

WEEKLY SCOOP

 /UBETSU

 /etsuupwardbound

Upward Bound will be taking students that have signed up for the trip to King University's Open House on Saturday Oct. 7.

All students attending this trip MUST have turned in their med form (or bring a fully complete one with them) before they will be allowed to board the bus.

We will be meeting at 8:45 am at the ETSU Baseball field parking lot (414 Love St. Johnson City, TN). Drop off will be at 4:45 pm that evening.

College Tour & Cultural Trip



BIRTHDAYS

Logan Brochu - 10/2
Nathan Starnes - 10/2
Cailyn Pinson - 10/3
Vanessa Guy - 10/4
Isabella Houston - 10/6
Cameron Ice - 10/8
Aidan Lambert - 10/8
Tara Caughran - 10/9
Michael Pilkington - 10/9
Tristen Hoss - 10/11
AJ Jardines - 10/11
Honnor Miller - 10/13
Mckenzie Sargent - 10/14

Study Tips

1. Manage Your Time

Break subjects into 45 minute blocks. this is the optimal time that your brain can stay attentive

3. Make Flashcards

Studies say using flashcards improves retention rates

2. Catch Some Z's

7.3 Hours of sleep per night is technically sleep deprived.

4. Join A Study Group

teaching and speaking are great ways to retain information

5. Treat Your Self

Occasionally reward yourself for accomplishing your goals

UPCOMING EVENTS

Fall Monday Sessions

October 30
November 20

Community Service Day

November 11
Second Harvest Food Bank, Johnson City TN.
More details TBA.

UTK/ Maryville Trip

Monday November 27, 2023
Sign-ups will begin soon!
UB will provide excuses for school absences.

Community Service Day

Service hours will begin to count for TN Promise in November. UB hosting community service event at Second Harvest Food Bank on November 11, 9 am - 12 pm. Must be 16 years of age to participate and must have a ride to and from Second Harvest. If you are interested in participating please text Amanda at 423-384-4677 by Oct. 27. A volunteer form will then be sent to you by your school rep. The form must be completed by you and a guardian then turned back to either Amanda or your school rep by Nov. 3.



TRIVIA QUESTION

When was the first issue of National Geographic published?
Sent answers to Amanda (w@rleya@etsu.edu)



ETSU
Upward Bound

LOOKING FOR NEW STUDENTS 9TH GRADERS

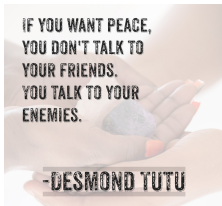
WE OFFER

- FREE COLLEGE ACCESS PROGRAM
- SUMMER PROGRAM
- FREE TRIPS
- TUTORING
- ACT PREP
- CAREER WORK STUDY

**SCAN FOR
MORE INFO**



OR VISIT WWW.ETSU.EDU/UB



COLLEGE SPOTLIGHT:



Tennessee Technological University is a 4 year public research university. Offering over 200 academic programs in 40 undergraduate majors, TN Tech was ranked #1 TN University by Money Magazine.

TN Tech is located on a 235 acre campus in Cookeville, Tennessee, which is in between Knoxville and Nashville.



Graduation Rate: 51.8%
Acceptance Rate: 79%



Notable Alumni from TN Tech includes:
country singer Rodney Atkins, comedian Trae Crowder, 2 NASA Astronauts Roger Crouch and Barry Wilmore.

Tuition & Scholarships

In-state-tuition 2023-2024 Year: \$9,802 per semester, not counting room/board, books, and other personal expenses. TN Tech offers numerous scholarships with a 1 and done scholarships application (priority deadline is Dec. 15, 2023) and participates in the TN HOPE scholarships.



Admissions Requirements

TN Tech has a the following minimum requirements for admission:

- 3.0 High School GPA (test optional, but may be requirement for scholarships) OR 2.5 GPA and at least a 17 ACT

For more information contact
Admissions at
931-372-3888 or email
admissions@tntech.edu

SGA Meeting

The next SGA meeting is **Monday, October 23 from 5:30 - 6:50 pm in Rogers-Stout 120** on ETSU's Campus. Feel free to dress for Halloween in a costume or your favorite Halloween attire!
Zoom ID: **895 0423 5465**
Passcode: **Upward**