**Saluting the Women of ETSU**

**Khoury and DeAngelis recipients of YW Tribute to Women awards**

On April 24, 2014, the YWCA of Bristol honored a dozen local women from Northeast Tennessee and Southwest Virginia for their successes in the arts, education, business, and volunteer work at the annual *YW Tribute to Women*. Dr. Amal Khoury and Ms. Anita DeAngelis were recognized as two of the 12 honorees. The award recipients were selected according to their leadership qualities, positive impact on the community, and demonstrated growth and achievement.

Khoury (pictured left), who was nominated by her peers in the ETSU College of Public Health, is chair of the Department of Health Services Management and Policy and the associate dean for Quality and Planning for the College of Public Health. On the national level, Khoury is a recognized public health leader, with a focus on identifying the factors that prevent women from seeking health care. Recent research projects have included an evaluation of the use of telehomecare to prevent patients from being re-hospitalized; a study of the use of preventive health services among poor women; and issues related to breast cancer control among minority women. Khoury was nominated in the Education category.

Congratulations, Amal! DeAngelis (pictured left) is an associate dean and professor in the ETSU College of Arts and Sciences. She is described as “the face of the arts at ETSU.” Since 1994 she moved through the professional ranks and earned enhanced recognition as a teacher, artist, administrator, and an articulate advocate for the arts on campus and in the community. DeAngelis is the founding director of the Mary B. Martin School of the Arts, demonstrating effective leadership and skill development. She has coordinated five years of diverse and impressive programming that have brought outstanding artists to the region and championed partnerships with community organizations. DeAngelis was nominated in the Arts category.

Congratulations, Anita!

Some article contents adapted from the YWCA Bristol web site at http://www.ywcabristol.org/Press_Releases.htm.

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**Women’s Health Series seminar lineup for Summer 2014**

Women’s Health Series seminars are scheduled for Summer 2014. “Relaxing with Massage Therapy” and “Living the First 100 Years of Your Life in Style” are scheduled for July 2014.

Archaeological evidence of massage has been found in many ancient civilizations including China, India, Japan, Korea, Egypt, Rome, Greece, and Mesopotamia. Massage started to become popular in the United States in the middle part of the 19th century and was introduced by two New York physicians based on Per Henrik Ling’s techniques developed in Sweden. Today massage therapy is abundantly available and used for medical and non-medical relief.

Massage therapists from *Jones Chiropractic Clinic* will provide 10-minute chair massages on Tuesday, July 15, 2014, from 11:00 a.m. to 1:00 p.m. **Reservations are required.** Two massage therapists will be on hand for “Relaxing with Massage Therapy.” There are a limited number of appointments available, so contact the Women’s Resource Center as soon as possible to schedule a massage session.

On Tuesday, July 22, 2014, Greg Schrader, D.C., (pictured left), chiropractor with Jones Chiropractic Clinic, is guest speaker for “Living the First 100 Years of Your Life in Style.” Location is the East Tennessee Room, D.P. Culp University Center, at noon.

Schrader’s seminar addresses – If we are going to live for 100 years, we need that long life to be a QUALITY long life! We don’t merely want to be able to exist on this planet – we want to be able to live and work and play on this planet – we want to have a QUALITY life.

In 1900 the average life span was 49 years and today the average life span is 77.6 years and growing. Scientists from the University of Texas report that by the year 2050 there will be over 800,000 Americans over the age of 100 and many will be living to 150!

For more information on “Relaxing with Massage Therapy” or the Schrader Women’s Health Series seminars, contact the Women’s Resource Center at 423-439-5772.

Some article contents adapted from the *Jones Chiropractic Clinic* web site at http://www.joneschiroclinic.com/.

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