

# COMMUNITY SCOOP

THE WEEKLY ETSU UPWARD BOUND NEWSLETTER



## Welcome new students!

We are so excited for you to join UB! Please let us know if you have any questions. Make sure to join our Remind and follow us on social media to stay up to date!

- Join our UB REMIND: text @etsuub to 81010
- Follow etsuupwardbound on Facebook or Instagram!
- Check for info on our website [www.etsu.edu/ub](http://www.etsu.edu/ub)

## BIRTHDAYS

Marley Feldman 3/24  
Bregayle Scalf 3/28  
Bryson Laws 3/30  
Jacob Church 3/30

## SESSION DATES

April 7  
April 28  
May 5

## TRIVIA

Why did St. Patrick combine the symbol of Christianity with the Celtic Cross?

Email your answer to Amanda ([worleya@etsu.edu](mailto:worleya@etsu.edu)) by Friday for a chance to win prizes!

Congrats to recent winners Norah Darnell and Caleb Wagner!

Last week's answer:  
*Boudicca, the Queen of the Iceni*

Everything will be alright in the end...If it's not alright, it's not the end.

- Irish Proverb

[www.simplifyandsavor.com](http://www.simplifyandsavor.com)

## Parent Meeting

*This is a meeting for new students and their parents/guardians to learn about Upward Bound and the summer program. All students and parents/guardians are invited to attend.*

April 15 from 6:00pm-7:00pm  
At ETSU in Rogers Stout Hall  
Room 118  
309 Stout Drive Johnson City, TN



**DON'T FORGET TO TURN IN YOUR MED FORM!!!**

**ATTENTION JUNIORS: The Career Work Study interest form is due by 4/11!**  
Juniors who are interested in medical or veterinary placements: *There will be scrubs available at the Monday session to try on for sizing. Photos for badges for these placements will also be taken at the session.*

## IF FEELINGS COULD TALK

SADNESS might be telling me I need TO CRY

LONELINESS might be telling me I need CONNECTION

SHAME might be telling me I need SELF-COMPASSION

RESENTMENT might be telling me I need TO FORGIVE

EMPTINESS might be telling me I need TO DO SOMETHING CREATIVE

ANGER might be telling me I need TO CHECK-IN WITH MY BOUNDARIES

ANXIETY might be telling me I need TO BREATHE

STRESS might be telling me I need TO TAKE IT ONE STEP AT A TIME

### Info on missing a school visit:

- Please let us know if you know ahead of time that you are going to be absent for a school visit!
- If you miss a school visit for any reason, you can still get credit! Just contact your school visit person within a week of the missed visit. You must be the one to reach out in order to get credit!

### **Scholarship Spotlight: Volunteer Scholarship**

One time award of \$2000 from the Junior League of Johnson City

Must be a female, graduating senior from a Tri-Cities area school

Must be attending a 4-year local university (King, ETSU, Milligan, Tusculum, Kingsport Higher Education Center).

Demonstrate outstanding extracurricular involvement and volunteer commitment to Tri-Cities community.

GPA of 3.0 or higher.

Recommendations by teacher, school administrator, or volunteer organization director.

<https://johnsoncity.il.org/volunteer-scholarship/>

The deadline for application submission is March 31st.

## CAREER SPOTLIGHT: LAWYER



**SALARY RANGE**  
\$69,760 - \$239,200

### EDUCATION

Bachelor's degree  
LSAT - Law School Admission Test  
3-year Law School  
Bar Exam - Licensing Exam

### OVERVIEW

Lawyers complete legal research, interpret laws, and present evidence and support clients in court. Lawyers can specialize in many areas such as environmental law, family law, and personal injury law.



### College Spotlight: Austin Peay State University

- 4-year university
- Located in Clarksville, Tennessee
- 125 undergraduate degree paths
- 10,439 students
- Safe university according to TBI statistics
- 200+ student organizations
- Tuition & fees: \$4,503/semester (12 credit hours)
- On-campus housing: \$3,440 - \$4,295/semester
- Living-Learning Communities available



### REMINDERS FOR SENIORS:

- Don't forget that the deadline to complete your FAFSA and remain eligible for TN Promise is **April 15th**. Remember, both your and your parent/guardian's portions must be completed and submitted by this date.
- Keep in mind, if you don't enroll at a 2-year or technical school **in the fall after graduating high school** you are **no longer eligible** for TN Promise!