

Latched On to Maternal Health: Northeast Tennessee Regional Maternal Health Forum  
August 3, 2018  
Tennessee College of Applied Technology

**Draft Agenda**

- 8:00am-8:30am**      **Registration and Breakfast**
- 8:30am-9:30am**      **Perinatal Mood Disorders: How to Prescribe Prenatally and Flexible Practices for Mom and Baby**  
*Maria Muzik, MD, MS*  
*Assistant Professor of Psychiatry*  
*Research Assistant Professor, CHGD*  
*University of Michigan*
- 9:30am-10:15am**      **Relational Health Screening and Brief Video Feedback Intervention in at-risk Mothers**  
*Katherine Rosenblum, PhD*  
*Associate Professor of Psychiatry*  
*Associate Research Scientist, CHGD*  
*University of Michigan*
- 10:15am-10:30am**      **Break**
- 10:30am-10:45am**      **Why Should We Care About Maternal Health Issues?**  
*Kristina Dulaney*  
*Postpartum Psychosis Survivor*
- 10:45am-11:30am**      *Mary Kimmel, MD*  
*Assistant Professor*  
*Medical Director, Perinatal Psychiatry*  
*UNC School of Medicine*
- 11:30am-11:40am**      **Yoga**  
*Moonlight Zen*
- 11:40am-12:00pm**      **Beneficial Physical Therapy Techniques**  
*Dr. Noelle Brown*

- 12:00pm-1:00pm**      **Lunch/Resource Fair**
- 1:00pm-2:00pm**      **Panel Discussion**  
*Panel Members:*  
*Mary Kimmel, MD; Maria Muzik, MD, MS; Katherine Rosenblum, PhD;*  
*Karen Schetzina, MD; Dr. Cindy Thomas; midwife; doula*  
*Facilitator: Jillian Reece*
- 2:00pm-2:45pm**      **The Value and Importance of Pre-conceptual Health and the Group Care Model**  
*Grover May, MD*  
*State of Franklin OB/GYN Specialists*
- 2:45pm-3:00pm**      **Break**
- 3:00pm-4:30pm**      **Breakout Sessions – Participants will chose one track: A, B, or C.**  
*See detailed information on each track below*
- 4:30pm-5:00pm**      **Resource Fair**

**Track A:**

- 3:00pm-3:30pm**      **Benefits of pelvic floor therapy**
- 3:30pm-4:00pm**      **Group Care Model**
- 4:00pm-4:30pm**      **Birth Professional Terminology: Who does what, where and how?**

**Track B:**

- 3:00pm-3:30pm**      **How Doulas Support Providers**
- 3:30pm-4:00pm**      **Statistics around NAS: Where are we and what are we doing?**
- 4:00pm-4:30pm**      **Medication Safety in Breastfeeding and Supporting Moms with Breastfeeding Barriers**

**Track C:**

- 3:00pm-3:30pm**      **Natural Birth Options**
- 3:30pm-4:00pm**      **Physical Therapy during Pregnancy and the Postpartum Period**
- 4:00pm-4:30pm**      **Chiropractic care in prenatal and postpartum women**