



ETSU FAMILY PHYSICIANS *of* BRISTOL

Quillen College of Medicine

EAST TENNESSEE STATE UNIVERSITY



Bristol Family Medicine *Residency Program*

Quillen College of Medicine, East Tennessee State University

ETSU Family Medicine Mission Statement

Our Mission is to provide community-focused medical education and evidence-based, patient centered care; to improve health in rural southern Appalachia, especially among the underserved population; to model compassionate and efficient care using effective communication skills; and to advance scholarly investigation. We lead through excellence, collaboration and innovation.

Hyperlinks underlined.

Applications accepted via ERAS -
Bristol Family Medicine
1204731296
Osteopathic Residency
189045



Contact us

[Bristol Family Medicine Residency](#)

[Quillen College of Medicine](#)

[East Tennessee State University](#)

ETSU Family Physicians of Bristol
[208 Medical Park Blvd.](#)
Bristol, TN 37620

[Greg Clarity, M.D.,](#)
Program Director
clarity@etsu.edu



Julie Robinette
Residency Program Coordinator
robinett@etsu.edu
Phone: 423-990-3012
Fax: 423-990-3045



ETSU Bristol Family Medicine Residency

Welcome

We are delighted in your interest to learn more about the ETSU Bristol Family Medicine Residency Program. During residency training, we encourage residents to focus on coordination of care as they develop a diverse panel of patients, from all walks of life.

Our program is located in a beautiful region of Southern Appalachia, with breathtaking landscapes, a culture steeped in tradition, and abundant outdoor activities. We are administered by East Tennessee State University, a national leader in primary care and rural health care.

We offer:

- ACGME and AOA accreditation
- Community-based program
- Only program based at Bristol Regional Medical Center
- Night float call system
- Enthusiastic and experienced faculty and teaching staff
 - Full-time psychologist
 - Adjunct PharmD
 - Full-time social worker
- Supportive learning environment
- Family-friendly community
- Recognized Level 3 Patient-Centered Medical Home by the National Committee for Quality Assurance
- Opportunity to teach 3rd and 4th year medical students

We recognize that family medicine is not just a career, it is an attitude. For this reason, we believe that a residency program must not only provide a solid educational experience, but must also remain supportive of family and personal life as well. In Bristol, we encourage this balance.

If you are looking for a residency program that provides excellent training in a scenic and friendly environment, come and see what we have to offer.

Greg Clarity, M.D., Program Director
clarity@etsu.edu

Curriculum

PGY I

Night Float (OB/Peds) 1 1/2 months	ER 1 month	Obstetrics 1 1/2 months	Orientation 1 month
General Surgery 1 month	Elective 1/2 month	Inpatient Peds 1 month	FM Service 4 1/2 months

Family Medicine Center - two half-days per week

PGY II

Inpatient Hospitalist 1 month	Rural Community Medicine 1 month	Gynecology 1 month	Obstetrics 1 1/2 months
Orthopedics 1 month	Family Medicine Skills 1/2 month	Inpatient Peds 1 month	ICU 1 month
Elective 1 1/2 months	Night Float 1 month	Outpatient Peds 1 month	Cardiology 1/2 months

Family Medicine Center - 2 to 4 half-days per week

Longitudinal Rural Rotation (optional): two days per month (ELECTIVE)

Nursing Home: one half-day per month

PGY III

Family Medicine Inpatient 2 months	Practice Management 1 month	Night Float 1/2 month	Sports Medicine 1 month
Family Medicine Outpatient 1 month	Dermatology 1 month	Electives 2 1/2 months	ER 1 month
Surgical Subspecialties 1 month	Geriatrics 1 month		

Family Medicine Center - four/five half-days per week

Longitudinal Rural Rotation (optional): one day every other week (ELECTIVE)

Nursing Home: one half-day per month



Salaries

- PGY-I \$ 48,396.22
- PGY-II \$ 49,840.56
- PGY-III \$ 51,625.95

Tennessee does not have a state income tax.

Benefits

- Health, dental, disability and malpractice insurance
- Educational stipend
- Designated laptop to use during residency
- Assistance with ABFM Certification exam fee
- 2 Monogrammed lab coats
- On-call meals
- Free access to ETSU Center for Physical Activity
- American Academy of Family Medicine membership
- American Osteopathic Association and American College of Osteopathic Family Physicians membership (if applicable)
- Tennessee Credit Union membership available
- Moonlighting permitted for qualified residents

Leave

Refer to ETSU Department of Graduate Medical Education Resident Handbook for details

- 15 days annual leave per academic year*
- 12 days sick leave per academic year*
- 5 days educational leave per academic year
- 5 days administrative leave over the course of 3 years*

* *Must comply with ABFM Policy and must not exceed 21 days total per academic year.*



Experience Bristol

Bristol is a unique city that falls on the Tennessee-Virginia state line, which runs through the middle of downtown, on State Street. About 45,000 residents enjoy its four seasons, beautiful rolling mountains and close proximity to neighboring cities Johnson City and Kingsport.

Bristol has a history rooted in music and is the official Birthplace of Country Music. Some of the first country music recordings were made in Bristol, which initiated the “Big Bang of Country Music.”

Another name synonymous with Bristol is NASCAR.
Bristol Motor Speedway is the world’s fastest half-mile track.

Cost of living

Bristol boasts affordable, family-friendly living and has been recognized nationally as one of the best communities for young people. The median home value is around \$120,000 and apartments rent between \$400 and \$800 per month. Remember, Tennessee is an income tax free state.

Outdoors

Steele Creek Park
Nature Center
Sugar Hollow Park
Natural Tunnel State Park
Hungry Mother State Park
Appalachian Caverns
Bristol Caverns
Appalachian Trail
Virginia Creeper Trail
Cherokee National Forest
Jefferson National Forest
South Holston Lake
Watauga Lake
Nolichucky River

Arts & Entertainment

Rhythm and Roots Reunion
Paramount Center for the Arts
Birthplace of Country Music Museum
Border Bash
Historic Downtown
ETSU Bluegrass
Bristol Ballet
Public Art
Theatre Bristol
Barter Theatre
Carter Family Fold
Rocky Mount Living History Museum
Twin City Drive-In Theatre

Sports & Recreation

NASCAR- Bristol Motor Speedway
Bristol Pirates Baseball
ETSU Sports
Golf (3 courses nearby)
Cycling
Disc Golf
Dog Park
City Parks
Fishing
Running
Skiing (within 1.5 hour drive)
Snowboarding (within 1.5 hour drive)
Kayaking
YMCA
YWCA
ETSU Center for Physical Activity

Affiliate Hospital

The Bristol Family Medicine Residency Program partners with Wellmont Heath System, a healthcare system serving Northeast Tennessee and Southwest Virginia. Since Bristol Family Medicine is the only residency program based at Bristol Regional Medical Center, residents receive one-on-one training in a variety of medical environments.



Bristol Regional Medical Center

Bristol Regional Medical Center

- A Wellmont Health System facility
- One of two major providers of health care within the 15-county Northeast Tennessee and Southwest Virginia service area
- Level 2 trauma center
- Ranked in the top 10 percent in the state of Tennessee for heart attack and heart failure treatment, and cancer care
- 348 beds; all private patient rooms
- More than 270 board-certified and board-eligible physicians
- Accredited by Joint Commission on Health Care Organizations
- State-of-the-art radiology facilities
- Inpatient and outpatient hospice program
- Regional cancer therapy center
- Diabetes treatment center



More than 800 deliveries per year

First-Year Residents



Mary Axelrad, M.D.

I grew up in a small town on Eastern Long Island. I then headed upstate to Binghamton where I received a bachelor's degree in mathematics and upon graduation moved to New York City to work as an actuary. While working, I became a volunteer EMT in Central Park, where my love of clinical medicine began, and decided to return to school. I was lucky to attend the Albert Einstein College of Medicine in the Bronx. During my training, I married and had two daughters, the loves of my life. When I have time to spare, I enjoy hiking, running and playing classical clarinet. I couldn't be happier to continue my training at ETSU Bristol because of the faculty and residents' diversity of experience, strong full-spectrum training and the beautiful Tri-Cities area!



Brent Baker, M.D.

I grew up in East Tennessee and through an exciting journey I ended up attending ETSU's Quillen College of Medicine. I love to mountain bike, fly fish, hike and cook. My family has a sheep farm in Southwest Virginia and I love spending time with them. The Bristol Family Medicine Residency Program being unopposed was a huge draw, but the main reason I came to Bristol was for the people. Everyone is so kind and the program offers the true sense of a family working environment that provides a nurturing place to learn.



Havya Dave, M.D.

I am an Indian-born American, raised mainly in Chattanooga, Tennessee. Having gone through a tough childhood medically, I knew that I always wanted to become a physician. So, I completed my undergraduate at ETSU with honors in biology. It was the best four years of my career and life! Soon after, I attended Ross University for medical school. Going through medical school, I fell in love with providing care for the underserved population, as well as patient education. OBGYN/women's health became my passion. I realized

all of my goals can be attained as a family physician. Always having the desire to return to the beautiful Tri-Cities, I applied to ETSU Family Medicine programs. By God's grace, I am very excited to begin my career at the Bristol Family Medicine Residency Program! I chose Bristol for its location and the amazing people involved in the residency. I felt this was the perfect place to learn how to become a great physician and a better person. I plan to further explore my passion for women's health during and after residency, and one day, I would like to practice in an academic setting. I enjoy spending quality time with family and friends, whether traveling or having a good meal at home. Also, in my leisure time I love both Indian and American movies, music, and TV shows—FRIENDS being my all-time favorite show! Being a Hindu priest's daughter, I am quite religious and often involved in temple activities as well. Lastly, I am trying to learn how to cook traditional, Indian dishes, not very well might I add!



Cortney Farmer, D.O.

I grew up in the beautiful mountains of Jewell Ridge, a small town in Southwest Virginia. I attended Virginia Tech for undergrad and quickly fell in love with the Blacksburg area. Go Hokies! I decided to pursue my dream of becoming a doctor by attending medical school at Edward Via College of Osteopathic Medicine. I completed a rotation at Bristol Family Medicine and knew this was the perfect place for residency. The faculty were encouraging and I could sense the true dedication they had for family medicine. The residents were easy to get along with and they cared and supported each other. I love the variety associated with family medicine and the focus it has on treating the whole person. Preventative health care is a major interest I hope to incorporate as a physician. During my third year of med school, I married my wonderful husband, Brian. The next year we started a new adventure with our chocolate lab, Lexie. I enjoy all outdoor activities, particularly hiking, swimming, and tennis. I also love baking, participating in church activities, and spending time with my family. I am excited to begin the next chapter of my life in Bristol!

First-Year Residents (Continued)



Curry Jones, D.O.

I am from just across the state line in Madison County, North Carolina where I grew up on my family's wholesale Christmas tree farm. While earning my undergraduate degree at Davidson College, it became clear to me that I would pursue a career in medicine to serve the rural population in my home county. My wife, Sarah, and I moved to Harrogate, TN, where I was fortunate to attend Lincoln Memorial University-DeBusk College of Osteopathic Medicine. By watching my father and mentor, also a family physician, it was easy to see the advantages a family medicine residency has to offer. When considering residencies, I looked for programs that are as excited about Family Medicine as we are. The close-knit residents and accessible faculty in Bristol quickly won us over - we are blessed to be here! My wife and I enjoy mountain biking, fishing, shooting sports, and trail running; all of which are found in abundance in Bristol.



Chase King, D.O.

I am from Wytheville, a small rural town in Southwest Virginia. I recently completed my medical education at Edward Via College of Osteopathic Medicine in Blacksburg, Virginia. In my spare time, I enjoy spending time with my family and friends. I also enjoy working out and various outdoor activities such as fishing and hiking. The Bristol area provided me with a place close to home and plenty of outdoors areas to enjoy. Throughout my education and clerkships I knew I wanted to practice family medicine. The long term patient relationships formed and variety of medical issues handled in family medicine led me to choose the specialty. The Bristol Residency Program was a good fit for my continued learning experience. The extended family of residents and faculty at Bristol will provide me the support base and experienced guidance to become the physician I strive to be.



Zachary Sumpter, D.O.

I am originally from Eastern Kentucky, just south of Pikeville. I spent my childhood there. I received my undergraduate degree in computer science from the University of Kentucky and worked several years as a software engineer before making a career change to pursue my dream of becoming a physician. I then moved back to Eastern Kentucky and attended the University of Pikeville Kentucky College of Osteopathic Medicine. I chose family medicine because I wanted a specialty where I could form long-lasting relationships with my patients and help take care of a broad range of their medical needs. I am thankful to continue my training at Bristol because it is a very welcoming and family-friendly program that has a proven track record with training quality physicians. My wife and I, along with our two daughters, are very excited to call Tennessee our new home. Growing up, I visited the Tri-Cities area often and it's a wonderful new change for our family. In our free time, my family and I enjoy movie nights, grilling out, sitting around a campfire, and playing games.



Aaron Towe, M.D.

I grew up on a small farm in the Appalachian Mountains of Buncombe County, North Carolina. At an early age I developed a love for the outdoors and a spirit of adventure. These two qualities led me to travel widely, read thoroughly, and strive to see what the world has to offer. After many adventures at home and abroad in South America and Africa, and flirting with careers in tourism and academic research, I was eventually drawn to medicine as the calling that fit my goals, values, skills, and personality. My interest in low-resource medicine and physical diagnosis led me to study at the Autonomous University of Guadalajara in Mexico, where my wife is also a graduate and physician. On the interview trail, I was immediately drawn to Bristol due to the excellent quality of the faculty and collegiate atmosphere of the residents, as well as the training opportunities it provides. The chance to learn the breadth and depth of family medicine in a beautiful town nestled in the Appalachians is truly a dream come true! In my spare time, I enjoy being with my wife and two children, hiking, kayaking, roasting and brewing coffee, building (and rebuilding) small aircraft, fiction, and playing/listening to music.

Second-Year Residents



DeLayne Allred, D.O.

I am originally from a small town in middle Tennessee. I attended Carson Newman University for my undergraduate training and then went to Edward Via College of Osteopathic Medicine for my medical training. I love playing basketball and staying active. I visited Bristol during my interview season and knew this was where I was supposed to be. Family medicine offers such a wide array of experiences and allows me to be involved in the care of the entire family, providing a platform for preventative care. I'm so excited to be a part of Bristol's program!



Amr El-Aawar, M.D.

My love for medicine stems from my genuine passion towards helping others and my interest in the sciences. Although my path to medicine was not a direct one, I have always dreamed about being a physician for as long as I can remember. I originally completed my degree in Management and Information Systems in Egypt and have worked as an IT Consultant for over ten years in Canada. Finally, I enrolled in a pre-medical program at Ryerson University and successfully attained my Doctorate of Medicine from the Medical University of the Americas. I am extremely thrilled to be a part of the Bristol Program. I feel blessed as my family has been very supportive throughout my journey. In my pastime, I love spending time with my family and playing recreational sports. One day, I intend to have an outreach program to serve underprivileged patients and continue my family's altruistic legacy.



Chris Garner, M.D.

I grew up in Nashville, TN, where I attended Middle Tennessee State University as an undergraduate and graduate student. I then spent almost nine years teaching high school biology and coaching wrestling in Smyrna, TN. I decided to pursue my original interest in medicine, and in 2011 my family and I moved to East Tennessee where I attended the Quillen College of Medicine at ETSU. I hope to eventually work in an academic family practice. My wife and I have been married for 12 years and we have two beautiful children. My interests include reading, wrestling, science-based medicine, emergency medicine, and Star Wars.



Laura Helmly, D.O.

I am a born and raised Canadian-Floridian who loves the mountains and all four seasons. I grew up in Daytona Beach, FL and received my Bachelor's in Biology at the University of Florida. I moved to Virginia for medical school, and also ended up meeting my wonderful husband David at our church there. Through my time at VCOM in Blacksburg, my love for serving the underserved population of southwest Virginia grew, and I realized how much I loved whole-person care. Incorporating all aspects of my patients' well-being into their care is very important to me, and I look forward to learning how to do that well through residency. I am so excited to be at Bristol! I enjoy running (on trails especially), hiking, cooking and baking for lots of friends, traveling, and learning languages alongside my husband.

Second-Year Residents (Continued)



Alissa Hinkle, M.D.

I was born and raised in Elizabethton, TN and so was my husband, JT. We both attended ETSU, where we met each other during our second semester of college. After graduating from ETSU, I was fortunate to be able to attend Quillen College of Medicine here in Johnson City. JT and I have a deep connection and respect for Appalachian culture and the people of this area, and I am so excited to be working locally with the amazing people at Bristol. In the future, my husband and I want to find ways to give back to our local community, and we also have an interest in doing some medical mission work. In my spare time, I like to bicycle, rollerblade, hike, paint, and pencil sketch. I am currently trying to learn how to play the ukulele and JT and I will hopefully be trying out kayaking soon.



Jason Hollis, D.O.

I was born and raised in the foothills of the Ozark Mountains in the whereabouts of the Great Mississippi Delta! I started my collegiate career at Missouri State University in West Plains Missouri in the spring of 2006 and finally graduated with a Bachelor of Science in Biology from Arkansas State University in Jonesboro, Arkansas in May, 2011. I then moved to Hattiesburg, Mississippi to attend William Carey University College of Osteopathic Medicine in August of 2011 and graduated in May of 2015. I keep stating "I," but I is actually we. My wife, Kimberly, and I have been married 20 years this year and have three children; Dylan, Landon and Kaitlan. We also have two Boxers, Winston and Jackson, a mini Chihuahua, Frisco and a Shorkie (Shih Tzu-Yorkie), Izzy. We are busy! I enjoy being on the water, especially cold, fresh spring-fed rivers and lakes, canoeing, fishing, wood carving, gardening, playing guitar and all types of hunting. Pretty much anything that involves being outdoors. Kimberly is an RN-BSN and we both enjoy doing wound care and hope to have our own rural health care clinic someday as well as doing



Andrea Hopkins, M.D.

I am originally from Richmond, Va., and grew up in West Texas. However, I have strong ties to Southwest Virginia, where my parents were raised and where my extended family has lived for generations. After attending McMurry University in Abilene, Texas, I moved to the region to work as a journalist for newspapers in Virginia and West Virginia. As a journalist, I became a passionate advocate for improved public health, an interest that led me to switch career paths. I earned a biology degree from East Tennessee State University and attended Quillen College of Medicine. I live in Bristol with my husband, Mike, and our three children, Kathryn, Patrick and Spencer. I enjoy distance running, yoga, photography and hiking.



Harirajan Mani, M.D.

I was born in India but moved to the United States when I was 10 years old. I grew up in Bloomington, IL – the home of the largest Dairy Queen. Yes! I did my undergraduate studies in biology from Illinois Wesleyan University and soon after graduation, I was accepted into medical school. Initially, I was unsure what kind of physician I wanted to be but I knew I wanted to train in primary care. In today's medical world, it is important that physicians not be cowboys but a member of the pit crew for their patients. I felt that training at ETSU Bristol would help me become just that. My goals are to do a primary care fellowship and also become involved in academic medicine. My interests are aviation, tennis, soccer, coffee. We are expecting our second child in October and spending time with new wife, Yaasvee.

Third-Year Residents



Martha Cole, D.O.

My husband, Justin, and I are both from a rural area in Southwest Virginia called Patrick County. I was fortunate to attend Virginia Tech for undergrad followed by the Edward Via Virginia College of Osteopathic Medicine. My husband and I have taken several vacations to Tennessee, and fell in love with the small town feel of Bristol during interview season. We love the mountains and spending time outdoors hiking and biking. We also enjoy cooking new dishes, playing card games, and of course playing fetch with our dog Sweetpea. I am very interested in practicing full-spectrum rural family medicine, and excited to be a part of the Bristol Residency Program!



Tyler Elam, D.O.

I was born and raised in rural Eastern Kentucky, just outside of Morehead. I received my undergraduate degree from Morehead State University, and continued pursuing medicine at the University of Pikeville - Kentucky College of Osteopathic Medicine. Having grown up in, and pursuing medical training in rural, medically-underserved Kentucky, I began noticing deficiencies in the care of the individuals of the rural population. I'm a firm believer in maintaining a standard of care for individuals regardless of socioeconomic status. My passion for serving those without access to quality care, be it for reasons of resource or residence, shapes my future plans to serve in underserved Kentucky. I'm not only passionate about this on a local and national level, but an international level - medical mission work is definitely in my future. My beautiful wife and I married in the fall of 2013 and our daughter Bennett Rose was born in 2015. We are expecting our second child in October. We also have a 10-pound Havanese, Cosette. We are active in church, and enjoy running, music, and quality conversation over good coffee.



Jonathan Goodnight, M.D.

I am from Taylorsville, NC, a small town in the western part of the state. I received my undergraduate degree from Western Carolina University and worked as a manufacturing engineer in the automotive industry. I became interested in medicine during my time volunteering for two local fire departments back home. This interest led me to become an EMT-Paramedic and change careers. I married my lovely wife Ida, who works as a CRNA in North Carolina, and continued my education with the goal of entering medical school. I attended Quillen College of Medicine. During my training, I developed a love for the broad scope and flexibility of family medicine and chose Bristol as a perfect location to facilitate the training I desire. I enjoy EKG's, hospice and palliative care, ambulatory medicine, and ICU care. My wife and I welcomed our daughter Catherine Elizabeth in 2014. We have one dog, Bella, and three cats.



Chaitanya Korrapati, M.D.

I am originally from India where I attended JJM Medical College. It has always been my dream to do complete a family medicine residency in the U.S. and become a successful primary care physician. As I matured over the years and began to practice medicine, I understood that this profession is all about giving – giving hope, giving health and giving life. In return, I gained wealth in terms of knowledge, trust, and relationships from each interaction with my patients. During residency, my goal is to make sure that people remember me not only as a strong doctor, but also as a kind and genuine human being. I have two wonderful parents who have always supported and guided me. They taught me how to work hard, be independent and patient. In my spare time, I enjoy watching movies, listening to music, meditation and playing basketball.

Third-Year Residents (Continued)



Gigi Miranda, M.D.

I'm from the small town of Wise, VA, just north of Bristol and I'm stoked to be back in my hometown area for residency. I lived in Chicago previously, and missed the mountains and trees. I attended Boston College in Chestnut Hill, MA for undergrad and got my masters in kinesiology from California State University, Hayward. I lived in California for a few years working as an athletic trainer before heading back to school at the University of the East, Ramon Magsaysay Medical Center in Manila, Philippines. Going to medical school in the Philippines was a dream come true. I had the opportunity to travel all over Asia and was able to learn acupuncture and other alternative medicine theories that I want to incorporate into my practice. I'm into yoga, Chinese medicine, running with my dog Ohsen, food, travel, barbequing, tennis, 90s hip hop, and anything fun.



Melissa Robinson, M.D.

I was born in Chicago, but grew up mostly in the Southeast. My son and I made this region our home 15 years ago. Soon after, we met my husband Jerry, who made our family complete. I was a high school chemistry teacher for many years, which was a great career. But while I loved working with teenagers as students, I started dreaming of also working with whole families as patients. I had always wanted to be a physician, and with my son heading off to college, it was time. I studied at Quillen College of Medicine. Upon graduating, I chose to come to Bristol because of its outstanding family medicine program and the opportunity to be close to family and friends. My husband and I spend free time at our little mountain property where we grow berries, keep honeybees, and try to defend both from black bears!



Angel Turner, M.D.

I was born in Wisconsin, but have lived all over the U.S. - first as a military "brat," and later a military spouse. I obtained my medical degree from Quillen College of Medicine. I have two grown children who are my light. I enjoy hiking, snorkeling, scuba diving and finding hidden waterfalls. I hope to work in the field of addiction medicine after residency.



Joey Watson, M.D.

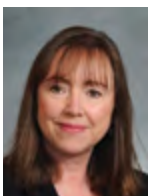
After growing up in a small community near Bristol, I attended Tennessee Tech University for my undergraduate degree and then worked for several years at Eastman Chemical Company. During those years, I had many life and volunteer experiences that gave me the desire to become a family physician. I have been blessed by the love and support of my wife, son, and stepson to help make that dream a reality. I was fortunate enough to attend Quillen College of Medicine and participate in their rural track program, which includes a longitudinal primary care experience in a small Northeast Tennessee town. There, I learned how medicine can be practiced on both a personal and community level to positively impact folks' health in a powerful and rewarding way. My journey thankfully continues at the Bristol Family Medicine Residency Program. Bristol has a family-friendly and collegial environment that makes learning and working enjoyable. I am truly blessed to be here and to become a family physician in the region that I love.

Faculty



Greg Clarity, M.D., Associate Professor and Program Director

I grew up in New York City, but after college decided I wanted to see someplace different. I went to Texas and received an M.S. in Mechanical Engineering from Texas A&M. I worked as an engineer for six years before entering medical school. I received my M.D. from ETSU and completed my residency at the Bristol Family Medicine Program in 1995. My wife Cathy and I spent several years on a small farm with chickens, ducks and dairy goats. As we gained more children, we left the farm behind. We now live in a subdivision with five active children and a cat. I enjoy spending time with our children, especially camping and skiing. Someday I hope to put our sailboat back into one of the area lakes.



Patricia Conner, M.D., Associate Professor and Associate Program Director

I have a B.A. in biology and a B.S.N. degree in nursing. I received my M.D. from ETSU Quillen College of Medicine and completed my residency at ETSU Family Physicians of Bristol. I am Board certified in Family Medicine, and practiced full-scope Family Medicine including OB and operative OB in Chestnut Hill, Tennessee, from 2007-2011. My husband, Ron, and I have two adult children. My interests include bird-watching, flying (Ron is the pilot), boating, hiking, star-gazing, and watercolor painting.



Larissa N. Bossaer, PharmD, BCPS, Associate Professor

I am a native of Southwest Virginia, born and raised in Ewing, VA. I graduated from Emory & Henry College in 2003 with a Bachelor of Science in Biology and then continued my education by graduating from Virginia Commonwealth University with a Doctor of Pharmacy degree in 2007. After pharmacy school, I settled in Charleston, SC, for two years to complete a PGY-1 Pharmacy Practice residency and a PGY-2 Family Medicine residency at the Medical University of South Carolina. I currently work as an Assistant Professor at the Bill Gatton College of Pharmacy, teaching in several courses and precepting fourth-year student pharmacists on rotation. I have a strong interest in Women's Health-related topics and am a Board Certified Pharmacotherapy Specialist. I maintain a practice site with the ETSU Family Physicians of Bristol, where I provide recommendations and education on inpatient rounds, manage anti-coagulation patients in the clinic, provide diabetic teaching and medication management for patients, deliver educational noon conferences to residents, and provide other patient care and education as needed.



John Culp, M.D., Associate Professor

I am originally from Alabama, but am now an adopted Tennessean. I graduated from University High in Johnson City and received my B.S. from ETSU. I returned to Alabama to earn my M.D. from the University of Alabama in 1980 and completed my residency in Family Medicine at Anniston, Alabama, in 1983. I worked in private practice in Anniston until joining the Bristol Family Medicine Residency Program in October 1986. I am a fellow of the American Academy of Family Physicians and hold a Certificate of Added Qualifications in Geriatrics. My wife Jane is a former biology teacher who is presently busy at home and is actively involved in church work and various community organizations. I have two children, Jennifer and Joe. I am involved in church work, community activities, and family life. I enjoy antique gas engines, shooting, playing the guitar and keyboards.

Faculty (Continued)



• **Jason Moore, M.D., Professor**

• After attending Ohio State University College of Medicine my family and I moved to Bristol to enter the Bristol Family Medicine Residency Program. As a second year resident, I was selected to serve as Chief Resident and in my third year was chosen to receive the Bristol program's "Society of Teachers of Family Medicine Resident Teacher of the Year Award." I completed my residency in June 2002 and joined the faculty at Bristol in August of the same year, because Bristol is 'a good place to live' and the family medicine center is a great place to work. My wife and I are the parents of six beautiful children. In my free time, I enjoy playing with my children, hiking, fly-fishing, Bible study, medical missions, sports medicine, and watching Ohio State football.



• **Amanda Stoltz, M.D., Assistant Professor**

• I am a native of Bristol, Tennessee. I received my undergraduate degree from King College in Bristol, TN and my M.D. degree from Quillen College of Medicine in Johnson City, TN. I completed my residency at ETSU Family Physicians of Bristol. After graduating, I accepted a position at a rural health clinic in Rogersville, TN where I worked until joining the faculty at Bristol. My husband and I have two beautiful daughters, Madelyn and Ellie. I enjoy spending time with my family, reading, crafting and going to the University of Alabama football games!



• **Tom Townsend, M.D., Professor**

• I received my medical degree and postgraduate training at the University of Arkansas. I left my home in Arkansas about three decades ago to practice with the National Health Service Corps in Independence, Virginia. I remained in a community-governed practice for more than 16 years before joining the faculty at Bristol in 1991. I am board-certified by the American Board of Family Medicine and hold a Certificate of Added Qualifications in Geriatrics. My special interests are in the philosophy of practice, medical ethics, geriatrics, and social medicine. I enjoy and need the outdoors and all of rurality.



• **Tim Urbin, Ph.D., Associate Professor and Clinical Psychologist**

• I was born and raised in Chicago but have lived in East Tennessee for 17 years, adopting the motto "Chicago by birth, Tennessee by choice!" I completed my degrees in Psychology at the universities of Illinois and Oklahoma and an MBA also from the University of Illinois. I am a veteran of the USAF and the Army National Guard. My career has focused on providing training and clinical services in neuropsychology, behavioral medicine, and rehabilitation psychology. My wife Kathy is an RN, working as a clinical research auditor in the pharmaceutical industry. We have two daughters, both graduates of ETSU. In my free time, I love boating, rebuilding cars, and construction!

Faculty Physicians and Teaching Faculty



• Laurie Webb, LCSW, Medical Social Worker

• As a native of east Tennessee, I received both my Bachelor's Degree in Social Work (2005) and my Master's Degree in Social Work (2006) at East Tennessee State University. I recently joined the faculty in Bristol, but I have been involved with the Department of Family Medicine since 2010. I served as the Bristol Case Manager and Mental Health Clinician for the "Screening, Brief Intervention and Referral to Treatment (SBIRT)" grant program from February 2012 through May 2015 and as Case Manager for the "Tennessee Intervention for Pregnant Smokers (TIPS)" grant from September 2010 until February 2012. Prior to coming to ETSU, I worked as a clinician in two regional mental health programs and provided diagnostic and treatment services to individuals and their families who were identified as having substance abuse issues, mental health issues, or developmental delays. I love teaching and collaborating with resident physicians and faculty. When collaborating with the patient's primary care physician (medical resident or faculty physician), we discuss the health, psychosocial factors, and family dynamics that may impact their plan of care as well as linking patients with community resources to support their treatment goals.





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