

ETSU COLLEGE OF NURSING  
STUDENT HEALTH  
AMERICAN COLLEGE HEALTH ASSOCIATION-  
NATIONAL COLLEGE HEALTH ASSESSMENT II  
April 2012 and September 2015

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## ***Mission***

“To optimize health and reduce health disparities through the provision of innovative and high quality care and services in partnership with our patients, communities, and regional health and services agencies.”

## ***Vision***

“Our vision is two-fold: To deliver world-class quality health care that is accessible, affordable, and outcome driven and to provide students with the best interprofessional clinical experience that is nationally renowned.”

## ***Value Statements***

East Tennessee State University pursues its mission through a student-centered community of learning reflecting high standards and promoting a balance of liberal arts and professional preparation, continuous improvement, and based upon core values.

The College of Nursing faculty and staff will support and exhibit the university’s core values as follows:

**PEOPLE** come first, are treated with dignity and respect, and are encouraged to achieve their full potential.

**RELATIONSHIPS** are built on honesty, integrity and trust.

**DIVERSITY** of people and thought is respected.

**EXCELLENCE** is achieved through teamwork, leadership, creativity, and a strong work ethic.

**EFFICIENCY** is achieved through wise use of human and financial resources; and

**COMMITMENT** to intellectual achievement is embraced.

## ***ETSU College of Nursing Nurse-Managed Clinics***

ETSU Student/University Health

## *Student Survey of Health Data*

### **American College Health Association- National College Health Assessment II**

The ACHA-NCHA II supports the health of the campus community by fulfilling the academic mission, supporting short and long-term healthy behaviors, and gaining a current profile of health trends within the campus community.

**Figure 1. Demographics and Student Characteristics**

	<b>2012</b>	<b>2015</b>
<b>Respondents</b>	593	1,504
<b>Age</b>		
Median Age	22.5	22
Mean Age	26.67	25.52
<b>Gender</b>		
Female	71.0%	73.9%
Male	27.7%	25.3%
Transgender	0.2%	0.3%
<b>Student Status</b>		
Undergraduate	73.6%	79.0%
Graduate	25.0%	19.6%
<b>Marital Status</b>		
Single	69.7%	73.5%
Married	23.1%	20.3%
<b>Ethnicity</b>		
White	88.0%	83.9%
Black	4.7%	8.1%
Hispanic	1.3%	3.6%
Asian	3.9%	2.7%
<b>Health Insurance</b>		
Uninsured	20.0%	10.6%

**Figure 2. Concerns Identified from Survey**

<b>Academic Impacts</b>	<b>Percentage 2012</b>	<b>Percentage 2015</b>	<b>Percent (%) Change</b>
Anxiety	20.6%	22.0%	↑1.40%
Depression	12.7%	13.3%	↑0.60%
Stress	29.5%	27.8%	↓1.70%
Sleep Difficulties	22.5%	19.1%	↓3.40%
Work	14.5%	15.4%	↑0.90%
Violence, abusive relationships, personal safety	17.3% verbal threats 12.5% emotionally abusive relationship	16.7% verbal threats 12.3% emotionally abusive relationship	↓0.60% verbal threats ↓ 0.20% emotionally abusive relationship
Alcohol use within past 30 days	57.1%	52.8%	↓4.30%
Use of prescription drugs not prescribed	14.8%	10.8%	↓4.00%
Feelings of hopelessness	44.8%	42.3%	↓2.50%
Overwhelmed	88.5%	85.9%	↓2.60%
Exhausted (not from physical activity)	80.4%	79.9%	↓0.50%
Lonely	51.8%	50.9%	↓0.90%
Seriously considered suicide	Male 11.0%	Male 8.70%	Male ↓2.30%
	Female 4.80%	Female 7.50%	Female ↑2.70%
Overwhelming anger	Male 37.4%	Male 36.9%	Male ↓ 0.50%
	Female 40.8%	Female 40.1%	Female ↓ 0.70%
Attempted suicide (ever)	Male 6.20%	Male 1.30%	Male ↓ 4.90%
	Female 7.60%	Female 1.00%	Female ↓ 6.60%
Attempted suicide last 12 months	Male 0.60%	Male 0.80%	Male ↑ 0.20%
	Female 0.07%	Female 0.50%	Female ↑ 0.43%

**Figure 3. Program Enhancements**

<b>Program</b>	<b>2012</b>	<b>2013</b>	<b>2014</b>	<b>2015</b>
Integrated mental/behavioral health services in SUHS (Psychiatric NP/CNS and Psych Resident)	Fall Semester Dr. Shah/Frances Jackson, FNP-BC ½ day	½ day resident Fall/Spring/Summer 1 day NP coverage (Rice, Powers, Jackson)	1 day resident 1 day NP (2 ½ days resident, 1 day NP, 20 hour/week psychology doctoral student)	½ day resident 20 hr psychology doctoral student 1 day NP (need psychiatry preceptor)

Program	2012	2013	2014	2015
Psychology Clinic				
Psychiatric Residents in Counseling Center				
Social Work and Psychology Doctoral Students in SUHS			Social Work Counseling 1/2 day	Social Work Counseling 1/2 day