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ETSU FOUNDATION

PRESIDENT'S CIRCLE

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EAST TENNESSEE STATE UNIVERSITY

**THE ACADEMY**

October 27, 2017

## THE ACADEMY

Experience the classroom as our students do every day at East Tennessee State University!

Join us for The Academy, a private event held exclusively for members of the ETSU Foundation's President's Circle. Enjoy the opportunity to choose from multiple classes offered by top faculty at the university.

The day will begin with registration followed by Session 1, Session 2, a lunch prepared by our very own Chef Jean Claude, and finish the day with Session 3. In this booklet you will find the schedule and different class options for each session. When registering, choose the class for each session you would like to attend.

To register for The Academy, please fill out the enclosed reply card or register online by visiting [www.etsualumni.org](http://www.etsualumni.org). There is a \$30 charge for the event, which will include a continental breakfast, classes, lunch and a gift. Please register by October 20, 2017.

We look forward to seeing you on October 27, 2017!

If you have any questions, please call 423-439-5181.





ETSU FOUNDATION

**“LEARNING NEVER  
EXHAUSTS THE MIND.”**

Leonardo da Vinci





# THE ACADEMY SCHEDULE

Friday, October 27, 2017

## Registration 8:30 a.m. - 9:00 a.m.

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Alumni House, 908 W. Maple Street

## Session 1 9:15 a.m. - 10:30 a.m.

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NURSING 101

BEGINNER

PHARMACY 101

BALLROOM DANCING

## Session 2 10:45 a.m. - Noon

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INTRODUCTION TO

APPALACHIAN STUDIES

OLYMPIC DAY

ESTATE PLANNING 101

## Lunch 12:15 p.m. - 1:30 p.m.

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## Session 3 1:45 p.m. - 3:00 p.m.

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ASTRONOMY AND PHYSICS

COMPUTING 101

FLIPPED CLASSROOM

MINDFUL EATING

AND TASTING

9:15 a.m.

## SESSION 1



### PHARMACY 101

Participants will enjoy a short welcome and introduction to pharmacy education and learn more about the exciting things going on at Bill Gatton College of Pharmacy! During the Lip Balm Lab, participants will experience our compounding laboratory and make their own lip balm with sunscreen, assisted by pharmacy students under the direction of college faculty. Participants also will visit the Tailored Pharmacy Education Exhibit Hall to explore unique ways pharmacy students individualize their education at Gatton, where opportunities abound! Learn firsthand from faculty and students about dual degrees, international experiences, elective offerings and research projects, and find out what it takes to earn an emphasis in community pharmacy ownership or invest in global health experiences.

### NURSING 101

During the President's Circle experience, the participants will have the opportunity to observe nursing students in the Simulation Lab as they perform a "mock" Code Blue. In addition, participants will have the opportunity to tour our Pediatric/Obstetric Simulation Lab and participate in a "simulated" birth from our birthing simulator.





## BEGINNER BALLROOM DANCING

Beginner Ballroom: Learn the Foxtrot, Fred Astaire and Ginger Rogers' signature dance!

**“LEADERSHIP AND LEARNING ARE  
INDISPENSABLE TO EACH OTHER.”**

John F. Kennedy

10:45 a.m.

## SESSION 2



### INTRODUCTION TO APPALACHIAN STUDIES

ETSU is the only university in the world with a full department focused on the rich culture and heritage, and the current challenges and opportunities, of the Appalachian region. This session will include a look at Bluegrass, Old Time, and Country Music Studies; Appalachian, Scottish, and Irish Studies; the Archives of Appalachia; and the Reece Museum. Come prepared for some good music!

### OLYMPIC DAY

The Center of Excellence for Sport Science and Coach Education (CESSCE) which runs the Olympic Training Site (OTS) is delighted to host the President's Circle. Director Meg Stone will present a very brief PowerPoint presentation of the overall program experience. Faculty and coaching staff will demonstrate the work and equipment they use to test and train athletes who participate in the Olympic Training site here at ETSU. In addition, Dr. Kimitake Sato will demonstrate some of the biomechanical aspects of the golf swing and the flexibility needed to maximize your potential, improve your swing and up your game!

Dr. Brad Dewese will demonstrate the equipment and training methodologies used with the Olympic Bobsled athletes who trained in our facility this summer in preparation for the 2018 Winter Olympics in Pyeongchang, South Korea.





## ESTATE PLANNING 101

The course will cover the building blocks of creating a complete estate plan that provides for and protects your loved ones and the causes you care about. Attendees will learn about what goes into an estate plan, including either a will or trust, durable power of attorney, and a living will. We will also cover, generally, how probate works.

**“TELL ME AND I FORGET.  
TEACH ME AND I REMEMBER.  
INVOLVE ME AND I LEARN.”**

*Benjamin Franklin*

1:45 p.m.

## SESSION 3

### PHYSICS AND ASTRONOMY

The Department of Physics and Astronomy participates in many areas of astronomical research, education, and outreach. It also represents ETSU as a member of the Southeastern Association for Research in Astronomy, utilizing facilities that span the Earth. The planetarium will be used to display images and video to highlight these activities of the department.



### FLIPPED CLASSROOM

We will discuss, and see in action, the "Flipped Classroom" approach to learning to see how this novel educational methodology encourages/forces students to take charge of their education to: maximize learning in a team environment; establish life-long learning skills and habits; ensure that the learner is prepared to "become better tomorrow than today" in a demanding, ever-changing work environment.



## COMPUTING 101

Are you curious about computing? Have you ever wondered how a computer program is made? How robots work? This class will start the journey to answer those questions. With hands-on experience using the same tools Department of Computing students use, we will venture into the basic principles of programming. Participants will have a chance to print on a 3D printer and program movement for a robot.

## MINDFUL EATING AND TASTING

Come find out how to make a traditional chocolate mousse from French Executive Chef Jean Claude and compare that to a healthier version of chocolate mousse from Registered Dietitian Alexa Scully. Taste test the difference and learn about mindfully eating, and ways Sodexo Dining Services is involved throughout campus.





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EAST TENNESSEE STATE  
UNIVERSITY

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