



ETSU FAMILY MEDICINE ASSOCIATES

Quillen College of Medicine

EAST TENNESSEE STATE UNIVERSITY



Johnson City Family Medicine *Residency Program*

Quillen College of Medicine, East Tennessee State University

ETSU Family Medicine Mission Statement

Our Mission is to provide community-focused medical education and evidence-based, patient centered care; to improve health in rural southern Appalachia, especially among the underserved population; to model compassionate and efficient care using effective communication skills; and to advance scholarly investigation. We lead through excellence, collaboration and innovation.

Hyperlinks underlined.

Applications accepted via ERAS -
Johnson City Family Medicine
1204721410
Osteopathic Residency
189045



Heiman

Contact us

[Johnson City Family Medicine Residency](#)

[Quillen College of Medicine](#)

[East Tennessee State University](#)

ETSU Family Medicine Associates
[917 W. Walnut Street](#)
Johnson City, TN 37604

Diana Heiman, M.D., CAQSM
Associate Professor and Residency Program Director
heiman@etsu.edu

Residency Program Coordinator
Phone: 423-952-6563
Fax: 423-439-4320



What can Johnson City Family Medicine offer you?

Throughout the next three years, residents will learn the true importance of prevention and health promotion. By graduation, they will be trained in full-scope family medicine and prepared to practice in a variety of settings.

• • • Community-Based training

Our Family Medicine Clinic is supported East Tennessee State University and Quillen College of Medicine, which houses seven clinical departments. We also enjoy strong partnerships with our neighboring hospitals so that each resident is trained by the most highly-skilled physicians during assigned rotations.

• • • Evidence-Based learning

The Johnson City Family Medicine Residency Program meets all requirements of the Accreditation Council for Graduate Medical Education (ACGME). To encourage collective learning between allopathic and osteopathic physicians, Johnson City Family Medicine is also accredited by the American Osteopathic Association (AOA).

Membership to the American Academy of Family Physicians is provided for all residents, in addition to online learning tools such as FP Essentials and Core Content. Additionally, residents are supported to attend a Tennessee Academy of Family Physicians meeting.

The Department of Family Medicine Research Division and faculty work one-on-one with residents to produce high-quality scholarly works.

• • • Patient Centered Medical Home

ETSU Family Medicine Associates, our clinic, is a Patient Centered Medical Home that employs a diverse staff of physicians, patient care specialists, a psychologist, pharmacist and medical social worker to focus treatment on the patient as a whole rather than an illness. Residents learn coordination of care as they establish a diverse panel of patients.

• • • Frontline of Family Medicine

The Johnson City Family Medicine Residency Program embraces the evolution of health care. Abundant procedural training in conjunction with an effective curriculum ensures that residents are equally prepared to work comfortably in a metropolitan area or in a rural and medically underserved community upon graduation.

Residents are also granted the rewarding responsibility of teaching Quillen College of Medicine students.

• • • Community Outreach

In addition to following a well-balanced curriculum, residents establish themselves in the community as practicing physicians. They are also tasked with promoting the ETSU Family Medicine and Associates clinic and its offerings by participating in a variety of outreach opportunities –

- Underserved experience
- Rural health fairs
- Health Department
- OB-GYN services at Community Health Center





Salaries

- PGY-I \$ 47,681.00
- PGY-II \$ 49,104.00
- PGY-III \$ 50,863.00

Tennessee does not have a state income tax.

Benefits

- Health, life, disability and malpractice insurance
- Educational stipend
- Assistance with ABFM Certification exam fee
- 2 Monogrammed lab coats
- On-call meals
- American Academy of Family Medicine membership
- American Osteopathic Association and American College of Osteopathic Family Physicians membership (if applicable)
- Tennessee Credit Union membership available
- Moonlighting permitted for qualified residents
- Free access to ETSU Center for Physical Activity

Leave

Refer to ETSU Department of Graduate Medical Education Resident Handbook for details

- *15 days vacation/annual leave
- *12 days sick leave
- *5 days educational leave
- 5 days administrative leave total

**per academic year July-June; All leave must comply with ABFM Policy and must not exceed 21 days per academic year.*

*Rotation Schedule

*Transitioning to new ACGME guidelines

PGY I

FM Intro
(July)
1 block

Pediatrics Inpatient
1 block

Ambulatory Pediatrics
1 block

Newborn Nursery
1 block

Cardiology
1 block

Emergency Medicine
1 block

Family Medicine Service
2 blocks

Dermatology
1 block

Office
2 blocks

Night Float
1 block, split

General Surgery
1 block

Family Medicine Center - 1 to 3 half-days per week

PGY II

Family Medicine Service
2 blocks

Pediatric Inpatient
1 block

Behavioral Medicine
1 block

Community Medicine
1 block

OB
2 blocks

Pharmacology
1 block

Office Chief
2 blocks

Practice Management
(Sept.)
1 block

Night Float
1 block, split

Ortho/Sports Medicine
1 block

Family Medicine Center - 2 to 4 half-days per week

PGY III

Family Medicine Service
2.5 blocks

Sports Medicine
1 block

Office Chief
2 blocks

Geriatrics
1 block

Electives
5 blocks

NF/FMS Coverage
2 weeks

Night Float
1 block, split

Family Medicine Center - 4 to 5 half-days per week



Explore Johnson City

Work hard and play hard, too!

Johnson City is the home of East Tennessee State University and Quillen College of Medicine. About 63,000 permanent residents and 15,000 college students enjoy its four seasons, beautiful rolling mountains and close proximity to neighboring cities Bristol and Kingsport.

Johnson City has a history rooted in the railroad and was once nicknamed “Little Chicago” for its connection to famous gangster Al Capone.

The nearby town of Jonesborough is the oldest in the state and is also the Storytelling Capital of the world.

Outdoors

Laurel Falls
Millstone Creek Falls
Roan Mountain State Park
Buffalo Mountain Park
Nolichucky River
Watauga Lake
Wilbur Dam
Appalachian Trail
Tweetsie Trail
University Woods
Cherokee National Forest
Doe River Gorge

Arts & Entertainment

Blue Plum Festival
Downhome
ETSU Department of Music
Johnson City Symphony
Willow Tree Coffeehouse and Music Room
Johnson City Community Theatre
Jonesborough Community Theatre
George L. Carter Railroad Museum
International Storytelling Center
Nelson Fine Art Center
Reece Museum
Rocky Mount Living History Museum
Natural History Museum & Fossil Site
ETSU Bluegrass

Sports & Recreation

ETSU sports
Johnson City Cardinals
Cycling
Disc Golf
Dog Park
City parks
Fishing
Running
Golf
Geocaching
Kayaking
Memorial Park Community Center
Skiing
Snowboarding
Wetlands Water Park

Affiliate Hospitals

The Johnson City Family Medicine Residency Program partners with Mountain States Health Alliance, a healthcare system serving Northeast Tennessee and Southwest Virginia, and the Mountain Home Veterans Affairs Medical Center. This affiliation allows residents to train in a variety of medical environments.



Johnson City Medical Center

Johnson City Medical Center

- Primary affiliate hospital for Johnson City Family Medicine Residency
- A Mountain States Health Alliance facility
- Level 1 Trauma Center
- 445 beds
- Wings Air Rescue
- New Surgery Tower features 16 operating rooms



Niswonger Children's Hospital

Niswonger Children's Hospital

- A Mountain States Health Alliance facility
- St. Jude Affiliate Clinic
- Neonatal Intensive Care Unit
- 69 beds



Mountain Home Veterans Affairs Medical Center

Mountain Home Veterans Affairs Medical Center

- 114 hospital beds
- 120 beds in Community Living Center
- 170 beds in Domiciliary
- Serves 54,000 veterans
- Spinal Cord Injury Clinic



Johnson City Family Medicine Clinic



All residents work between one and five half days in the clinic, which is known to the public as ETSU Family Medicine Associates. Its convenient location on the corner of the ETSU campus draws a wide assortment of patients - young families to elderly, from all walks of life. Resident and faculty physicians care for clinic patients when they are admitted to Johnson City Medical Center.

ETSU Family Medicine Associates has 20 patient rooms and a large atrium where residents and faculty confer on diagnosis and treatment of patients. The atrium provides a group-learning setting with computer stations that use Allscripts electronic health records. In addition, there is a resident office with individual workspaces.

The clinic also emphasizes Integrative medicine, which is a healing-oriented approach to healthcare, taking into consideration the whole person including all aspects of lifestyle, while focusing on the therapeutic patient-physician relationship as well as incorporating appropriate, evidence-based therapies in treatment including Acupuncture, Osteopathic Manipulation, Nutritional therapies and Mind-Body modalities such as Mindfulness Based Stress Reduction (MBSR) and Cognitive Behavioral therapy.

Procedural training

- Casting/splinting
- Colposcopy
- Flexible nasopharyngoscopy
- EKG
- Incision and drainage
- Joint injections
- Laceration repair
- Skin lesion removal
- Stress test

Unique clinic services

- Acupuncture
- Osteopathic manipulative therapy
- Reproductive care
 - Maternity care and delivery
 - IUDs
 - Nexplanon implants
 - Vasectomies
 - Msk v/s



Faculty Physicians and Teaching Staff



Diana Heiman, M.D., CAQSM,
Associate Professor,
Program Director



Jim Holt, M.D.,
Professor,
Associate Program Director



Leigh Johnson, M.D.,
Assistant Professor,
Medical Director



Allan Garrett, M.D.,
Assistant Professor,
Clerkship Director



Anton Borja, D.O.,
Assistant Professor



Tom Bishop, Psy.D.,
Assistant Professor,
Clinical Psychologist



Emily Flores, PharmD., BCPS,
Associate Professor



Fereshteh Gerayli, M.D.,
Professor

Chief Resident Physicians



Tyler McCurry, D.O.,
PGY-III



Alex Qader, M.D.,
PGY-III



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