

JULIA M. BERNARD

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Current Position

August 2015- Present Assistant Professor, Human Services, East Tennessee State University

Education

Ph. D., 2010 Child Development and Family Studies, Purdue University
Specialization in Family Studies
Women's Studies Minor Certificate

M. S., 2006 Child Development and Family Studies, Purdue University Calumet
Specialization in Marriage and Family Therapy
Kappa Omicron Nu Honor Society

B. A., 2002 Psychology, Purdue University
Golden Key International Honor Society
Psi Chi, The International Honor Society in Psychology

License and Certifications

2012 Family Mediation Certificate, Louisiana
2011 Marriage and Family Therapy Intern, State of Louisiana
2010 Licensed Marriage and Family Therapy Associate, Lic. # 85000041A, State of
Indiana
2009 Certified Family Life Educator, National Council on Family Relations
2004 Indiana Family Mediation Certificate, Lake County Domestic Relations Bureau

Teaching Experience

University:

August 2010-July 2015 Assistant Professor, Family and Child Studies, McNeese State
University
Courses Taught: FCST 241, Family Relations
FCST 322, Parenting
FCST 323/WMST 323, Family Sexuality
FCST 420, Adolescents in the Family
FCST 421, Adult Development and Aging
FCST 423, Family Life Education
Methods/Practice
FCST 496, Grant writing
SOCL 320, Social Research Methods
WMST 201, Introduction to Women's Studies

January 2007- May 2010 Teaching Assistant, Child Development and Family Studies,
Purdue University
Courses Taught: CDFS 442: Family Life Education Methodology

August 2003-December 2005 Instructor, Behavioral Sciences Department, Purdue
University Calumet
Courses Taught: PSY 120: Elementary Psychology
PSY 362: Human Development II: Adolescence

Secondary Education:

August 2005-May 2006 Bilingual Teaching Assistant, Benton Central High School,
Oxford, IN

Preschool Education:

August 2006-August 2009 Graduate Assistant, Purdue Extension, Purdue University
Courses Taught: CDA Program for Preschool Professionals
Field Observer for Council for Professional Recognition

February 2000-January 2002 Preschool Teacher, Faith Lutheran Preschool, El Campo, TX

Research Experience

July 2007-July 2010 Research Assistant, Purdue Parent, Sibling, and Adolescent Study,
West Lafayette, IN

January 2008-August 2008 Research Assistant, Military Family Research Institute, Purdue
University, West Lafayette, IN

August 2006-August 2007 Research Assistant, Purdue University Center for Families, West
Lafayette, IN

August 2003-May 2006 Research Assistant, Family Studies Center, Purdue University
Calumet, Hammond, IN

Clinical Experience

February 2013-2015 Owner, Bernard Family Solutions, LLC

July 2013- May 2015 Contract Therapist, Crime Victims Assistance Program,
Educational and Treatment Council, Lake Charles, LA

- June 2011-August 2011 Therapist, Samaritan Counseling Center of Imperial
Calcasieu, Lake Charles, LA
- January 2005-January 2006 Therapist Intern, Northwest Resources EAP, Hammond, IN
- January 2004-December 2005 Therapist Intern, Purdue Calumet Couple and Relationship
Therapy Center, Hammond, IN

Publications

Articles:

- Jensen, A. C., Whiteman, S. D., **Bernard, J. M.** & McHale, S. M. (Revised and Resubmitted). Family Resource Allocation after Firstborns Leave Home: Implications for Secondborns' Academic Functioning. *Family Process*.
- Bernard, J. M.**, Nalbone, D. P., Hecker, L. L., & Degges-White, S. E. (2015). Co-parenting factors that lead to academic success [Special edition]. *European Scientific Journal*, 241-260.
- Whiteman, S. D., **Bernard, J. M.**, & McHale, S. M. (2010). The nature and correlates of sibling influence in two-parent African American families. *Journal of Marriage and Family*, 72, 267-271.

Book Chapters:

- Whiteman, S. D., **Bernard, J. M.**, & Jensen, A. C. (2011). Sibling influence in human development. In J. Caspi (Ed.), *Sibling relationships in practice: Cultural and Environmental Influences*. New York: Springer.
- Whiteman, S. D., Jensen, A., & **Bernard, J. M.** (2012). Sibling influences. In J. R. Levesque (Ed.), *Encyclopedia of adolescence*. New York: Springer.
- Becerra, J. M.**, Manick, N. A. & Hecker, L. (2009). Ethics, legal and professional issues in mediation and parent coordination. In L. Hecker (Ed.), *Ethics and Professional Issues for Couple and Family Therapists*, 187-201. New York: Taylor-Francis.
- Whiteman, S. D., **Becerra, J. M.**, & Killoren, S. (2009). Mechanisms of sibling socialization in normative family development. In L. Kramer & K. J. Conger (Eds.), *Siblings as agents of socialization. New Directions in Child and Adolescent Development*, 126, 29-43. San Francisco: Jossey-Bass. doi:10.1002/cd.255

Other works, publications and abstracts:

Bernard, J. M. (2012). What drives professors crazy. *NCFR Report*, 57.2, F25-F26.

MacDermid, S. M., Pagnan, C., Ruprecht, K., & **Becerra, J.** (2007). *Best of the best: The 2006 Rosabeth Kanter Award for excellence in work-family research*. West Lafayette, IN: Center for Families at Purdue University.

Professional Presentations

Bernard, J. M. & Oglesby, M. K. (2014, July). *Exploring the predictors and outcomes of adultified adolescents*. Paper presented at the World Conference of the International Sociological Association, Yokohama, Japan.

Bernard, J. M. (2012, March). *Co-parenting factors that contribute to academic success*. Paper presented at the annual meeting of the Southeastern Council on Family Relations, Chattanooga, TN.

Whiteman, S. D., **Becerra Bernard, J. M.**, Soli, A. R., & McHale, S. M. (2010, March). *The implications of sibling relationships for adjustment during adolescence in two-parent African American families*. Poster session presented at the biannual meeting of the Society for Research on Adolescence, Philadelphia, PA.

Becerra Bernard, J. M., Cullen, K., & Whiteman, S. D. (2009, November). *Family system changes following firstborns' leaving home*. Poster session presented at the annual meeting of the National Council on Family Relations, San Francisco, CA.

Whiteman, S. D., **Becerra, J. M.**, & Cullen, K. (2009, March). *Sibling relationship qualities and processes of sibling influence: Modeling non-linear associations*. Poster session presented at the biennial meeting of the Society for Research in Child Development, Denver, CO.

Whiteman, S. D., **Becerra, J. M.**, & McHale, S. M. (2008, March). *Sibling relationships and processes of sibling influence: Connections and new directions*. Paper presented at the biennial meeting of the Society for Research on Adolescence, Chicago, IL.

Birky, B. M., Schweickart, P., **Becerra, J. M.**, Elias, C., & Kafescioglu, N. (2007, April). *Transnational feminist networks: Navigating the cultural divide in the graduate-level Women's Studies classroom*. Presented at Center for Women's Intercultural Leadership Conference, St. Mary's College, Notre Dame, IN.

Becerra, J. M., Benson, C., & Halstead, R. (2006, April). *Treating self-mutilating behaviors: An integrative structural and narrative model*. Poster session presented at the annual 2006 Spring Conference of the Indiana Association of Marriage and Family Therapists, Indianapolis, IN.

Becerra, J. M., & Ehlers, N. A. (2005, April). *Parent coordination and divorce mediation: New roles for the marriage and family therapist*. Poster session presented at the annual 2005 Spring Conference of the Indiana Association of Marriage and Family Therapists, Indianapolis, IN.

Professional Organizations

American Psychological Association (APA)
National Council on Family Relations (NCFR)
Southeastern Council on Family Relations (SECFR)
American Association of Marriage and Family Therapy (AAMFT)
Society for Research in Child Development (SRCD)
Society for Research on Adolescence (SRA)
National Organization for Human Services (NOHS)

Service

Vice President-Membership, Southeastern Council on Family Relations, 2015-present
Member at Large, Louisiana, Southeastern Council on Family Relations, 2014-2015
Vice President Faculty Senate, 2014-2015
Senator for College of Liberal Arts, McNeese Faculty Senate, 2012
Reviewer Jesse Bernard Awards, Feminism and Family Studies Section, NCFR 2010, 2011, 2013, 2015
Reviewer Southeastern Council on Family Relations Conference 2011, 2014, 2015
Proposal Chair, Southeastern Council on Family Relations Conference 2015
Chair of the CDFS Graduate Student Association 2008-2010
Student Representative to CDFS Graduate Committee 2008-2010
Student Representative to the Family Studies Faculty 2008-2010

Skills and Qualifications

Practicum in College Teaching
Electronic Learning
Fluent in Spanish
Microsoft Office, Qualtrics, Blackboard/Vista, Moodle, SAS, SPSS, STATA, HLM