Greetings, Class of 2018,

Welcome! Congratulations on your acceptance to the Bill Gatton College of Pharmacy at ETSU. We’re excited you chose to travel this journey with our family. This is the beginning of the rest of your lives.

Over the next four years, there will be tears, all-nighters, triumphs, and a whole lot of Starbucks. You will make memories, gain new friends and family members, and be rewarded with a Doctorate at the end. No one said it was going to be easy, but each and every one of you has the dedication and perseverance to accomplish your goals, and that’s why you’re here.

We have compiled Gatton’s Guide to help you be familiar with Johnson City in whatever you may need. In addition, all you must do is ask, and help will be provided. We encourage you to get involved with our school and community. This Guide provides information from school organizations to restaurants, professors to hair salons; it’s all covered here! So sit back, relax, and enjoy the bumpy ride they call Pharmacy School.

Jaclyn Jordan
Nasar Ansari
Jessica Robinson
Class of 2017

A special thanks to the following people for making this year’s Gatton’s Guide possible:
Steve Ellis
Michele Graybeal
Joy Hurley
Faculty Biographies
**Katelyn Alexander, PharmD**

Dr. Alexander is an Assistant Professor in the Department of Pharmacy Practice. She received her Doctor of Pharmacy degree from The Ohio State University. She completed a PGY1 Community Pharmacy Residency at the University of Kentucky. There, her primary practice sites were a regional independent pharmacy buying group and a local independently-owned pharmacy in Lexington. At these sites, she provided unique patient care services directed at keeping elderly adults living independently for a longer time.

Dr. Alexander’s research focuses on practice-based issues related to community pharmacy practice. She serves as co-advisor of APhA-ASP and faculty mentor of Operation Self-Care. Dr. Alexander enjoys hobbies like crafting and listening to music.

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**Charles Collins, PhD, RPh**

Dr. Collins is a professor in the Department of Pharmaceutical Sciences. He received his BS in Pharmacy and his PhD from West Virginia University. He is a registered pharmacist in WV, PA and TN. He has worked in many different areas of pharmacy, including community and hospital practice and in the pharmaceutical industry. His main areas of interest are compounding, dosage form development, and drug dissolution testing. He has presented at many seminars around the world in these areas.

His research at the college involves dissolution testing of solid and semisolid drug delivery systems. He is the course coordinator of Pharmacy Calculations and of the compounding and dispensing lab during the P1 year. Dr. Collins also teaches Pharmaceutics and part of Biopharmaceutics, also P1 year classes. Dr. Collins also takes great pride in being the leader of all ping pong activities at the school. He is a very active player and can often be found during lunch hours looking for “victims” to play. He strives to be the undisputed champion of the college but has had much opposition from the student body.

Dr. Collins is an avid reader of science fiction and fantasy, an amateur woodworker and carpenter. He also likes to cook and will often make treats for students.
Brian Cross, PharmD

Dr. Cross is an Associate Professor in and Vice Chair of the Department of Pharmacy Practice. He received his bachelor’s degree from West Virginia University School of Pharmacy and Doctor of Pharmacy Degree from the University of Tennessee. He completed a residency in hospital pharmacy practice from the New England Medical Center in Boston and an Advanced Practice Residency in Primary Care from the Regional Medical Center, Memphis.

Dr. Cross is recognized by the National Certification Board of Diabetes Educators as a Certified Diabetes Educator (CDE) and by the Board of Pharmacy Specialties as a Certified Ambulatory Care Pharmacist. He currently is a pharmacotherapy specialist with the ETSU Family Physicians of Kingsport. He has practiced in varied ambulatory practices throughout his 20+ years of experience including the Indian Health Service, the VA Health System, multiple academic Family Medicine clinics, as well as private practice Primary Care and Endocrinology clinics.

His major research interests include cardiovascular risk assessment and reduction, diabetes, hyperlipidemia, hypertension, anticoagulation, and medical educational development and assessment. He is one of three professors of the P1 year fall and spring semester course, Contemporary Practice of Pharmacy, or “C-POP”. He is passionate about helping students find their strengths and how they will be best used in their future career/calling. He is a great resource for career guidance.

Robin Henry, PharmD, MBA

Dr. Henry is the Director of Experiential Education. She received her PharmD degree from Mercer University in Atlanta and her MBA from ETSU. Dr. Henry completed the first University of Tennessee Community Pharmacy Management Residency. She has practiced pharmacy for over 20 years. She is active in pharmacy organizations at local, state and national levels.

She is responsible for coordinating all student experiences at the practice sites. Students first get to know Dr. Henry through immunization training in their first months on campus. Students will work with Dr. Henry for all four years as Experiential Education is a primary component of the curriculum. Dr. Henry is known as “PharmDiva.” The reason for this designation becomes clear in the first weeks of orientation. Stay tuned.
Nick Hagemeier, PharmD, PhD

Dr. Hagemeier is an Assistant Professor in the Department of Pharmacy Practice. He earned his BS, MS, PharmD, and PhD (in Pharmacy Practice) from Purdue University. He worked as a pharmacist in Indiana at CVS Pharmacy for several years prior to coming to ETSU.

Dr. Hagemeier conducts research on various areas within pharmacy practice and often shares his finds with students in their first year to help them learn good study and practice skills. He also conducts research in the area of drug abuse. Dr. Hagemeier is one of three professors of the P1 spring and fall semester course, Contemporary Practice of Pharmacy, or “C-POP”. He also teaches a class on the role of law and ethics in pharmacy practice.

In his free time, Dr. Hagemeier enjoys playing the banjo, working on projects around the house and spending time with his family. His door is always open to students for career guidance.

David Hurley, PhD

Dr. Hurley is Vice Chair and Associate Professor in the Department of Pharmaceutical Sciences. Dr. Hurley earned a BS in both Biology and Physics from Guilford College in Greensboro, NC, and a MS and PhD in Molecular and Cellular Biology from Penn State University. He joined the faculty in Cell and Molecular Biology at Tulane University in New Orleans in 1992 to develop Cellular Biochemistry as a senior-level course for premedical students. His research focuses are the neuroendocrine regulation of gene transcription in both pituitary (growth hormone) and hypothalamus (somatostatin).

Dr. Hurley was a National Science Foundation CAREER program awardee from 1996-2004, and was co-investigator on a National Institutes of Health grant for 17 years. Valuing communication in both laboratory and classroom, he has won every teaching award granted on Tulane University's undergraduate campus, culminating in the Sheldon Hackney teaching prize in 2001. He moved to Tulane Medical School in 2004 to direct the Medical Biochemistry course, winning several teaching awards including the Gloria Walsh Teaching Medal in 2007.

After the devastation of Hurricane Katrina, he joined Bill Gatton College of Pharmacy at East Tennessee State University as an inaugural faculty member in July, 2007, to serve as Professor and Vice-Chair in the Department of Pharmaceutical Sciences. He is Course Director for Pharmacy Biochemistry, a P1 year course. He has 45 publications, is a member of The Endocrine Society, the Society for Neuroscience, the AACP, and has been a grant reviewer for 6 years with the National Institute for Diabetes, Digestive and Kidney Diseases.
**Ralph Lugo, PharmD**

Dr. Lugo is the Chair of the Pharmacy Practice Department. He currently serves as course coordinator for Pharmacy Practice I and II during the P1, Evidence-Based Practice I in the P2 year, and Clinical Pharmacokinetics in the P3 year. After obtaining his BS in Pharmacy from Rutgers University and PharmD from UNC-Chapel Hill, he completed a two-year fellowship in pediatric research at The Ohio State University. After completing his fellowship training, Dr. Lugo moved west to join the faculty of the University of Utah College of Pharmacy where he was tenured and served as Vice-Chair. His primary focus at the University of Utah was teaching pediatric pharmacotherapy and conducting clinical research in the pediatric ICU at Primary Children’s Medical Center. Dr. Lugo left Utah in 2006 after being a faculty member for 13 years and joined the leadership team at the Gatton College of Pharmacy.

Dr. Lugo has a very musically-oriented family, with all of his children playing string instruments and piano. Dr. Lugo has on occasion dusted off his trumpet to play for church events and GCOP student functions.

**Sarah Melton, PharmD**

Dr. Melton is Associate Professor of Pharmacy Practice. She received her BS in Pharmacy and PharmD degrees from Virginia Commonwealth University-Medical College of Virginia School of Pharmacy (VCU). She completed a Fellowship in Psychiatric Pharmacy. She is a board certified psychiatric pharmacist and an ambulatory care pharmacist. She is also a Geriatric Pharmacist and is a Fellow of the American Society of Consultant Pharmacists. She performs Medication Therapy Management in the areas of psychiatric and neurologic pharmacy, addiction, and other primary care disorders. She works directly with patients and an interdisciplinatory team in the area of substance abuse at Highpower, PC. She also practices as a Clinical Pharmacist at the Johnson City Community Health Center. Dr. Melton is one of three professors of the P1 spring and fall semester course, Contemporary Practice of Pharmacy, or “C-POP”. She has a long history of teaching P1 students professional development and her enthusiasm is evident in the class. She believes students should be in the professional mindset of pharmacy from the first day of school and tirelessly works to make students ready for the “real world.” Dr. Melton is the faculty adviser for the Generation Rx committee as part of APhA- ASP. She is also adviser of the student chapter of the College of Psychiatric and Neurologic Pharmacists. She was recently featured in the Pharmacy Today magazine. Outside of work, Dr. Melton likes to spend time with her family; she likes to play tennis, handbells, and the clarinet for fun.
Brian Odle, PharmD

Dr. Odle is an Assistant Professor in the Department of Pharmacy Practice at the Gatton College of Pharmacy. Dr. Odle received his BS degree in Chemistry from Middle Tennessee State University and his PharmD degree from the University of Tennessee. He completed a pharmacy practice residency at the University of Maryland Medical System. He is the course co-coordinator for the OTC-Natural Medicine course during the P1 and P2 years. When Dr. Odle is not in his office, he can be found at one of the area hospitals on medical rounds with his P4 students.

Peter Panus, PhD, PT

Dr. Panus is an Associate Professor in the Pharmaceutical Sciences Department. Dr. Panus received his BA at Huntingdon College in Biology and minored in Chemistry and Mathematics. He also earned a BS degree in Basic Medical Science, his PhD in Pharmacology, and later a BS degree in Physical Therapy from University of South Alabama.

Before coming to Gatton, Dr. Panus practiced as a Physical Therapist and was a professor in the Physical Therapy Department at ETSU. Dr. Panus is one of the authors of Pharmacology for Physical Therapists. He has also written and co-authored several textbook chapters. Additionally, he travels to give lectures and seminars throughout the year. He is a member of the American Physical Therapy Association.

Dr. Panus teaches the Pathophysiology course during the spring semester of the P1 year. He provides a unique perspective to the class with his PhD and physical therapy background.

Brooks Pond, PhD

Dr. Pond is an Assistant Professor in the Department of Pharmaceutical Sciences. She received her PhD in Pharmacology and Cancer Biology from Duke University. Her graduate work focused on the role of chloride transporters in neuronal death associated with cerebral ischemia.

After graduate school, Dr. Pond continued her research training in a postdoctoral fellowship in the Department of Developmental Neurobiology at St. Jude Children’s Research Hospital. In collaboration with Dr. Richard Smeyne, she began investigating the long-term effects of methylphenidate (Ritalin®) exposure on neural development, growth, and function. Dr. Pond has continued this work at ETSU. Current work in her laboratory includes an examination of the pharmacokinetic profile of methylphenidate in rodent models and an investigation of long-term effects of
methylphenidate on neurogenesis. Dr. Pond received an American College of Neuropsychopharmacology Young Investigator Award in 2006.

She is also an active member of the Society for Neuroscience, American Society for Pharmacology and Experimental Therapeutics (ASPET), and Phi Beta Kappa.

Victoria Palau, PhD

Dr. Palau is an Assistant Professor in the Department of Pharmaceutical Sciences, and is the coordinator for the Integrated Skills Lab I in the P1 fall semester. She came to Gatton from the University of Miami School of Medicine, where she practiced as a tumor cell biologist. Dr. Palau did her graduate work on the biochemistry of DNA and received her Ph.D. from Florida International University. She also trained at Duke University in Clinical Trial Management, and she offers an elective on this topic in the P2 and P3 years. Dr. Palau’s research and educational expertise are in the field of cancer, specifically signaling processes and the implications of several cell surface molecules in neoplasias. She is also interested in the discovery and testing of new antineoplastic compounds derived from plants. Pharmacy students interested in cancer research can join her through a research elective offered every semester.

Dr. Palau is guest lecturer in Anatomy and Physiology and Biochemistry. She is passionate about teaching and learning in the field of cancer research, which often plays into her lectures in various classes.

David Roane, PhD

Dr. Roane is the Chair of the Pharmaceutical Sciences Department and makes several appearances throughout the first semester in Anatomy and Physiology. He also teaches the Pharmacology I course in the P1 spring semester.

Dr. Roane earned his Ph.D. in Medical Physiology at Louisiana State University Health Sciences Center in New Orleans. There, he studied endogenous opioid function in an animal model of obesity. He minored in pharmacology. Dr. Roane was a postdoctoral research fellow in the Nutritional Neuroscience Program at the University of Georgia and he taught Physiology and Pharmacology at the College of Pharmacy at the University of Louisiana Monroe for 15 years. He has held adjunct appointments at
(Dr. Roane, cont.) Louisiana State University, Pennington Biomedical Research Center, and University of Mississippi Medical Center.

Dr. Roane’s educational and research expertise are in areas of metabolic pathways and dysfunction, with a specific focus on how the brain detects changes in plasma glucose.

Dr. Roane is passionate about wanting all of the students at the Gatton College of Pharmacy to receive a quality education that will serve them well for the rest of their lives. Dr. Roane likes to lighten up his lectures by interjecting stories or side remarks just to provide some “fresh air” to the lecture.

Zachary Walls, PhD

Dr. Walls is an Assistant Professor in the Department of Pharmaceutical Sciences. He earned his BS in Mathematics, Cell & Molecular Biology from Tulane University. He conducted his doctoral research in molecular imaging at The Crump Institute for Molecular Imaging at University of California, Los Angeles and the Molecular Imaging Program at Stanford University.

Dr. Walls did his postdoctoral research in drug delivery at The Center for Molecular Drug Targeting at the University of Michigan. His current research is in non-viral gene therapy.

Dr. Walls also received the New Investigator Award from the American Association of Colleges of Pharmacy in 2013. He is the course coordinator for Immunology and Biopharmaceutics, both P1 year classes. Dr. Walls has a great sense of humor while teaching. He works very hard to keep his Texan accent out of lectures but slips sometimes, only adding to overall class fun.

“Strikeouts are boring. Besides that, they’re fascist. Throw some ground balls- it’s more democratic.”
Experiential Education:

IPPE and APPE
Experiential Education

Experiential education has two components, Introductory Pharmacy Practice Experience (IPPE) and Advanced Pharmacy Practice Experience (APPE). Both programs are designed to give pharmacy students real world experience inside a pharmacy or pharmaceutical lab. They are sometimes simply called “pharmacy rotations”. A student will rotate through a number of pharmacies in order to become familiar with and understand the many different facets of the pharmacy field. The number of rotations and the scheduling of rotations vary based on which year the student is in. Rotations can either be in Johnson City or surrounding regions. For the P1 rotations, all pharmacies are generally located within 45 minutes of the College. Each pharmacy preceptor will submit an evaluation of the student on rotation at their site. IPPE-1 and IPPE-3 rotations are graded on a pass/fail basis while IPPE-2 and APPE rotations are assigned an actual grade. To help incoming students become acquainted with the IPPE process, the Office of Experiential Education will hold an introductory training session in the first few weeks of school. They will explain the rotations process more in depth as well as the “professional” dress code requirements. Likewise, this time will be used to certify each student to give immunizations. As pharmacists are now able to give vaccinations, students are required to be certified in the case that they too might have to give vaccinations (and it will occasionally happen). This process consists of two half days of lecture on the general information regarding immunizations as well as an immunization practical. In the practical, each student will have to give another student three injections of saline water (and will likewise have to receive three injections of saline water). There is also a self-test and a post-lecture exam. After this process each student will be certified to give immunizations in all pharmacy settings.

First Year Students: IPPE-P1

P1 rotations occur in community retail pharmacies, chain retail pharmacies or hospital pharmacies. Rotations are automatically assigned to each student and cannot be requested. The historical schedule is shown, but it may vary depending upon site availability. For this reason, it is suggested that you do not schedule other activities (e.g. working) until your IPPE times are known.

Fall Semester:

- Two or three 4-Week Rotations
- One four-hour period per week
- Tuesday or Wednesday

Spring Semester:

- Two or three 4-Week Rotations
- One four hour period per week
- Tuesday or Wednesday
Second Year Student: IPPE-P2

P2 rotations have a more detailed involvement with the pharmacies. These rotations consist of one institutional (hospital) rotation and one community pharmacy rotation. Rotations can be requested and can occur outside of Johnson City (Ex. In a student’s home town). If a desired pharmacy is not already on the active list of the College, a student may suggest/request that the site be added. The Office of Experiential Education can advise of the process for doing so.

Fall & Spring Semesters:
- No Rotations

Summer Break:
- Two 2-Week Rotations
- Forty hours each week

Third Year Students: IPPE-3

P3 experiential education differs from the other years in that it is divided into three components: clinical, geriatric, and service learning. Students are required to obtain 48 hours of self-selected learning opportunities, which must include 16 hours of clinical work. In addition, to the above, P3 IPPE contains 12 hours of reflective learning that are earned prior to the P3 year.

Fourth Year Students: APPE

P4 rotations are known as Advanced Pharmacy Practice Experience. They more closely resemble a traditional “internship” within a pharmacy. They involve detailed, hands on work within a pharmacy and occur for the majority of a student’s fourth year. Students may even do journal reports or give presentations to other healthcare professionals on medication and pharmaceutical issues. Rotations can be requested and can occur outside of Johnson City (See P2 description above). There is a much wider range of options for APPE rotations. Keep in mind that no didactic coursework (with the exception of a few presentations) occurs within the P4 year.

Requirements:
- 1 institutional
- 1 community
- 1 acute care
- 1 ambulatory care

- 4 electives

- 1 additional acute or ambulatory care

**Summer, Fall, Spring:**

- Nine 1-Month Rotations

- Full time, at least forty hours per week.

- No rotations in May of P3 year, December and one other month that the student chooses (subject to “spin” results).

The Bottom Line:

Often a pharmacy rotation will have more than one student simultaneously (ex. a P1 and P4 student), so it isn’t uncommon to be in the pharmacy with a classmate or older student.

For P1 students, the rotations basically consist of observing the happenings of the pharmacy and talking with pharmacists. At times there may be the perception that students, especially as less knowledgeable P1s, are “free labor”. Although the College discourages this type of preceptor-student relationship, please remember that perception is not always reality and that the situation requires some consideration from the student.

As future practitioners, we will be responsible for every aspect of the pharmacy, including technicians and their responsibilities. With that in mind, the Office of Experiential Education always welcomes student feedback about such encounters.

Many preceptors may be flexible with the rotation hours; however, any desired changes to the scheduled hours must be arranged in advance and approved by the preceptor. Likewise, some preceptors may allow students to wear more casual clothing, as compared to the requirements of the College. Finally, regardless of whether a student is fond of a rotation or not, he or she is at least getting a glimpse of the real world of pharmacy, which is what the IPPE/APPE rotations are designed to do.
Student Activities
Whenever possible, students are encouraged to develop some outside interest or activity in addition to academic study. A well-balanced college career includes extracurricular involvement as well as classes and studying. The GCOP supports many nationally recognized organizations, pharmacy fraternities, and student groups. These student organizations can provide leadership and career development, recognize professional and scholastic achievement, and serve as an outlet for meeting new people and having fun! Be sure not to let these great opportunities pass you by! Get involved!

The information below should give you a brief introduction to which groups are present on campus and the activities and projects they do throughout the year. Additionally, many of these organizations provide a great way to travel on a state and national level.

The president of each student organization will meet with your class during orientation at the beginning of the school year to let you know more about the group and how to sign up.

**American Society of Health-System Pharmacists (ASHP)**

As a leader in the development of clinical and institutional pharmacy practice, ASHP represents pharmacists in hospitals and health systems. ASHP continues to support safe and appropriate use of medication through its efforts to reduce medication errors and promotes pharmacists as providers of clinical and cognitive service. Membership in ASHP is especially important for those of you interested in doing a residency after graduation or a career in institutional or clinical practices.

**The Facts:** Estimated Dues $48

**Website:** www.ashp.org

**Advisors:** Dr. David Cluck and Dr. Jessica Freshour

**National Community Pharmacist Association (NCPA)**

NCPA is dedicated to providing a voice for pharmacists in community practice and is especially important for those who plan to own or develop an innovative community practice. With its many career resources, legislative advocacy efforts, and education and outreach initiatives, NCPA provides the tools necessary to succeed in independent and community practice.

**The Facts:** Estimated Dues: $45

**Website:** www.ncpanet.org

**Advisor:** Dr. Jeff Gray
College of Psychiatric and Neurologic Pharmacy (CPNP)

CPNP is an organization dedicated to raising awareness about mental health, its treatment, and modern and traditional perspectives on the area. It is also aimed at training students to practice pharmacy in areas related to the treatment of mental ailments. The group works to educate the community on common psychological disorders, drug abuse, and is currently working on adding a multicultural dimension to the learning base. This new element is focused on educating students about approaches to treating various mental health states in an increasingly diverse population.

**The Facts:** Estimated Dues: $20

**Website:** http://cpnp.org/

**Advisor:** Dr. Sarah Melton

American Pharmacist Association – Academy of Student Pharmacists (APhA-ASP)

APhA-ASP is the student branch of the American Pharmacists Association (APhA). Our mission statement is to be the collective voice of student pharmacists, to provide opportunities for professional growth, to improve patient care, and to envision and advance the future of pharmacy. As a member, you have access to career and professional resources, as well as venues to network with practitioners and other student pharmacists from across the country through going to Midyear Regional Meeting and APhA Annual Meeting. With nearly 30,000 members at pharmacy schools across the nation, APhA-ASP represents the entire scope of the pharmacy profession.

**The Facts:**

Estimated Dues are $100, which includes student membership to TSSP (Tennessee Society of Student Pharmacists), a student division of TPA (Tennessee Pharmacist Association).

**Website:**

http://www.pharmacist.com/apha-asp

**Advisors:**

Dr. Katelyn Alexander and McKenzie Calhoun

**NOTE:**

APhA-ASP is the largest student organization on campus, so getting involved is highly recommended for opportunities to attend various state and national level meetings and networking.
**Student National Pharmaceutical Association (SNPhA)**

SNPhA is an educational service association of pharmacy students who are concerned about pharmacy and healthcare related issues, and the poor minority representation in pharmacy and other health-related professions. The purpose of SNPhA is to plan, organize, coordinate and execute programs geared toward the improvement for the health, educational, and social environment of the community. The SNPhA chapter at Gatton College of Pharmacy has had great success helping the local area and building strong foundations between the college and the community.

**The Facts:** Estimated Dues are $35

**Website:** https://www.snpha.org

**Advisor:** Dr. Jim Thigpen

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**The Association of Interprofessional Healthcare Students (AIHS)**

AIHS is an interdisciplinary organization that was created and founded here at Gatton College of Pharmacy. This organization focuses on equipping healthcare students with the tools necessary for interdisciplinary communication and collaboration. This includes students pursuing a career in pharmacy, medicine, nursing, psychology, public health, and social work/clinical rehabilitative health sciences. A goal of AIHS, as well as an avid mission of Gatton College of Pharmacy, is to provide opportunities and to prepare student pharmacists to assume an active role in the interdisciplinary team, which ultimately improves patient outcomes.

**The Facts:** Estimated Dues are $25

**Website:** http://aihs.info/

**Advisor:** Dr. Michael Crouch

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**Christian Pharmacists Fellowship International (CPFI)**

Christian Pharmacists Fellowship International (CPFI) is a worldwide ministry of individuals working in all areas of pharmaceutical service and practice. The organization’s mission is to provide Fellowship among like-minded professionals, challenge and promote spiritual growth, encourage the advancement of knowledge and ethics in the practice of pharmacy, and provide support and opportunity for service in both home and foreign missions.

**The Facts:** Dues: $35

**Website:** www.cpfi.org

**Advisor:** Dr. Rick Hess
Phi Lambda Sigma

Phi Lambda Sigma is the National Pharmacy Leadership Society. Members of Phi Lambda Sigma are selected by their peers in recognition of service and leadership in the advancement of pharmacy. Students are eligible for membership following the completion of the P1 year.

Website: http://www.philambdasigma.org

Advisor: Dr. David Roane

Rho Chi

Rho Chi is the Academic Honor Society in Pharmacy. Membership in Rho Chi is based on academic and professional achievement. Students are eligible for membership following the completion of the P2 year.

Pharmacy Fraternities

• Kappa Epsilon
• Kappa Psi
• Phi Delta Chi

Pharmacy fraternities provide student pharmacist with opportunities to unwind and socialize, away from the everyday stresses of pharmacy school. Although fraternities host a number of parties and other social events throughout the year, they also promote the profession through service projects and community outreach.

The Facts:

Kappa Psi: www.kappa-psi.org
Advisors: Dr. Charles Collins & Dr. Jessica Freshour

Phi Delta Chi: www.phideltachi.org
Advisor: Dr. Emily Flores

Kappa Epsilon: kappaepsilon.org
Advisors: Dr. Larissa Bossaer and Dr. Robin Henry

NOTE: A formal rush week will begin a few days into the semester so you can check out what each fraternity is about. **These are not your typical undergraduate (Animal House) fraternities, but definitely fun co-ed professional fraternities.**
Admissions Committee: Student Interviewers

Students may serve as a member of the Admissions Committee in the role of Interviewer. Interviewers are responsible for interviewing applicants selected through the screening process to assess their qualifications and suitability for admission to the college. The Office of Student Affairs sends an email to all second-year students at the beginning of the Fall semester to notify them of the application process. Interviewers begin serving in the Fall semester of their P2 year. Student interviewers are appointed for a one-year term but are eligible to be reappointed annually.

Student Ambassadors

Student Ambassadors play a vital role at GCOP by assisting the Office of Student Affairs with recruitment and general promotion of the institution. Student Ambassador responsibilities include providing tours to prospective students and other groups visiting the College and participating in public service/community events. Students selected are expected to serve as a Student Ambassador throughout their remaining years as a pharmacy student. The application and selection process for Student Ambassadors takes place during the P1 year. The Office of Student Affairs sends an email to all first-year students to notify them of the application process.

Gatton Historical Society

Members work on creating and captivating the memories of Bill Gatton College of Pharmacy. Their main project plans include a community service initiative, the BGCOP yearbook, and designing t-shirts and student planners. Make your mark at Bill Gatton College of Pharmacy!

Contact: Raneem Mubaslat  mubaslat@goldmail.etsu.edu

Assessment Committee:

GCOP takes the assessment of academics and student life very seriously. Members of the Assessment Committee are responsible for making sure that we are “closing the loop” on all of our evaluations. This committee will meet regularly. Chair: Dr. Jeffrey Gray

Library Committee:

Members of the Library Committee are charged with assuring that students have adequate access to appropriate drug information resources through the library. This committee does not require a large time commitment.
**Honor Code Committee:**

Gatton College of Pharmacy has developed the Academic and Professional Conduct Code to help promote ethics and professionalism within the field of pharmacy. The Honor Code Committee (HCC) allows an opportunity for students to be involved in the presentation, amending, and enforcement of the code. The HCC is comprised of eight student members (two from each class), four alternate student members (one from each class), a faculty member, and the Assistant Dean of Student Affairs. Student members are elected by each class during their P1 year and remain on the HCC for the following four years. While the committee does not involve a large time commitment, members will be faced with ethical issues and must be able to respond with moral and professional integrity.

**Curriculum Committee:**

Members of the Curriculum Committee are responsible for evaluating the existing curriculum with regard to future classes. While GCOP has an outstanding curriculum, we always want to reach for higher and greater things. This committee will meet regularly. Chair: Dr. Brian Cross

**Emergency Preparedness Committee:**

Members are responsible for readying the college to meet emergencies and ensure a safe learning environment. This committee does not require a large time commitment. Chair: Dr. David Hurley

**Student Life Advisory Board:**

The Student Life Advisory Board works with the Office of Student Affairs to coordinate activities and events such as Field Day, Halloween, March Madness, the annual Awards Ceremony, and much more. This committee is a great way to be involved with student life at GCOP. Interested students should contact their elected class officers. This committee will meet regularly.

**Technology Committee:**

Members of this committee will assess the use of technology to enhance student learning and testing. This committee does not require a large time commitment.
Class Officers

For the incoming first-year students, class officer elections will take place in the first month of class. Reelections for the upcoming year are held in the spring for each class. The administration will ask for nominations for the three positions: President, Vice President, and Secretary/Treasurer. The class will then submit nominations to the administration. Upon receiving a nomination, an email will be sent to the nominee requesting an acceptance or decline for nomination. On election day, the accepted nominees will deliver speeches to the class. (A candidate’s speech may be as long or short as they wish.) In an administration-moderated vote, students will anonymously cast their votes using the Turning Point Response Clickers. Election results will be announced immediately.

Class President:

The Class President serves a variety of different functions for the class and school. This individual will act as an advocate for the class and will serve as a go between for decisions between professors, administration, and the class. The president also serves on several different committees and appoints classmates to other committees. The most notable committee is the Dean’s Student Advisory Committee, where the president will serve alongside the vice president and secretary/treasurer. One of the biggest roles of the president is to recruit his/her classmates to volunteer their time to serve on committees or participate in school functions. The administration often calls on the president to provide polling for classroom and to make scheduling decisions for the class. The president may also provide leadership for class projects, etc. Important characteristics of a class president include being professional, outgoing, approachable, organized, enthusiastic, dependable, and a good communicator. This individual should model a healthy relationship with their peers and professors, and be comfortable with public speaking, meeting deadlines, frequent email/social media presence, and in leading the class as a team.

Class Vice-President:

The Class Vice President meets with the other officers to address all administrative matters, and shares suggestions or concerns made by classmates. The VP has a voice on the Dean’s Student Advisory Committee and is an additional person to advocate on behalf of the class to faculty and administration. In the event of the president’s absence, the VP will perform those duties as well.

Class Secretary/Treasurer:

The Class Secretary/Treasurer is responsible for attending all Dean Student Advisory Council meetings that are held once monthly. During these meetings, they should take notes and report back to the class any announcements that were made during this meeting. They are also responsible for the class account. Although the school does not set up a bank account for the class, the secretary/treasurer is responsible for collecting and keeping track of any money that the class accumulates (i.e. for class t-shirts). It is very important that the class secretary/treasurer is very organized, can communicate efficiently, and represent the class in a positive, professional manner.
*Although many options exist, these complexes reflect student experiences.*
Indian Ridge Retreat
(423)773-4414
garyphillipsdevelopment.com

1 BR  $675

- No Pets allowed
- Water included
- Electricity, internet and cable are not included
- Stainless steel appliances, washer/dryer, private deck
- 5-10 minutes to campus
- full membership to wellness center

Highly recommended:
Quiet and safe, fairly new

Miller Crest Apartments
(877)875-6824

1 BR  $639-$679
2 BR  $749-$799

- Pets allowed
- Water included
- Electricity, internet and cable are not included
- Pool and laundry facilities, community park
- 5-10 minutes to campus

Recommended:
Quiet, safe, with lots of room; some complaints about price
Swadley Park Apartments
(423)773-4414
garyphillipsdevelopment.com

1-3 BR $525-$1000
● No Pets allowed
● Water included
● Electricity, internet and cable are not included
● 5-10 minutes to campus

The Haven
(423)434-0011
thehavenapartments.com/knobcreek

1 BR $799
2 BR $949
3 BR $1150
● Pets Allowed, max of 2
● Water, electric, cable and internet are not included
● Pool, Gym, Laundry Facilities, Washer/Dryer Hook-Ups, Gated, Quiet
● 10 minutes to campus
● car wash bay, pet park

Highly Recommended:
Many pharmacy students live here (Find one to recommend you and they get a kickback!)
Homestead Properties
Morningside, Pecan Court, Willow Creek, Buccaneer Court
(423) 926-6582
homesteadpropertiestn.com

1-2 BR $500+

● Pets allowed with fee
● Water and Trash included
  (at some complexes)
● Pool, 24-hr Gym & Laundry
● 2 to 5 miles from BGCOP

Highly recommended:
Quiet, close, renovated, safe.

Franklin Square
(423) 283-0230

2 BR w/ Garage $895

● water, garbage included
● stainless steel appliances
● washer/dryer connections

Greenwood Farms Apartment
(423) 979-0390

1 BR $570
2 BR $665-$715

● Pets allowed with deposit
● Water, trash, internet/cable included
● Electricity not included
● Volleyball court, laundry, clubhouse facilities
• 5 minutes to campus

Highly Recommended: Recently renovated, quiet, safe

**Evergreen Terrace**
(423)926-1769
evergreencampusapts.com

1 BR  $485-$550
2 BR  $620-$675

• Pets allowed with fee
• Water, garbage, sewer, wireless internet included
• Electricity and cable are not included
• Pool and laundry facilities
• 5 minutes to campus

Considerations: not as quiet, issues with parking, minor vandalism has been reported

**University Edge**
(423)928-9704
UniversityEdge@PeakCampus.com

2 BR  $611
3 BR  $526
4 BR $481-$486

• own bathroom, furnished
• free tanning, movie theater
• swimming pool, bonfire pit, game room
• fitness room, computer lab w/ free printing
• 5 minutes from campus
• on Buc Shot route, new graduate wing

**Stone Crest Court**
(423)946-0084

1 BR w/ Garage $695
2 BR w/o Garage $775
2 BR w/ Garage $875
3 BR w/ Garage $1045

• includes water, sewage, and trash pickup
• 10-15 minutes from campus
Fox Glen Townhouses  
(423)434-9100

1 BR $510  
2 BR $640  
3 BR $780
  ● swimming pool  
  ● tennis courts  
  ● 24 hr maintenance

Silver Creek Apartments  
(423)283-0230

2 BR Flat $775  
2 BR Townhouse $795
  ● Pets allowed with deposit  
  ● Water, trash included  
  ● Electricity, internet and cable are not included  
  ● Pool, laundry facilities, garages are available for additional charge  
  ● microwave, refrigerator, washer/dryer hookups  
  ● 10-15 minutes to campus

Highly Recommended:  
Quiet and safe
Health Insurance
Health Insurance

As a pharmacy student at the Bill Gatton College of Pharmacy you are required to be covered by a health insurance plan that is at the minimum as comprehensive as the plan offered through the university. The school will advise you that you must show proof of insurance to the college by a set date before classes start during the enrollment process and if not, you will be automatically signed up to receive the benefits of the schools health insurance plan, through AIG. The health insurance plan is not the most comprehensive plan that is available, but the fact is that unless you can maintain coverage through your parents or spouse or can maintain a full-time status through your employer and receive benefits through them, there really are not that many options that are as affordable as the plan provided by the college. There are some options that will be discussed at the closure of the health insurance section.

AIG

Basic Student Injury and Sickness Insurance Plan

*The 2014-15 brochure is not yet available. For reference, rates usually increase an average of 9% per year. The 2013-14 semi-annual rates for Pharmacy students are as follows (optional coverage as stated in brochure):

Under 25: $944

25-34: $1,049

Spouse (<25,25-34): $2,133

Each Child (all ages): $1,046

25-34: $2,133

35-44: $1,257

Spouse (35-44): $2,244

45+: $1,433

Spouse (45+): $2,306

*Please refer to http://www.studentinsurance.com for complete listings and schedules of coverage. At the Student Health Center, the deductible is waived and 100% of allowable costs are paid by insurance company.

USAA www.usaa.com

Another option if your parents were in the military and maintained the issued auto insurance (USAA), then you (and your spouse) are also eligible for USAA’s newly added health insurance plans, which are very competitively priced.

These plans are also limited plans, but additional covered entities, like a spouse, are more affordable than the plan offered through the school.

Simply Blue www.bcbst.com/health-plans/individual/simplyblue/

Another option posed by some of the students from the Quillen College of Medicine is a plan through the Blue Cross Blue Shield organization, called Simply Blue. Simply Blue is a limited private health insurance plan, comparable to that offered by the college.
# Local Businesses

<table>
<thead>
<tr>
<th><strong>Banking</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>State of Franklin Bank</strong></td>
</tr>
</tbody>
</table>
| 1000 W Oakland Ave  
  Johnson City, TN  
  (423) 854-2180 | 4718 N Roan St  
  Johnson City, TN  
  (423) 722-9800 | 612 W Walnut St  
  Johnson City, TN  
  (423) 461-4550 |
| **Regions Bank** |
| 208 Sunset Dr, #200  
  Johnson City, TN  
  (423) 282-7629 | 1408 W State Of Franklin Rd  
  Johnson City, TN  
  (423) 282-7664 | 1212 E Watauga Ave  
  Johnson City, TN  
  (423) 282-7657 |
| **First Tennessee Bank** |
| 1500 W State Of Franklin Rd  
  Johnson City, TN  
  (423) 975-0304 | 103 W King St  
  Johnson City, TN  
  (423) 461-1237 | 2112 N Roan St  
  Johnson City, TN  
  (423) 461-1716 |
| **SunTrust Bank** |
| 426 W Walnut St  
  Johnson City, TN  
  (423) 434-2547 | 600 N Broadway St  
  Johnson City, TN  
  (423) 232-1764 | 1806 W Market St  
  Johnson City, TN  
  (423) 434-4277 |
| **Bank of America**  
 **Peoples Community Bank**  
 **Peoples Community Bank** |
| 2105 North Roan St  
  Johnson City, TN  
  (423)461-8115 | 862 Med Tech Pkwy  
  Johnson City, TN  
  (423) 979-0375 | 300 Sunset Dr  
  Johnson City, TN  
  (423) 915-2200 |
<table>
<thead>
<tr>
<th>Andrew Johnson Bank</th>
<th>Eastman Credit Union</th>
<th>Citizens Bank</th>
</tr>
</thead>
<tbody>
<tr>
<td>3300 Browns Mill Rd #210 Johnson City, TN</td>
<td>113 Broyles St</td>
<td>1811 W State Of Franklin Rd</td>
</tr>
<tr>
<td>(423) 262-0091</td>
<td>Johnson City, TN</td>
<td>Johnson City, TN</td>
</tr>
<tr>
<td></td>
<td>(423) 229-8200</td>
<td>(423) 952-2265</td>
</tr>
<tr>
<td></td>
<td>255 Marketplace Blvd</td>
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<td></td>
<td>Johnson City, TN</td>
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</tr>
<tr>
<td></td>
<td>(423) 722-1200</td>
<td></td>
</tr>
<tr>
<td></td>
<td>421 N State of Franklin Rd,</td>
<td></td>
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<tr>
<td></td>
<td>Johnson City, TN</td>
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<tr>
<td></td>
<td>37604</td>
<td></td>
</tr>
<tr>
<td>BB&amp;T</td>
<td></td>
<td></td>
</tr>
<tr>
<td>104 University Pkwy #1 Johnson City, TN</td>
<td>2000 Franklin Terrace Ct.</td>
<td>203 Broyles Dr.</td>
</tr>
<tr>
<td>(423) 926-5866</td>
<td>Johnson City, TN</td>
<td>Johnson City, TN</td>
</tr>
<tr>
<td></td>
<td>(423) 283-1059</td>
<td>(423)282-7900</td>
</tr>
<tr>
<td><strong>Nightlife</strong></td>
<td><strong>Nightlife</strong></td>
<td><strong>Nightlife</strong></td>
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</tbody>
</table>
| **Bailey’s Sports Grille**  
2102 North Roan Street  
Johnson City, TN  
(423) 929-1370  
Billiards, darts, ping-pong, Golden Tee. Great sports bar! | **Capone’s**  
227 East Main Street  
Johnson City, TN  
(423) 928-2295  
caponesjohnsoncity.com  
Great live, local music! | **Numan’s Café & Sports Bar**  
225 East Main Street  
Johnson City, TN  
(423) 926-7665  
Billiards, karaoke, and poker tournaments. |
| **Café One 11**  
111 Broyles Street #1  
Johnson City, TN  
(423) 283-4633 | **Fanatics Fun Eatery**  
211 Mockingbird Lane  
Johnson City, TN  
(423) 929-0505 | **Halo**  
211 East Main Street  
Johnson City, TN  
(423) 434-0799 |
| **Café Lola**  
1805 N Roan St # B1  
Johnson City, TN  
(423) 928-5652  
Great bistro | **Gourmet and Company**  
214 E. Mountcastle Suite J  
Johnson City, TN  
(423) 929-9007  
gourmetandcompany.com | **Knight’s Food and Sports**  
1701 W State of Franklin  
Johnson City, TN  
(423) 975-6483 |
| **Mellow Mushroom**  
2929 North Roan Street  
Johnson City, TN  
(423) 928-6356  
Occasional live music. | **Tipton Street Pub**  
110 Tipton Street  
Johnson City, TN  
(423) 434-0306  
www.tiptonstreetpub.com | **Scully’s Bar and Grill**  
3103 N Roan St  
Johnson City, TN  
(423) 282-3559 |
### One2 Downtown Sports Bar
112 Tipton Street
Johnson City, TN
(423) 631-0505
112downtown.com

“Two Thumbs Up!”
One12 usually has a DJ on Friday and Saturday nights, and occasionally live music.

### Food City
2120 South Roan St.
Johnson City, TN
(423) 928-0236

509 N. State of Franklin Rd.
Johnson City, TN
(423) 928-2661

### Groceries

#### Ingles
1200 W. Jackson Blvd.
Jonesborough, TN
(423) 753-8893

#### Kroger
1805 W. State of Franklin Rd.
Johnson City, TN
(423) 929-1408

112 Sunset Dr.
Johnson City, TN
(865) 282-5656

### Wal-Mart
3111 Browns Mill Road
Johnson City, TN
(423) 282-5376

2915 West Market Street,
Johnson City, TN
(423) 434-2250

### Earth Fare
1735 W. State of Franklin Rd.
Johnson City, TN
(423) 232-1011

### Farmer’s Markets

**ETSU Fall & Spring**

thefarmersmarketatetsu.wordpress.com

**Kingsport**
300 Clinchfield Street
Wed & Sat, Apr-Dec

Jonesborough Courthouse Square
Sat, May-Oct

### The Fresh Market
421 N. State of Franklin Rd.
Johnson City, TN
(423) 232-1555

### Sam’s Club
3060 Franklin Terrace
Johnson City, TN
(423) 282-2303
Shopping

K-Mart
3019 Peoples Street
Johnson City, TN
(423) 610-1236

Target
2116 N Roan St # 3
Johnson City, TN
(423) 854-8899

Barnes and Noble
3030 Franklin Terrace
Johnson City, TN
(423) 952-5577

Kohls
190 Marketplace Drive
Johnson City, TN
(423) 282-1107

Plato's Closet
1805 North Roan Street
Johnson City, TN
(423) 926-1118

Books-A-Million
2116 North Roan Street
Johnson City, TN
(423) 915-0112

Dollar Tree
2111 N Roan Street #130
Johnson City, TN
(423) 282-3750

Cato's
3101 W. Market St #220
Johnson City, TN
(423) 928-1612

Mr. K's Used Books
4 Mark Twain Ct.
Johnson City, TN

3101 W Market Street #200
Johnson City, TN
(423) 926-4952

TJ Maxx
2116 N Roan Street #2b
Johnson City, TN
(423) 854-9459

Lowe's
80 Market Place Blvd
Johnson City, TN
(423) 283-4477

Dollar General
1121 N Roan Street #2
Johnson City, TN
(423) 232-2935

Pier One
2116 N Roan Street #1B
Johnson City, TN
(423) 282-8487

Office Max
3110 Browns Mill Road
Johnson City, TN
(423) 282-5600

112 Sunset Drive
Johnson City, TN
(423) 282-8039

Mahoney's
830 Sunset Drive
Johnson City, TN
(423) 282-5413

Office Depot
2111 North Roan Street #120
Johnson City, TN
(423) 610-0676
The Mall at Johnson City
North Roan Street #C6
Johnson City, TN
(423) 282-5312

Includes stores like:

- American Eagle
- Forever 21
- Victoria’s Secret
- Bath and Body Works
- Belk’s
- JC Penney’s
- GAP
- Buckle
- Maurice’s
- Dick’s Sporting Goods
- Sears
- Hollister Co.

Johnson City Crossings
3211 Peoples Street
Johnson City, TN

Includes stores like:

- Old Navy
- Dress Barn
- GameStop
- Natural Foods Market
- SteinMart
- Bed, Bath, and Beyond
- Ross
- Lifeway Bookstore
- HH Gregg
- Michael’s
- Home Depot
- Best Buy
- Rugged Wearhouse
- PetsMart

Peerless Shopping Center
2530 N. Roan Street
Johnson City, TN
(423) 282-4224

Includes stores like:

- Talbot’s
- Restonic Mattress Gallery
- Treasure House
- Jos. A. Bank
- Coldwater Creek
# Automotive Services/Repair

<table>
<thead>
<tr>
<th>Business Name</th>
<th>Address</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Doyle’s Tires Services Inc.</td>
<td>504 West Market Street</td>
<td>(423) 926-4112</td>
</tr>
<tr>
<td></td>
<td>Johnson City, TN</td>
<td></td>
</tr>
<tr>
<td>Jiffy Lube</td>
<td>2801 North Roan Street</td>
<td>(423) 283-4441</td>
</tr>
<tr>
<td></td>
<td>Johnson City, TN</td>
<td></td>
</tr>
<tr>
<td>Free Service Tire</td>
<td>126 Buffalo Street</td>
<td>(423) 926-4161</td>
</tr>
<tr>
<td></td>
<td>Johnson City, TN</td>
<td></td>
</tr>
<tr>
<td>Jones OK Tires</td>
<td>511 West Market Street</td>
<td>(423) 928-3922</td>
</tr>
<tr>
<td></td>
<td>Johnson City, TN</td>
<td></td>
</tr>
<tr>
<td>Southern Classic Auto Wash</td>
<td>518 West Oakland Avenue</td>
<td>(423) 282-2210</td>
</tr>
<tr>
<td></td>
<td>Johnson City, TN</td>
<td></td>
</tr>
<tr>
<td>Meineke Car Care Center</td>
<td>1009 West Market Street</td>
<td>(423) 926-0230</td>
</tr>
<tr>
<td></td>
<td>Johnson City, TN</td>
<td></td>
</tr>
<tr>
<td>Ponder Auto Repair</td>
<td>915 West Market Street</td>
<td>(423) 928-3849</td>
</tr>
<tr>
<td></td>
<td>Johnson City, TN</td>
<td></td>
</tr>
</tbody>
</table>

Great place to buy tires (free tire rotations after). Other car mechanic services available.

**Jiffy Lube**

2801 North Roan Street
Johnson City, TN
(423) 283-4441
MTuWThF 8am-6pm
Sat 8am-5pm

Good, quick, friendly service. Can drop off a vehicle and have lunch at Cootie Brown’s next-door while you wait.

**Free Service Tire**

126 Buffalo Street
Johnson City, TN
(423) 926-4161

**Jones OK Tires**

511 West Market Street
Johnson City, TN
(423) 928-3922

**Southern Classic Auto Wash**

518 West Oakland Avenue
Johnson City, TN
(423) 282-2210

Great carwash with full washing technology. They also do some light mechanic work such as oil changes.

**Meineke Car Care Center**

1009 West Market Street
Johnson City, TN
(423) 926-0230

Location is close to school, near Knight’s Pizza.

**Tire Barn**

3205 Bristol Highway
Johnson City, TN
(423) 283-9189

**Ponder Auto Repair**

915 West Market Street
Johnson City, TN
(423) 928-3849

Good service. Locally owned.
# Movie Theaters

<table>
<thead>
<tr>
<th>Theater</th>
<th>Address</th>
<th>City</th>
<th>State</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Carmike Cinemas 14</td>
<td>1805 North Roan Street</td>
<td>Johnson City</td>
<td>TN</td>
<td>(423) 929-7151</td>
</tr>
<tr>
<td>Tinseltown</td>
<td>3004 Linden Drive</td>
<td>Bristol</td>
<td>VA</td>
<td>(276) 669-2091</td>
</tr>
<tr>
<td>State Line Drive-In</td>
<td>2306 State Line Road</td>
<td>Elizabethton</td>
<td>TN</td>
<td>(423) 542-5422</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Open April-September <strong>CASH ONLY</strong></td>
</tr>
<tr>
<td>Twin City Drive-In</td>
<td>2512 Volunteer Parkway</td>
<td>Bristol</td>
<td>TN</td>
<td>(423) 764-8033</td>
</tr>
<tr>
<td>Real to Reel Theater</td>
<td>130 West Springbrook Drive</td>
<td>Johnson City</td>
<td>TN</td>
<td>(423) 282-2131</td>
</tr>
</tbody>
</table>

**CASH ONLY**

***There are Redbox locations throughout Johnson City***
## Entertainment

<table>
<thead>
<tr>
<th>Bristol Motor Speedway</th>
<th>Holiday Lanes</th>
<th>Wetlands</th>
</tr>
</thead>
<tbody>
<tr>
<td>151 Speedway Blvd</td>
<td></td>
<td>1423 Persimmon Ridge Road</td>
</tr>
<tr>
<td>Bristol, TN</td>
<td></td>
<td>Jonesborough, TN</td>
</tr>
</tbody>
</table>

A variety of races, from Nascar to drag racing are held throughout the year. During the holidays, November-January, they hold Speedway in Lights, a great light event for families, along with an ice skating rink.

### Freedom Hall
601 E Main Street  
Johnson City, TN  
(423) 434-6000

Large event hall with various events such as the following: concerts, monster truck, wrestling, Shows on Ice, Light shows, Fireworks outdoors for July 4th, Harlem Globetrotters, etc. See their website for upcoming events.

### Knoxville Zoo
3500 Knoxville Zoo Drive  
Knoxville, TN  
(865) 637-5331

Guaranteed fun for all ages!

### Nearby Cities & Towns to Visit:
**Tri-Cities:**  
Kingsport, Jonesborough, Bristol, Elizabethton, Greeneville, Rogersville

**Further Away:**  
Knoxville, Asheville, Chattanooga, Gatlinburg, Pigeon Forge, Boone, Hendersonville (NC)

### Dollywood & Splash Country

Theme park and waterpark located in the smoky mountains.  
Pigeon Forge, TN.  
(Tickets purchased separately)
**Post Offices**

<table>
<thead>
<tr>
<th>Near Stanton-Gerber Hall</th>
<th>Downtown</th>
<th>Near Franklin Woods Hospital</th>
</tr>
</thead>
<tbody>
<tr>
<td>53 Memorial Dr</td>
<td>530 E Main St</td>
<td>1100 N State of Franklin Rd</td>
</tr>
<tr>
<td>Mountain Home, TN</td>
<td>Johnson City, TN</td>
<td>Johnson City, TN</td>
</tr>
<tr>
<td>(423) 926-4804</td>
<td>(423) 232-5836</td>
<td>(423) 283-4966</td>
</tr>
<tr>
<td>MTuWThF 8:30am-5pm</td>
<td>MTuWThF 8am-5pm</td>
<td>MTuWThF 8:30am-7pm</td>
</tr>
<tr>
<td></td>
<td>Sat 9am-2pm</td>
<td>Sat 9am-1pm</td>
</tr>
</tbody>
</table>

**Licenses, Utilities, etc.**

<table>
<thead>
<tr>
<th>Department of Motor Vehicles</th>
<th>County Clerk</th>
<th>Johnson City Power Board</th>
</tr>
</thead>
<tbody>
<tr>
<td>4717 Lake Park Drive</td>
<td>100 E Main Street</td>
<td>2600 Boones Creek Road</td>
</tr>
<tr>
<td>Johnson City, TN</td>
<td>Jonesborough, TN</td>
<td>Johnson City, TN</td>
</tr>
<tr>
<td>(423) 926-4911</td>
<td>(423) 753-1621</td>
<td>(423) 282-5272</td>
</tr>
<tr>
<td>MTuWTh 7am-5:30pm</td>
<td>MTuWThF 8am - 5pm</td>
<td>$200 deposit (may be waived with good credit); bring your lease &amp; ID.</td>
</tr>
</tbody>
</table>

For a TN driver’s license, bring your current license, passport or birth certificate AND social security card, and two proofs of residency dated within the last few months i.e. bill with your name on it (power, cable, water, landline phone), lease, etc. Be ready to wait at least 2 hours; they might not let you check in after 3 PM due to wait times.

- Vehicle Registration
- Marriage License, etc.

**Johnson City Water/Utilities**

601 E. Main Street  
Johnson City, TN  
(423) 434-6000  

$25 connection fee; bring your lease & ID.
<table>
<thead>
<tr>
<th>Hospital and Emergency Needs</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Johnson City Medical Center</strong></td>
</tr>
<tr>
<td>400 N. State of Franklin Road</td>
</tr>
<tr>
<td>Johnson City, TN</td>
</tr>
<tr>
<td>(423) 431-6111</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td><strong>Franklin Woods Community Hospital</strong></td>
</tr>
<tr>
<td>300 Med Tech Parkway</td>
</tr>
<tr>
<td>Johnson City, TN</td>
</tr>
<tr>
<td>(423) 302-1000</td>
</tr>
<tr>
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<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td><strong>Indian Path Medical Center</strong></td>
</tr>
<tr>
<td>2000 Brookside Drive</td>
</tr>
<tr>
<td>Kingsport, TN</td>
</tr>
<tr>
<td>(423) 857-7000</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td><strong>Sycamore Shoals Hospital</strong></td>
</tr>
<tr>
<td>1501 W. Elk Ave.</td>
</tr>
<tr>
<td>Elizabethton, TN</td>
</tr>
<tr>
<td>(423) 542-1300</td>
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</tbody>
</table>
## Study Locations

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Hours</th>
<th>Features</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Johnson City Public Library</strong></td>
<td>100 W. Millard St, Johnson City, TN</td>
<td>Mon-Thurs: closes @ 8pm, Fri-Sun: closes @ 6pm</td>
<td>Free Wi-Fi.</td>
</tr>
<tr>
<td><strong>Charles C. Sherrod Library</strong></td>
<td>sherrod.etsu.edu</td>
<td>Sun-Thurs: closes @ 11pm, Fri-Sat: closes @ 6pm</td>
<td>Late night 24 hr. study room available on first floor. Wi-Fi and Ethernet access available.</td>
</tr>
<tr>
<td><strong>Panera Bread</strong></td>
<td>3140 People’s Street, Johnson City, TN</td>
<td>Sun-Thurs: closes @ 9pm, Fri-Sat: closes @ 10pm</td>
<td>Free Wi-Fi</td>
</tr>
<tr>
<td><strong>Barnes &amp; Noble Booksellers</strong></td>
<td>3030 Franklin Terrace, Johnson City, TN</td>
<td>Sun: closes @ 9pm, Mon-Thurs: closes @ 10pm, Fri-Sat: closes @ 11pm</td>
<td>Free Wi-Fi; Starbuck’s coffee</td>
</tr>
<tr>
<td><strong>Gatton COP Building</strong></td>
<td></td>
<td></td>
<td>• 24 hr. student access.</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>• Multiple study rooms</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>• Great place for study groups</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>• Wi-Fi and Ethernet access.</td>
</tr>
<tr>
<td><strong>Quillen COM Library</strong></td>
<td>com.etsu.edu/medlib, Closes @ midnight everyday</td>
<td></td>
<td>Study rooms available. Wi-Fi, Ethernet access, and computer lab available.</td>
</tr>
<tr>
<td><strong>Books-A-Million</strong></td>
<td>2116 N. Roan St, Johnson City, TN</td>
<td>Sun: closes @ 9pm, Mon-Sat: closes @ 11pm</td>
<td></td>
</tr>
<tr>
<td><strong>Starbuck’s Coffee</strong></td>
<td>2008 N. Roan St, Johnson City, TN</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Dining

American
Applebee’s
Buffalo Wild Wings
Cheddar’s Casual Cafe
Chili’s
Cootie Brown’s
Cracker Barrel
Fuddruckers
IHOP
Jack’s City Grill
Mid City Grill
O’Charley’s
One12 Downtown
Ruby Tuesday
Tupelo Honey Cafe
Waffle House

Italian
Alfredo’s
Alta Cucina
Carraba’s Italian Grill
Crazy Tomato
Fazoli’s
Olive Garden

Asian
Cafe one 11
Hibachi Grill
Miso Teriyaki House
Misaki Japanese Steakhouse
Moto Japanese Restaurant
One12 Downtown
Empire Buffet
Super China Buffet
Tomy Thai

Steakhouse
Logan’s Longhorn
Lone Star
Outback
Texas Roadhouse

Pizza
CiCi’s
Domino’s
Greg’s Pizza
Italian Pizza Pub
Knight’s
Marco’s
Mellow Mushroom
Papa John’s
Papa Murphy’s
Pizza & Gyro
Pizza Hut
Scratch Brick Oven

Mexican/Tex-Mex
Amigo’S
Barbarito’s Fresh Mex
Cocula
El Charolais
Holy Taco Cantina
Moe’s Southwest Grill
Poblano’s Mexican Grill
### German
Freiburg’s

### Sweets
- Cake Buds
- Cakes-in-a-Cup
- Dairy Queen
- Dunkin’ Donuts
- Frosty Parrot
- Hawaiian Ice
- Keva Juice
- Krispy Kreme
- Menchie’s Frozen Yogurt
- Mona Lisa’s Gelato
- Rita’s Ice & Custard
- Sweet Frog
- Yobes

### Greek
Pizza & Gyro

### Fast Food
- Arby’s
- Bojangle’s
- Chick-fil-A
- Cookout
- Dairy Queen
- Fazoli’s
- Hardee’s
- KFC
- Long John Silver’s
- McDonald’s
- Pal’s
- Popeye’s
- Sonic
- Taco Bell
- Wendy’s

### BBQ
- Dixie Barbeque
- Firehouse Restaurant
- The Hokie Smokie
- Pardner’s Bar-B-Que
- Phil’s Dream Pit
- Red Pig Bar-B-Q
- Ridgewood Smokey Bones

### Sandwiches
- Alley Kat’s
- Subway
- Simply Delicious
- Charley’s Grilled Subs
- Jersey Mike’s
- McAlister’s Deli
- Panera Bread
- Which Wich
- Cafe Lola Bistro
- Honey Baked Ham Co & Cafe
- Jimmy John’s
### Fine Dining
- Cafè Pacific
- Peerless Restaurant
- Gourmet & Co.
- Wellington’s

### Seafood
- Bonefish Grill
- Red Lobster

### Coffee
- Acoustic Coffeehouse
- Blue Plum
- Dunkin’ Donuts
- Krispy Kreme
- Java Rush
- Starbucks
- Willow Tree

### Hair Salons

<table>
<thead>
<tr>
<th>Great Clips</th>
<th>Jelly Beans Salon &amp; Wig Boutique</th>
<th>Ornare Aveda Salon &amp; Spa</th>
</tr>
</thead>
<tbody>
<tr>
<td>3101 West Market St #104, Johnson City, TN</td>
<td>701 N. State of Franklin Road, Johnson City, TN</td>
<td>3020 Franklin Terrace Dr, Johnson City, TN 37605</td>
</tr>
<tr>
<td>(423) 328-0244</td>
<td>(423) 929-2321</td>
<td>(423) 952-0052</td>
</tr>
<tr>
<td>greatclips.com</td>
<td></td>
<td>aveda.com</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Hair Plus</th>
<th>Jenny Lea Academy of Cosmetology</th>
<th>Sport Clips</th>
</tr>
</thead>
<tbody>
<tr>
<td>2011 North Roan Street, Johnson City, TN 37601</td>
<td>222 E. Unaka Avenue, Johnson City, TN 37601</td>
<td>2244 N Roan St #104, Johnson City, TN</td>
</tr>
<tr>
<td>(423) 282-0109</td>
<td>(423) 926-9095</td>
<td>(423) 232-5050</td>
</tr>
<tr>
<td>regissalons.com</td>
<td>jennyleaacademy.com</td>
<td>sportclips.com</td>
</tr>
</tbody>
</table>
**Outdoor Activities:**
*Outdoor Equipment can be rented through the ETSU CPA.
www.etsu.edu/students/campusrec/

## Golf

<table>
<thead>
<tr>
<th>Course Name</th>
<th>Address</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Buffalo Valley Golf Course</td>
<td>190 Golf Course Road, Unicoi, TN</td>
<td>(423) 743-5021</td>
</tr>
<tr>
<td>Elizabethton Golf Course</td>
<td>185 Buck VanHuss Rd, Elizabethton, TN</td>
<td>(423) 542-8051</td>
</tr>
<tr>
<td>Pine Oaks Golf Course</td>
<td>1709 Buffalo Road, Johnson City, TN</td>
<td>(423) 434-6250</td>
</tr>
<tr>
<td>Crockett’s Ridge Golf Course</td>
<td>4439 L Jack Drive, Kingsport, TN</td>
<td>(423) 279-1700</td>
</tr>
<tr>
<td>JC Golf &amp; Country Club</td>
<td>2509 Plymouth Road, Johnson City, TN</td>
<td>(423) 928-5161</td>
</tr>
<tr>
<td>Meadowview Golf Course</td>
<td>1901 Meadowview Parkway, Kingsport, TN</td>
<td>(423) 578-6622</td>
</tr>
<tr>
<td>Crossings Golf Club</td>
<td>2585 Tennessee 81, Jonesborough, TN</td>
<td>(423) 348-8855</td>
</tr>
<tr>
<td>Baileyton Golf Club</td>
<td>7925 Horton Hwy, Greenville, TN</td>
<td>(423) 234-5131</td>
</tr>
<tr>
<td>Silver Lake Golf Club</td>
<td>450 Silver Lake Road, Church Hill, TN</td>
<td>(423) 357-9940</td>
</tr>
<tr>
<td>Warrior’s Path State Park Golf Course</td>
<td>1687 Fall Creek Road, Kingsport, TN</td>
<td>(423) 323-4990</td>
</tr>
</tbody>
</table>
### Disc Golf

<table>
<thead>
<tr>
<th>Park/Resort</th>
<th>Address 1</th>
<th>Address 2</th>
<th>Phone 1</th>
<th>Phone 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Steele Creek Park</td>
<td>20 Little Lane</td>
<td>Bristol, TN</td>
<td>(423) 764-4023</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Warriors Path</td>
<td>1678 Fall Creek Road</td>
<td>Kingsport, TN</td>
<td>(423) 323-4998</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Winged Deer</td>
<td>4137 Bristol Highway</td>
<td>Johnson City, TN</td>
<td>(423) 283-581</td>
<td></td>
</tr>
</tbody>
</table>

### Skiing, Snowboarding, Tubing, etc.

| Resort                  | Address 1        | Address 2                  | Phone 1         | Phone 2          | Website          |
|-------------------------|------------------|----------------------------|-----------------|------------------|
| Appalachian Ski Mountain| 940 Ski Mountain Rd | Blowing Rock, NC         | 1-828-295-7828  |                  | appskimtn.com    |
|                         |                  |                            |                 |                  |                  |
| Hawk’s Nest             | 2058 Skyland Drive | Seven Devils, NC          | 1-828-963-6561  | 1-800-822-4295   | hawksnest-resort.com |
|                         |                  |                            |                 |                  |                  |
| Winter Place Ski Resort | 100 Old Flat Top Mt. Rd. | Ghent, WV    | 1-800-607-SNOW  |                  | winterplace.com  |
|                         |                  |                            |                 |                  |                  |
| Beech Mountain          | 1007 Beech Mountain Pkwy | Beech Mountain, NC | 1-800-438-2093  | 1-828-387-2011   |                  |
|                         |                  |                            |                 |                  |                  |
| Sugar Mountain          | Banner Elk, NC    |                            | 1-828-898-4521  | 1-800-SUGARMT    |                  |
|                         |                  |                            | info@skisugar.com |                  |                  |
| Wolf Laurel             | 578 Valley View Circle | Mars Hill, NC         | 1-800-817-4111  |                  |                  |
|                         |                  |                            |                 |                  | skiwolfridgenc.com |

### Hiking

<table>
<thead>
<tr>
<th>Trail Hike</th>
<th>Description</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Appalachian Trail Hikes</td>
<td>Great for short day trips or extended backpacking. Check out the link below for access to many popular treks:</td>
<td>appalachiantreks.blogspot.com/m/p/hikes.html</td>
</tr>
<tr>
<td>Bay’s Mountain</td>
<td>Bay’s Mountain has much to offer in both biking and hiking as well as a planetarium and animal exhibits.</td>
<td>baysmountain.com</td>
</tr>
<tr>
<td>Blue Hole Falls</td>
<td>Unaka, TN</td>
<td></td>
</tr>
</tbody>
</table>
Very short hike that follows a small stream. Three tiers of falls and clear pool await.

**Buffalo Mountain**

The imposing mountain that overlooks ETSU and Gatton. The mountain is covered in trails and offers many incredible views of Johnson City and the surrounding area.

**Elk River Falls**

Elk Park, NC

Very short, easy hike to the 50 foot waterfall. Approach is from the top. Large swimming hole at the bottom. Popular during the summer.

**Grandfather Mountain**

Linville, NC

There are too many things to do in addition to hiking that you need to check it out yourself.

[grandfather.com](http://grandfather.com)

**Smoky Mountains National Park**

Hundreds of miles of trails and things to do.

[nps.gov/grsm/index.htm](http://nps.gov/grsm/index.htm)

**Roan Mountain**

NC/TN Border

The state park at the base of the mountain offers many trails; however, continue to Carver’s Gap and hike the 1.5 mile portion of the AT to Grassy Ridge. Best views in the area! Also check out the rhododendrons and the short Roan High Knob trail.

**Twisted Falls**

Elk Mills, TN

A quarter mile hike down a very steep hill will get you to Elk River. Walk to the left to the falls. Definitely worth the trip back up!

*For more info visit [appalachiantreks.blogspot.com/p/waterfalls.html](http://appalachiantreks.blogspot.com/p/waterfalls.html)*

**Laurel Falls/Doe River Gorge**

Hampton, TN

There are two access points to this trail that lead to the cascading falls. Very nice day hike.

**Warrior’s Path State Park**

Kingsport, TN

Offers trails from beginner to advanced mountain biking.
Whitewater

**Watauga River**
Class I-II
wataugakayak.com

**Nolichucky River**
Class I-IV
myusaraft.com

**Ocoee River**
Located in southeast TN.
Class I-IV rapids. The 1996 Olympics held whitewater events on the Upper Rapids.
ocoeerafting.com

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Biking

**ETSU Main Campus**
ETSU offers over 4.5 miles of mountain bike trails through the wooded area behind the Culp center as well as trails that loop around and through Buc Ridge. Intermediate to advanced difficulty.

**Virginia Creeper Trail**
Damascus, VA
This 34-mile bike trail meanders along an old railroad bed from Abingdon to Damascus, passing through the midpoint, White Top Station. The trail runs through the small town of Damascus where you can rent bikes, gear, and get a lift to White Top.

http://www.vacreepertrail.com/
**Miscellaneous**

**Tennis**
Freedom Hall, Science Hill High School, ETSU Main Campus

**Frisbee, Soccer, Volleyball etc**
Civitan. Science Hill High School, Freedom Hall, CPA (Main Campus)

**Caving**
Appalachian Caverns Blountville, TN
Bristol Caverns - Bristol, TN
Linville Caverns - Linville, NC
Worley's Cave - Elizabethton, TN

**Scenic/Motorcycle Routes**
Blue Ridge Parkway - NC
Copperhead Loop - North Carolina
Shiner's Run - North Carolina
The Snake - Tennessee
Tail of the Dragon - Tennessee

**Area Lakes**
Watauga Lake, Boone Lake, Douglas Lake, South Holston Lake
**Performing Arts/Theatre/Symphony**

The Barter Theatre - Abingdon, VA
Jonesborough Community Repertory Theatre - Jonesborough, TN
Symphony of the Mountains - Kingsport, TN
Lamplight Theatre - Kingsport, TN
Johnson City Symphony Orchestra - Johnson City, TN
Niswonger Performing Arts Center - Greenville, TN
Paramount Center for the Arts - Bristol, TN
Flat Rock PlayHouse - Hendersonville, NC
Knoxville Symphony Orchestra - Knoxville, TN

**Regional Events & Festivals**

**Spring**

Racks on the Tracks - Kingsport, TN
Appalachian Trail Days Festival - Damascus, VA
Food City 500 - Bristol, TN
Street Fights @ Bristol Dragway - Bristol, TN (through fall)

**Summer**

Blue Plum Festival - Johnson City, TN
Rhododendren Festival - Roan Mountain, NC Kingsport
Fun Fest - Kingsport, TN
Appalachian County Fair - Gray, TN
Rhythm & Roots - Bristol, TN
Grandfather Mountain Highland Games - Linville, NC
Virginia Highlands Festival - Abingdon, VA
Hungry Mother Festival - Marion, VA
Montford Music & Arts Festival - Asheville, NC
Irwin Tools Night Race @ Bristol - Bristol, TN
Thunder Valley Nationals - Bristol, TN
Bluegrass on Broad (May-Aug) - Kingsport, TN
Fall

Oktoberfest - Kingsport, TN
National Storytelling Festival - Jonesborough, TN
Shady Valley Cranberry Festival - Shady Valley, TN
Super Chevy Show - Bristol, TN
Boomfest - Knoxville, TN

Winter

Dollywood’s Smoky Mountain Christmas - Pigeon Forge, TN
Speedway in Lights - Bristol, TN
BEST OF LUCK!!!

From the
Class of 2017