

APPENDIX B

ETSU Return to Work or Class Protocol Based upon Guidance from the Tennessee Department of Health (*Updated 1.10.22*)

1. If you test positive for COVID (Isolate):

Everyone, regardless of vaccination status should:

- Stay home for 5 days.
- If you have no symptoms or your symptoms are resolving after 5 days, you can leave your house.
- Continue to wear a mask around others for 5 additional days.

If you have a fever, continue to stay home until your fever resolves.

2. If you were exposed to someone with COVID-19:

If you:

Have been boosted

OR

Completed the primary series of the Pfizer or Moderna vaccine within the last 5 months

OR

Completed the primary series of J&J vaccine within the last 2 months you should:

- Wear a mask around others for 10 days.
- Test on day 5, if possible.

If you develop symptoms get a test and stay home.

If you:

Completed the primary series of the Pfizer or Moderna vaccine over 5 months ago and are not boosted

OR

Completed the primary series of J&J over 2 months ago and are not boosted

OR

Are unvaccinated you should:

- Stay home for 5 days (Quarantine). After that continue to wear a mask around others for 5 additional days.

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- If you can't quarantine you must wear a mask for 10 days.
- Test on day 5 if possible.

If you develop symptoms get a test and stay home.

Questions? Call one of the following:

- University Health Center at 423-439-4225 (Monday-Friday, 8 a.m.-4:30 p.m.) or after-hours at 1-888-915-7299
- Washington County Health Department at 423-975-2200
- Ballard Nurse Connect at 1-833-822-5523.

For the most updated Tennessee Department of Health Quarantine and Isolation Information, please visit:

<https://covid19.tn.gov/prevention/quarantine-isolation-calculator/>

<https://www.tn.gov/content/dam/tn/health/documents/cedep/novel-coronavirus/Isolation-QuarantineRelease.pdf>