## ETSU Counseling Center Services

The ETSU Counseling Center can help connect students to various mental health resources, with some that require no formal appointments!

## **Groups and Workshops:**

Check the Counseling Center website for more information on free workshops offered to ETSU Students!

Informal "Let's Talk" sessions are offered throughout the semester as well, with no appointment needed! Dates and times for these can be located on the Counseling Center's website.

Appointments for Single Session Therapy can be made by calling the Counseling Center at 423-439-3333.

To schedule a Needs Assessment or to learn more, visit the ETSU Counseling Center website: <a href="https://www.etsu.edu/students/counseling/">https://www.etsu.edu/students/counseling/</a>

Counseling Center Contact Information Culp Center, 3rd Floor Johnson City, TN 37614 Phone: 423-439-3333

Email: counselingcenter@etsu.edu





## This & That for Graduate Success

**MARCH 2024** 

Joey Cantrell & Aaron Smith Sherrod Library, 453 423-439-7062 gradsuccess@etsu.edu

