



ETSU FAMILY PHYSICIANS  
*of* KINGSPORT

Quillen College of Medicine

EAST TENNESSEE STATE UNIVERSITY



**Kingsport Family Medicine  
*Residency Program***

Quillen College of Medicine, East Tennessee State University



# ETSU Family Medicine Mission Statement

*Our Mission is to provide community-focused medical education and evidence-based, patient centered care; to improve health in rural southern Appalachia, especially among the underserved population; to model compassionate and efficient care using effective communication skills; and to advance scholarly investigation. We lead through excellence, collaboration and innovation.*

## **Kingsport Residency Program Mission Statement**

*An additional goal of the program is for every trainee to recognize and consider all factors that influence the health of their patients, their wellness, as well as their disease which will include mind, spirit, family and community. We strive to help create a longitudinal partnership with the physician and their patient. We recognize that the physicians' role is to educate, to promote health, to empower patients to be responsible for their health, and to advocate for our patients in the community and within the healthcare system.*

### **Hyperlinks underlined.**

**Applications accepted via ERAS -**  
Kingsport Family Medicine  
1204731297  
Osteopathic Residency  
189045

### **Contact us**

Kingsport Family Medicine Residency  
Quillen College of Medicine  
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ETSU Family Physicians of Kingsport  
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# What can Kingsport Family Medicine offer you?

***Throughout the next three years, residents will be active members of an inter-professional team. Challenging in-patient situations and exposure to a real-world clinic setting allows residents to transition into confident, full-scope, family physicians by graduation.***

## ••• **Community-Based training**

Our Family Medicine Clinic is supported by [East Tennessee State University](#) and [Quillen College of Medicine](#), which houses seven clinical departments. At [Kingsport Family Medicine](#), residents care for patients from admission to discharge at the affiliate hospital – [Holston Valley Medical Center](#).

## ••• **Evidence-Based learning**

The Kingsport Family Medicine Residency Program meets all requirements of the Accreditation Council for Graduate Medical Education ([ACGME](#)) and the American Osteopathic Association ([AOA](#)). Given the impending merger of these accrediting bodies, application for ACGME Osteopathic Recognition is pending.

Residents actively participate in half-day didactic sessions and have access to online learning tools such as [FP Essentials](#) and [Core Content](#). Additionally, the Quillen College of Medicine Human Patient Simulation Lab provides a hands-on learning environment. The Department of Family Medicine [Research Division](#) and faculty work one-on-one with residents to produce high-quality scholarly works. Residents are encouraged to present scholarly works to local, regional and national audiences.

## ••• **Patient Centered Medical Home**

ETSU Family Physicians of Kingsport, our clinic, has been recognized as a level 3 Patient-Centered Medical Home by the National Committee

for Quality Assurance. We employ a diverse staff of physicians, patient care specialists, a pharmacist and a medical social worker who focus treatment on the the patient as a whole rather than an illness. [Residents](#) learn coordination of care as they establish a diverse patient panel.

## ••• **Frontline of Family Medicine**

The [Kingsport Family Medicine Residency Program](#) encourages advocacy. An effective [curriculum](#) ensures that residents are equally prepared to work in a metropolitan area or a rural and medically underserved community upon graduation.

Residents are also granted the rewarding responsibility of teaching Quillen College of Medicine students.

## ••• **Community Outreach**

The Kingsport Family Medicine Residency Program encourages advocacy. As such, residents are tasked with promoting family medicine by participating in a variety of outreach opportunities -

- TAR WARS
- Kingsport Senior Citizens
- Pre-participation physicals
- Rural health fairs
- Underserved experience
- Community events





## **Salaries**

- PGY-I \$ 48,396.22
- PGY-II \$ 49,840.56
- PGY-III \$ 51,625.95

*Tennessee does not have a state income tax.*

## **Benefits**

- Health, dental, disability and malpractice insurance
- Educational stipend
- Designated laptop to use during residency
- Assistance with ABFM Certification exam fee
- 2 Monogrammed lab coats
- On-call meals
- Free access to ETSU Center for Physical Activity
- American Academy of Family Medicine membership
- American Osteopathic Association and American College of Osteopathic Family Physicians membership (if applicable)
- Tennessee Credit Union membership available
- Moonlighting permitted for qualified residents

## **Leave**

Refer to ETSU Department of Graduate Medical Education Resident Handbook for details

- \*15 days vacation/annual leave
- \*12 days sick leave
- \*5 days educational leave
- 5 days administrative leave total

*\*per academic year July-June; All leave must comply with ABFM Policy and must not exceed 21 days per academic year.*

# Rotations

## PGY I

**FM Intro**  
1 block

**Night Float**  
1.5 block

**OB**  
2 blocks

**Newborn Nursery**  
1 block

**Orthopedics**  
1 block

**Community Medicine**  
1 block

**Family Medicine Service**  
2 blocks

**Ambulatory**  
1 block

**Peds/ER**  
**Peds/NICU**  
1 block, split

**General Surgery**  
1 block

Family Medicine Outpatient - 1 to 3 half-days per week  
Vacation - 15 days\*; Education Leave - 5 days

## PGY II

**GYN**  
1 block

**Out-Patient Peds ED**  
1 block

**Elective**  
2 blocks

**Dermatology**  
1 block

**Ambulatory**  
1 block

**Peds/ER**  
2 weeks - split

**Family Medicine Services**  
3 blocks

**ICU**  
1 block

**Night Float**  
1.5 block, split

**Emergency Medicine**  
1 block

Family Medicine Outpatient - 2 to 4 half-days per week  
Nursing Home - one half day per month  
Vacation - 15 days\*; Educational Leave - 5 days

## PGY III

**Electives**  
2.5 blocks

**Inpatient Peds**  
1 block

**Ambulatory**  
2 blocks

**Emergency Medicine**  
1 block

**Geriatrics**  
1 block

**Outpatient Peds**  
1 block

**Family Medicine Services**  
2 blocks

**Surgery**  
1 block

**Night Float**  
1 block, split

**Sports Medicine**  
2 weeks

Family Medicine Outpatient - 4 to 5 half-days per week  
Nursing Home - one half day per month  
Vacation - 15 days\*; Educational Leave - 5 days  
Practice Exploratory Interviews - 5 days





## Explore Kingsport

### Work hard and play hard, too!

Kingsport is a charming city with a busy downtown and the largest city-owned park in the state – Bays Mountain. About 50,000 residents enjoy its four seasons, beautiful rolling mountains and close proximity to neighboring cities Bristol and Johnson City.

Kingsport developed around the Holston River. The waterway’s “Long Island” was the starting point for Daniel Boone’s Wilderness Road expedition through the Appalachian Mountains.

One of the most popular community events is Fun Fest. The weeklong family-friendly festival is celebrated throughout Kingsport and features a hot air balloon rally.

#### Outdoors

- [Bays Mountain Park and Planetarium](#)
- [Warriors Path State Park](#)
- [Greenbelt](#)
- [Appalachian Trail](#)
- [Daniel Boone Wilderness Trail](#)
- [Natural Tunnel State Park](#)
- [Patrick Henry Lake](#)
- [South Holston Lake](#)
- [Appalachian Caverns](#)
- [Cherokee National Forest](#)

#### Arts & Entertainment

- [Sculpture walk](#)
- [Exchange Place](#)
- [Fun Fest](#)
- [Summer Concert Series](#)
- [Symphony of the Mountains](#)
- [Kingsport Theatre Guild](#)
- [Kingsport Office of Cultural Arts](#)
- [Racks by the Tracks Festival](#)
- [Carter Family Fold](#)
- [Natural History Museum & Fossil Site](#)
- [Lamplight Theatre](#)
- [Appalachian Fair](#)
- [Kingsport Oktoberfest](#)

#### Sports & Recreation

- [ETSU sports](#)
- [Kingsport Mets](#)
- [Cycling](#)
- [Disc Golf](#)
- [Dog Park](#)
- [City parks](#)
- [Fishing](#)
- [Running](#)
- [Golf](#)
- [Skiing](#)
- [Snowboarding](#)
- [Soccer](#)
- [Geocaching](#)
- [Kayaking](#)
- [Aquatics Center](#)
- [YMCA](#)

#### Did you know?

Kingsport residents and faculty enjoy great camaraderie in and out of the patient care setting. Retreats are held twice a year, plus culinary nights are scheduled often.

# Affiliate Hospital & Kingsport Family Medicine Clinic

The Kingsport Family Medicine Residency Program partners with Wellmont Health System, a healthcare system serving Northeast Tennessee and Southwest Virginia. This affiliation allows residents to train in a variety of medical environments, including a very active inpatient experience (Family Medicine Service).

## Holston Valley Medical Center



Holston Valley Medical Center

- A Wellmont Health System facility
- Level 1 Trauma Center
- Level III neonatal intensive care unit
- 345 beds
- Accredited by Joint Commission on Health Care Organizations
- A Top 50 Cardiovascular Hospital
- Ranked 1st for Interventional Carotid care
- 76,000 ED visits per year
- 18,000 admissions per year
- 1,000 births per year

## Rogersville Medical Complex



- Newly constructed Federally Qualified Health Center
- Serves rural population in neighboring Hawkins County
- Residents provide continuity of care
- Clinic services include lab, X-ray, cat scan and ultrasound

## Kingsport Family Medicine Clinic

ETSU Family Physicians of Kingsport draws a wide assortment of patients from Kingsport and surrounding rural areas - young families to elderly, from all walks of life. In 2016, the clinic and residency program moved to a new, larger facility which features 20 patient rooms, two procedure rooms, as well as a resident lounge. A centralized precepting area provides ample space for multidisciplinary patient care.



### ***Procedural training***

- Casting/splinting
- Colposcopy
- EKG
- Nasolaryngoscopy
- Joint injections
- Skin procedures/biopsies
- Circumcisions

### ***Clinic services***

- Osteopathic manipulative therapy
- Reproductive care
- Ultrasound diagnostics
- Specialty procedural clinics
- Inter-professional chronic disease management clinic

# Faculty Physicians and Teaching Staff



Mark Brummel, D.O.,  
Associate Professor,  
Program Director



Pete Bockhorst, D.O.,  
Associate Professor and  
Medical Director



Billy Buseimeier, M.D.,  
Assistant Professor



Erin Harris, M.D.,  
Assistant Professor and  
Clerkship Director



McKenzie Calhoun, PharmD.,  
Assistant Professor



Paige Gilbert-Green, D.O.,  
Assistant Professor



Amy Lawrence, D.O.,  
Assistant Professor



Connie Hixson, M.D.,  
Associate Professor



Glenda Stockwell, Ph.D.,  
Associate Professor and  
Clinical Psychologist



Jesse Gilreath, M.S.W., LCSW,  
Social Worker

*Serving all  
walks of life...*





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