The 2005 National Women's History Month theme, "Women Change America," honors and recognizes the role of American women in transforming culture, history and politics as leaders, writers, scientists, educators, politicians, artists, historians, and informed citizens. "Women Change America" also celebrates the myriad ways in which the spirit, courage, and contributions of American women have added to the vitality, richness, and diversity of American life.

The ETSU campus will celebrate Women's History Month with an outstanding lineup of special events and lectures during March 2005. The following outlines the programs slated for this month dedicated to celebrating the accomplishments of women.

“SHE RAVES,” will kick off ETSU’s Women’s History Month program lineup. Held annually, “SHE RAVES” is scheduled for Tuesday, March 1, 2005, at noon. Location is the Carroll Reece Museum. This casual, unrehearsed “rave” event provides participants with an informal setting where they can share comments about family members, divas, writers, and other special women who have been influential in their lives. The Women’s Resource Center and the Women’s Studies Program are co-sponsoring this WHM special event.

Pat Humphries and Sandy Opatow will present a Women’s History Month Celebration Concert on March 1, 2005, at 7:00 p.m. Humphries and Opatow will perform a repertoire of award-winning songs including the Grand Prize winning song in the Folk Category of the prestigious John Lennon Songwriting Contest, “If I Give Your Name.”

Humphries and Opatow have been performing together at concerts, teach-ins, and rallies since the events of September 11, 2001, occurred. Their songs have been featured on Pacifica Radio’s “Democracy Now!” with Amy Goodman. Rhythms Magazine called their album, “Hands,” a “powerful and energetic album . . . one of the best of 2001.”

Sponsored by the Women’s Studies Program, Women’s Resource Center, and the College of Public and Allied Health, location for the Humphries and Opatow Celebration Concert is the Martha Street Culp Auditorium, D.P. Culp University Center.

On March 3, 2005, the Women’s Studies Program and the Office of Multicultural Affairs are sponsoring “Sisters in Spirit: The Iroquois Influence on Early American Feminists,” a public lecture by Sally Roesch Wagner, Ph.D., a veteran women’s studies professor. Drawing on her 30-year career as a scholar and lecturer, Wagner presents a spellbinding new way of looking at history, engaging audiences from kindergarten to senior citizens, in venues ranging from college campuses to state legislatures.

Wagner’s lecture addresses how women of the Six Nations Iroquois Confederacy inspired the revolutionary vision of early feminists by providing a model of empowered women. At a time when Euro-American women had few rights, Haudenosaunee (Iroquois) women possessed decisive political power, control of their bodies and property, custody of the children they bore, satisfying work, and a society generally free of rape and domestic violence. The thinking of Elizabeth Cady Stanton and Matilda Joslyn Gage became transformed through their involvement with their indigenous neighbors in upstate New York. Location for “Sisters in Spirit: The Iroquois Influence on Early American Feminist” is Brown Hall Room 206, 7:00 p.m.

“HEROIC, BELOVED” Dance Performance is slated for Wednesday, March 23, 2005, at 7:00 p.m. A one-woman dance performance celebrating images of women, “HEROIC, BELOVED” will be presented by dancer and choreographer Leslie Friedman. Sponsored by the ETSU Women’s Studies Program and Women's Resource Center, location for “HEROIC, BELOVED” is the Martha Street Culp Auditorium of the D.P. Culp University Center.

A Fulbright scholar from 1983 to 1984, Friedman lectured and performed in India as a Fulbright recipient. Friedman also has performed, taught, and choreographed works throughout Europe, Asia, and the Middle East. The first U.S. dancer-choreographer to perform for a Russian audience, Friedman performed in Moscow and Leningrad after a 14-year break in cultural relations. Friedman currently serves as artistic director of The Lively Foundation in San Francisco. The Lively Foundation devotes its energy to the production of artistic and educational programs in dance, music and related arts. It was founded in 1983 by supporters of Friedman.

Rounding out Women’s History Month programming will be a presentation of the women’s suffrage film, “Iron Jawed Angels,” on Tuesday, March 29, 2005. Based on the suffragette efforts of Alice Paul and Lucy Burns, moviegoers are provided with a dramatic view of heroic young activists taking the women’s suffrage movement by storm. Paul and Burns, as well as many other courageous American women, put their lives at risk to continued on page 2
help all American women win the right to vote. Sponsored by the Women’s Studies Program, the Campus Activities Board, and Women’s Resource Center, the film, “Iron Jawed Angels,” is scheduled for 7:00 p.m., Martha Street Culp Auditorium, D.P. Culp University Center.

**TAKE BACK THE NIGHT**

5K Race/Walk

The second annual **TAKE BACK THE NIGHT** 5K Race/Walk is scheduled for Saturday, March 19, 2005. All proceeds from 5K Race/Walk are donated to the S.A.N.E. Program (Sexual Assault Nurse Examiner) at Johnson City Medical Center.

Last year the 5K Race/Walk attracted over 117 runners and raised over $3,000 for the S.A.N.E. program. Consider becoming a part of this year’s **TAKE BACK THE NIGHT** 5K Race/Walk and help us raise awareness and speak out against sexual and domestic violence in our community. This year we are encouraging folks to organize a team of runners/walkers to work together for this cause (prizes will be given to the teams with the most members and/or donations). You can make a difference in helping to keep women and children safe!

For registration information, contact Kim Bushore-Maki or Laura Jones, ETSU Counseling Center, at 423-439-4841 or visit the www.runtricities.org web site where the registration form is available for download.

**LOCATION:** D. P. Culp Center – Amphitheatre
**REGISTRATION:** 7:30 a.m. – 8:30 a.m.
**RACE START TIME:** 8:30 a.m.

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**TAKE BACK THE NIGHT**

Rally & March

The theme for this year’s rally and march is “Ending Violence against Women, One Man at a Time!” **TAKE BACK THE NIGHT 2005** is scheduled for Monday, March 28, in the Martha Street Culp Auditorium, D.P. Culp University Center, 7:00 p.m. The rally focuses on violence against women and how it impacts our young women.

For more information, contact Kim Bushore-Maki or Laura Jones of the **TAKE BACK THE NIGHT** Planning Committee, at 423-439-4841 or e-mail caasv@etsu.edu.

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**Women’s Health Series**

Highlights

Women’s Health Series seminars, slated for April and May 2005, will address issues associated with incontinence and osteoporosis, two health conditions affecting millions each day. Osteoporosis affects 10 million Americans, mostly women, and 34 million more have low bone mass. Incontinence affects 13 million Americans, young and old, male and female.

Janet Hall, P.T., physical therapist for the Wellmont Holston Valley Outpatient Center in Kingsport, will present “Control Your Bladder Before It Controls You!” on Tuesday, April 12, 2005. Hall will discuss corrective strategies that can be used to assist the individual in dealing with the difficulties of urinary incontinence and other bladder control problems.

Location: Hall’s Women’s Health Series Lunch Break Seminar is the Forum Room, D.P. Culp University Center, noon.

On Tuesday, May 10, 2005, “Osteoporosis Update: Treatment and Prevention,” will be presented by Ronald Hamdy, M.D., chairholder of the Cecile Cox Quillen Chair of Excellence in Geriatric Medicine and Gerontology. Often called the “silent thief,” osteoporosis steals bone material as you age. By the age of 50, one in two women, and one in eight men, will suffer a bone fracture from osteoporosis.

During this Women’s Health Series Lunch Break Seminar, Hamdy will discuss bone health, current treatments, and the importance of prevention at an early age. Location for the Hamdy Lunch Break Seminar is the Forum Room, D.P. Culp University Center, noon.

An opportunity for an Osteoporosis Screening occurs on May 24, 2005 (see article on page 4). Staff of the ETSU Osteoporosis Center will conduct complimentary bone density screening from the osteoporosis mobile unit. All participants must reserve a screening appointment; contact the Women’s Resource Center at 423-439-7847 to reserve your spot. Screening appointments are limited.

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**CLOTHESLINE PROJECT**

March 14 through 16

D.P. Culp Center Atrium, 10:00 a.m. – 2:00 p.m.

For more information contact Kim Bushore-Maki or Laura Jones, ETSU Counseling Center at 423-439-4841.
ETSU Women’s Resource Center
Calendar of Events

For more information on the events listed contact the WRC at 423-439-7847.

MARCH – MAY 2005

EVENTS - Main Campus

Tuesday, March 1
Women’s History Month Special Event. “SHE RAVES.” Join us for this open, unrehearsed “rave” event designed to provide participants the opportunity to share comments about their favorite friend, mentor, family member, writer, character, actress, diva, etc., or any woman who has been an inspiration in their lives. See cover article.

LOCATION & TIME: Reece Museum, Main Gallery, noon.

Tuesday, March 1
Women’s History Month Special Event. “Pat Humphries and Sandy Opatow Women’s History Month Celebration Concert.” Humphries and Opatow will perform a repertoire of award-winning songs including the Grand Prize winning song in the Folk Category of the prestigious John Lennon Songwriting Contest, “If I Give Your Name.” See cover article.

LOCATION & TIME: D.P. Culp University Center, Martha Street Culp Auditorium, 7:00 p.m.

Wednesday, March 16
Book Review Group. Participants will meet to discuss Backlash: The Undeclared War Against American Women by Susan Faludi. New readers welcome.

LOCATION & TIME: Women’s Resource Center, Panhellenic Hall, Basement Suite 2, noon.

Saturday, March 19
TAKE BACK THE NIGHT 5K Race/Walk. The second annual TAKE BACK THE NIGHT 5K Race/Walk is scheduled with all proceeds going to the S.A.N.E. Program (Sexual Assault Nurse Examiner) at JCMC. See article page 2.

***A REGISTRATION FEE IS REQUIRED FOR THIS EVENT.***

REGISTRATION: D.P. Culp University Center - Amphitheatre, 7:30 a.m. – 8:30 a.m. RACE START TIME: 8:30 a.m.

Tuesday, March 29
Women’s History Month Special Event. “HEROIC, BELOVED” Dance Performance. A one-woman dance performance celebrating images of women will be presented by dancer and choreographer Leslie Friedman.

LOCATION & TIME: D.P. Culp University Center, Martha Street Culp Auditorium, 7:00 p.m.

Monday, March 28
TAKE BACK THE NIGHT Rally and March. Motivational rally and empowerment march to promote zero tolerance of violence. A reception will follow the rally and march. See article page 2.

LOCATION & TIME: D.P. Culp University Center, Martha Street Culp Auditorium, 7:00 p.m.

Tuesday, April 12
“Control Your Bladder Before It Controls You!” – A Women’s Health Series Lunch Break Seminar. Janet Hall, P.T., physical therapist for the Wellmont Holston Valley Outpatient Center in Kingsport, will discuss corrective strategies that can be used to assist the individual in dealing with the difficulties of urinary incontinence and other bladder control problems. See article page 2.

LOCATION & TIME: D.P. Culp University Center, Forum Room, 3rd floor, noon.

Wednesday, April 20
Book Review Group. Participants will meet to discuss Daisy Fay and the Miracle Man by Fanny Flagg. New readers welcome.

LOCATION & TIME: Women’s Resource Center, Panhellenic Hall, Basement Suite 2, noon.

Tuesday, May 10
“Osteoporosis Update: Treatment and Prevention” – A Women’s Health Series Lunch Break Seminar. Ronald Hamdy, M.D., chairholder of the Cecile Cox Quillen Chair of Excellence in Geriatric Medicine and Gerontology, will discuss bone health, current treatments, and the importance of prevention at an early age. See article page 2.

LOCATION & TIME: D.P. Culp University Center, Forum Room, 3rd floor, noon.

[The Calendar of Events is continued on the back cover.]
Art Exhibit Opening

The enigmatic and elusive Sylvia Plath is the subject of an art exhibit during March 2005.

"Searching for Sylvia"
will open on Saturday, March 5, at 5:00 p.m. This is the first exhibition of this collection featuring sketches by local artist Bill Bledsoe.

LOCATION:
ARThouse No. 63
105 Fox Street,
Jonesborough, Tenn.

HOURS: Friday, 4:00 p.m. – 9:00 p.m.
Saturday, 11:00 a.m. – 9:00 p.m.
Sunday, 2:00 p.m. – 6:00 p.m.
For more information, telephone 423-753-4470.

More News & Events

Wednesday, May 18

LOCATION & TIME: Women's Resource Center, Panhellenic Hall, Basement Suite 2, noon.

Tuesday, May 24
Special Health Series Screening. Staff of the Osteoporosis Center will conduct complimentary bone density screening from the osteoporosis mobile unit. All participants must reserve an appointment time. See article above.

LOCATION & TIME: Women's Resource Center, Panhellenic Hall, 10:00 a.m. – 3:00 p.m.

ALL SEMINARS and SPECIAL EVENTS ARE FREE and OPEN TO THE PUBLIC.