



Women's Resource Center NEWSLETTER

A Quarterly Newsletter

March 2010 – Volume 12:3



National Women's History Month- March 2010

2010 will be the 30th anniversary of the National Women's History Project. When NWHP began mobilizing the lobbying effort that resulted in President Jimmy Carter issuing a Presidential Proclamation declaring the week of March 8, 1980, as the first National Women's History Week, the NWHP had no idea what the future would bring. And then, in 1987, another successful lobbying effort resulted in Congress expanding the week into a month, and March is now National Women's History Month.

The overarching theme for 2010 and the 30th Anniversary celebration is *Writing Women Back into History*. It often seems that the history of women is written in invisible ink. Even when recognized in their own times, women are frequently left out of the history books. To honor the 2010 theme, the NWHP is highlighting pivotal themes from previous years. Each of these past themes recognizes a different aspect of women's achievements, from ecology to art, and from sports to politics.

Logo and article contents adapted from *National Women's History Project* web site at <http://www.nwhp.org/whm/index.php>.

On Friday, March 26, 2010, **Hellwich** will present a lecture entitled *"Smart Women Thirst for Knowledge."* Location for the Hellwich lecture is the East Tennessee Room, D.P. Culp University Center, at noon.



Hellwich will share her story about the design and development of *Smart Women* from a kitchen table-top endeavor to international distribution all based on clear intention, intelligent communications, and building relationships. With experience in working across platforms in academia, non-profit sectors, and business communities, she has a wealth of information to share regarding project development and sound leadership practices.

Smart Women Products have been featured on **HGTV**, as well as featured in **Ladies Home Journal**, **GLAMOUR**, **Washington Post**, and **BUST Magazine**. According to Hellwich, "We want women to know that the things we do make a difference. By living and breathing our politics and convictions on a daily basis, (whether we're running errands, running the office, or running FOR office) smart women change the world every day."

This *Women's History Month* lecture is sponsored by the Women's Studies Program and Women's Resource Center; for more information contact the Women's Studies Program at 423-439-4135 or Women's Resource Center at 423-439-7847.

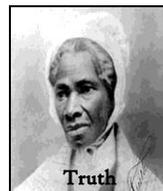
Photo and some article contents adapted from the *Smart Women Company* web site at http://www.smartwomencompany.com/?page_id=79/.



Entrepreneur Julie Hellwich to speak during Women's History Month

In 1999 **Julie Hellwich** was a new Mom with practically no money, but a rich sense of creativity and invention. From her kitchen table, using a single art stamp and a bag of Epsom salts, she set out to make a few gifts for friends. The style and wit of the products struck a nerve with her chums and local store owners, and quickly captured the attention of *smart women* everywhere. And in 2004, Julie and *Girl Babies, Inc.* made the national scene when they announced a partnership with **The League of Women Voters of the United States (LWVUS)** for the Smart Women 2004 Elect to Make a Difference Tour in an effort to excite, educate, and engage women around the 2004 presidential elections, and inspire them to "elect to make a difference" in their communities every day.

Music theatre performance of "Ain't I a Woman!" scheduled for March 2010



The **Core Ensemble**, featuring guest performers Tahirah Whittington, cello, Hugh Hinton, piano, and Michael Parola, percussion, and actress Shinnerrie Jackson, will perform the chamber music theatre work *"Ain't I a Woman!"* on Monday, March 15, 2010, at 7:00 p.m. Location is the Martha Street Culp Auditorium in the D.P. Culp University Center. The **Core Ensemble** has toured in Australia, England, Russia, Ukraine, the Caribbean, and in every region of the United States.

Celebrating the historical life and times of four powerful African American women – novelist and anthropologist Zora Neale Hurston, ex-slave and



Hunter

abolitionist Sojourner Truth, folk artist Clementine Hunter, and civil rights worker Fannie Lou Hamer – **“Ain’t I a Woman!”** honors the remarkable achievements of these women. The musical score is drawn from the heartfelt spirituals and blues of the Deep South,



Hamer

the urban vitality of the Jazz Age, and contemporary concert music by African American composers such as Charles Mingus, Thelonius Monk, Max Roach, and Diane Monroe.

The text of **“Ain’t I a Woman!”** was written by playwright and stage director Kim Hines and draws attention to the lifetime choices made by Hurston, Truth, Hunter, and Hamer. It demonstrates how each woman overcame personal or political challenges and was able to achieve astonishing goals living in an American society often unfriendly to social tolerance and acceptance.

“Ain’t I a Woman!” commemorates *Women’s History Month* and *Black History Month* on the ETSU campus and is sponsored by the Office of Multicultural Affairs, Diversity Events Committee, Black Affairs Association, Mary B. Martin School of the Arts, the Honors College, Department of History, Buctainment, Women’s Studies Program, and Women’s Resource Center.

For more information, contact the Office of Multicultural Affairs at 423-439-6633.

Article contents adapted from the CORE ENSEMBLE web site at <http://www.core-ensemble.cc/index.htm>. Photo credits: Zora Neale Hurston retrieved from PBS web site at <http://www.pbs.org/wnet/americannovel/timeline/hurston.html>, Sojourner Truth retrieved from the *Voltaireine de Cleyre* web site at <http://www.voltaireine.org/womenresistoutline.html>, Clementine Hunter retrieved from *Frenchereoles.com* web site at <http://www.frenchereoles.com/chunter.jpg>, Fannie Lou Hamer retrieved from *FemBio* web site at <http://www.fembio.org/biographie.php/woman/biography/fannie-lou-hamer/>.



Dr. Vandana Shiva to speak at ETSU

A board member of the International Forum on Globalization (IFG), founder of Navdanya International (a science and policy research center), world-renowned Indian scientist, environmentalist, agricultural activist and *Time* – magazine designated “Hero for the Planet,” Dr. Vandana Shiva will offer her energetic and insightful solutions for solving the global problems of climate change and food insecurity through the localization of food production. **“An Evening with Vandana Shiva”** is scheduled for Monday, April 5, 2010. Location and time is the Martha Street Culp Auditorium, D.P. Culp Center, at 7:00 p.m. This lecture is free and open to the public, however tickets will be required for attending the lecture.

A physicist, ecologist, and activist, Shiva discusses how a global industrial food system that supplies the few with plenty at the expense of the many “is a recipe for eating oil,” resulting in growing hunger, soaring commodity prices, food riots and an alarming pattern of 150,000

farmer suicides in India. The situation is critical and becoming more desperate each day.

Shiva’s *Seeds of Hope* project in India is restoring life to the suicide belt in India and assisting communities affected by recent tsunamis, drought, climate change, GMOs, and an economic system dependent on oil. All devastating circumstances to farmers in the developing world, Shiva’s *Seeds of Hope* project provides an answer. Her policy advocacy on the international scene has successfully defended the right to seed for farmers and the right to food and water for all.

Winner of the alternative Nobel Peace Prize in 1993 (the Right Livelihood Award) and named by *AsiaWeek* as one of the top five most important people in Asia in 2001, Shiva is a dynamic, provocative thinker and commentator on the environment, women’s issues, and international affairs. She is author of **CLOSE TO HOME: Women Reconnect Ecology; Health and Development; Soil Not Oil: Environmental Justice in an Age of Climate Crisis; Earth Democracy: Justice Sustainability and Peace;** and **Stolen Harvest: The Hijacking of the Global Food Supply,** among many other books.

Sponsored by the Feminist Majority Leadership Alliance (FMLA) Student Organization, BucFund Committee, Women’s Studies Program, and Women’s Resource Center; for more information contact the Women’s Studies Program at 423-439-4135 or Women’s Resource Center at 423-439-7847.

Article contents adapted from the *International Forum on Globalization* web site at <http://www.ifg.org/> and the *Eco Books* web site at <http://www.ecobooks.com/authors/shiva.htm>.



Women’s Health Series

Women’s Health Series seminars scheduled during April 2010 address healthy lifestyle choices and recent research conducted by ETSU faculty members, Drs. Kelly Dorgan and Sadie Hutson, on human papillomavirus (HPV) and cervical cancer. Both seminars address health issues and concerns facing all women in today’s world. Please plan on attending these seminars scheduled with local professionals from the campus and region.

Our cultural reliance on drugs and therapeutics, while perhaps making us more comfortable, sometimes does little to turn the direction of one’s health around. Lifestyle, on the other hand, is important because how you live determines your choices. These lifestyle choices, such as how we *think, live, eat, and deal with our health,* decide how healthy each of us are and whether our health is improving or declining. Being healthy comes from taking personal responsibility for your current condition, doing your own research, making intuitive decisions, and taking action.

On Tuesday, April 6, 2010, **Karen Feeley, D.C.,** of Wellness Way Chiropractic located in Blountville, Tenn., is guest speaker for **“You Were Born To Be Healthy.”** Location is Meeting Room 6, D.P. Culp University Center, at noon.

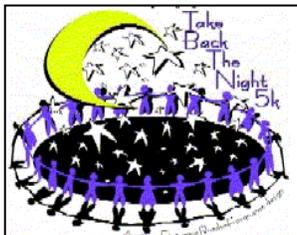
Feeley will discuss the innate intelligence of the body, how the body is designed to heal itself when given the right tools and stimulus, and how to access your natural ability to heal and be in great health. Developing healthy lifestyle habits are the result of a health-oriented mentality; Feeley's discussion focuses on improving quality of life by making those, sometimes tough, healthy lifestyle choices.

"Breaking the Silence: Talking about HPV and the Cervical Cancer Vaccine," with guest speakers **Sadie Hutson, Ph.D., R.N., W.H.N.P., B.C.,** ETSU College of Nursing assistant professor, and **Kelly Dorgan, Ph.D.,** ETSU Department of Communication associate professor, is scheduled for Wednesday, April 14, 2010. Location is the East Tennessee Room, D.P. Culp University Center, at noon.

In their interactive seminar, Hutson and Dorgan will discuss the human papillomavirus (HPV) and the cervical cancer vaccine, as well as answer participants' questions. Featured during this seminar are Hutson's and Dorgan's recent community-based research, highlighting some of the regional concerns and perceptions about the human papillomavirus (HPV) vaccine. As one of the most commonly sexually transmitted infections, HPV is recognized as the necessary cause of cervical cancer.

For more information on any of the *Women's Health Series* seminars scheduled, contact the Women's Resource Center at 423-439-7847.

Some article contents adapted from the *HealthNews* web site at <http://kfeeley.healthnewsbroadcast.info/>.



TAKE BACK THE NIGHT 5K Road Race/Walk

The seventh annual **TAKE BACK THE NIGHT 5K Road Race/Walk** is scheduled for Saturday, March 27, 2010. All proceeds from the **5K Race/Walk** are donated to the local programs committed to eradicating sexual and domestic violence. Last year the **5K Race/Walk** attracted over 300 runners and raised over \$3,500 for programs that support survivors of sexual violence, including the SANE (Sexual Assault Nurse Examiners) nurse program at the Johnson City Medical Center.

Every two minutes, someone, somewhere in the United States is a victim of sexual violence. The majority of these incidences are committed by someone the person knows or loves: an acquaintance, a former or current partner, or a spouse. **TAKE BACK THE NIGHT** is an internationally recognized 5K road race and walk for the purpose of unifying women, men, and children in awareness of sexual and domestic violence.

It is vital that women and children, who have been sexually assaulted, seek and receive competent and compassionate medical care for purposes of not only their own personal health and safety, but also for legal prosecution, if they so choose. The SANE nurse program

creates such a safe and supportive environment for survivors of sexual violence.

Consider becoming a part of this year's **TAKE BACK THE NIGHT 5K Road Race/Walk** and help us continue raising awareness about the problems of sexual and domestic violence in our community. Campus and community folks are encouraged to organize a team of runners/walkers to work together for this cause (prizes are awarded to the teams with the most members and/or donations). Also this 5K road race and walk is a certified King and Queen race for the State of Franklin Track Club.

For registration information, contact Rebecca Alexander or Katelyn Kivett, ETSU Counseling Center, at 423-439-4841 or visit the www.runtricity.org web site where the registration form is available for download. Registration prior to March 20th is \$12.00. Registration after the March 20th is \$15.00.

LOCATION: Nicks Hall, Entryway
REGISTRATION: 7:30 a.m. – 8:30 a.m.
RACE START TIME: 8:30 a.m.



Donation drive to benefit Safe Haven Women's Shelter

As part of the V-Day global movement to stop violence against women and girls, the ETSU Feminist Majority Leadership Alliance (FMLA) Student Organization and Women's Studies Program are sponsoring a donation drive to assist clients of the **Safe Haven Women's Shelter** located in Jonesborough, Tenn. The donation drive, being held in conjunction with benefit performances of *The Vagina Monologues*, will have donation drops set up across campus.

Items needed for **Safe Haven** include:

- New clothing (sweats and undergarments, in particular for women who have gone to the hospital and are in need of clean clothing)
- Snacks
- Journals
- Backpacks or tote bags.

Dates for the *donation drive* are **March 29** through **April 10, 2010**. A donation collection box will be located in the Women's Resource Center, Ross Hall, basement suite 2. Collection boxes also will be located at The Acoustic Coffeehouse, Knights, Mid City Grill, Poor Richard's Campus, and Earth Fare.

For more information, contact the Women's Studies Program at 423-439-4135.



Performances of *The Vagina Monologues* are scheduled for April 8-10, 2010. For more information or to purchase tickets, contact the ETSU Women's Studies Program at 423-439-4135.

ETSU Women's Resource Center
Program Schedule

For more information on the events listed contact the **WRC** at 423-439-7847.

MARCH – MAY 2010

PROGRAMS – Main Campus

Monday, March 15

“Ain’t I a Woman!” – A Women’s History Month and Black History Month Program. The **Core Ensemble** will perform this chamber music theatre work that celebrates the historical life and times of four powerful African American women – novelist Zora Neale Hurston, ex-slave and abolitionist Sojourner Truth, folk artist Clementine Hunter, and civil rights worker Fannie Lou Hamer. Sponsored by The Office of Multicultural Affairs, Diversity Events Committee, Black Affairs Association, Mary B. Martin School of the Arts, The Honors College, Department of History, Buctainment, Women’s Studies Program, and Women’s Resource Center. See article pages 1-2.

LOCATION & TIME: D.P. Culp University Center, Martha Street Culp Auditorium, 7:00 p.m.

Wednesday, March 17

Book Review Group. Participants will meet to discuss ***Testimony: A Novel*** by Anita Shreve. New readers welcome.

LOCATION & TIME: Women’s Resource Center, Ross Hall (formerly Panhellenic Hall), Basement Suite 2, noon.

Wednesday, March 24

Candlelight Vigil - Honoring Survivors of Abuse. A brief program of music and thoughtful reflection that celebrates the resiliency of survivors. Sponsored by OASIS (Outreach and Advocacy Sexuality Information for Students), the Counseling Center, Women’s Studies Program, and Women’s Resource Center. See article page 5.

LOCATION & TIME: D.P. Culp University Center, Amphitheatre, 7:00 p.m.

Friday, March 26

“Smart Women Thirst for Knowledge” – A Women’s History Month Program. **Julie Hellwich**, president and CEO of *Smart Women Company*, will share her story about the design and development of *Smart Women* from a kitchen table-top endeavor to international distribution all based on clear intention, intelligent communications, and building relationships. Sponsored by the Women’s Studies Program and Women’s Resource Center. See article page 1.

LOCATION & TIME: D.P. Culp University Center, East Tennessee Room, noon.

Saturday, March 27

TAKE BACK THE NIGHT 5K Road Race/Walk. The seventh annual **TAKE BACK THE NIGHT 5K Road Race/Walk** is scheduled with all proceeds donated to the local programs committed to eradicating sexual and domestic violence. This program is coordinated through the ETSU Counseling Center. See article page 3.

*****A REGISTRATION FEE IS REQUIRED FOR THIS EVENT.*****

REGISTRATION: Nicks Hall, Entryway, 7:30 a.m. – 8:30 a.m. **RACE START TIME:** 8:30 a.m.

Monday, April 5

“An Evening with Vandana Shiva” – A Special Event Lecture. Dr. Vandana Shiva will offer her energetic and insightful solutions for solving the global problems of climate change and food insecurity through the localization of food production. Sponsored by Feminist Majority Leadership Alliance (FMLA) Student Organization, BucFund Committee, Women’s Studies Program, and Women’s Resource Center. See article page 2.

LOCATION & TIME: TBA.

Tuesday, April 6

“You Were Born To Be Healthy” – A Women’s Health Lunch Break Seminar. **Karen Feeley**, D.C., of Wellness Way Chiropractic located in Blountville, Tenn., is guest speaker. Feeley will discuss the innate intelligence of the body, how the body is designed to heal itself when given the right tools and stimulus, and how to access your natural ability to heal and be in great health. See article pages 2-3.

LOCATION & TIME: D.P. Culp University Center, Meeting Room 6, noon.

Wednesday, April 14

“Breaking the Silence: Talking about HPV and the Cervical Cancer Vaccine” – A Women’s Health Lunch Break Seminar. **Sadie Hutson, Ph.D., R.N., W.H.N.P., B.C.**, ETSU College of Nursing assistant professor, and **Kelly Dorgan, Ph.D.**, ETSU Department of Communication associate professor, are guest speakers. Hutson’s and Dorgan’s recent community-based research, highlighting some of the regional concerns and perceptions about the human papillomavirus (HPV) vaccine, will be discussed during this interactive seminar. See article pages 2-3.

LOCATION & TIME: D.P. Culp University Center, East Tennessee Room, noon.

Wednesday, April 21

Book Review Group. Participants will meet to discuss ***Shanghai Girls: A Novel*** by Lisa See. New readers welcome.

LOCATION & TIME: Women’s Resource Center, Ross Hall (formerly Panhellenic Hall), Basement Suite 2, noon.

Wednesday, May 19

Book Review Group. Participants will meet to discuss ***The Sweetness at the Bottom of the Pie*** by Alan Bradley. New readers welcome.

LOCATION & TIME: Women’s Resource Center, Ross Hall (formerly Panhellenic Hall), Basement Suite 2, noon.

ALL PROGRAMS ARE FREE and OPEN TO THE PUBLIC.

MORE CAMPUS & COMMUNITY NEWS



Candlelight Vigil – Honoring Survivors of Abuse

The fourth annual **Candlelight Vigil – Honoring Survivors of Abuse** is scheduled for Wednesday, March 24, at 7:00 p.m. Location is Amphitheatre, D.P. Culp University Center.

All students, faculty, and staff are encouraged to join us to honor survivors of abuse and celebrate the resiliency of survivors. A brief program of music and thoughtful reflection will be followed by a reception. Sponsored by OASIS (Outreach and Advocacy Sexuality Information for Students), the Counseling Center, Women's Studies Department, and Women's Resource Center, for more information, contact Rebecca Alexander or Katelyn Kivett, ETSU Counseling Center, at 423-439-4841 or e-mail oasis@etsu.edu.

WindieFest coming to historic Jonesborough



WindieFest 2010 is coming to historic Jonesborough, Tenn., during March 26-28. Organized by Susan Lachmann, local artist – educator – celebrity, Lachmann has planned a full weekend of creative inspiration and invention programs and workshops. A major event scheduled for the weekend will feature Greeneville native and noted celebrity Park Overall, who played Nurse Laverne Todd on the sitcom *Empty Nest*. The Overall evening event is slated for Friday, March 26, at 7:00 p.m. at the International Storytelling Center. The weekend will include workshops focused on drum circle training, arts-infusion, story parlor, and more.

A festival featuring local and national women celebrities and entrepreneurs, the weekend of events is designed to promote women moving from idea to action to realization of dreams. For more information

about this inaugural festival, visit the **WindieFest** web site at windiefest.weebly.com or phone 423-753-1010 for ticket information and purchases.



CLOTHESLINE PROJECT

Monday, March 22 through Friday, March 26

**Location: D.P. Culp University Center,
Atrium Area, 2nd floor**

Time: 11:00 a.m. – 1:00 p.m.

Participants have the opportunity to utilize a hands-on approach by individually preparing a T-shirt with a message supporting non-violence.

For more information, contact Rebecca Alexander or Katelyn Kivett, ETSU Counseling Center, at 423-439-4841.



HOLIDAY CLOSINGS

ETSU will be closed Friday, April 2, 2010, in observance of **Good Friday** and Monday, May 31, 2010, in observance of **Memorial Day**.



The ETSU Women's Resource Center Newsletter is published quarterly at East Tennessee State University, Johnson City, Tenn. Mailing Address: P.O. Box 70272, Johnson City, TN 37614. Phone: (423) 439-7847. Fax: (423) 439-7886. E-mail address: wrcetsu@etsu.edu. Visit our web site at: <http://www.etsu.edu/wrcetsu/>.

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