



WHEN TO ISOLATE OR QUARANTINE

This chart outlines common scenarios along with guidelines for when members of the campus community should isolate or quarantine.

Situation	What to Do	Related Resources
<p>Vaccinated & Exposed: Have been notified of exposure, asymptomatic. For example, their roommate has COVID but the student feels fine</p>	<p>Vaccinated persons with an exposure are not required to quarantine if they are fully vaccinated and have remained asymptomatic.</p> <p>Fully vaccinated people should be tested 3-5 days following a known exposure to someone with suspected or confirmed COVID-19 and wear a mask in public indoor settings for 14 days or until they receive a negative test result. They should isolate if they test positive.</p>	<p>ETSU Return to Work or Class Protocol</p> <p>Reporting Protocol</p> <p>ETSU Health Clinic Testing</p> <p>University Health Center Testing</p>
<p>Unvaccinated & Exposed: Have been notified of exposure, asymptomatic or symptomatic but unvaccinated</p>	<p>The individual must be excluded from all work or class activities for at least ten days following the last exposure; Additionally, they must continue to monitor symptoms for at least 14 days. The quarantine may end after 10 days only if the exposed person is asymptomatic.</p>	<p>ETSU Return to Work or Class Protocol</p> <p>ETSU Health Clinic Testing</p> <p>University Health Center Testing</p> <p>COVID-19 Leave Policy</p>
<p>Waiting on Test Results: Is vaccinated or unvaccinated, exhibiting symptoms, and waiting on test results</p>	<p>The individual must be excluded from all work or class activities until a negative test result is confirmed. Additionally, they must continue to monitor symptoms for at least 14 days.</p>	<p>ETSU Return to Work or Class Protocol</p> <p>ETSU Health Clinic Testing</p> <p>University Health Center Testing</p>

Situation	What to Do	Related Resources
<p>Confirmed Case, Exhibited Symptoms: Individual is vaccinated or unvaccinated and was confirmed to have COVID with symptoms</p>	<p>The individual must be excluded from all work or class activities for at least 10 days after symptoms first appear and at least 24 hours after the last instance of fever (without the use of fever-reducing medications) and after symptoms have improved.</p>	<p>ETSU Return to Work or Class Protocol</p> <p>Reporting Protocol</p> <p>COVID-19 Leave Policy</p>
<p>Confirmed Case, No Symptoms: Individual is vaccinated or unvaccinated and was confirmed to have COVID but hasn't exhibited symptoms</p>	<p>The individual must be excluded from all work or class activities until at least 10 days have passed since the date of the first positive COVID-19 test and as long as the individual continues to exhibit no symptoms.</p>	<p>ETSU Return to Work or Class Protocol</p> <p>Reporting Protocol</p> <p>COVID-19 Leave Policy</p>
<p>Household Contact: An unvaccinated individual lives with someone who has tested positive for COVID-19</p>	<p>The individual must be excluded from all work or class activities until at least 10 days have passed since the date of the first positive COVID-19 test and as long as the individual continues to exhibit no symptoms.</p>	<p>ETSU Return to Work or Class Protocol</p> <p>Reporting Protocol</p> <p>COVID-19 Leave Policy</p>



EAST TENNESSEE STATE
UNIVERSITY