

ROOMATE AGREEMENT

Residence Hall/Area: _____

Room/Apt #: _____

Communication is the most important factor in building a good roommates relationship. Many roommates assume they know how each other feels and do not discuss issues like the use of personal belongings. These assumptions are not always correct and can lead to conflict. The **Roommate Agreement** will help you begin the process of discussing issues that have been found to be sources of conflict. Once a potential conflict is identified, it can be resolved through compromise before a major problem arises.

BREAKING THE ICE

Have you ever shared a room before?

Our hobbies and interests include:

The things we each value are:

Our lifestyle choices include (ex: vegetarian, alcohol use, etc.):

STUDYING

Our preferences for studying include:

- Studying with TV on?
- Studying with music?
- Studying with silence?

Where do we do most of our studying?

SECURITY

When will we lock the room?

When will we keep our windows closed?

SHARING BELONGINGS

Make mention of things that each roommate is willing to share, not willing to share, or would prefer for others to ask before using.

ROOMMATE NAME:				
Stereo/Ipod	YES ___	YES ___	YES ___	YES ___
	NO ___	NO ___	NO ___	NO ___
	ASK ___	ASK ___	ASK ___	ASK ___
TV/Video Games	YES ___	YES ___	YES ___	YES ___
	NO ___	NO ___	NO ___	NO ___
	ASK ___	ASK ___	ASK ___	ASK ___
Furniture	YES ___	YES ___	YES ___	YES ___
	NO ___	NO ___	NO ___	NO ___
	ASK ___	ASK ___	ASK ___	ASK ___
Appliances (fridge/microwave)	YES ___	YES ___	YES ___	YES ___
	NO ___	NO ___	NO ___	NO ___
	ASK ___	ASK ___	ASK ___	ASK ___
Clothing	YES ___	YES ___	YES ___	YES ___
	NO ___	NO ___	NO ___	NO ___
	ASK ___	ASK ___	ASK ___	ASK ___
Food	YES ___	YES ___	YES ___	YES ___
	NO ___	NO ___	NO ___	NO ___
	ASK ___	ASK ___	ASK ___	ASK ___
Tablet/Computer	YES ___	YES ___	YES ___	YES ___
	NO ___	NO ___	NO ___	NO ___
	ASK ___	ASK ___	ASK ___	ASK ___
Cell Phone	YES ___	YES ___	YES ___	YES ___
	NO ___	NO ___	NO ___	NO ___
	ASK ___	ASK ___	ASK ___	ASK ___
Personal Care Items	YES ___	YES ___	YES ___	YES ___
	NO ___	NO ___	NO ___	NO ___
	ASK ___	ASK ___	ASK ___	ASK ___
Other Items _____	YES ___	YES ___	YES ___	YES ___
	NO ___	NO ___	NO ___	NO ___
	ASK ___	ASK ___	ASK ___	ASK ___

PET PEEVES

What are each of our pet peeves?

SLEEPING

At what times does the room need to be quiet?
On weekdays? _____ On weekends? _____

What does quiet mean to each of you? (Consider music, TV, computer noise, quiet talking, etc...)

Can any lights be on when one of the roommates is sleeping?

What is okay to do in the morning while one roommate is still sleeping?

Most weeknights, each of us expects to go to sleep by this time:

Most weekdays each of us expects to wake up at this time:

CLEANING/CARE OF THE ROOM

How clean do we expect to keep our room?

How frequently will we vacuum/sweep?

Who will be responsible for this?

How frequently will we empty the trash?

Who will be responsible for this?

How frequently will we clean other parts of the room?

What other chores need to occur?

Who will be responsible for these?

How will we treat our shared spaces and our individual spaces in terms of cleaning?

How will we tell each other if something is not clean enough?

VISITORS

Are daytime guests acceptable?

How many guests at a time are okay?

For what purpose?

Studying?

Socializing?

Are overnight guests acceptable?

Does gender matter?

How much notice should be provided to the other roommates before an overnight guest visits?

Are intoxicated (alcohol or other drugs) guests acceptable?

CONFLICT

How will we tell each other if something is bothering us? (examples: confront it right away, write a note, ask the RA for advice, etc...)

What causes you stress, and how do you express stress?

How can your roommate help or not add to your stress?

By signing below we each agree to the terms written above and agree to continue communication with one another to grow a positive and healthy roommate relationship.

Date

Date

Date

Date