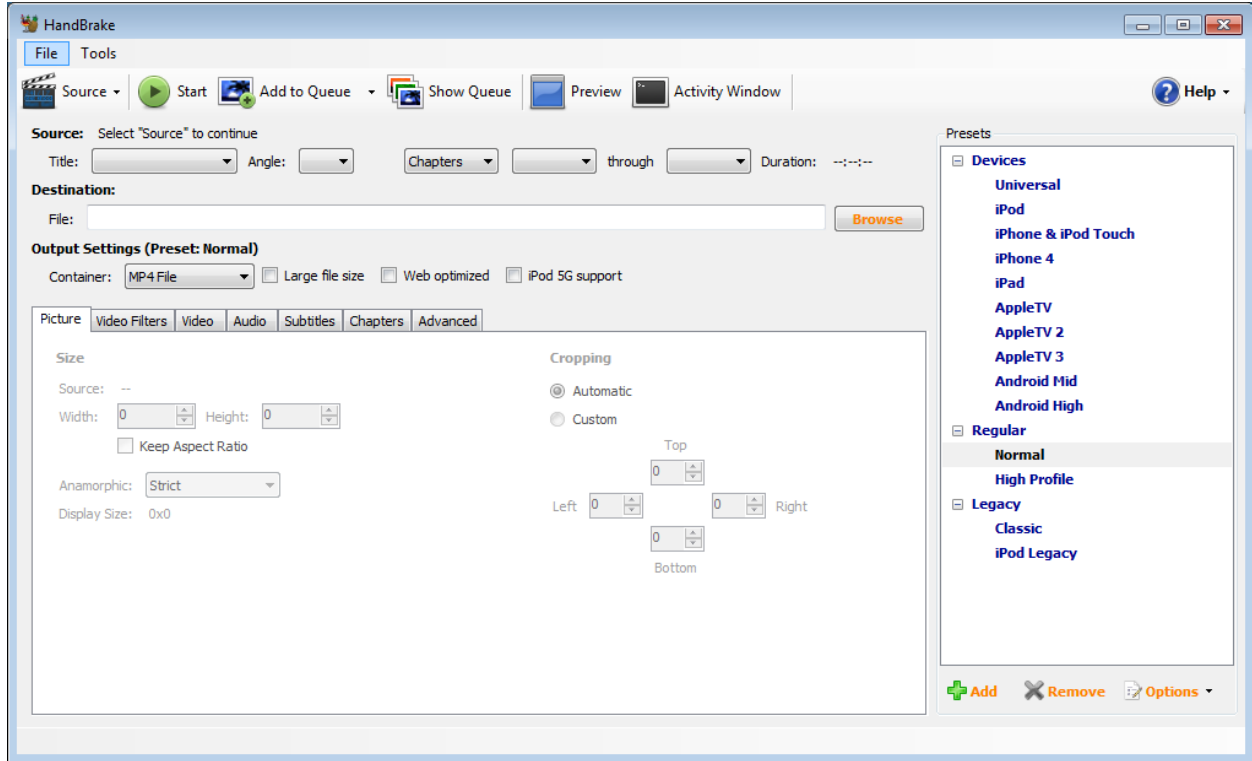
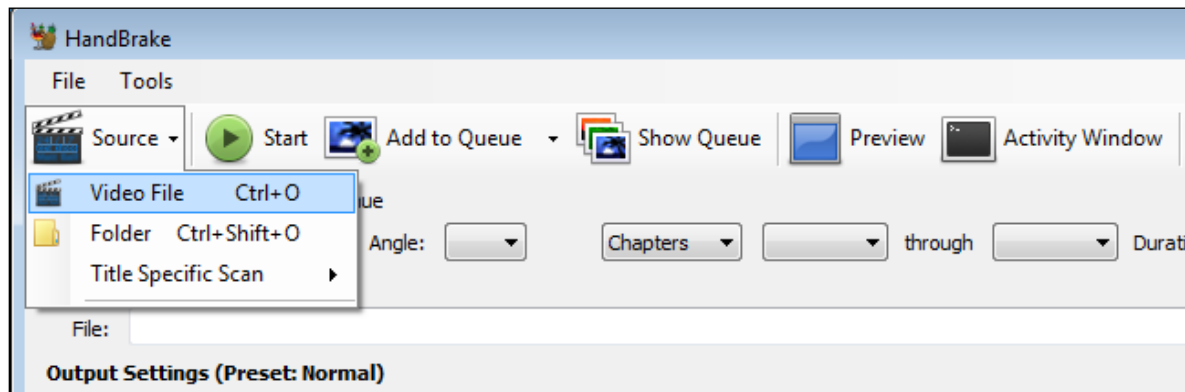


Converting Video Files in Handbrake

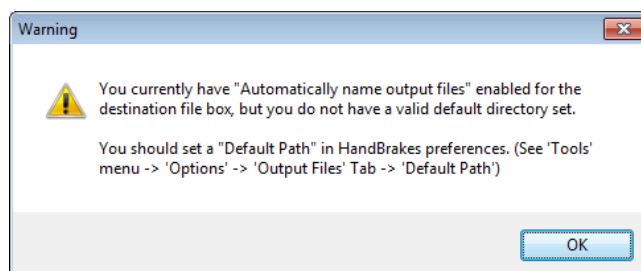
Download and install Handbrake for your operating system (<http://handbrake.fr/downloads.php>).



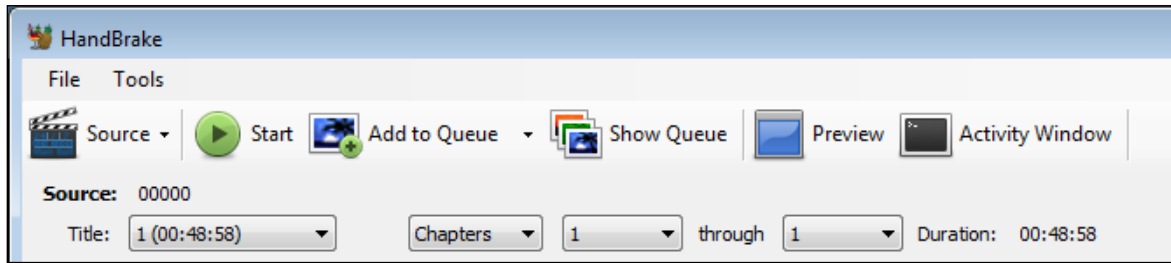
Choose Source, Video File and browse to the file that you want to convert/compress.



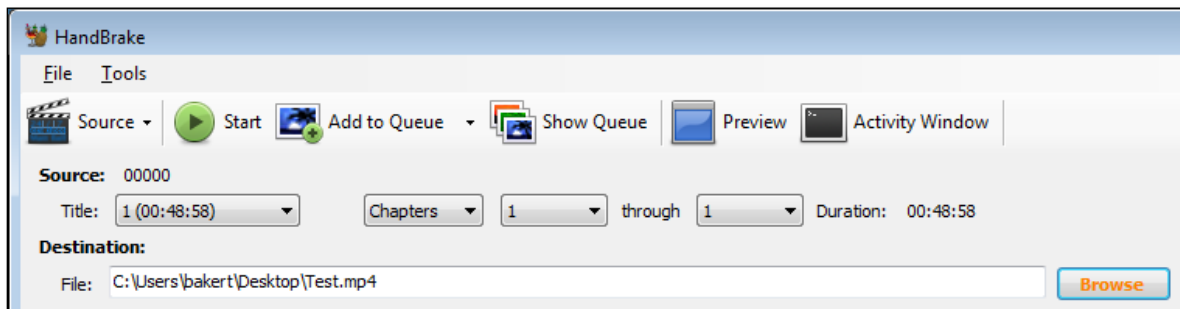
If this box pops up, choose OK to close it.



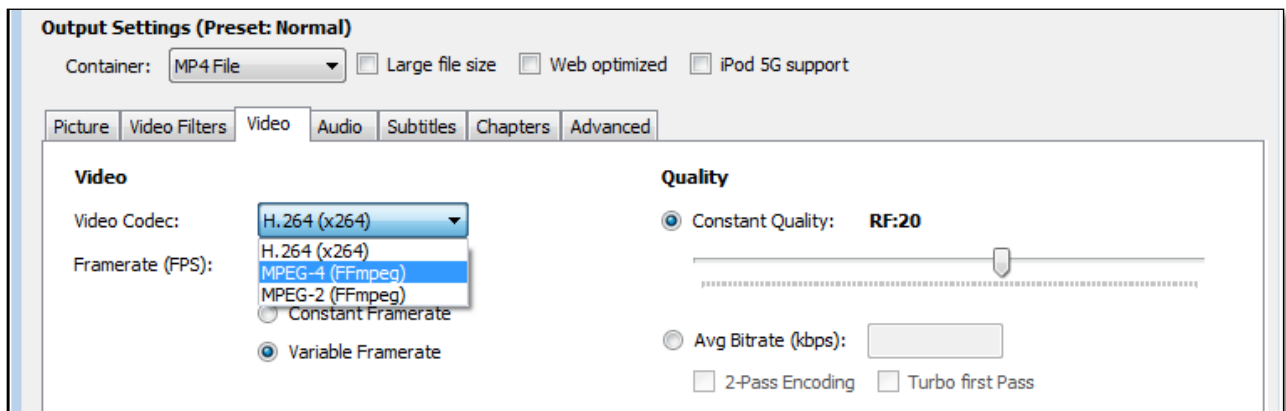
The Source section will tell you how long the video is. Verify your file length.



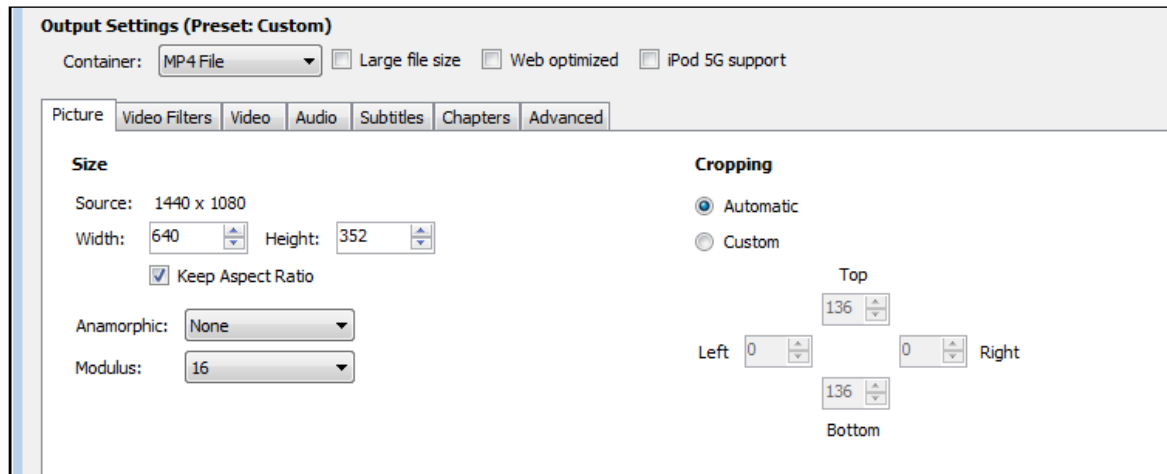
In the Destination section, name the file (include the .mp4 extension) and browse to where you would like to save it. **NOTE: If you do not set a destination for the file it will not work.**



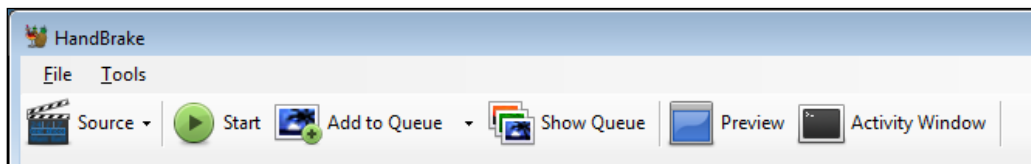
In the Output Settings, choose the Video tab and change the Video Codec from H.264(x264) to MPEG-4 (FFmpeg).



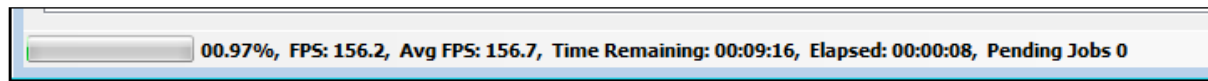
Still in the Output Settings, choose the Picture tab and change the Anamorphic setting from Strict to None. Check the box to Keep Aspect Ratio and change the Width to 640. The Height should automatically update to 352.



Start encoding with the Start button in the top toolbar.



Watch the progress bar at the bottom of the window for the time remaining.



The resulting mp4 file will be much smaller and easier to open in an editing program, or upload if this is your finished clip.