CONTACT US:

East Tennessee State University
James H. Quillen College of Medicine
Department of Internal Medicine
VA Bldg. 1, Box 70622
Johnson City, TN 37614-0622
(423) 439-6389

GME office info:
Department of Graduate Medical Education
Quillen College of Medicine
PO Box 70415
Johnson City, TN 37614
423-439-8023
Program Philosophy

The Department of Internal Medicine is strongly committed to its goals of training competent, knowledgeable and well-trained internists and subspecialists, providing residents who are role models and effective teachers for medical students, and enhancing the academic environment by encouraging scholarly activity and research among its residents and fellows. It is our belief that these goals can only be accomplished through a solid university teaching program which is both academic and humane, which emphasizes the importance of bedside teaching, and clearly defines the role of the residents in the academic environment.

The faculty in the department are dedicated to educating and training superior physicians by maintaining a truly outstanding teaching program. They are knowledgeable and responsive as teachers and serve as colleagues.

Goals

The Internal Medicine resident will be a scholar who has a breadth and depth of knowledge that facilitates the practice of internal medicine. Residents will gain competencies in the areas of patient care, medical knowledge, practice-based learning and improvement, interpersonal and communication skills and professionalism and systems-based practice.

Medical Training Facilities

Johnson City Medical Center

Johnson City Medical Center (JCMC) is a 445-bed regional tertiary referral center. JCMC is one of six Level 1 Trauma Centers in Tennessee and is the region’s leading Heart Hospital.

JCMC is also the home to Niswonger’s Children’s Hospital. Their goal is to provide safe and child-friendly care. Niswonger is one of six hospitals to house a St. Jude Affiliate Clinic.

Bristol Regional Medical Center

Since opening this state-of-the-art facility in 1994, Bristol Regional Medical Center (BRMC) has served its communities through physician partnership, technological innovation and growth. BRMC was the first hospital in the region to offer a digital cardiac catheterization lab and a Primary Stroke Center. BRMC is also the region’s only hospital offering experienced physicians performing surgical procedures with two state-of-the-art robots – CyberKnife® and da Vinci®.

Outpatient Facilities

Each of the university hospitals has an active emergency room which provides emergency service for their catchment area. Residents rotating through these facilities receive a broad experience in medical and surgical emergency medicine in a strongly academic environment.

Long-term general internal medicine clinics are located in all of the Tri-Cities, providing care for the patients in the region and serving as an excellent teaching base for our residents. Each of the clinics is supervised by a faculty member of the Department of Internal Medicine.
Preliminary Track (One-Year Program)
The preliminary medicine program is designed for students desiring only one year of internal medicine training. Residents are offered several months of elective rotations so that they may prepare themselves for anticipated careers in other disciplines such as ophthalmology, radiology, anesthesiology, and neurology.

PGY-I
Rotations for the PGY-I year consist of several months of general internal medicine ward service at the VAMC and general internal medicine ward services at the community hospitals along with one month on the intensive care unit. Additionally, PGY-I residents complete an ACGME required rotation and/or elective rotation.

PGY-II and PGY-III
PGY-II and PGY-III resident rotations are very similar, organized into a 24-month block, with at least 50 percent of the time spent on rotations. The senior resident assumes more responsibility in complex patient evaluation and in the supervision of junior residents and medical students. Residents assigned to the VA medical service receive experience in the ICU and critical care setting as well as experience as a general medical consultant. The emphasis on ambulatory care education continues, and one-month block rotations are available at two of the hospital sites.
The remaining 12 months are spent on elective rotations, geared to the individual resident’s career interests. Residents interact with faculty from all of the disciplines of medicine, serving as a consultant specialist and interacting with other services and disciplines. The only difference in the rotation schedules of the PGY-II and PGY-III years is a required emergency room rotation.

Continuity Clinic
Over a period of three years, the resident has an opportunity to develop a meaningful relationship with a single population of patients in an environment which permits continuity of care. The patient mix in the long-term general internal medicine clinics is excellent and provides experience in all aspects of ambulatory general internal medicine. Residents are given the opportunity to perform a number of outpatient procedures such as flexible sigmoidoscopy, treadmill testing and Holter monitoring.

Subspecialty Electives
Our program offers a wide variety of subspecialty electives. You may choose from:
- Cardiology
- Dermatology
- Gastroenterology
- Infectious Diseases
- Medical Oncology
- Pulmonary/Critical Care
- Rheumatology
- Endocrinology
- Nephology

Scholarly Activity
Each resident will demonstrate some special achievement based on scholarly activity. This may include knowledge developed from a research project, case study or literature review. It may also include a special lecture or presentation. Residents are encouraged to present at both regional and national levels.

View some of our resident’s posters: [http://www.etsu.edu/com/intmed/educationprograms/default.aspx](http://www.etsu.edu/com/intmed/educationprograms/default.aspx)
Since residents are in an advanced training program, academic conferences are very important. Therefore, the QCOM IM Residency Program requires attendance and participation of conferences and educational curriculums sponsored by the department.

Academic Half Day
- Department of Medicine Education Conference
- Longitudinal Board Review Course
- Core Conferences
- Journal Club
- Town Hall Meetings
- Teaching and Patient Management Rounds

To accommodate leave the Academic Half Day is recorded for residents to view should they have an excused absence.

Educational Programs and Conferences

For almost two centuries, Johnson City has been the center for tourism and business in Northeast Tennessee. Originally a train depot, Johnson City is now a metropolitan melting pot with invigorating music, enchanting culture, and exhilarating mountain adventure.

The city flourishes with tradition, heritage, and hospitality. Its natural beauty and fresh mountain air make Johnson City the perfect location to live, work or visit.

Close by is Historic Jonesborough Tennessee’s oldest town, and the International Storytelling Center. Since 1973 the National Storytelling Festival takes over Jonesborough each October for a weekend of tall tales in a storybook setting.

Family fun abounds in Johnson City and the surrounding areas. Catch a Johnson City Cardinals minor league game and check out the local festivals including the Blue Plum Festival, Fun Fest, the Apple Festival, the Rhythm & Roots Reunion and many more.

Enjoy outdoor adventure at Boone Lake, Watauga Lake, and nearby Roan Mountain State Park and Bays Mountain Park and Planetarium. Other family-friendly activities include hiking and biking trails and some of the best trophy trout fishing in the country.

You’ll awaken your Pioneer Spirit when you visit our historical areas and living history sites—like Tipton-Haynes, Rocky Mount and Sycamore Shoals. And just a stone’s throw away, you’ll find world-renowned attractions like Bristol Motor Speedway and Barter Theatre.

Asheville boasts a thriving arts community, diverse outdoor adventures, a vibrant and inviting downtown, unique shopping options, and numerous historic and architectural attractions such as the renowned 250-room Biltmore House and the Grove Park Inn, a AAA Four-Diamond resort hotel.

For more information about our area schools systems and private schools, visit the Johnson City Chamber web site.

*Information provided by the Johnson City Chamber of Commerce website