HOW TO WEAR A FACE COVERING

YOUR FACE COVERING SHOULD:
- Fit snugly but comfortably against the side of the face
- Be secured with ties or ear loops
- Include multiple layers of fabric
- Allow for breathing without restriction
- Be able to be laundered and machine dried without damage or change to shape.

TYPES OF FACE COVERINGS INCLUDE:
- Mask
- Cloth
- Bandana

1. Remember to wash your hands before putting on a face covering. Secure it by tightening ear loops or ties. Wash your hands afterwards.

2. Avoid touching your eyes or the surface of your face covering while wearing it. You are expected to wear it unless physically isolated.

3. When removing your face covering, avoid touching the surface and your eyes, nose, and mouth.

4. Wash your hands immediately upon removing your face covering, which should be washed frequently.

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