*. Faculty training and consulting, Kentucky Wesleyan College, Owensboro, KY.
- Garris, W. R. (March 26, 2006). *Critical thinking across the curriculum*. A convocation makeup presented to the University of the Cumberlands student body, University of the Cumberlands, Williamsburg, KY.
- Garris, W. R. (March 5, 2006). *The learning-centered university*. Presented at the Faculty Colloquium, University of the Cumberlands, Williamsburg, KY.
- Garris, W. R. (February 8, 2006). *Race relations*. A panel participant, presented at the University of the Cumberlands, Williamsburg, KY.
- Garris, W.R. (September 19, 2005). *The Richard Paul Model for critical thinking*. Presented to the University of the Cumberlands faculty, University of the Cumberlands, Williamsburg, KY.
- Garris, W. R. and Patrick, N (March, 2004). *Strategies for effective teaching*. Presented at the Faculty Colloquium, University of the Cumberlands, Williamsburg, KY.
- Garris, W.R. (September 26, 2003). *Water, fire, drugs, and drugs: Seven millennia of treating mental illness*. Presented at the Phi Alpha Theta History Honors Lecture, Williamsburg, KY.