



## New Issues, Data, and Laws in the Opioid Epidemic

<b>5:00 PM – 6:00 PM</b>	<b>Registration &amp; Dinner</b>	
<b>6:00 PM – 6:10 PM</b>	<b>Welcome and Introductory Remarks</b> <i>Mitchell Mutter, MD</i> Medical Director of Special Projects Tennessee Department of Health	<b>Learning Objectives:</b>  <i>As a result of participating in this activity, the attendee will be able to...</i>
<b>6:10 PM – 6:40 PM</b>	<b>2018 Tennessee Controlled Substances Monitoring Database Program and the 2016 Prescription Safety Act</b> <i>David Bess, PharmD</i> Director of Tennessee Controlled Substances Monitoring Database Program	<ul style="list-style-type: none"> <li>• Review changes to the Tennessee Controlled Substance Monitoring Database (CSMD)</li> <li>• List CSMD enhancements – New rules/laws regarding pain management specialists</li> <li>• Identify outcomes of previous efforts</li> <li>• Discuss prescription related trends</li> </ul>
<b>6:40 PM – 7:30 PM</b>	<b>Substance Use and Prescribing: Lessons Learned in 2018</b> <i>Mitchell Mutter, MD</i> Medical Director of Special Projects Tennessee Department of Health	<ul style="list-style-type: none"> <li>• Discuss updates to the Chronic Pain Guidelines</li> <li>• Discuss pain clinic laws, changes, and supervisory roles</li> <li>• Analyze overdose deaths and NAS per capita</li> <li>• Identify preventative measures for potential high risk HIV/HCV areas</li> </ul>

7:30 PM – 7:40 PM

**Break**

7:40 PM – 8:00 PM

**APRN & PA Updates/Screening Brief  
Intervention Review/Adverse  
Childhood Experiences (ACE) Study  
Review**

*Linda Johnson, DNP, APRN, FNP-C, MSN, RN*  
APRN Consultant/Overprescribing Team  
Tennessee Board of Nursing

- Identify where to find the Department of Health's website
- Describe two APRN and/or PA items required by law
- Locate and identify the rules that guide a supervising physician
- Describe how to screen patients for substance use disorders (SUD)
- Identify two childhood adverse events (ACE)

8:00 PM – 8:20 PM

**Law Enforcement**

*Thomas Farmer*  
Special Agent in Charge  
TN Bureau of Investigation

- Discuss drug trends across the state of Tennessee in 2018
- Discuss the most recent statistics regarding overdose deaths in the state of Tennessee
- Describe the dangers of fentanyl and its analogs

8:20 PM – 8:40 PM

**Addiction**

*Michael Baron, MD, MPH, DFASAM*  
Medical Director  
Tennessee Medical Foundation –  
Physician Health Program

- Learn the definitions of addiction
- Discuss the etiologies of addiction
- Identify the concepts and potencies of non-opioid analgesics
- Identify patients at risk for substance use disorder
- Recognize misprescribing and drug seeking behavior

8:40 PM – 9:00 PM

**Question and Answer Panel**

*Michael Baron, MD, MPH, DFASAM*  
*David Bess, PharmD*  
*Thomas Farmer*  
*Linda Johnson, DNP, APRN, FNP-C, MSN, RN*  
*Mitchell Mutter, MD*



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<b>Activity Directors</b>	Mitchell Mutter, MD
<b>Target Audience</b>	This program is designed for all levels of healthcare providers, as well as medical and nursing students.
<b>Overall Conference Objectives</b>	<p>As a result of attending this activity, the participant will be able to:</p> <ul style="list-style-type: none"><li>• Review changes to the Tennessee Controlled Substance Monitoring Database (CSMD)</li><li>• Discuss Pain Clinic laws and changes</li><li>• List CSMD Enhancements – New rules/laws regarding pain management specialists</li><li>• Analyze overdose deaths and NAS per capita</li><li>• Utilize updates to Chronic Pain Guidelines</li><li>• Perform supervisory roles in Pain Clinics</li><li>• Identify preventative measures for potential high risk HIV/HCV areas</li><li>• Identify patients at risk for substance use disorder</li><li>• Identify ways to protect their practice from potential substance abuse disorder patients or diverters</li></ul>
<b>Disclosure Information and Potential Conflicts of Interest</b>	East Tennessee State University's Quillen College of Medicine, Office of Continuing Medical Education (OCME) holds the standard that its continuing medical education programs should be free of commercial bias and conflict of interest. It is the policy of the OCME that each presenter and planning committee member of any CME activity must disclose any financial interest/arrangement or affiliation with commercial organizations whose products or services are being discussed in a presentation. All commercial support of an educational activity must also be disclosed to the conference attendees.
<b>Participants with No Potential Conflicts of Interest</b>	Each of the following individuals have completed a disclosure form indicating that neither they nor their spouse/family have a financial interest/arrangement or affiliation that could be perceived as a real or apparent conflict of interest related to the content or supporters involved with this activity:

**Activity Director**

Mitchell Mutter, MD

**Speakers**

D. Todd Bess, PharmD

Michael Baron, MD, MPH, DFASAM

Tommy Farmer

Linda L. Johnson, APRN

**Planning Committee Members**

Patricia Harnois-Church, PhD

(5/2019), MSN, MHA, RN

Mitchell Mutter, MD

Elizabeth Wolf, MBA, CPPS, CPHRM,

CHCP

Mitchell Mutter, MD

**Commercial  
Support Disclosure**

It is the policy of the Office of Continuing Medical Education at Quillen College of Medicine, East Tennessee State University to disclose all commercial supporters of this educational activity from which educational grants were received. This activity has received NO commercial support via educational grants.

The mission of the Office of Continuing Medical Education at the Quillen College of Medicine is to provide lifelong learning opportunities that meet the needs of faculty, community physicians and other health professionals. In addition, the Office of CME is committed to excellence and dedicated to the improvement of health care in Northeast Tennessee and the surrounding Appalachian Region. **This activity has received no commercial support.**

**Handouts**

If the author has given permission for us to share his/her presentation(s) it will be posted online and will be available for download and viewing at:

[https://drive.google.com/drive/u/3/folders/1jSCihIDyLNE\\_ybLYPhx74qM5I27UjicP](https://drive.google.com/drive/u/3/folders/1jSCihIDyLNE_ybLYPhx74qM5I27UjicP)

**Claiming Credit**

**CREDIT MUST BE CLAIMED WITHIN 30 DAYS FROM THE CONCLUSION OF ANY EVENT.** To receive the appropriate credit for participating in this event, learners will need to complete the online evaluation.

For complete step-by-step- instructions, please see the CME website at

[https://www.etsu.edu/com/cme/documents/claiming\\_credit\\_after\\_an\\_activity\\_2.pdf](https://www.etsu.edu/com/cme/documents/claiming_credit_after_an_activity_2.pdf)

**Transcripts of CME  
Credit**

By completing the evaluation and posttest in the HighMarks system this activity will be added to your TRANSCRIPT, which is maintained in the ETSU Office of CME. You may print your transcript online from your HighMarks account. Check with the Registration Desk for information on how to access and print your transcript, or call our office at 423-439-8027 with questions.

**Conference  
Planner**

Elizabeth Wolf, MBA, CPPS, CPHRM, CHCP

Educational Planner

Office of Continuing Medical Education

Quillen College of Medicine

East Tennessee State University

423-439-8088

[wolfes1@etsu.edu](mailto:wolfes1@etsu.edu)

If you have questions, concerns, or comments about this activity, please contact:

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## Accreditation



This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Quillen College of Medicine, East Tennessee State University and the Tennessee Department of Health. The Quillen College of Medicine, East Tennessee State University is accredited by the ACCME to provide continuing medical education for physicians.



The Quillen College of Medicine, East Tennessee State University designates this live activity for a maximum of 3.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Up to 2.75 continuing nursing education contact hours and 2.75 credit hours for pharmacology continuing education will be offered for this conference. East Tennessee State University College of Nursing is an approved provider of continuing nursing education by the Tennessee Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

The ETSU College of Nursing implements a \$15 certificate fee per conference. This fee must be paid no later than 30 days after the session. The certificate fee covers the following: cost of being a provider of nursing contact hours, supplies, and nursing education coordinator's time to ensure accreditation compliance. Questions? Contact [etsucne@etsu.edu](mailto:etsucne@etsu.edu).