Modified Stage 4
Frequently Asked Questions (FAQs)

Skip to FAQ sections:

- Academic Courses and Calendars
- Face Coverings
- Cleaning
- Human Resources
- Student Life
- Health-Related Questions
- COVID-19 vaccine information (links to webpage)

ACADEMIC COURSES AND CALENDAR

1. Will the majority of classes be taught on ground beginning in Fall 2021?
   a. Yes
   b. Class formats may be found in GoldLink under “Concise Student Schedule.” Log into GoldLink to review your current course schedule. You may choose to make changes to your schedule to enroll in course sections in the formats you prefer. Use the “Add or Drop Classes” tool in GoldLink to make those changes. If you have questions about your changes or would like to register for different courses than what you are currently enrolled in, contact your academic advisor for help. There are several different formats available for courses.

2. I need help finding or contacting my academic advisor.
   a. 423-439-8557, 423-439-6940 or Advisement@etsu.edu

3. I have a hold that is preventing me from changing my schedule.
   a. Use the Holds Resolution Website or contact the Office of the Registrar.

4. I’m having problems with my GoldLink login.
   a. Reset password: etsu.edu/activate
5. **Can I take classes online if I'm not comfortable with returning to campus?**
   a. Yes, in some cases. Please note that experiential learning, clinicals, labs, etc. may require you to participate in an on-ground course.
   b. Please speak with your advisor to explore courses that may be offered online.

6. **What are the expectations for classroom attendance for students who are isolated due to a positive diagnosis of COVID-19? What guidelines should faculty use for accommodations and leniency? (Updated 8.2.21)**
   a. Faculty should adopt attendance policies that encourage students to stay home when they are sick or if they have to quarantine.
   b. Faculty should plan to provide students with opportunities to make up or complete alternate assignments when student health circumstances require them to avoid face-to-face classes.
   c. Faculty may not ask students if they are vaccinated.

7. **What are the guidelines and expectations for meeting one-on-one with students in academic advising or career counseling sessions?**
   a. Academic advisors across campus are committed to providing safe and efficient advising opportunities for students. Please use the Advisor Contact List (search query) to contact your academic advisor and schedule a meeting.
   b. Career Services team members are committed to offering our services to students in an environment that supports appropriate ETSU guidelines. Team members are available for appointments. Learn more here.

8. **What are the guidelines/protocols for experiential learning (Clinicals, Labs, Student Teaching, etc.).**
   a. Faculty teaching in labs have developed safety protocols.
   b. Students who are completing course requirements in organizations external to ETSU (schools, hospitals, clinics, organizations) should follow the safety guidelines and protocols in place at those organizations except in cases where those protocols are less restrictive than recommendations listed in ETSU’s current operations stage. If the safety protocols are less restrictive than those protocols recommended in ETSU’s current operations stage, students should follow those guidelines.
   c. Faculty should inform students of the safety requirements and protocols for experiential learning requirements at the beginning of the course.
Students who require accommodations to these safety protocols should register through disability services.

9. **What are the guidelines for Research and Sponsored Programs?**
   a. Updates regarding guidance for managing sponsored programs may be found [here](#).

10. **Will ETSU host in-person events?**
   a. Yes.
FACE COVERINGS

11. Are face-coverings required to be worn outdoors as well as indoors on campus? *(Updated 9.16.21)*
   a. In continued accordance with CDC guidelines and the widespread distribution of the Delta variant across the region, ETSU requires the use of face coverings indoors for everyone (both vaccinated and unvaccinated individuals).
   b. As part of our ongoing efforts to protect the health of all members of our community, ETSU strongly encourages students, faculty, staff and visitors to wear face coverings in outdoor settings when physical distancing is not possible.
   c. Individuals should not ask a person’s COVID-19 vaccination status or use information about a person’s vaccination status to make decisions about participating in classroom or workplace activities.
   d. You can read the full text of the University’s policy on face coverings [here](#).

12. What if I don’t or can’t wear a face covering? *(Updated 8.2.21)*
   a. Faculty, staff and students who are unable to wear a face covering due to a medical or other condition should contact Disability Services by telephone at 423-439-8346 or by email at littleme@etsu.edu to request an accommodation.

13. If I am approved to not wear a face covering for ADA reasons, how will others know? *(Updated 8.2.21)*
   a. Faculty, staff and students who are unable to wear a face covering due to a medical or other condition should contact Disability Services by telephone at 423-439-8346 or by email at littleme@etsu.edu to request an accommodation and determine how the faculty, staff, or student may disclose this information if appropriate.

14. What consequences do students and employees face if they refuse to wear a face covering on campus? *(Updated 8.2.21)*
   a. If a faculty or staff member is not wearing a face covering on campus in an area where one is required and the employee is not otherwise exempt from the requirement, the employee may be subject to the Progressive Discipline policy.
   b. If a student is not wearing a face covering on campus in an area where one is required, and the student is not otherwise exempt from the requirement, the student may be found in violation of the Student Code of Conduct.
   c. You can read the full text of the University’s policy on face coverings [here](#).

15. Do faculty and staff need to wear face coverings in private offices or areas with reduced capacity? *(Updated 8.2.21)*
a. If you are alone in your private office (not a cubicle), you do not need to wear a face covering. However, face coverings must be worn by all faculty and staff working on campus when in the presence of others and in public settings (e.g., common workspaces and classrooms).
b. You can read the full text of the University’s policy on face coverings here.

16. Do I really have to wear a face covering in class? (Updated 8.2.21)
a. Yes, the CDC recommends all people wear face coverings indoors in educational settings and in other indoor settings where they are around others who do not live in their households. COVID-19 has been shown to spread person to person primarily through respiratory droplets created when an infected person coughs, sneezes, or talks. Employees, students and other persons who are present face-to-face on campus may be exposed to one another for prolonged periods of time, sometimes in environments where physical distancing may be a challenge such as in the classroom. ETSU takes the health of our employees and students seriously, and we appreciate your cooperation in taking measures to help prevent the spread of COVID-19 including wearing a face covering while in the classroom. You can read the full text of the University’s policy on face coverings here.

17. Can I ask a student to leave my class or an event if the student refuses to wear a face covering? What if the student refuses? (Updated 8.2.21)
a. Yes. However, the faculty member should adhere to the policy on face coverings first
   - If a student is not wearing a face covering on campus in an area where one is required, and the student is not otherwise exempt from the requirement, a disposable face covering will be provided for the student to wear.
   - Members of the campus community who have concerns related to a student who does not comply with the University requirement to wear a face covering on campus may file an online report to the Dean of Students Office. Additionally, the Dean of Students Office may be reached at 423-439-4311 or via email to Dr. Michelle Byrd at byrdt@etsu.edu.

18. What if my professor refuses to wear a face covering? (Updated 8.2.21)
a. Members of the campus community who have concerns related to a faculty or staff member who does not comply with the University requirement to wear a face covering indoors on campus should respectfully address the concern with the supervisor of the faculty or staff member not wearing a mask. If resolution cannot be achieved, contact the Office of Human Resources at 423-439-4457.
19. Can I wear a face shield in place of a face covering? (Updated 8.2.21)
   a. No. Please see the face coverings graphic below.
CLEANING


a. Classrooms will be disinfected and treated with an antimicrobial agent that kills viruses, bacteria, and other microbes on contact. The agent is FDA and EPA certified and is eco-friendly.
b. Facilities Management staff will deep-clean classrooms, computer labs, restrooms, conference rooms, etc.
c. Classrooms and computer labs will be deep-cleaned on a regular schedule, which will include electrostatic disinfecting of all high-touch surfaces.
d. Cleaning will focus on high-touch surfaces (doorknobs, handrails, furniture in common areas, elevator buttons, etc.)
e. Restrooms will be deep-cleaned on a regular schedule, which will include electrostatic disinfecting of all high-touch surfaces. In addition to the deep cleaning every evening, high-traffic restrooms will be closed periodically each day for additional electrostatic disinfecting.

NOTE: ETSU is implementing measures to improve indoor air quality in targeted, high-use classrooms this summer. One method to achieve this goal is increased “fresh-air” intake. Additional equipment will be installed to draw in more “outside air” into the classrooms. (Updated 8.13.21)
21. Are faculty and staff required to get a COVID-19 Vaccine?
   a. Not at this time. However, faculty and staff are strongly encouraged to get a vaccine. Learn more about vaccines here.

22. When will ETSU employees return to campus for work? (Updated 8.2.21)
   a. Employees returned on July 1.

23. Is there an option for employees to continue to work remotely? (Updated 5.10.21)
   a. Yes, in some cases.
   b. To learn more, visit ETSU Human Resources.

24. What travel restrictions are in place?
   a. Outgoing university-related domestic travel is permitted as of May 15, 2021. Travelers must follow the most current guidelines from the Centers for Disease Control and Prevention and other appropriate federal, state, and local agencies.
   b. Select outgoing university-related international travel is permitted. Travelers must follow the most current guidelines from the Centers for Disease Control and Prevention and other appropriate federal, state, and local agencies.
   c. Select study abroad and other international programs for ETSU students are permitted as of June 15, 2021. Travelers must follow the most current guidelines from the Centers for Disease Control and Prevention and other appropriate federal, state, and local agencies.
   d. Recommendation for personal travel and international students traveling to ETSU is to follow the most current guidelines from the Centers for Disease Control and Prevention and other appropriate federal, state, and local agencies.

25. What are the COVID-19 Leave Parameters? (Updated 8.27.21)
   a. We recognize the COVID-19 pandemic continues to cause difficulties for our employees and their families. We also acknowledge the critical importance to continue educational, clinical, and support services at the highest level possible for all our constituencies during these challenging times. To help address the burden of this situation, ETSU is implementing a procedure through which all employees may be eligible for up to seven
(7) additional days of COVID-19 Leave, effective September 1, 2021 through June 30, 2022.

b. To learn more, visit **ETSU Human Resources**

**STUDENT LIFE**

26. Will students be required to get a COVID-19 Vaccine?
   a. Not at this time. However, students are strongly encouraged to get a vaccine. Learn more about vaccines [here](#).

27. Will residence halls return to double occupancy?
   a. Beginning in late summer, residence halls will return to double occupancy (unless a student chooses a private room and pays the private room rate). Learn more on the Housing and Residence Life website [here](#).

28. How will move-in work for residence halls?
   a. Information regarding move-in will be posted on the Housing and Residence Life website [here](#).

29. Will the CPA be open? What about other campus recreation activities?
   a. The Basler Center for Physical Activity (CPA) will be open.
   b. More information will be shared [here](#).

30. I am traveling from an international country to ETSU. Am I required to quarantine?
   a. International students should contact the Office of International Programs and Services for additional information and support.

31. How do I arrange for a campus tour?
   a. Campus tours have resumed. Register for a tour at etsu.edu/visit.

32. How will use of large common areas be monitored and/or limited?
   a. Staff are making every effort to make students and guests feel comfortable as well as safe by reducing the density of furniture and limiting capacity in many spaces.

33. How will dining on campus be different? *(Updated 6.21.21)*
   a. Dining services will resemble those pre-pandemic.
   b. More information will be shared [here](#).

34. If I know my fellow students are acting in ways that I think are unsafe and putting me at risk for getting ill, what can I do?
   a. Approach the situation with sensitivity and remember to be kind.
b. Your goal is to make others aware of the University guidelines.
c. If fellow students react negatively to your assistance, then please involve a faculty/staff person to assist in speaking with them.
d. The matter can also be referred to the Dean of Students’ Office.

**35. My program requires community service hours but no schools, nursing homes, preschools, etc. are allowing visitors to their facilities. What am I supposed to do?**

a. This will vary. You should work with your academic advisor and professors.

**36. What are the visitation guidelines for students living in residence halls or University apartments?**

a. Information regarding visitation guidelines will be shared [here](#).

**37. What if I live in the residence hall and test positive and self-isolation isn’t possible because I have a roommate?**

a. ETSU has established vacant residence hall space for residence hall students to self-isolate. In the event that moving to another location is not possible, arrangements may be made for your roommate(s) to move temporarily or support will be provided for you to self-isolate in your own space as safely as possible.

**38. What are the expectations for APS, Federal Work Study (FWS), Regular Work Study (RWS), Graduate Assistants (including research, teaching, and administrative), and Graduate Tuition Scholarship recipients?**

a. Academic Performance Scholarship (APS), Federal Work Study (FWS), Regular Work Study (RWS), Graduate Assistants (including research, teaching, and administrative), and Graduate Tuition Scholarship recipients should expect to work on campus to meet the needs of their unit.
HEALTH-RELATED QUESTIONS

40. What is COVID-19?
   a. COVID-19 refers to the illness caused by SARS-CoV2, which is a type of coronavirus. The virus was discovered in the fall of 2019.

41. What are the symptoms?
   a. The most common symptoms are fever, chills, or cough.
   b. Other symptoms may include loss of taste or smell, fatigue, muscle aches, headaches, congestion, runny nose, sore throat, nausea, vomiting, or diarrhea.
   c. Symptoms may appear 2-14 days after exposure to the virus. Some people may not experience any symptoms, and some may have only mild symptoms.
   d. Others will experience more severe symptoms which may result in hospitalization, being placed on a ventilator, or death.
   e. In people who get very sick from COVID-19, many organs can be affected, including the heart, kidneys, and brain.

42. How long does it last?
   a. Mild cases of COVID-19 may last a few days to a few weeks. For more severe cases, some people may be in the hospital for weeks or even months.
   b. There is emerging evidence that people may have long-term complications from this illness, although not enough time has passed yet to have specific information about those complications.

43. How is it transmitted? (Updated 5.17.21)
   a. COVID-19 is transmitted through droplets that come out of our noses and mouths when we talk, cough, sneeze, or even just breathe. If you are not vaccinated, face-coverings are very helpful at preventing this type of transmission.
   b. It may also be transmitted by touching a surface that has virus particles on it, and then touching your nose, mouth, or eyes.
   c. It is important to note that it is very possible to transmit COVID-19 without knowing that you are infected.

44. How is it treated?
   a. Mild illness resolves with time, and is treated like any other mild respiratory illness: with medicines to keep fevers down, rest, hydration, and staying away from other people.
   b. In more severe illness that requires hospitalizations, doctors are using several different medications, most of which are still being studied in the treatment of COVID-19.
c. You can learn more information about the COVID-19 Vaccine here.

45. **How can I protect myself and people around me? (Updated 8.2.21)**
   a. Wear a cloth face-covering.
   b. Clean and disinfect frequently touched surfaces.
   c. Wash your hands often with soap and water for at least 20 seconds, or use an alcohol-based hand sanitizer that contains at least 60% alcohol.
   d. You can learn more information about the COVID-19 Vaccine here.

46. **What are the testing requirements? Options?**
   a. At this time, testing is mandatory for student athletes only.
   b. Testing will be available to any students, staff, and faculty who elect to be tested.
   c. If faculty, staff, or students have health questions, they may call the University Health Center at 423-439-4225 (Monday-Friday, 8 a.m.-4:30 p.m.) or after-hours at 1-888-915-7299.
   d. Testing protocols may change based upon federal, state, and ETSU Health recommendations.

47. **Who should get tested? (Updated 8.2.21)**
   a. If you have symptoms of COVID-19, you should get tested. All ETSU faculty, staff, and employees may contact the University Health Center at 423-439-4225 (Monday-Friday, 8 a.m.-4:30 p.m.) or after-hours at 1-888-915-7299 to arrange testing.
   b. Vaccinated individuals should get tested 3-5 days following a known exposure to someone with suspected or confirmed COVID-19.
   c. If you do not have symptoms but wish to get tested, you may do so through the Tennessee Department of Health. You can find more information here.

48. **As a member of the ETSU community, what should I do if I get sick?**
   a. If you are experiencing COVID-19 symptoms, you should contact the University Health Center or your physician to arrange testing.
   b. Stay home or in your campus residence hall room or apartment and follow the guidelines in your housing contract.
   c. If you are a student, contact your instructors to let them know you are ill and will be missing class.
   d. If you a faculty or staff member, contact your department chair, dean, or supervisor and discuss modifications that may need to be made to your work patterns. You may request to use sick leave or annual leave for your initial absence, or may be eligible for Emergency Paid Sick Leave while awaiting a diagnosis. Contact Human Resources for more information.
   e. If you test positive for COVID-19, please See Appendix A: Reporting Protocol.
49. Are faculty and staff members required to report students with suspected or confirmed cases of COVID-19 to the Office Environmental Health and Safety?
   a. A faculty or staff member who becomes aware of a suspected or confirmed case of COVID-19 involving a student should provide information to the student on ETSU’s Reporting Protocol so that the student can make a self-report. A faculty or staff member who becomes aware of a suspected or confirmed case of COVID-19 involving a student may report the student to the Office of Environmental Health Safety directly; however, the preference is that the faculty or staff member encourage the student to self-report.

50. What will be done with my testing results/information?
   a. The results are shared with the Health Department.

51. How is ETSU contact tracing?
   a. When possible, ETSU works with the Health Department on contact tracing and follows the Health Department guidelines on contact tracing.

52. I think I was exposed; can I request a test?
   a. COVID-19 testing is available to any student, staff, or faculty member who wishes to be tested. For more information about how to get tested, call the University Health Center at 423-439-4225 (Monday-Friday, 8 a.m.-4:30 p.m.) or after-hours at 1-888-915-7299.
   b. If you are a Quillen Medical student, please call ETSU Health Access at 423-952-6490. Please note that this resource is for Quillen students ONLY at this time.
   c. If you experience COVID-19 symptoms (fever, cough, difficulty breathing) and/or have come into contact with someone who has tested positive for COVID-19, contact your health care provider or the University Health Center. Do not go to a health care facility before you have called your provider.

53. If a faculty member, staff member or student gets tested for COVID-19, what are the protocols they follow while waiting for their test results? After receiving results?
   a. After testing, you should quarantine at home while you await results.
   b. See Appendix A: Reporting Protocol
   c. See Appendix B: Return to Work or Class Protocol

54. What do I do if I have tested positive for COVID-19 and get re-exposed within three months of positive test?
   a. Per CDC, people who have tested positive for COVID-19 do not need to quarantine or get tested again for up to three months as long as they do
not develop symptoms again. People who develop symptoms again within three months of their first bout of COVID-19 may need to be tested again if there is no other cause identified for their symptoms.

b. See Appendix B: Return to Work or Class Protocol

55. Will temperature checks be done at entrances to buildings, offices, classrooms, etc.?
   a. All faculty, staff and students are asked to conduct symptom self-monitoring each day before reporting to campus. You must be free of any symptoms potentially related to COVID-19 to be eligible to report to campus.
   b. If you have any symptoms of COVID-19, do not report to campus for work or class. You should immediately notify your supervisor and/or professor and follow guidelines for seeking medical care and self-quarantining.

56. If I was sick, when can I go back to work or class?
   a. See Appendix B: ETSU Return to Work or Class Protocol

57. I was diagnosed with COVID-19 but never had any symptoms. When can I go back to work or school?
   a. See Appendix B: ETSU Return to Work or Class Protocol

58. I was exposed to someone with COVID-19 and stayed home for 10 days. When can I go back to work or school?
   a. See Appendix B: ETSU Return to Work or Class Protocol

59. Do I need a negative test before going back to work or school?
   a. See Appendix B: ETSU Return to Work or Class Protocol

60. Under what circumstances would ETSU move more courses online? Limit the number of individuals on campus?
   a. The health and safety of all members of the ETSU community and our visitors to campus remain our highest priority. We recognize that the current state of the pandemic is concerning to many people. ETSU continues to monitor data and other information that is being released regarding COVID-19 from local, state, and federal health organizations. Our decisions regarding academic and business operations of the institution are also being informed by our health experts and leaders on this campus.

61. I still have questions. Who should I contact?
   a. Please direct questions to the appropriate office listed on our Bucs are Back website.
   b. If you have a health emergency, please dial 911.
APPENDIX A

Reporting Protocol

1. All suspected or confirmed cases of COVID-19 (that were not diagnosed/treated by the University Health Center) should be reported to the Office of Environmental Health and Safety using telephone number 423-439-7785. If the University Health Center treated/diagnosed you, their staff will contact EH&S.

2. Staff in the Office of Environmental Health and Safety will utilize a COVID-19 Self-Report Questionnaire to gather all pertinent information, such as the building, office, classroom and other specific area the person may have visited on-campus during the 48-hour time period before the person began to experience COVID-19 symptoms. The COVID-19 Self-Report Questionnaire will be stored securely with access restricted. Names of faculty, staff and students and their medical information will be treated as confidential to the extent permitted by law.

3. Information necessary to perform remediation will be extracted from the COVID-19 Self-Report Questionnaire and recorded in the COVID-19 Response Log.

4. An assessment will be conducted to determine what remedial action will be undertaken, and may include one or more of the following:
   
i. Restricting access to the affected areas
   
ii. Use of disinfectant foggers to remove airborne respiratory droplets
   
iii. Use of EPA-approved disinfectants with an electrostatic sprayer to decontaminate soft surfaces and Virex II-256 for hard surfaces
   
iv. Environmental testing of various surfaces to determine efficacy of remediation

5. The Office of Environmental Health and Safety will coordinate the Facilities Management Coronavirus Response Team to decontaminate the affected areas.

6. The Office of Environmental Health and Safety will serve as the point of contact for the Tennessee Department of Health and university infectious disease physician.
APPENDIX B

ETSU Return to Work or Class Protocol

1. Confirmed COVID-19 Illness with Symptoms:

Must be excluded from all work or class activities until:

- At least 10 days have passed since symptoms first appeared
- **AND** At least 24 hours have passed since last fever without the use of fever-reducing medications
- **AND** Symptoms (e.g., cough, shortness of breath) have improved

It is the responsibility of the student or employee to monitor temperature and symptoms at least twice daily.

People who have tested positive for COVID-19 do not need to quarantine or get tested again for up to three months as long as they do not develop symptoms again. People who develop symptoms again within three months of their first bout of COVID-19 may need to be tested again if there is no other cause identified for their symptoms.

2. Laboratory-Confirmed COVID-19 but have not had any Symptoms (Asymptomatic):

Must be excluded from all work or class activities until:

- At least 10 days have passed since date of first positive COVID-19 diagnostic test
- **AND** have not subsequently developed symptoms since the positive test
- **IF** symptoms develop, please follow the above protocol for Confirmed COVID-19 Illness with Symptoms

If an alternate diagnosis is determined for the symptoms, criteria for return to work or school should be based on that diagnosis.

Any questions regarding testing or symptoms should be directed to University Health, or to the student’s or employee’s personal medical provider.

People who have tested positive for COVID-19 do not need to quarantine or get tested again for up to three months as long as they do not develop symptoms again. People who develop symptoms again within three months of their first bout of COVID-19 may need to be tested again if there is no other cause identified for their symptoms.
3. Potential Exposure to COVID-19 (also known as “close contact” for unvaccinated persons):

“Potential Exposure” (also known as “close contact”) is defined as being within six feet for more than 15 total minutes within the last 24 hours of a person who has had a confirmed positive test COVID-19. This includes exposure with the infected person going back 48 hours prior to the time the positive test was collected, OR 48 hours prior to the time the positive contact showed symptoms, whichever is earlier.

Must be excluded from all work or class activities:

- Quarantine at home for 10 days after last exposure and continue to monitor symptoms for 14 days after last exposure.
- Quarantine may end after 10 days ONLY if the exposed person is completely asymptomatic.
- If symptoms develop, self-isolate and consider getting a test for COVID.
- Maintain physical distancing of at least 6 feet from others at all times
- People who have tested positive for COVID-19 do not need to quarantine or get tested again for up to three months as long as they do not develop symptoms again. People who develop symptoms again within three months of their first bout of COVID-19 may need to be tested again if there is no other cause identified for their symptoms.

4. Potential exposure to COVID-19 (also known as “close contact”) for vaccinated persons:

- Vaccinated persons with an exposure to someone with suspected or confirmed COVID-19 are not required to quarantine if they meet all of the following criteria:
  - Are fully vaccinated (i.e., ≥two weeks following receipt of the second dose in a two-dose series, or ≥two weeks following receipt of one dose of a single-dose vaccine)
  - Have remained asymptomatic since the current COVID-19 exposure

- Fully vaccinated people should be tested 3-5 days following a known exposure to someone with suspected or confirmed COVID-19 and wear a mask in public indoor settings for 14 days or until they receive a negative test result. They should isolate if they test positive.

- Fully vaccinated people who live in a household with someone who is immunosuppressed, at increased risk of severe disease, or unvaccinated
(including children <12 years of age) could also consider masking at home for 14 days following a known exposure or until they receive a negative test result.

5. **Household Contacts**

A household contact is an individual who shares any living spaces with someone who has a confirmed positive case of COVID-19. This includes bedrooms, bathrooms, living rooms, kitchens, etc.

- Non-vaccinated household contacts must be quarantined for 10 days after the case has completed their (minimum) 10-day isolation period (whether the case is symptomatic or not).
- If a household contact develops symptoms of COVID-19, they become a case. They should begin isolation as a case and consider getting tested.
- If a non-vaccinated household contact is able to separate themselves from the confirmed positive case, they must quarantine for 10 days after their last exposure, and continue to monitor symptoms for 14 days after the last exposure.
- A non-vaccinated household contact may be released from quarantine after 10 days only if he or she remains asymptomatic for the entire 10 days after the last exposure. Monitoring for symptoms must continue for 14 days after the last exposure.
- For more information, see [here](#).

**Questions? Call one of the following:**

- University Health Center at 423-439-4225 (Monday-Friday, 8 a.m.-4:30 p.m.) or after-hours at 1-888-915-7299
- Washington County Health Department at 423-975-2200
- Ballad Nurse Connect at 1-833-822-5523.

**References:**