



## BIRTHDAYS

Kasey Chamberlain - Oct. 16  
Tyler Scalf - Oct. 16  
Storm Hicks - Oct. 18  
Kara Cole - Oct. 20  
Arianna Spencer - Oct. 20

## UPCOMING EVENTS



### Fall Monday Sessions

October 30  
November 20

### Community Service Day

November 11  
Second Harvest Food  
Bank, Johnson City TN.  
More details TBA.

### SGA Oct Meeting

The next SGA meeting is  
Monday, October 23 from  
5:30 - 6:50 pm in **CULP 304**  
on ETSU's Campus. Feel free to  
dress for Halloween in a  
costume or your favorite  
Halloween attire!  
Zoom ID: 895 0423 5465  
Passcode: Upward



## TRIVIA QUESTION

In what state is it illegal to dress  
up as a nun or a priest?

Sent answers to Amanda  
(worleya@etsu.edu)

Last week's answer: Oct. 1, 1888

Sign-ups are now open for the Upward Bound college trip to the University of Tennessee at Knoxville and Maryville College on November 27th. We will depart ETSU at 7:30 am and not return to ETSU until after 6:00 pm. An itinerary and other paperwork will be provided once all spots are confirmed. The trip is limited to 50 students. Seniors who have already applied to UTK or Maryville will have priority.

EOC testing does begin that day and some students may not be able to attend due to testing or school policy. We are sorry about this inconvenience for anyone that wanted to attend. Each student must verify that their absence from school will be excused.

Upward Bound cannot excuse absences from school. If you know that you want to attend, please text Phil (423)300-9624. Please only sign up if you are genuinely interested and know that you can attend. **The deadline to sign up is October 30th at 12:00 pm but it will most likely fill up before then. There will be a waiting list.**

## UTK & Maryville Trip

Service hours will begin to count for TN Promise in November. UB hosting community service event at Second Harvest Food Bank on November 11, 9 am - 12 pm. Must be 16 years of age to participate and must have a ride to and from Second Harvest. If you are interested in participating please text Amanda at 423-384-4677 by Oct. 27. A volunteer form will then be sent to you by your school rep. The form must be completed by you and a guardian then turned back to either Amanda or your school rep by Nov. 3.

## Community Service Day

## COLLEGE SPOTLIGHT:



The University of Tennessee at Knoxville is the flagship institution of the University of Tennessee system, a public research university. UTK is world renowned for agricultural and sports programs on its Knoxville campus.

UTK is located in the heart of downtown Knoxville, Tennessee right along the Tennessee River.



**Graduation Rate: 51.8%**

**Acceptance Rate: 79%**



Notable Alumni from UTK includes: country singer Deana Carter, football legend Peyton Manning, actors Logan Marshall-Green and Dixie Carter, and astronaut and Senator Mark Kelly.

## Tuition & Scholarships

In-state-tuition 2023-2024 Year: \$6,742 per semester, not counting room/board, books, and other personal expenses. UTK offers numerous scholarships with a 1 and done scholarships application (early action deadline is Nov. 1, 2023 for Fall 2024) and participates in the TN HOPE scholarships. UTK also offers a last dollar scholarship for students with qualifying family income levels



## Admissions Requirements

UTK has the following minimum requirements for admission, thought please note that some programs have other requirements:

- 3.5 High School GPA and 25 ACT.

For more information contact  
Admissions at  
865-974-1111 or email  
admissions@utk.edu

"A mask tells us  
more than a face."

- Oscar Wilde

# Community Service Scholarship Information

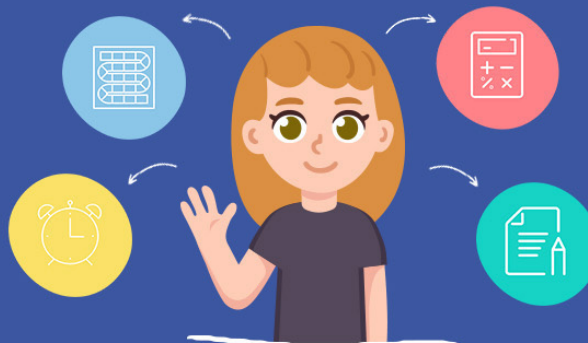
## 13 Community Service Scholarship

Here are some examples of scholarships for volunteering that could help you pay for school:

1. DoSomething.org - easy scholarships
2. Equitable Excellence Scholarship
3. Gloria Barron Prize for Young Heroes
4. Segal AmeriCorps Education Award
5. Prudential Spirit of Community Awards
6. Bonner Leader Program
7. Comcase Leaders and Achievers Scholarship
8. Jesse Brown Memorial Youth Scholarship Program
9. Princeton Prize in Race Relations
10. GE-Reagan Foundation Scholarship Program
11. Young Women in Public Affairs Award
12. Brower Youth Awards
13. Davis-Putter Scholarship Fund

## Don't Multitask

Multitasking—doing two tasks at once—splits students' focus in half, minimizing the ability to remember details.



- ✓ 60% of teens say they text while doing homework.
- ✓ Every time a student switches between tasks, the brain has to refocus, which takes time and effort.
- ✓ Take small breaks to check social media, then refocus on studying.