



# Veterans Upward Bound Voice

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## VUB Fall Semester Information and Instructions

Page three of the newsletter contains the VUB 2017 Spring Semester schedule of classes. It is very similar to previous semesters and it contains all the precollege class opportunities for most veterans to prepare for entrance into and success in a postsecondary program.

We will continue our basic math and English classes this semester by offering tutoring for those who need to brush up on their basic skills. Please call the VUB office to arrange this individual service. We

will continue to provide tutoring for those who need additional preparation before taking the college assessment and placement exam.

Please note that computer skills class meets twice per week, while the remainder (science and statistics) meets only once per week. Also note that the semester is ten weeks in length.

Check out the schedule and contact any VUB staff member if you have questions or to register for classes.

We recommend that all participants register for at least two courses. This will allow you to receive the full benefit of the instruction and be better prepared when you enter a postsecondary program.

We have designed the schedule so you will be able to register for up to four different classes during a four-day period without class conflicts.

If you are in college already, keep us informed of your progress, call if you need help, and let us know if you change your address or phone number.

## NAVUB Scholarship Winner



Len Morrison (Left) and Sharon Smith (Right)

Congratulations to Ms. Sharon Smith who recently won the 2015-16 National Association of Veterans Upward Bound Program (NAVUB) Scholarship in the amount of \$1,000. This is the second TRiO scholarship award Ms. Smith has won since entering ETSU in the Spring of 2015.

Ms. Smith retired from the U.S. Navy after serving more than 20 years. While in the military she received

several awards/citations including the Navy/Marine Corps Achievement Medal, four Navy "E" Ribbons, six Good Conduct Medals, and rose to the rank Petty Officer 1st Class.

Sharon joined the VUB Program in 2011. She worked successfully in preparation for entrance into ETSU where she is currently pursuing a B.S. degree in Nutrition. She plans to continue her education through the master's level. Her academic performance has been outstanding which is maintained by her great determination, positive attitude, and "can do" spirit.

Sharon is considered to be one of the finest participants in the VUB Program and greatly deserves this award. Her cooperation, attitude, motivation and demeanor are second to none. She is a model of success for all to recognize.

The VUB Staff offers her the best in reaching her education goals and enjoying success in her field of employment.

## VUB's Spring 2017 Postsecondary Enrollment

<u>East Tennessee State University</u>		<u>Tennessee College of Applied Technology</u>	
<u>Veteran</u>	<u>Military Service Affiliation</u>		
Timfreit Drane	Army	Kevin Presnell	Army
Matthew Fields	Army	<u>Northeast State Community College</u>	
Shawn Jordan	Navy	Eric Bradley	Army
Reginald Mayronne	Army	Brett Carr	Army
John Mossman	Army	Thomas Daly	Army
*Sam Nottingham	Army	David Hayward	Army
Duane Parke	Marine Corps	Amy Perry	TN ANG
*Wayne Radden	Army	Matthew Perry	Marine Corps
Jason Riseden	Navy	Michael Story	Navy
David Taylor	Army/Army Reserve/VA ANG	Bernard Wilson	Navy
<u>CCS Truck Driving School, TN</u>		<u>VA Vocational Rehab OJT Program</u>	
Jason Hensley	Marine Corps	James Hurd	Army
<u>Chattanooga State Community College</u>		<u>Volunteer State Community College</u>	
Charles Cheek	Marine Corps	Julius Reynolds	Army
<u>Highland Canine Training, NC</u>		◆ ◆ ◆ ◆ ◆ ◆ ◆ ◆ ◆ ◆	
Benjamin Carson	Marine Corps	<p><b>Congratulations to this fine group of veterans who have prepared well and have taken the wise step forward and upward by entering postsecondary programs of study. We thank you for your service to our country and the sacrifices you have and will continue to make to our society. The VUB Staff wishes you well as you work toward graduation and enter into interesting and productive careers.</b></p>	
<u>Roane State Community College</u>			
Jeremy Egbert	Navy		

\*Graduated and transferred from Northeast State Community College

## 2015-2016 Polly Archer Award Winners

The VUB Polly Archer Award was established in 1997 to reward and honor those veterans who excelled in their studies for the academic year. This year's winner received \$100 and runners-up \$50.

**Ryan Galyon**, an Air Force veteran, was selected as VUB's 2015-2016 Polly Archer Award winner. He became only the second VUB veteran to win this award twice in a college career (2013-2014). He is currently enrolled at ETSU in a Bachelor of Social Work and finished the academic year with a 3.916 GPA. Ryan is scheduled to graduate in May 2017 and begin a Master of Social Work in August 2017.

**Renee Doyle**, an Air Force veteran, was selected co-runner-up for the award. She finished the academic year with a 3.824 GPA and graduated May 2016 with a B.A. in Psychology from Tusculum College in Greeneville, TN. Renee is currently enrolled in a Master of Social Work at ETSU.

**Randy Davis**, an Army veteran, was also selected co-runner-up for the award. He finished the academic year with a 4.0 GPA making the Dean's List fall 2015 and spring 2016. Randy is currently a junior at ETSU working toward a General Studies Degree.

The VUB staff congratulates these fine achievers.

**EAST TENNESSEE STATE UNIVERSITY VETERANS UPWARD BOUND**

(423) 439.2281

**VUB 2017 SPRING SEMESTER : JANUARY 30- APRIL 13**

**TENTATIVE SCHEDULE OF CLASSES (ETSU Main Campus / VA Campus)**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<b>Flexi- ble Time</b>	<b>MATH I / ALGEBRA / ENGLISH I TUTORING VA Bldg. 2, Room 013 Call VUB to arrange date &amp; time</b>	<b>MATH I / ALGEBRA / ENGLISH I TUTORING VA Bldg. 2, Room 013 Call VUB to arrange date &amp; time</b>	<b>MATH I / ALGEBRA / ENGLISH I TUTORING VA Bldg. 2, Room 013 Call VUB to arrange date &amp; time</b>	<b>MATH I / ALGEBRA / ENGLISH I TUTORING VA Bldg. 2, Room 013 Call VUB to arrange date &amp; time</b>
<b>1:30- 3:30</b>	<b>INTRO TO THE ACTIVE PRACTICE OF STATISTICS (Mon only) VA Bldg. 2, Room 013 <i>Topics include distribution, corre- lation, hypothesis testing, relationships, etc.</i></b>		<b>SCIENCE (Wed only) VA Bldg. 2, Room 013 <i>Includes physics, chemistry, earth science</i></b>	
<b>3:45- 5:15</b>	<b>COMPUTER SKILLS (Mon &amp; Wed) Brown Hall 264 <i>Consists of Windows 2010, MS Word, Internet &amp; E-mail</i></b>		<b>COMPUTER SKILLS (Mon &amp; Wed) Brown Hall 264</b>	

**OFF ETSU JOHNSON CITY / VA CAMPUS CLASSES** *(Dates/times may be adjusted to meet student needs)*

OFF ETSU MAIN / VA CAMPUS SITES	SUBJECT	DAY(S)	TIME(S)	ROOM
<b>Bristol Public Library</b>	<b>MATH / ENGLISH</b>	<b>Tue</b>	<b>3:00-4:30/4:30-6:00P</b>	<b>Mtg. Room</b>
	<b>COMPUTER SKILLS</b>	<b>TBD</b>	<b>TBD</b>	
<b>ETSU Kingsport - Allendale</b>	<b>COMPUTER SKILLS I</b>	<b>Tue</b>	<b>9:00-10:30</b>	<b>216</b>
	<b>COMPUTER SKILLS II</b>	<b>Tue</b>	<b>10:30-12:00</b>	<b>216</b>
	<b>MATH / ENGLISH TUTORING</b>	<b>Tue</b>	<b>TBD</b>	<b>216</b>
<b>ETSU Nave Center Elizabethton</b>	<b>ENGLISH / MATH I</b>	<b>Mon</b>	<b>5:30-7:30/7:30-9:30P</b>	<b>122</b>
	<b>COMPUTER SKILLS / MATH II</b>	<b>Wed</b>	<b>5:30-7:30/7:30-9:30P</b>	<b>122</b>
<b>Johnson County Extended Service Center</b>	<b>ENGLISH / MATH</b>	<b>Wed</b>	<b>4:30-5:30/5:30-6:30P</b>	<b>JCESC</b>
	<b>COMPUTER SKILLS</b>	<b>Wed</b>	<b>6:30-7:30P</b>	

*You may register by phone for classes and/or tutoring. Consult a VUB staff member at (423) 439-2281 if you have any questions or need assistance.*

# Financial Literacy Information

## Avoiding Fraud

### A Cybersecurity Checklist from FDIC Consumer News

**Reminders about 10 simple things bank customers can do to help protect their computers and their money from online criminals**

1. **Have computer security programs running and regularly updated to look for the latest threats.** Install anti-virus software to protect against malware (malicious software) that can steal information such as account numbers and passwords and use a firewall to prevent unauthorized access to your computer.
2. **Be smart about where and how you connect to the Internet for banking or other communications involving sensitive personal information.** Public Wi-Fi networks and computers at places such as libraries or hotel business centers can be risky if they don't have up-to-date security software.
3. **Get to know standard internet safety features.** For example, when banking or shopping online, look for a padlock symbol on a page (means it is secure) and "https://" at the beginning of the Web address (signifying that the website is authentic and encrypts data during transmission).
4. **Ignore unsolicited emails asking you to open an attachment or click on a link if you're not sure it's who truly sent it and why.** Cybercriminals are good at creating fake emails that look legitimate, but can install malware. Your best bet is to either ignore unsolicited requests to open attachments or files or to independently verify that the supposed source actually sent the email to you by making contact using a published email address or telephone number.
5. **Be suspicious if someone contacts you unexpectedly online and asks for your personal information.** A safe strategy is to ignore unsolicited requests for information, no matter how legitimate they appear, especially if they ask for information such as a Social Security number, bank account numbers and passwords.
6. **Use the most secure process you can when logging into financial accounts.** Create "strong" passwords that are hard to guess, change them regularly, and try not to use the same passwords or PINs (personal identification numbers) for online accounts.
7. **Be discreet when using social networking sites.** Criminals comb those sites looking for information such as someone's place of birth, mother's maiden name or a pet's name, in case those details can help them guess or reset passwords for online accounts.
8. **Be careful when using smartphones and tablets.** Don't leave your mobile device unattended and use a device password or other method to control access if it's stolen or lost.
9. **Parents and caregivers should include children in their cybersecurity planning.** Talk with your child about being safe online, including the risks of sharing personal information with people they don't know, and make sure the devices they use to connect to the Internet have up-to-date security.
10. **Small business owners should have policies and training for their employees on topics similar to those provided in this checklist for customers, plus other issues that are specific to the business.** For example, consider requiring more information beyond a password to gain access to your business's network, and additional safety measures, such as requiring confirmation calls with your financial institution before certain electronic transfers are authorized.

### DATES TO REMEMBER

VUB Spring 2017 Semester ~ January 30-April 13

VUB Spring Break (No classes) ~ March 27 - 31

VUB Summer 2017 Semester ~ May 1 - June 29

Veterans Upward Bound is a unique program designed to assist eligible veterans prepare for entering and succeeding in a program of post-secondary education. VUB has operated successfully at ETSU since 1980 helping hundreds of veterans achieve their educational goals. Through academic counseling, advising, encouraging, motivating, and providing basic skill and short-term remedial and refresher courses, VUB has been an important program in the lives of many veterans.



Take advantage of the many benefits VUB has to offer.

**Check Us Out on the Web!**

[www.etsu.edu/vub](http://www.etsu.edu/vub)