

**Preventing Neonatal Abstinence Syndrome**

**Through Assessment & Physician Guidance**

February 22, 2019

12:00 PM – 3:30 PM

University of Tennessee Medical Center

Heart Hospital Conference Room

1924 Alcoa Hwy, Knoxville TN 37920

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| **AGENDA & LEARNING OBJECTIVES** |
| **Schedule**  | **Speaker & Topic** | **Learning Objective(s)**“As a result of participating in this activity, the attendee will…” |
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| 12:00 PM – 12:20 PM12: 20 PM - 12:35 PM | **Welcome** **Karen Pershing, MPH, CPS II***Executive Director, Metro Drug Coalition***Craig Towers, MD, UTMC***Specialist in Maternal-Fetal Medicine/Obstetrics & Gynecology* |  |
| 12:35 PM – 1:15 PM | **Overview of the Disease of Addiction****Stephen Loyd, MD***Medical Director, JourneyPure* | * Identify signs and symptoms of acute opiate withdrawal
* Identify risky prescribing practices of controlled substances
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| 1:15 PM – 2:00 PM | **What is SBIRT?****Karen Pershing, MPH, CPS II***Executive Director, Metro Drug Coalition*  | * Understand the disease process of addiction
* Recognize the risk factors and causes of Neonatal Abstinence Syndrome
* Understand the process of SBIRT
* Discover ways to implement the screening tool
* Learn how to provide a brief intervention
* Learn about community resources
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|  | **SBIRT: Screening****Karen Pershing, MPH, CPS II***Executive Director, Metro Drug Coalition*  | * Describe importance of universal screening
* Describe an important screening tool for pregnant women, (5 Ps)
* Describe the Alcohol, Smoking and Substance Involvement Screening Test (ASSIST)
* Describe how this may be part of your office’s clinic flow
* Provide billing codes
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| 2:00 PM – 2:10 PM | **Forms of Voluntary Reversible Long Acting Contraceptives (VRLAC) Available****Annabel Henley***Program Director, Women’s Health**Knox County Health Department* | * Identify the three different types of Long Acting Reversible Contraceptives
* Understand the difference between unintended pregnancies in the general population and the addiction community
* Understand the approach taken by the KCHD to prevent the rise of Neonatal Abstinence Syndrome in East Tennessee
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| 2:10 PM – 2:30 PM | **SBIRT: Brief Intervention****Sharon K. Davis, DNP, WHNP-BC***Clinical Assistant Professor, Women’s Health, College of Nursing, University of Tennessee-Knoxville* | * Identify the 5 steps of Motivational Interviewing (MI) as they relate to brief interventions
* Recognize substance use and abuse issues in patients
* Use evidence-based practices to approach patient treatment of substance abuse
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| 2:30 PM – 3:00 PM | **Using the Controlled Substance Monitoring Database****Michael O’Neil, PharmD***Professor and Vice Chair, Department of Pharmacy Practice, Drug Diversion/Substance Abuse Specialist, College of Pharmacy, South College* | * Briefly discuss basic clinical applications and considerations of Prescription Drug Monitoring Programs (PDMP)
* Identify and discuss limitations of the PDMP
* Implement simple strategies that optimize utilization of PDMP
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| 3:00 PM – 3:25 PM | **SBIRT: Referrals — Treatment Options** **Jason Goodman, CPRS***Regional Lifeline Director,**Metro Drug Coalition* | * Become more informed concerning criteria to enter certain types of treatment.
* Become more informed concerning the available treatment resources in the community.
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| 3:25 PM – 3:30 PM | **Follow-up Survey, Wrap-up, and Evaluation** |  |