



Climbing Wall Waiver

I, _	, am aware and understand that participating in Climbing
Wa	all activities involves potential risks of physical injury and death. I understand that climbing is
ph	ysically demanding and potentially dangerous. I agree and hereby state that I am solely
res	ponsible for my own participation and for my own physical and emotional well-being.

I am aware and understand that the activity is strictly voluntary and it is my own choice to participate to whatever degree I deem appropriate after due consideration of my own physical health, physical abilities and mental condition. I further state that in choosing to participate, I am not under the influence of any chemical substance including alcohol.

I am aware that helmet use is recommended during climbing activities and the use of this protective helmet could prevent or reduce severity of injury, brain damage or death in the event of an accident. I am aware that helmets are provided free of charge. Against the advice of East Tennessee State University Campus Recreation I am choosing not to wear a protective helmet and take full responsibility for my own personal decision and choice not to wear a helmet.

I willingly and knowingly assume for myself, my heirs, family members, executors administrators and assigns all risk of physical and emotional injury which may occur during or after participating in any aspect of the activity and hereby agree to hold the State of Tennessee, East Tennessee State University, Tennessee Board of Regents, its employees, instructors, facilitators, volunteers and agents harmless for any liability arising out of my participation in the program.

Should E.T.S.U. or anyone acting on its behalf be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify (to assume the responsibility for payment of damages to someone else) and hold E.T.S.U. harmless for all such fees and costs. This release does not, however, apply to any physical injury or emotional harm caused by willful misconduct of E.T.S.U, its employees, instructors, facilitators and agents.

East Tennessee State University assumes no responsibility for injuries received during Campus Recreation activities. All participants are reminded that participation is completely voluntary. It is strongly recommended that all participants have a physical examination and secure adequate medical insurance prior to participation. I understand that ETSU has no Blanket insurance and I assume all financial responsibility for all medical treatment.

Agreement to follow Climbing Wall Rules and Policies

- 1. All climbers must follow all rules and instruction from CPA staff at all times.
- 2. Minimum age requirement is 12 years. Under the age of 16 must be accompanied by a parent.
- 3. Remove jewelry and empty pockets. Safety straps for glasses are recommended.
- 4. Authorized instructors must be present and attentive.
- 5. Closed face shoes are required. Climbing shoes, athletic shoes, tennis shoes and hiking boots are acceptable no sandals!





- 6. No horseplay or unsafe conduct will be tolerated!
- 7. Proper care of equipment is a must. No stepping on ropes, dropping/tossing carabiners/belay devices, or other unsafe actions.
- 8. Proper climbing commands must be used.
- 9. Problems such as accidents, loose holds and equipment damage must be reported to staff immediately.
- 10. Helmets are available upon request.
- 11. Bouldering is not permitted when the wall is closed
- 12. Bouldering is allowed on the lower 10 ft. of the indoor wall (i.e. your head should not be above 10 ft., the first set of quick draws is the designated 10 ft line).
- 13. No bouldering under climbers.
- 14. Spotters are always recommended.

I have had sufficient opportunity to read this entire document. I have read and understand it, and I agree to be bound by its terms.

Participant Signature	Date
Participant Name (Please print)	
Parent/Guardian Signature	Date