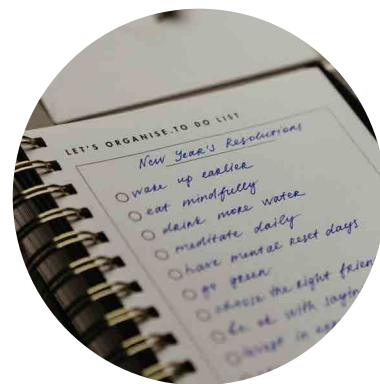


# START THE SPRING SEMESTER STRONG

**Create good habits:** Use a planner. Organize your things and your space. Make to-do lists.



**Manage your time wisely:** Create routines. Identify small and large chunks of time that are empty.

**Be proactive:** Read your syllabi and emails. Connect with professors and classmates.



**Take advantage of the resources available on campus:** Get writing help at the CFAA, strengthen your research skills with a librarian, and schedule time to spend at the CPA for your favorite form of exercise.



**For support with school-related concerns, or for issues outside of school, you can always reach out to the Graduate Student Success Specialists.**

**JANUARY 2022**

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