

Upward Bound Summer 2025

Parent and Guardian Meeting

Welcome

- ❖ Dr. Ronnie Gross, Director
- ❖ Phil Blevins, Assistant Director of Student Services
- ❖ Emily Grater, Assistant Director of Academic Services
- ❖ Jessi Nicely, Assistant Director of Operations
- ❖ Lisa Cross, College Access Coordinator
- ❖ Aimee Murray, College Access Coordinator
- ❖ Amanda Worley, College Access Coordinator
- ❖ Lisa Baker, Office Coordinator
- ❖ Jennifer Payne, Office Coordinator

Summer Staff

- * Residential Directors (RDs)
- * We have 16 Residential Advisors (RAs) living in the dorms with students this summer who will be supervising and leading activities with students.

What is Upward Bound?

- * Upward Bound is an academic support and college preparation program designed to increase high school students' opportunities in attending college.
- * The program is a federally funded TRIO program and is free to students.

History Of Upward Bound

- * Started in 1964 as a part of the “Great Society” movement.
- * Upward Bound has been here at ETSU since September 1983.

UB During the School Year

- School visits
- College visits
- Brainfuse® and study resources
- Monday night sessions: grade-specific workshops and seminars

Summer Program

- Academic Classes
- Enrichment Classes
- Elective Classes
- Recreational Activities
- Small Group
- Career Work-Study Program
- Bridge Program

Summer events

- Special events – Wetlands, Dance, Awards Day
- Cultural and Educational Activities: Barter Theater, Charleston Trip

See our summer newsletter for dates and details!

Summer Meals

- We provide breakfast, lunch, and dinner to students at no cost. Students will be able to choose from a variety of food options in the Culp Center Dining Hall.
 - Dinner is not provided on Fridays or Sundays.

Housing

- Rooms usually 2 twin size beds, 2 chairs, 2 built in desks, 2 closets, 2 sets of 6 drawers, and a sink
- Every room includes:
 - Cable
 - Internet Connect (Ethernet – 2 connections); students will have access to Wi-Fi where available on campus.
- Both residence halls are air-conditioned buildings
- Each dorm is equipped with laundry facilities (that cost per use - \$1 to wash, \$1 to dry), a kitchen, a community refrigerator, and vending machines.
- Each dorm has a community gathering spot so that students can “hang out” with each other
- Both dorms have community showers—this means that everyone on one floor shares a set of showers.
 - ETSU staff keeps the showers and bathrooms clean.

What should students bring?

- Students will need to bring the following items:
 - Blanket, bedspreads, sheets, pillows, and any other bedding items (for a twin bed)
 - Bath towels and wash cloths
 - Personal toiletries and something to carry them to and from the shower
 - Flip-flops for the showers
 - Waste basket/garbage bags
 - Alarm clock
 - Clothing for the week
 - Comfortable shoes
 - UB backpack
 - Closed-toe shoes if they are taking a lab course
 - Umbrella

Additional Optional Items

- Laundry supplies
- Decorations
- Small refrigerator
- A TV
- Radio
- Fans
- Computer
- Gaming system
- Sports gear—basketballs, soccer balls, volleyballs, etc.

Items Students Cannot Bring:

- * No animals
- * No lighters or matches
- * No candles or warmers (try a plug in instead!)
- * No open plated grills
- * No extension cords (use a surge protector!)
- * No tobacco or alcohol or illegal substances
- * No firearms
- * No vapes

ID cards and keys

- * Upward Bound will pay for your student's first ID Card – we'll make it after move-in!
- * If the card is lost/stolen, there is a \$27.38 replacement fee charged by the University
- * Students will need this card to get into their dorm and meals ALL summer (and every summer from here on out), so keep it in a safe place!
- * Students will also have a key to their dorm rooms; we encourage students to lock their doors when they are not in their rooms and keep up with their keys. Replacement keys are \$50.

Daily Schedule

7:40 - 8:20 Breakfast

8:30 - 12:45 Academic classes (Math, English, Science, Foreign Language)

12:45 - 1:30 Lunch

1:30- 3:45 Afternoon enrichment classes, elective classes

4:00-5:00 Downtime in the dorms

5:00-6:00 Dinner

6:00-6:15 Large Group

6:30-9:00 Rec Time (Monday, Tuesday, Wednesday, and Thursday)

6:45-7:45 Small Groups (Tuesday)

9:00-10:00 Shower Time/Study Time/Laundry Time

10:00-11:00 In your hall. (Quiet hours begin) Study time/Get ready for bed

11:00 In your own room

Summer academics

- * Summer academic classes are designed to help prepare students for the upcoming school year. Students will not receive high school or college credits for these classes.
- * Each student must achieve an average of **80** or higher in the academic classes as well as an average of **80** or higher in the enrichment classes.
- * In a typical scenario, Upward Bound students take 4 academic classes (Math, English, Foreign Language, and Science) and 2 enrichment classes (afternoon electives). In addition, **each student cannot make below a 60 in any one individual class.**
- * Students who miss classes for any reasons (vacations, etc.) must communicate with their instructors about making up work.
- * Students who do not meet these objectives will not be permitted to go on the summer trip to Charleston.

Summer Trip

- * Charleston, SC
- * July 8-10

Check-in and Check-out

- * We use a computer system to keep track of students on campus since they are in our care during the summer program.
- * Any time a student arrives on campus, they must check-in with a staff member. Any time a student leaves campus, they must be checked out by an approved person with an ID.

Sunday check-in

- Students should arrive back on campus to check in each Sunday from 7:00PM – 9:00PM
 - students can check in to the program by themselves; no guardian is needed
- If a student needs to check in late (after 9PM on Sundays or after 9PM on Wednesdays) due to circumstances beyond their control, they must call the RD with a specific return time and must have parent permission.
- The latest time a student may return is 11PM. Students who cannot return by 11PM should call the RD and make arrangements to return before breakfast the following morning.

Friday Check-out

- * Students will need to be checked out by an approved person (who can show an ID) each time they are checked out unless they have permission to check themselves out on their transportation form.
- * Checkout on Fridays is from 2PM-5PM at the students' residence halls.

Wednesday Family Night

- * Students may check out on Wednesdays starting at 4PM at the students' residence halls; students must return before 9PM.
- * Wednesday night check-out is optional. Dinner and activities will still be going on for those students who stay on campus.
- * Students who choose to check out on Wednesdays will need to follow the same procedures as Friday check-out.

Leaving campus at other times

- * Students who need to check out at any time other than Wednesday and Friday check-out times should have their parents/guardians call the office (if between 8:00 a.m.-4:30p.m.) at 423-439-5619 or the RD (if after 4:30) to make arrangements for check-out.
- * **Students should not check out during academic classes when avoidable.**
- * **PLEASE NOTE:** Check out is strongly discouraged between noon and 1:30pm as extra staff will be in meetings and unable to retrieve students. Please make arrangements to pick students up before or after these times.)
- * Students who are ill and cannot attend classes will contact their parents or guardians and will need to be picked up from campus.
- * Students who have permission to check themselves out may only do so on Wednesdays and Fridays and will need a parent/guardian to call, provide the safety word, and grant them permission to check out at any other time.
 - * **The safety word will be handed out at move-in and should not be shared with anyone else. The safety word will not take the place of showing an ID at check-out.**

Move-in information

After this meeting, we can walk you all over to show you where the dorms are located for move-in day!

Move in times for Tuesday, May 27:

Rising sophomores: 3:00-4:00pm

Rising juniors: 4:00-5:00pm

Rising seniors: 5:00-6:00pm

Students will need to have the participation form, summer commitment form, medical form, and transportation form completed with signatures by move-in.

Safety

- Mandated Campus Security Authorities
- Medical Form
- Medications Policy
- We never guess about someone else's health and/or safety.
- ETSU Administration Support
- Public Safety, Student Affairs, Housing
- Human Resources – Employee Background Checks

Some final thoughts...

- * Parents and guardians – your support for your student and for this program is not only appreciated, but it is essential for the success of your student.

Questions...

Call us: 423-439-5619

