

Teaching Workshop: Adult Learners
East Tennessee State University
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Adult Learning Principles (Andragogy and Beyond)

1. Adult learners possess an extensive and valuable amount of life experience, and bring that to the learning situation
2. Adult learners have a need to make meaningful connections of what they are learning
3. Choice is an essential component for adult learners
4. Adult learners need to know why they should learn something
5. Adult learners need to apply what they learn to life/family/work
6. Motivation to learn tends to move toward more intrinsic than extrinsic motivation

(Inspired by Malcolm Knowles, Ralph Brockett, Jack Mezirow,
Peter Jarvis, Knud Illeris)