



Veterans Upward Bound Voice

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VUB Fall Semester Information and Instructions

Page three of the newsletter contains the VUB 2017 Fall Semester schedule of classes. It contains all the precollege class opportunities for most veterans to prepare for entrance into and success in a postsecondary program.

We will continue to offer math and English tutoring for those who need to brush up on their basic skills. Please call the VUB office to arrange this individual service. We also provide tutoring for

those who need additional preparation before taking the college assessment and placement exam.

Please note that computer skills class meets twice per week, while all other classes meet only once per week. Also note that the semester is ten weeks in length.

We recommend that participants register for at least two courses, allowing you to receive the full benefit of the instruction and be better

prepared when you enter a postsecondary program.

We have designed the schedule so you will be able to enroll in four different classes during a four-day period without conflicts.

Check out the schedule and contact any VUB staff member if you have questions or to register for classes.

If you are in college already, keep us informed of your progress, call if you need help, and let us know if you change your address or phone number.

TASP Scholarship Winner



Congratulations to Devanie Dishner, Veterans Upward Bound (VUB) participant and current Northeast State Community College freshman for winning the Veteran's 2017-18 Tennessee Association of Special Programs (TASP) Adult Learner Scholarship in the amount of \$400. Notification of the award was recently provided by Bill Hailey, TASP Scholarship Chair.

After graduation from high school in 2007, Ms. Dishner enlisted in the military and served three years in the Army and Army National Guard. While in service, she advanced to the rank of SPC E4, received the National Defense

Service Medal, and the Army Service Ribbon.

After her military service, Ms. Dishner became aware of the Veterans Upward Bound Program through the VA Vocational Rehabilitation and Employment and joined in February 2016.

The VUB program provided assistance in preparation for and application to college. Ms. Dishner was administered assessments, tutoring, financial aid information and college entrance assistance. She followed through with all the requirements and suggestions by the staff and entered Northeast State Community College in the fall of 2016.

Her college major is Computer and Information Sciences with a concentration in Computer Programming. Her career goal is to be a Computer System Analyst or Database Administrator.

Very few veterans begin college with the determination, positive attitude, and success as she has. She maintains professional demeanor, motivation to be successful, cooperative spirit, and a great desire to excel.

The VUB Staff wishes Ms. Dishner success in her college program and the continuation of progress to completion of her degree.

VUB's Fall 2017 Postsecondary Enrollment

<u>East Tennessee State University</u>		<u>Northeast State Community College</u>	
<u>Veteran</u>	<u>U.S. Military Service Affiliation</u>		
Ronald Bernier	Army	Ricky Bowling	Air Force
* Christopher Brown	Navy	James Hurd	Army
Harold Dart III	Army	Leon Jones	Army
Howard Jordan	Army	Sean Tennant	Navy
Garrett Ledford	Air Force	<p>Congratulations to this fine group of veterans who have prepared well and have taken the wise step forward and upward by entering postsecondary programs of study. We thank you for your service to our country and the sacrifices you have and will continue to make to our society. The VUB Staff wishes you well as you work toward graduation and enter into interesting and productive careers.</p>	
Richard Keith Norris	Army		
David Nunn	Army		
Charles Roberts	Navy		
*Graduated and transferred from Northeast State Community College			
<u>Tennessee Technological University</u>			
Jacob H. Foster	TN Army NG		

Welcome Gregory Stout, Veterans Upward Bound Associate Director



We would like to welcome aboard Gregory Stout, Associate Director of East Tennessee State University (ETSU) Veterans Upward Bound (VUB), who took over the reins effective September 2016 upon Lt. Col., Retired Len

Morrison's retirement after 18 years of dedicated service to TRIO. Greg began his TRIO career, as a tutor for Student Support Services in math and science. He became part of the VUB family on December 1, 1995 when he was hired as a computer skills Tutor while pursuing a bachelor's degree at ETSU. Within three months, he was promoted to Computer Operational Specialist teaching math, science and computer skills along with being responsi-

ble for updating and maintaining all VUB labs and staff computers.

Following his graduation from ETSU in May 1998 with a BS in Geography, he was promoted to Instructor and later became a part-time Instructor for ETSU Upward Bound (UB) teaching high school students science and computer skills. In February 2001, he was selected for the position of TRIO Outreach Project Specialist. His duties continued to increase with the addition of several new TRIO programs.

Greg graduated from the University of Tennessee in May 2015 with a Master of Science in Education and was promoted to TRIO Outreach Technology Manager for nine TRIO programs while continuing to teach VUB and UB classes. With over 20 years of serving VUB students and having a heart for veterans (son of a World War II veteran), he brings a strong desire to assist and encourage veterans to succeed in their educational goals. Welcome Greg, and to quote Mr. Spock; "live long and prosper."

EAST TENNESSEE STATE UNIVERSITY VETERANS UPWARD BOUND
VUB 2017 FALL SEMESTER : SEPTEMBER 11– NOVEMBER 16
TENTATIVE SCHEDULE OF CLASSES (ETSU Main Campus / VA Campus)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Flexi- ble Time	MATHMATICS THRU PRECALCULUS ENGLISH TUTORING VA Bldg. 2, Room 013 Call VUB to arrange date & time	MATHMATICS THRU PRECALCULUS ENGLISH TUTORING VA Bldg. 2, Room 013 Call VUB to arrange date & time	MATHMATICS THRU PRECALCULUS ENGLISH TUTORING VA Bldg. 2, Room 013 Call VUB to arrange date & time	MATHMATICS THRU PRECALCULUS ENGLISH TUTORING VA Bldg. 2, Room 013 Call VUB to arrange date & time
1:30- 3:30	INTRO TO THE ACTIVE PRACTICE OF STATISTICS (Mon only) VA Bldg. 2, Room 013 <i>Topics include distribution, corre- lation, hypothesis testing, relationships, etc.</i>		SCIENCE (Wed only) VA Bldg. 2, Room 013 <i>Includes physics, chemistry, earth science</i>	LITERATURE/ STUDY SKILLS FOREIGN LANGUAGE (Thu only) VA Bldg. 2
3:45- 5:15		COMPUTER SKILLS (Tue & Thu) Brown Hall 264 <i>Consists of Windows 2010, MS Word, Internet & E-mail</i>		COMPUTER SKILLS (Tue & Thu) Brown Hall 264

OFF ETSU JOHNSON CITY / VA CAMPUS CLASSES (*Dates/times may be adjusted to meet student needs*)

OFF ETSU MAIN / VA CAMPUS SITES	SUBJECT	DAY(S)	TIME(S)	ROOM
Bristol Public Library	MATH / ENGLISH	Tue	3:00-4:30/4:30-6:00P	Mtg. Room
	COMPUTER SKILLS	TBD	TBD	
ETSU Kingsport - Allendale	COMPUTER SKILLS I	Tue	9:00-10:30	216
	COMPUTER SKILLS II	Tue	10:30-12:00	216
	MATH / ENGLISH TUTORING	Tue	TBD	216
ETSU Nave Center Elizabethton	ENGLISH / MATH I	Mon	5:30-7:30/7:30-9:30P	122
	COMPUTER SKILLS / MATH II	Wed	5:30-7:30/7:30-9:30P	122
Johnson County Extended Service Center	ENGLISH / MATH	Wed	4:30-5:30/5:30-6:30P	JCESC
	COMPUTER SKILLS	Wed	6:30-7:30P	

You may register by phone for classes and/or tutoring. Consult a VUB staff member at (423) 439-2281 if you have any questions or need assistance.

Financial Literacy Information

A recent article of the Federal Trade Commission (FTC) for consumer information deals with how to cope with debt. The FTC article here provides a self-help process:

Developing a Budget

The first step toward taking control of your financial situation is to do a realistic assessment of how much money you take in and how much money you spend. Start by listing your income from all sources. Then, list your “fixed” expenses—those that are the same each month—like mortgage payments or rent, car payments, and insurance premiums. Next, list the expenses that vary—like groceries, entertainment, and clothing. Writing down all your expenses, even those that seem insignificant, is a helpful way to track your spending patterns, identify necessary expenses, and prioritize the rest. The goal is to make sure you can make ends meet on the basics: housing, food, health care, insurance and education. You can find information about budgeting and money management techniques online, at your public library, and in bookstores. Computer software programs can be useful tools for developing and maintaining a budget, balancing your checkbook, and creating plans to save money and pay down your debt.

Contacting Your Creditors

Contact your creditors immediately if you’re having trouble making ends meet. Tell them why it’s difficult for you, and try to work out a modified payment plan that reduces your payments to a more manageable level. Don’t wait until your accounts have been turned over to a debt collector. At that point, your creditors have given up on you.

Dealing with Debt Collectors

Federal Law dictates how and when a debt collector may contact you: not before 8 a.m., and after 9 p.m., or while you’re at work if the collector knows that your employer doesn’t approve of the calls. Collectors may not harass you, lie, or use unfair practices when they try to collect a debt. And they must honor a written request from you to stop further contact.

DATES TO REMEMBER

VUB Fall 2017 Semester ~ September 11 - November 16

VUB Spring 2018 Semester ~ January 29 - April 12

Veterans Upward Bound is a unique program designed to assist eligible veterans prepare for entering and succeeding in a program of post-secondary education. VUB has operated successfully at ETSU since 1980 helping hundreds of veterans achieve their educational goals. Through academic counseling, advising, encouraging, motivating, and providing basic skill and short-term remedial and refresher courses, VUB has been an important program in the lives of many veterans.



Take advantage of the many benefits VUB has to offer.

Check Us Out on the Web!

www.etsu.edu/vub
